

LOTHINGLAND Village Voice

September 2026

27th Year. Vol 27-06

**Delivered FREE to homes in
Burgh Castle, Fritton, St. Olaves, Belton & Browston
Also FREE through outlets in Bradwell and Somerleyton**

**Official website:
www.lothingland-village-voice.com**



Partial eclipse of the sun, Wednesday 12th August 2026



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A word from the Editor Helen Ayers

"It ain't arf hot, mum!" Anyone else remember the program set in the jungle?

I don't think it's been as bad as that but pretty close. Hopefully, by the time you read this we will have had some rain.

Our poor gardens and open spaces have really suffered – only problem is that the weeds will grow as well.

Schools will soon be going back for the new term. Do I hear a "Yippee" from parents or a "Boo" from the children?

Whether it's children starting school for the first time, moving up a class or going to a different school I hope they all settle in well.

My granddaughter (in Buckinghamshire) is itching to get back. She is halfway through her GCSE's – In my day it was CSE's, O & A Levels – anyone else?

As usual our volunteers have done a fantastic job making sure you all get your magazines.

Because of the intense heat some have been delivering early in the morning – if any

of them have woken you, any children, dogs please be understanding during this time.

We rely heavily on all volunteers, and it is always a shame when they have to stop for whatever reasons – health, mobility, family, other commitments.

With deliverers, if this happens, we try to recruit (cajole) others to step in either to take on an additional route or try to get someone new interested in helping us out.

Without all the volunteers, the Lothingland Village Voice wouldn't be the success it is and if too many people are lost from the volunteer's pool, then the Lothingland Village Voice is at risk and may not be able to continue.

We still need a Distributor for the Burgh Castle round.

If you or your family, or a friend are interested in helping, then please see details in the magazine.

Keep cool and carry on.

P.S. Does anyone know how to perform a rain dance?



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In this issue ...

A Word from Editor	1
PC Report - Belton/Browston, Burgh Castle, Fritton	2
Sponsored Cycle Ride 2026	2
NAT Heritage Open Days	3
Tea Room / Burgh Castle Church Services	3
St Edmund's Church, Fritton, Harvest Festival	3
Louise Hamilton Centre	4
Fritton Bingo	5
All Saint's Church	6
News in Brief	8
Scouts	10
Belton Football Club	11
Nao Victoria	11
Free Adds	14
Tales from the Farm	15
JGI	16/17
ENTUA	17
New Road Events	18

MOBILE LIBRARY SERVICE

Locally the Norfolk Mobile Library rounds are as follows:

St Olaves Wednesday 2nd and 30th September.

Priory Close 12.45 - 1.00pm

Belton Wednesday 2nd and 30th September.

Moorlands Primary Academy 3.20 - 3.50pm

Outside 7 Station Road South 3.55 - 4.10pm

Amhurst Gardens 4.15 - 4.35pm

St. Roberts Way 4.40 - 4.55pm

Burgh Castle and Fritton – No service.

For any questions about mobile libraries, email the team at central.mobiles.lib@norfolk.gov.uk. Or call 01603 222303



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DEADLINES

The closing date for all Articles and Adverts for the October 2026 edition is 15th September 2026

Cover Picture: Partial eclipse by Bradwell Reader

September 2026
303rd Edition

This Magazine is a Community Enterprise professionally printed - but written, edited and delivered free - entirely by volunteers. After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations and groups in our circulation area. We welcome your news, views, letters and articles and photographs for publication. No anonymous items will be accepted. Complaints, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton NR31 9PP



LOCAL ROAD WORKS

SEPTEMBER ROADWORKS

The only roadworks listed in the Village Voice area at the time of going to press is for **Church Lane at Belton** will be closed between **September 14th and 18th** to allow Norfolk County Council staff to safely remove a number of dead trees.



WEEKLY FUND RAISING FOR CHARITIES

Week 1	Noahs Ark	£120.00
Week 2	Belton Stroke Society	£109.00
Week 3	Belton Scouts	£136.10
Week 4	Gorleston RNLI	£97.00
Week 5	Air Ambulance	£109.00
Week 6	Angels and Rainbows	£136.00

We have now decided to raise funds to buy a Defibrillator to be placed at the Pub near the car park, with your help we need to raise £1600.00 to buy one and then we will put a charity box on our bars to raise money to maintain it. We would like to thank everyone that has supported us and purchased raffle tickets or donated money,
it is very much appreciated.
Steve and Kerry

Parish Council Reports

Monthly Reports from all your Local Parish Councils
Burgh Castle, Fritton, St Olaves
Belton & Browston,



Belton with Browston Parish Council

As usual there is no Council meeting in August, the next meeting will take place at 7.00pm on Tuesday September 1st at the New Road Sports and Leisure Centre details from the Parish Clerk, Kate Ruddock on 01493 602960 or e-mail clerk@beltonwithbrowston-pc.gov.uk, there are still vacancies on the Council, details available from the clerk as above.

BELTON with BROWSTON PARISH COUNCIL Attendances August 2025 to July 2026

COUNCILLOR	Meetings Possible	Attended Meetings
Jason Riseborough (Chair)	10	11
Adrian Myers (Vice-Chair) (Co-opted)	8	8
Keil Barber	11	11
Kevin Commer	9	11
Debra Cook (Co-opted)	4	4
David Dawson (Co-opted)	1	1
Margaret Greenacre	9	11
Paul Holmes (Co-opted)	1	1
Nigel Light	10	11
Sue Neal	11	11
Jamie Harrower (Resigned)	4	4
David Mills (Resigned)	4	5
Joanne Minnis (Resigned)	3	5
Michael Cox (Resigned)	1	3
Cheryl Gay (Resigned)	5	5
Graham Carpenter (GYBC)	0	11
Ivan Murray-Smith (GYBC)	4	11
Jon Wedon (Norfolk C.C.) From Jun	0	2
Carl Annison (Norfolk C.C.) To Apr	0	9
Kate Ruddock (Parish Clerk)	11	11

Parish Councillors attendance percentage is 89.2%
Possible meetings attended vary due to resignations and co-options.



Fritton with St. Olaves Parish Council

The next meeting of the Council will take place at the Fritton Village Hall on Thursday September 17th commencing at 6.30pm, for information contact the Council via the Parish Clerk on 07899 846148 or e-mail her at clerk@frittonwithstolaves-pc.gov.uk.

FRITTON with St. OLAVES PARISH COUNCIL Attendances August 2025 to July 2026

COUNCILLOR	Meetings Possible	Attended Meetings
Catherine Richards (Chair)	6	6
John Burton (Vice-chair)	5	6
Bob Betts	2	6
Hayley Carruthers	6	6
Richard Dunn	5	6
John Stephens	6	6
Peter Storey	5	6
John Wadeson	6	6
Richard Warner	6	6
Nigel Barnes (Resigned)	1	5
Jon Wedon (N.C.C.) From May	0	2
Carl Annison (N.C.C.) To Apr.	1	4
Graham Carpenter (GYBC)	0	6
Ivan Murray-Smith (GYBC)	3	6
Kate Ruddock (Parish Clerk)	6	6

Parish Councillors attendance percentage is 81.4%.



Burgh Castle Parish Council

There is no Council meeting to report on this month as they do not meet in August, the next meeting is on Monday 14th September at The Village Hall on Church Road commencing at 7pm, details from the Parish Clerk, Kate Ruddock on 07899 846148, e-mail clerk@burghcastle-pc.gov.uk

BURGH CASTLE PARISH COUNCIL Attendances August 2025 to July 2026

COUNCILLOR	Meetings Possible	Attended Meetings
Brian Swan (Chair)	11	11
Wendy Griffiths (Vice-Chair)	11	11
Sian Green (co-opted Nov.)	7	9
Margaret Greenacre	11	11
John Hogg	9	11
David Mattison	9	11
Steve Titterington	10	11
Michael French (N.C.C.) from May	2	3
Carl Smith (Norfolk C.C.) To Apr	4	8
Graham Carpenter (GYBC)	3	11
Ivan Murray-Smith (GYBC)	4	11
Kate Ruddock (Parish Clerk)	11	11

Parish Councillors attendance percentage is 90.7%.

NORFOLK CHURCHES SPONSORED CYCLE RIDE 2026

Burgh Castle

A reminder that Paul Nicholls is once again riding on behalf of Burgh Castle Church in this year's event on Saturday September 12th. when he will visit as many churches as possible in the day on his trusty machine, something that he has undertaken annually for over 30 years!

Paul is currently visiting homes in the village to request sponsorship and always gets one of the best results in the County, we all know that times are difficult but please support him if you can, in common with many businesses and charities our church funds have suffered in the current climate and we are also planning further, costly, restoration work.

Maureen Grey,
Parish co-ordinator, Cycle Ride



Heritage Open Days September 2026

It was the mid-4th century AD. The Saxon Shore was a frequent target of attack of pirates and raiders from the continent. To protect the people living around the vicus, or the civilian settlement around the fort, the Count of Saxon Shore had sent foot soldiers and Equites Stablesiani cavalry to garrison the Burgh Castle Fort. The cavalry had brought with them helmets worn also by their comrades working across the sea in Holland and Romania.

A cavalryman – who was perhaps resting with his horse, or went for lunch with his friend, or maybe on his way back for the night - dropped their helmet on the ground. Before he remembered to retrieve it, it had been lost forever to him in his lifetime. Yet, this trace of the past was to be found again by humanity in 1960 during an excavation project, with its shape still intact.

For this year's Heritage Open Days, celebrated nationwide on 11-20 September 2026, we remember the 'Everyday Histories' of the everyday people of the past, including those who lived in Burgh Castle Fort. Whether it was the unnamed soldier and his comrades, the merchants, the missionaries living in the monastery centuries

later, or the father, mother, and children that made up the civilisation around Burgh Castle Fort that has lasted for so long.

You are welcome to come to our site and join in our celebration of the Everyday Histories of Burgh Castle Fort. There is a parking space to leave your car, and you can also bring your dogs with you, but please keep them on leads to keep the other animal habitats safe, including the skylarks who nest on the ground of Burgh Castle Fort.

Nowadays, there are no longer houses or camps for people to live on the ground of Burgh Castle Fort, but the site is still inhabited by diverse wildlife, particularly its avian inhabitants. To preserve of our historic site and its natural wildlife, we must ask visitors to be mindful about littering, so not to disturb their livelihood and food chains, and their beauty can still be enjoyed by generations to come.

If you are interested to join our Heritage Open Days activities on our sites across Norfolk, please visit our website www.norfolkarchtrust.org.uk for more information.



St Edmund's Church, Fritton

HARVEST FESTIVAL

Coffee Morning

**Saturday 26th September
10.00am - 12 midday**

Cakes, Tombola

Songs of Praise

**Sunday 27th September
at 3.00pm**

☛ If you would like to donate food items ie packets, tins, garden produce we will deliver them to the FOOD BANK... Thank You ☛

Burgh Castle Tea Room & Bargain Stall

(Village Hall, Church Road)



We are open as usual 10.00am – 2.00pm Thursday and Friday every week, please come along for a cuppa and a bargain.

Thank you to everyone for the extra support over our Open Churches Week, we had some lovely visitors and made so badly needed funds for our building.

The next fund raising effort will be our MacMillian Coffee Morning, this will run on the Thursday and Friday on 1st / 2nd October, with a raffle as usual. Christmas stock will be on sale shortly.

Please continue to think of us when you have unwanted goods to dispose of, we can arrange collection at a convenient time for you or you can drop goods off at the hall when we are open.

For more information call

01493 780126

or email: mgreenacre532@gmail.com



St Peter & St Paul's Church

Our thanks go to those who have helped us continue with services each week during this period of interregnum we are at present sorting the 2026 calendar with the help of local and retired clergy, we are very grateful to them for their support.

We are delighted to announce that the Reverend Iain Robertson has been appointed as Rector of Belton and Burgh Castle and will take up his post in the autumn, (more details next month)

SEPTEMBER SERVICES

6th September	Holy Communion	09.30	Rev. S. Upton
13th September	Morning Prayer	09.30	Mary Ives
20th September	Joint at Belton (Harvest Lunch)	10.30	Rev. C Straton
27th September	Harvest festival	16.00	Mary Ives
4th October	Holy Communion	09.30	T.B.A.
11th October	t. Fursey Service	15.00	Rev. A Cadmore

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We can signpost visitors and families to other support services in the community.

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Norfolk NR31 6LA



Fritton Bingo

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MANY THANKS ROY 🙄🙄🙄🙄



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Village Voice

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We need someone urgently to contact Businesses within the local area for advertising in the magazine. Also deliverers for the Belton area.

If you can help or would like more information please call or text Helen on

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or e-mail beltonvvsect@gmail.com
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LOTHINGLAND VILLAGE VOICE

Love God Love People Love Life

I was reading an article about mindfulness the other day, which was about being present in the moment, making the most of what we can hear, smell, touch, see and feel. It then went on to say that one of the most important things to ground us and help us to make the most of our lives was to start each day with an attitude of gratitude.

different places. So, I did a quick appraisal of things which had happened during that day to be thankful for, and I was surprised by what I found. I wonder if you stopped and thought just now of three things you have to be thankful for what they might be.

As a benefice of two churches, All Saints, Belton and St Peter and St Paul, Burgh Castle

we have much to be thankful for. As many of you know we have been without a vicar for over eighteen months, and at times that has been difficult, with so much to do. But then, I thought, how many things we can be thankful for, and I came up with quite a long list. The many volunteers who have helped us over

this time in keeping our regular services going, as well as many of our weekly events perhaps may be the biggest one. The fact that the church has now appointed a new vicar who will start his time with us in November is also a great blessing, and a major relief to some of us who have felt burdened with extra responsibilities.

We are also very thankful to Jim Channell, who through this time has been working hard to gain his bishop's license and theological certificate to enable him to join the ministers as an LLM (Licensed lay Minister) helping to lead worship and preach. We will be celebrating with him at Norwich Cathedral on 19th September as he receives these qualifications, a huge achievement! Then on Sunday 20th we will be holding a benefice service at Belton Church where we will celebrate not

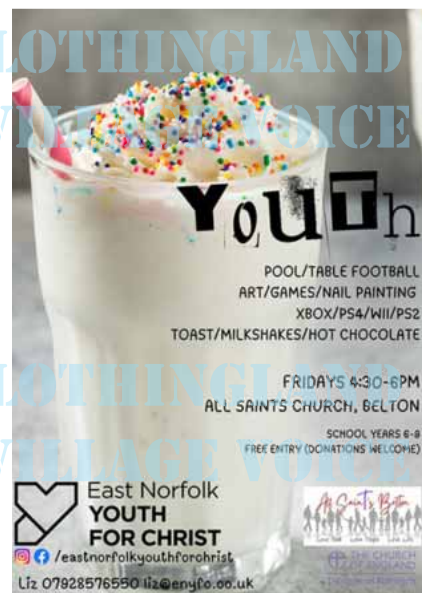
only that, but also to give thanks to God for the Harvest Thanksgiving Service. You will be very welcome to come and share this occasion with us. As we have recently closed our Foodbank, the Pantry, we don't require any food donations but would be very happy to accept any monetary donations which we will pass on to The Gorleston Foodbank, and The Pathway Foodbank, both of whom work tirelessly to meet the needs of people across the borough.

As we go into September, may each of us find many things to be thankful for, and not just keep quiet about them, but to thank God and share our stories with others.

Mary IVES,
Licensed Lay Minister
for Belton and Burgh Castle.



When we wake up, to think about three things we are grateful for. In my head I heard a click as it registered with me that what I was being asked to do was to thank God for his provision for me in my life. As Christians the word we use for that is prayer, or as my mother would have said to me, counting my blessings. When I was younger and felt things were not going well, I could get very down, and then she would say count your blessings, a principle she lived by. Blessings can come in all shapes and sizes, big and small, and can come from many



Diary Dates for September 2026

TUESDAY 01	HOLY COMMUNION 11am Traditional service. Coffee from 10am	SUNDAY 20	HARVEST FESTIVAL HOLY COMMUNION 10.30am service with refreshments
FRIDAY 04	REFILL 9am - 10.30am Parent / carer and children group with refreshments YOUTH GROUP 4.30pm - 6pm	SUNDAY 20	MESSY CHURCH 4pm - 5.45pm For kids aged 4-11 to enjoy outdoor activities, crafts, and food. Bring coats and boots
SUNDAY 06	CAFE CHURCH 10.15am Join us for a relaxed service. Enjoy breakfast, crafts, pray and singing	FRIDAY 25	REFILL 9am - 10.30am Parent / carer and children group with refreshments YOUTH GROUP 4.30pm - 6pm
FRIDAY 11	REFILL 9am - 10.30am Parent / carer and children group with refreshments YOUTH GROUP 4.30pm - 6pm	SUNDAY 27	MORNING SERVICE 10.30am service for all the family with refreshments
SUNDAY 13	HOLY COMMUNION 10.30am service with refreshments	SUNDAY 27	TOGETHER SERVICE 4.30pm to 5.30pm For all ages - enjoy family time, worship and prayer
FRIDAY 18	REFILL 9am - 10.30am Parent / carer and children group with refreshments YOUTH GROUP 4.30pm - 6pm		

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Local NEWS in Brief

Men's Church Walk

This covers the last two months

The first Saturday in July was warm and sunny as the weather had been but there was a gentle breeze. After meeting in the precinct by Tesco's we drove to Ludham and parked on High Street. We set off and followed Staithe Road until Lovers Lane, and then followed the path across fields until we met the Norwich Road. Here we turned left towards Ludham Bridge and stopped at the local store for a drink and ice cream.

From here we returned along Norwich Road for a short while and then crossed onto the bank of the

River Ant. We now followed the path to reach St Benet's Abbey ruins.

Although it was tempting to walk to the "Cross" the temperature had climbed to the higher 20's so we took the decision to leave that to a cooler time of the year.

We now followed the concrete road, known as St Benet's road, which is the normal access for cars or bikes to the ruins back to Ludham. The concrete certainly reflected the heat back on us. On meeting Hall Road we turned right back onto the Staithe and back into Ludham. Before returning to Belton we stop at the Kings Arms for some non-alcoholic liquid refreshment. Route shown on Map 1.



The August walk was on Saturday 1st. This route had to be changed at the last minute as we had planned to go to the Dunwich area, but as you know they had a devastating fire on the heath at the end of July. Much of that wonderful countryside was lost and will take several years to recover. It was just showing the great purple colour of the heather.

We re-routed to a Winterton start along the dunes northwards before turning through the woods and across fields back into Winterton. Unfortunately, on this route there is no halfway café for a coffee stop, but

we took coffee with us and a wonderful Lemon Drizzle cake was brought by Peter that his wife had made for us. After this and a talk with the men who were Pea Harvesting we followed the paths back into Winterton for some refreshment before returning to Belton. The route shown on Map 2

If you are a reasonable fit male and over 50 years and would like to join us on a great variety of walks, within 20 miles of Belton, throughout the year then please call 07950 039455 for more details about future walks this year.



Were you one of the lucky 500 people at Burgh Castle Fort to see the eclipse.

Did you travel to the site, if so where did you come from or were you local.

Let us know what you thought and how you viewed it.

With so many people was it like a party atmosphere?

We would love to hear about your experience with such a gathering, there must be stories to tell.



NEW ROAD PLAYGROUND - FRITTON REMOVAL of PLAY ITEM

As reported previously the Borough Council are intending to remove the Senior multiplay item from the New Road playground at Fritton as it is now requiring more and more maintenance (see photo) and are asking for residents help to see what ages use the equipment and site.

If your family members use the site or you know of other users please let the Parish Clerk know of the number of young people involved along with an indication of their ages. Your responses can be sent by e-mail to the Parish Clerk

clerk@frittonwithstolaves-pc.gov.uk

as soon as possible.

Fritton Boot Sale

OUTSIDE
Every Saturday from 5th September
from 2pm until 6pm
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1st Belton Scout Group

Squirrels

Do you have a young person aged between 4 years to 6 years who would like to come and join in lots of different activities / stories / games each week.

Squirrel Dray starts on Monday 7th September 2026 5pm to 6pm with 12 spaces.

Contact Brown Beaver text or WhatsApp 07975533572 if you have a young person interested.

Beavers

Would you be interested in helping out at the Beaver (Beavers



only runs at 18 beavers at present time due to not enough adult help, the colony should have 24 spaces) or Scout section this does not have to be every week. A small amount of training on line is required (support available) and a DBS. We have a waiting list and can't fill all of the spaces as we don't have enough adult help. If you would like more information, please contact Brown Beaver (Jane) 07975 533572.

The beavers had a evening making mud faces on the tree's out of material they found around the tree's.

The beavers finished the term starting the disability awareness badge looking at scout HQ and how disability friendly it is and the differences of disabled toilet is. Played pick up sticks games one handed.

Congratulations to both Liam and George who were presented with their bronze Chef Scout Award the highest award a Beaver can gain as a Beaver. They are now moving up to Cubs in September.

The Beavers are now looking forward to an indoor sleepover in September, along with a visit to Eaton Vale Activity Centre to do 4



activities.

If you have a young person 6 years or about to be 6 years and are interested in Beavers, please contact Brown Beaver (Jane) 07975 533572.

Cubs

Congratulations to Jake, Miller, Ava, Charlie, Heidi, Oscar, Alyssa, Amelia, Guy, Poppy who were all presented with their Silver Chef Scout Awards well done to them all. They were also presented with their moving on awards.

Akela invested Rocky one of our Cub Adult leaders.

If anyone would like to join the adventure and learn skills for life then please contact Peter on 07900 494 344 or send a message to our Facebook page

<https://www.facebook.com/share/1BFRhYhN4P/>

Scouts

The Scouts have welcomed 10 Cubs to Scouts and 3 other youngsters who have been invested as Scouts. The Scouts then spent an evening with the Cubs using the catapults with foam ball trying to get them into fishing nets and knocking objects off a shelf, played bench cricket and dodge ball.

Brown Beaver also invested Ziggy our new Squirrel leader in preparation of Squirrels formally starting in September.

Anyone aged between 10 years and 14 years who would like to come and join the fun please contact Brown Beaver phone number above

Group

The Scout Group welcomed Maya a explorer scout who is going to the next World Jamboree in Poland 2027. She was busy visiting as many different Scout HQs in a week as part of her fundraising activities towards the world Jamboree, we were Scout HQ number 203.

Wanted a cobweb duster for the Scout HQ if anyone has one to spare, we would be very grateful.

We would be grateful of any books/ Bric-a-brac/clothes/ Toys/ Jigsaws/soft toys/ toiletries etc to re stock for sales as we urgently need to raise funds for the scout group. The items can either be dropped at 6 Station Road North Belton or phone 07975 533572



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Supporting Belton FC: Help Keep Your Local Football Club Thriving!

Belton FC has long been a cornerstone of our local community, bringing football, teamwork, and passion to the village. As a well-established grassroots club, we take immense pride in providing a positive space for players of all ages to develop their skills, stay active, and represent Belton on the pitch.

Currently, Belton FC fields four active squads:

First Team: Competing in the Anglian Combination Division 4

Reserve Team: Competing in the Lowestoft & District League Division 1

Youth Teams: Proudly running Under 7s and Under 8s teams in the Norfolk & Suffolk Youth Football League to give young children in the village a fun, safe, and encouraging introduction to grassroots football.

To keep the club running smoothly, maintain facilities, and continue offering opportunities for youth and adult players alike, we need your support!

**How You Can Help:
Join the Belton FC
100 Club!**

One of the easiest ways you can back your local club—and potentially win cash in the process—is by joining the Belton FC 100 Club.

How it works: Donate £5 per month via standing order or bank transfer.

The Prize: Every month, a draw takes place on the 25th using an online generator (witnessed by a club official). One lucky winner takes home £100!

Future Growth: As donations and participation increase, so will the prize pool!

Bank Details for Standing Order:

Account Name: Belton FC
Sort Code: 77-66-08
Account No: 58686060

To enter: Set up your £5 monthly standing order (to be paid prior to the 25th of each month) and email secretary@beltonfc.co.uk with your full name and contact number to confirm your entry!

Business & Sponsorship Opportunities

Are you a local business owner looking to give back to the community while raising your profile? We still have a range of sponsorship opportunities available for the upcoming season, from team kits and pitch-side signage to match-day sponsorship packages.



Get in Touch

Whether you wish to sign up for the 100 Club, explore sponsorship options, or lend a hand behind the scenes, we would love to hear from you.

Please reach out to us at:

✉ secretary@beltonfc.co.uk

Thank you for your continued support in keeping football alive and thriving in Belton!

The Nao Victoria

Replica of the ship that accomplished the first Circumnavigation of the World, moored at Great Yarmouth



Visited by Carol & Bryan

A visit to the Nao Victoria in Great Yarmouth feels a bit like stepping out of Norfolk and straight into the Age of Exploration. The moment you walk up to the quayside and see her moored there, the ship looks almost unreal - compact, dark-timbered, and unmistakably shaped for oceans far wilder than the North Sea. She's a replica of the first vessel to circumnavigate the globe, and even knowing that, it's striking how small she is. You don't just see history; you feel the scale of human ambition pressed into a hull barely larger than a modern fishing boat. Climbing aboard instantly reminds you this isn't a theme-park reconstruction. The rigging is a forest of rope above your head, and the masts rise sharply into the sky, giving you a sense of how cramped and exposed life must have been for the sailors who lived here for years at a time. The crew members on board - modern-day interpreters - talk about navigation by stars, storms that could swallow a ship whole, and the sheer

uncertainty of crossing oceans no European had mapped.

Their stories make the space feel even tighter, as if the ship is holding echoes of every hardship it once endured. Below deck, the atmosphere changes. The light dims, the air cools, and the smell of timber becomes stronger. You see the bunks, the storage barrels,

and suddenly the romance of exploration gives way to the reality of survival. It's astonishing to imagine dozens of men living, sleeping, and working in such confined quarters while facing the unknown. Standing there, you get a sense of how extraordinary it was that the original Victoria made it home at all.

Walking back onto

the quayside, Great Yarmouth feels different for a moment - more connected to the wider world, more aware of the centuries of travel and trade that shaped the town. The Nao Victoria isn't just a ship; it's a reminder of how far people have been willing to go in search of discovery, and how much courage it took to sail into waters no one had charted. It's a brief visit, but one that lingers.





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eyes down at 7.30pm**

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18th Kirstie Reed

25th Jack Clark Jazzman

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JUMBLE, Books, Bric-a-brac and toys Wanted for 1st Belton Scout Group, phone 01493 780965 or can be dropped off at 6 Station Road North Belton.

BOOK collector 01493 780739. Wanted to buy, large and small book collections.

FOR SALE

LOGS / firewood £6 large bag collect Burgh Castle call 07909 984740

SILVERLINE 4 drawer metal filing cabinet, lockable, brown with cream drawer fronts. £30 (buyer collects). 01493 661594

GENTS Raleigh Pioneer 140 easy rider hybrid cycle, computer, new tyres, twist grip gear change complete with double pannier bag, pump, security chain and stand £80. Tel: 07762 416871

CARECO black adult wheelchair, excellent condition (used once) £50.00. Burgh Castle Village Hall any Thurs or Fri (10am-2pm) or ring 07796 982259

LADIES Cycle - 'Crossroads -Specialised', silver, 28in wheels, £30.00 (recently overhauled) Burgh Castle Village Hall any

Thurs or Fri (10am-2pm) or ring 07796 982259

HP keyboard and mouse £2. Canon Canoscan 5600F flatbed scanner excellent condition £20 07307 858609

UNDER counter freezer in good working order £25 buyer to collect Burgh Castle 07719 999585.

15 baubles bundles with the metal sticks that goes with it. Will accept £20 for the whole lot. They are in a very good condition, must collect please call 07969715798 if interested.

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Tales from the Farm

With the recent drought, its extremely worrying the lack of rain. This means no 2nd or 3rd cuts of hay/silage, the areas are burning off and lack of rain increases field fire risks again a huge worry for stock farmers.

August saw the birth of twins to Barbara the goat and Gorgeous George becoming parents again. A little boy who

we named Arthur and a little girl named Teri (she looks like the colour of Terrys chocolate orange). Can you guess the theme/name of the TV show their names come from?

With the passing of Matilda, a friend was kind enough to find me a young calf in need of a home, a little boy, he is a

Dutch Belted Cow and has a funny shape slightly rude (only for those with dirty minds) so he is named Free Willy aka Willy for short. He is being halter trained and will stay here as a pet with purpose and be Quick Lees companion, cows are



herd animals and they need at least one companion of their own kind.

Jack Cracker and Daphne are helping the land with their eating off grass types horses don't eat and their poo is amazing for grass growth. Those 3 will be sold towards the end of autumn to raise funds for the rest of the animals here.

We are looking into a meat market shed where we would sell frozen meat from local farmers, this would be on an honesty system like our eggs, *let me know your thoughts?*

Apollo the piglet is growing rapidly and is very much a cheeky boy who plays up his big brother.

Phoenix the horse (very expensive now) his vet bill went into 0000's! but we are very pleased to say his recovery is approximately six months ahead of what we expected and very soon I can get back on my boy.



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Events at the John Green Institute

Trustees of the JGI

Roger Gowen	Chair	07950 770488
Bill Richmond	Treasurer	07950 039455
Caroline Askeff	Bookings	07415 650227
Robert Goffin	Maintenance	07526 201088
Bridget Lawrence		01403 780160
Stuart Murkin	Admin/Sec	07375 558120

JGI Trustees

This covers the last two months as we had a technical hitch last month. Both months have been busy with our regular groups but otherwise fairly quiet except we hosted the election for Belton for a new Police and Crime Commissioner. The attendance was not *great* but we suspect it was due to the lack of information about who was standing and the very hot weather.

It has been a struggle to try and keep the hall as cool as possible but it has not been easy. Like many others we hope by the time you read this we have had some rain and the temperature has dropped.

If you would like to become a Trustee and progress the future of this *great* hall, "Your Village Hall" then please contact Bill on 07950039455 or contact any Trustee from contacts displayed in the hall.

Quiz Evening at the JGI

The end of June evening was well attended with 10 tables and all had a *great* evening although it was very warm in the hall with nearly a full hall. The July quiz was also well attended with 9 tables. There are always *great* prizes for the winners and the team that comes last. Also there is always 12 *great* prizes for the raffle. We have a different quiz master every month so there is always a wide variety of question formats. Get a team of up to 4 people and come along for a 7.30pm start on the last Friday of each month.

Wednesday Morning Drop In

Although the heat had prevailed over the last few weeks we have had a *great* attendance on all Wednesdays. The hall was quite cool at the start of the meet but it did not take long for the heat to build. As well as the normal drinks we provided plenty of cooled water to ensure hydration levels stayed ok.

On the second Wednesday in July we had our usual visit from Michele from DIAL with plenty of *valuable* information. We also had a visit from Parish Councillor Debra Cook. Her visit was very welcomed and she was able to listen to several enquiry's from various people She has promised if possible to attend every month.

Why not come and join us between 10.30 and midday every Wednesday and meet a *great* bunch of people and have a drink and cake and if you have any query's relating to laptops, Ipads and mobiles etc we will try and help. We also try and inform all about latest scams and hoax calls to keep all safe, especially if you live on your own.

Call Sue on 01493 780822 for further information.

Saturday Coffee Morning at the JGI

The Saturday coffee mornings are starting again this month, September. The first will be on Saturday 12th September when the raffle will be by the needlecraft group for Macmillan Cancer support. There will be the usual table quiz plus coffee and cake and *great* company. Please support this morning especially for the Macmillan support. See you at 10am on Saturday 12th September.

For New members of the group. We meet every



week on a Monday at 13:45 until 16:00 contact Stuart on 07375 558120.

DON'T FORGET TO SEND ALL YOUR ARTICLES IN BY THE 15TH OF THE MONTH

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07415 650227
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The Over 60's Day Trip to Cromer Pier Theatre

There's nothing quite like sitting in a theatre, surrounded by your club, watching a comedian who's trying to be funny but missing every single mark.

When the jokes don't land and the delivery is off, it stops being entertainment and turns into second-hand embarrassment. And on Cromer Pier of all places - you expect a bit of charm, some good old seaside humour, maybe a cheeky laugh or two. Instead you got someone who made you want to sink into your seat and hope the lights went down quickly. When the comedian is that uncomfortable to watch, it overshadows the whole show. Even if the rest of the performance was "fine," that one cringey act becomes the thing everyone talks about on the coach ride home.

On the up side, the weather was warm and sunny, fresh sea air and a Coach ride through lovely countryside. Let's hope next year will be a great improvement.

Contacts for Clubs and Groups at the JGI

To book the JGI Hall contact Caroline Askeff by text on 07415 650227 or email jgibookings@gmail.com. No direct call will be taken.

MONDAY

10.15am - 11.45am	Yoga	Julie	01493 780121
2.00pm - 4.00pm	Short Mat Bowls	Stuart	07375 558120
7.30pm - 9.30pm	Bingo	Toni	07716 483592
		Hazel	01493 781916

TUESDAY

10.30am - 12.30pm	Belton Crafters	Linda	07721 599559
2.00pm - 4.00pm	Over 60's	Ann	01493 285436
		Rose	01493 780784
6.45pm - 8.30pm	Belton Guides	Rose	07827 913974

WEDNESDAY

10.30am - 12 noon	Drop-In	Sue	01493 780822
2.00pm - 4.00pm	Art	Jan	01493 488683
6.00pm - 7.10pm	Slimming World	Candy	07775 432970

THURSDAY

10.30am - 12 noon	Line Dancing	Jane	07788 408801
3.45pm - 4.15pm	3-4 years Babies Ballet	Jayne	07746 141525
4.25pm - 4.55pm	5-7 years Primary Ballet	Jayne	07746 141525
5.00pm - 5.30pm	Modern/Fun Class	Jayne	07746 141525
7.00pm - 9.00pm	Belton Crafters	Linda	07721 599559

FRIDAY

10.30am - 12 noon	Line Dancing	Jane	07788 408801
2.00pm - 3.30pm	Camera Club (First Friday of each month)	Bill	07950 039455
7.30pm - 9.00pm	Belton Singers	Angela	07592 731510
7.30pm - 9.30pm	Quiz Nite (Last Friday of each month)	Bill	07950 039455



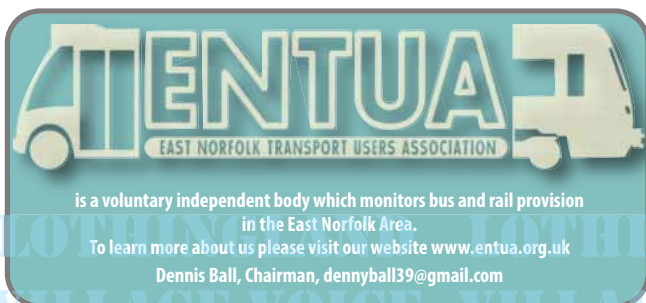
The Belton Crafters are holding their Annual MacMillan coffee morning on **Saturday 12th September** at the JGI from 10am till 12 noon. As well as the usual raffle there will be plants, craft items etc., for sale, plus, of course, coffee, tea and CAKE!! Please come along and

support this worthy charity.

Some photos of items made by the ladies in the groups which have already gone to various charities and more to be delivered soon.

We are always grateful for donations of yarn too, so please think of us!

Many thanks



STOP PRESS

As indicated in previous issues First Bus "surveying and assessing usage and needs" inevitably means service reductions, route alterations, and/or route renumbering. The first tranche has been made public.

AS FROM SUNDAY 30th AUGUST 2026 THE FOLLOWING:

NORWICH

13/X13 (Turquoise Line)

Services are being replaced by Green and Orange Lines.

14/X4/15/16 (Green Line)

Services are changing to include Attleborough, with new peak times Service X14 to/from Attleborough. 15/16 route revised to serve Broadland Gate, replacing service 17.

20/21 (Orange Line)

Services are extended to Spixworth to replace the above 13/X13 - Mondays to Saturdays - journeys beyond Old Catton will be renumbered 20 while route 21 carries on to Fiddlewood.

28/29/X29 (Yellow Line)

Timetables changing to help reliability.

36/36A/37/38/38A (Purple Line)

Service 37 will terminate City Centre. Service 38 extended to Mulbarton. A new Service 38A will provide links to Norwich Airport and the Aviation Academy.

40/41/41X (Charcoal Line)

Timetables being updated

GREAT YARMOUTH

Services 2/3/3B Market Gates, Barrack Estate, Gorleston, Bradwell and James Paget (2) Great Yarmouth to Bradwell and on to Burgh Castle (3 & 3B)

Service 2. This will now run 3 times an hour and with the Service 3 hourly bus taking up the other slot that will still

give a 15 minute frequency through the main part of Bradwell.

Service 3. Burgh Castle has been badly hit in the changes with Service 3 (daytimes Monday to Saturdays) reduced from every 30 minutes to hourly, the first bus will now leave Cherry Tree corner at 07.18 and then hourly till 18.38. Queens Head 7 minutes later, and the usual route to Gorleston, Herring Bridge, South Yarmouth and the Town Centre. **Evenings Service 3b** will serve Butt Lane and High Road only (Queens Head at 19.17, 20.17, 21.17 and 22.17).

The Sunday Service 3 will continue on its existing daily frequency till 17.45 with just two service 3b's serving the Queens Head at 20.17 and 21.17 in the evenings.

As of 30th August 2026 further changes to services in and around the area ie: x1, 1/1a, 1c, 7, 8, x11, x2/x21/x22. To find out more use the following link.

<https://www.firstbus.co.uk/norfolk-suffolk/plan-journey/timetables?search=&date=2026-08-30>

By the way all 10 Electroliners are now operable, mainly as intended on Service 8

RAIL

Great British Railway Anglia (which includes C to C and part of which is now British Rail) have been misfortunate in recent times with vandalism, signal failure - often due to theft of equipment, persons illegally on the track sometimes injured or dead. In fairness to Anglia some events happen to other Operators with same result delays. However, Anglia maintain 94% arrivals are within the 3min time slot. Further GBR transfers from Private to Public ownership will be a) Chiltern Railways 20th September 2026 b) Great Western Railway 13th December 2026 c) all other passenger service contracts with the Department of Transport (DfT) by the end of 2027. Ahead of the full establishment of GBR, services will transfer to a Publicly owned operating company which will be a subsidiary of DfT Operator Ltd (we must have our bureaucracy and all the civil service costs that go with it).



Regular travellers may have seen a PICTURE of this young lady. Picture taken at London, Liverpool Street Station Mollie Garrison 30 years in Customer Services.

Dennis Ball

Events at the New Road Sports & Leisure Centre

UP4FITNESS & SALLYANN

Belton Activity Morning – September 2026

We're looking forward to welcoming everyone back to **Belton Activity Morning on Monday 7th September** after our summer break. We hope you've all had a lovely summer and enjoyed some time with family, friends and perhaps a little sunshine!

Our autumn term will run through to **Monday 14th December**, which will be our final session before Christmas. As usual, we will break for **Monday 26th October** half-term. We are also hoping to arrange our visit to Pathways Care Farm to hand over the money raised through our fundraising, so watch this space for the date.

As we head towards the colder months, our exercise sessions will continue to concentrate on **mobility and strength**, with some extra attention on **balance** to help keep us confident and active as winter approaches.

We're starting the new term with a visit from a friend of Sallyann's on **Monday 7th September**, who will be telling us about a new local service she is providing, **Auntie Ann's Home Help Service**. It will be an opportunity to find out more about the service and ask any questions you may have.

Sallyann is also trying something a little different

this autumn! On the **third Monday of the month**, there will be an extended session where members can stay until **12.30pm**. The idea is to have a little more time together without rushing off—perhaps enjoying some mindful art, sharing lunch, listening to a member talk about one of their interests, or simply enjoying some relaxed company.

This will be a **trial until Christmas**, with the first three sessions planned for:

Monday 21st September
Monday 19th October
Monday 16th November

There will be a small additional charge for those staying on, which will help cover the extra hall time, materials, **refreshments** and any other costs involved.

It's a chance to slow down, be creative, learn something new and enjoy each other's company as we move into autumn. We hope some of you will join us and help make these extended sessions something special.

If you'd like to join Belton Activity Morning, or would like more information about any of the sessions, please contact Sallyann:

✉ up4fitness@gmail.com
☎ 07599 044806 (Text or Call)

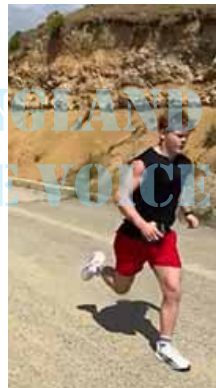
Belton Judo club latest news update

This year, the summer months at Dominic King Judo & MMA Academy have remained busier than in previous years, with general sessions and kids fun days consistently being well attended despite the high temperatures, plus a few of our members are training extra hard to prepare for competitions, by arranging private sessions and attending training camps.



In our last write up, we reported that 20 year old Ryan King (son of head coach, Dominic King), had travelled to Georgia to train alongside some of the best judoka in the world. Ryan has now returned after his month away, where he spent the vast majority of his time either training on the mats, running up mountains and lifting weights. He is currently passing on his valuable knowledge and to our members before he goes away once again.

We are obviously very proud of our competitive members, but it's true to say that the majority do not currently compete or train at that level. This is completely fine as they are more than happy just to attend our general classes, simply maintaining a reasonable level of fitness, while enjoying learning new skills. These members are just as important to us, as we appreciate that everyone is on their own personal journey.



Our sessions are led by former British Champion Dominic King, who was awarded his 6th Dan at the beginning of the year. Members include several black belts, as well as regular juniors and seniors of all levels, from International player to first time beginner. Everyone enjoys training alongside one another and we are able to give everyone exactly what they personally need in order to improve and have fun. Beginners are always welcome, with each one being offered two free sessions before deciding whether to sign up. However, we have a fantastic retention rate, as the atmosphere at our club is extremely positive and friendly.

Our kids classes are particularly well attended, as we like to make all our sessions fun, with little pressure on kids to learn difficult moves or remember confusing Japanese terminology. We have a tailored grading system ideal for the younger

children, which they all really enjoy progressing through, before moving to higher belts down the line.

For older or less experienced members, we often use crash mats to teach heavier throws, so they can build confidence in their own time, while competitive members regularly participate in randori sessions, which is the judo equivalent of sparring. This is great preparation for competition, for those who wish to go down that path.

Our oldest member, 79 year old Dot Goodwin, is still going strong. Dot started her journey as a 70 year old and managed to achieve her black belt in December. Dot now assists Dominic with a new session for over 50s, that recently started over at our other venue in Oulton Broad. If anyone is interested in signing up for this, don't hesitate to contact Dominic (contact details at the bottom).

If you'd like to start your own journey with us, you can join now! If the Tuesday evenings are not convenient, we have sessions at various venues throughout the week, which are included in the timetable below:

DOMINIC KING JUDO & MMA ACADEMY TIMETABLE:

MONDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX - 4pm-5pm – Judo for over 50s (NO AGE LIMIT!)
5pm-6pm – MMA for children (6-16 years)

TUESDAY: BELTON NEW RD (NR31 9JW)
4.45pm-5.30pm - Judo for younger children (fundamentals/fun)
5.30pm-6.30pm - Judo for older children and adults (technique/theory/randori)

WEDNESDAY: OULTON BROAD (EAST ANGLIAN MARTIAL ARTS CENTRE), 163 BRIDGE ROAD, USE POSTCODE NR33 9JX - 5.30pm-6.30pm - Judo (All ages welcome)

THURSDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX
4.30pm-6.30pm – MMA for children and adults (6 years + KIDS FIRST HOUR ONLY)

FRIDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX - 6.15pm-7pm - Judo for younger children (fundamentals/fun)
7.00pm-8pm - Judo for older children and adults (technique/theory/randori)
8.00pm-9.30pm - MMA for older children and adults (12 years+).

Anyone wanting further details can contact Dominic on 07977432756, email dominic@fightingfitjudo.co.uk

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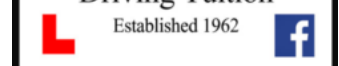
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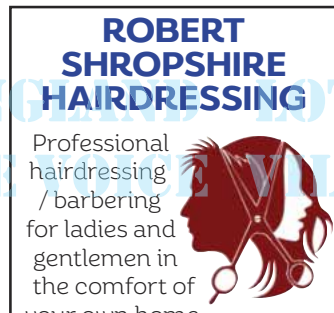
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