

Village Voice

May 2024
25th Great Year
Vol 25-02

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WELCOME TO THE MESSIJOES

SATURDAY 18TH MAY
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SATURDAY 25TH MAY
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A word from the Editor Adrian Myers

Below my editorial piece you will find details of how to apply for the Village Voice Annual Grants. I can only apologise at the short notice for this but the board has only two more meetings before the Community Fete, so please be prompt in getting your applications in.

The VV Community Fete is now really picking up speed. Please see our full page advertisement on page 12 for an update of the new attractions.

VILLAGE VOICE GRANTS

The Village Voice is inviting local groups, clubs and organisations to apply for a small grant to help run or support their activity (up to a maximum of £200). These grants are made possible by the efficient running of the Village Voice and enable us to give back to the community some of the profits made from the advertising in the Village Voice above the monthly running costs.

Application forms are available on request from Suzanne Craig (email beltonvvsect@gmail.com). If you do not have email and would like an application form please apply to Suzanne at 99 Station Road North, Belton NR31 9NW, 01493 789019.

All applications must be returned no later than **midday on Thursday 30th May**. Grants will be decided by the Village Voice Board, with presentation of cheques at the Village Voice Community Fete. If the number of grant applications exceed the monies available, then the Board will scale the amount requested proportionately.

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YOUR VILLAGE VOICE

The closing date for all
Articles and Adverts
for the June 2024 edition is
15th May 2024

**May 2024
27th Edition**

Cover Picture: A Peaceful

Location: Photo by Bryan
Diggory, taken in Fritton Woods
10th April

This Magazine is a Community Enterprise professionally printed - but written, edited and delivered free - entirely by volunteers.

After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations and groups in our circulation area.

We welcome your news, views, letters and articles and photographs for publication. *No anonymous items will be accepted.*

Complaints, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton NR31 9PP

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LOCAL ROADWORKS



The only road closures in our area scheduled for May when the Village Voice went to press are two separate one day closures. The roads will potentially be closed between 9.30am and 3.30pm, on May 15th Blocka Road between St Olaves and Browston and on May 27th High Road at Burgh Castle will also be shut for the same times.

REFUSE COLLECTIONS BANK HOLIDAY WEEKS



A reminder that with the new refuse collection system in place in the Great Yarmouth Borough and the teams now only working Tuesday to Friday on collection of Black, Green and Brown bins there will no longer

be any change in collection days where the week commences with a Bank Holiday on the Monday.

MOBILE LIBRARY SERVICE

Locally the Norfolk Mobile Library rounds are as follows :

Belton Wednesdays May 15th and June 12th every 4 weeks
Moorlands Primary Academy 3.20pm - 3.50pm.
Outside 7 Station Road South 3.55pm - 4.10pm
Amhurst Gardens 4.15pm - 4.35pm.
St. Roberts way 4.40pm - 4.55pm.

Fritton No service.

St Olaves Wednesdays May 15th and June 12th and then every 4 weeks stopping on Priory Close between 12.45 and 1.00pm

Burgh Castle - No service

For any questions about mobile libraries, email the team at central.mobiles.lib@norfolk.gov.uk. Or call 01603 222303

Your Parish Council Reports

Belton with Browston Parish Council



The April meeting of the Parish Council took place on the 2nd of the month at the New Road Sport and Leisure Centre with ten of the eleven Parish Councillors present along with Borough Councillor Graham Carpenter, five members of the public and the Parish Clerk.

Residents were present to raise concerns about the recent clearance to the small plot at the entrance to Rosedale Gardens, no planning proposals have been received and it was generally felt that the site was too small to accommodate and development.

The Neighbourhood Plan Committee Chairman had provided the Council with suggested revised and updated objections to the revised plans for developments at Browston Hall incorporating views received about holiday developments at the plans public consultation stage and it was agreed to use this as the updated objections document for all three linked applications, Councillor Carpenter will also ask at Borough if a further extension to the closing date for objections can be given due to the vast number of documents on line in relation to these proposals.

In other planning matters the Borough Council have approved demolition of a conservatory and a new rear extension at 6 Fern Gardens but have refused both conversion of two stable blocks to one dwelling at Five Acres, Cherry Lane, Browston and retention of a single story extension and change of the garage roof to a pitched one at 12 Ranworth Close, Belton.

In Highway matter Borough Councillor Carpenter reported that New Road from Bracon Road to the Stepshort

roundabout will be surface dressed in 2024 and Bracon Road itself is being checked for the 2025 listing of similar works.

At the New Road Centre, it was agreed to delay a grant application till November for possible solar panels as only one quote had been received and the deadline for the current round of

applications is getting too near. Repairs to the roof of the toilet block were agreed, urgent essential repairs that had been made to the function room floor were noted and it was agreed not to renew the premises license at present as it had not been used in the last year, it holds on file for 4 years but later renewal will require payment of any backdated fees.

NHS Norfolk had confirmed that they would like to bring the 'Wellness on Wheels' bus to the New Road Centre but would like to link it to suitable other activities therefore the Monday Morning (Exercise) and Thursday afternoon (Stroke Group) dates will be provided.

The next meeting dates are as follows: -

Annual Parish Meeting – Tuesday April 30th when local groups and organisations can submit their reports on the last years activities (report copies by e-mail to the Parish Clerk please).

Annual Parish Council Meeting – Tuesday May 7th. this is when all appointments are confirmed within the council for the coming year as well as normal monthly business taking place.

Meetings are at the New Road Sports and Leisure Centre commencing at 7.00 details from the Parish Clerk, Kate Ruddock on 01493 602960 or e-mail beltonparish@yahoo.co.uk.

There are still two vacancies on the Council that can be filled by co-option, full information from the Clerk on the contact details above.

Kate Daniels Concert

A great evening was had by the 100 people who attended the Concert on Friday April 5th. Kate and her



quartet of musicians were as great as they were when they came in 2022.

The concert was opened by John Woodhouse singing three numbers that gave everyone a flavour of what was to come.

With Kate, there were Nils Solberg on guitar, known for his playing on the Bryan Ferry albums back in the late 1990's and Julian Stringle who played Clarinet and Saxophone, a player that's rated as one of the top musicians in the UK. There were also two more local musicians

from Norwich and Hadley who played drums and double bass in spectacular style. Kate sang a wide selection of numbers from Jazz & Blues to Ballads and other well known

numbers.

A big thanks to Rosie for the use of the Church with its great acoustics and to Tim and Aneka for all the audio visual support.

Any money from ticket sales left after all expenses are paid will be donated to the Macmillan Cancer Support and Macmillan Nurses.



After all expenses now paid we able to donate £200 to MacMillan Nurses and Cancer Care. Thanks to all who supported the Concert

Burgh Castle Parish Council



Six members of the Parish Council plus County Councillor Carl Smith, one member of the public and the Parish Clerk attended the April 8th meeting of the Parish Council at the Village Hall, Brian Swan was in the chair.

In highways matters the general condition of the junction of Market Road with High Road is going to be reported along with issues with the footpaths on both Stepshort and Butt Lane. There are still roadworks signs laying where the Crows Farm corner works on High Road took place last year and County Highways will be asked to collect them. Four areas of roadway were marked out for resurfacing on Butt Lane near to Melbreak, the work to be completed in that last financial year which finished on April 1st, however only part of one area was repaired and highways are to be asked when the remainder will be dealt with, a road closure order will probably be required. County Councillor Smith reported that replacement posts will be placed round the grass near to the Butt Lane flats, the existing ones are rotting away.

Councillors were angered by the mysterious appearance of a 6ft wide gap that has been made in the hedge between the Parish Burial Ground and the Churchyard, nobody gave permission for the hedge to be opened up, the work was carried out very neatly however the Council and the Parochial Church Council will now have to foot the bill to get it closed off again. The Chairman had reported the incident to the police and they or the Council would like to hear from anybody with any information concerning those involved in the damage.

The Chairman reported that it would appear that the village is going to get an improved bus service from May, the County Council have advised that they are awaiting information on what is proposed from operators First Bus and councillors hope that this will bring to an end the need to change afternoon services every school day in term time to permit children from Lynn Grove Academy to get home to Belton.

In Planning members supported all objections made by neighbouring Belton with Browston Council to go against the three holiday related planning applications for Browston Hall. In the first draft of the updated Boroughwide Plan members were pleased to see that out of the many areas of land in Burgh Castle put forward for development only a small strip behind Louis Dhal Road large enough for 20 residential properties has been put into the latest consultation document and the chairman reported that the

Neighbourhood Plan which is specific to the three parishes of Belton with Browston, Burgh Castle and Fritton with St Olaves has now been submitted to the Borough Council for formal examination before a referendum is called and it hopefully it is voted into effect by residents of those parishes.

Following on from last month when it was reported that Folkes Plant and Aggregates had given permission for a defibrillator unit to be placed outside the Welcome Pit on Butt Lane members received confirmation from Heart2Heart Norfolk that a new unit will cost £1500, they agreed that all local businesses will be contacted and asked to consider making a donation towards the unit and that an application would be made to the Village Voice magazine for a grant as they currently have funds available to local groups and organisations.

The next parish meetings will be on Monday May 13th at the Village Hall, on Church Road, The Annual Parish Meeting will commence at 7.30pm, this will include two public resolutions to be voted on by residents to permit the linking of the charities running the Playing Field and the Village Hall. It is hoped that village residents will attend and vote in favour of these important resolutions. That meeting will be followed directly at about 7.45pm by the Annual Parish Council Meeting for details contact Kate Ruddock, the Parish Clerk, on 07899846148, e-mail burghcastleclerk@gmail.com.

INVITATION – The Parish Council would like to invite residents to attend a short event at the Village Playing Field, behind the Village Hall on Friday May 3rd at 11.30am when the Rector, the Rev Rosie Bunn, will dedicate a commemorative oak tree to commemorate the Coronation of King Charles III. The Village Hall will be open as usual with teas and coffees etc available and there will be the usual free on site parking.

Burgh Castle Village Hall (CIO)

is now in the process of amalgamating with the Playing Field Charity, the following resolution gives the details of how this happens.

Notice is hereby given of a public meeting for the proposed resolution to merge Burgh Castle Playing field with Burgh Castle Village Hall (CIO) Charity.

To be held at the Village Hall on Monday 13th May at 7.30pm at the Annual Parish Meeting

PUBLIC MEETING AGENDA

1. Welcome and Apologies for Absence
2. Explanation of the proposed resolution to merge the Burgh Castle Playing Field charity number 304720 with the newly established Burgh Castle Village Hall CIO charity number 1206231 and any questions.
3. Resolutions:

1. That Burgh Castle Playing Field take steps to merge itself with the Burgh Castle Village Hall (CIO) on the following basis:
 - (a) all assets, property and contracts of Burgh Castle Playing Field shall be transferred to the new Burgh Castle Village Hall CIO; and
 - (b) forthwith upon the completion of the above, Burgh Castle Playing Field shall be wound up and cease to be a charity. Its merger with the Burgh Castle Village Hall CIO shall be registered with the Charity Commission.
2. That the Burgh Castle Playing Field Charity Trustees are hereby authorised to take all action and complete all documentation necessary to effect resolution 1

With the registration comes the need for more trustees, could you be that person?

The only criteria is that you are a resident of Burgh Castle.

For more information call Margaret on 780126 or email mgreenacre532@gmail.com



Burgh Castle Tea Room & Bargain Stall

(Village Hall, Church Road)

Looking forward to seeing all our regulars for coffee, cake and company. Now open Thursday & Friday.

Please note we will be CLOSED on May 2nd for Police & Crime Commissioner's Elections but OPEN on 3rd May when The Rector Rosie Bunn will be dedicating the Oak Tree planted to commemorate the Coronation of King Charles III, at 11.30am. Then we are back to Thursday and Friday each week.

Please think of us when you have unwanted goods to dispose of, we can arrange collection at a convenient time for you.

For more information
01493 780126
mgreenacre532@gmail.com





Fritton with St. Olaves Parish Council

Seven Parish Councillors, the Parish Clerk and four members of the public attended the Fritton and St Olaves Annual Parish Meeting on March 21st. In his annual report Parish Council chairman Stannas Bellaby stated that in the May 2023 Parish Council elections resulted in four new Parish Councillors, Hayley Carruthers, Nigel Barnes, Bob Betts and John Wadson as well as new Borough Councillors, Graham Carpenter and Ivan Murray-Smith being elected at the same time.

Councillor Bellaby thanked County Councillor Annison for getting the A143 resurfaced at St Olaves footpath improvements by Fritton Village hall and other works. He stated that there are now also bollards by the Fritton Village sign to prevent parking. He went on to say that Councillors Richards, Carruthers and himself had been working on the three parishes Neighbourhood Plan committee and following work by led by Mr Ken Botwright the plan was very near to submission to the Borough Council. In closing he thanked all councillors and the Parish Clerk for their work during the year.

Other reports were filed by both Fritton and St Olaves Village Halls, St Edmunds Church at Fritton, Fritton Poorlands and St Margarets Church at Herringfleet.

The chairman reported that Mr Keith Nunn was in the process of forming a new enlarged committee to run The Fritton Village Hall and that they were due to meet on March 29th.

PARISH COUNCIL MEETING

The monthly Parish Council meeting followed the Annual Parish Meeting, also chaired by Councillor Bellaby, there were seven Parish Councillors and two members of the public present Stannas Bellaby was in the chair.

In the public section a member of the public along with his wife offered to join the revised Fritton Village Hall committee and he was reminded of its forthcoming meeting.

A member of the public raised concerns about money being wasted by the Borough Council sending letters about bin

collection changes as well as producing slips to place on bins when they were last emptied. Marion Binding, a volunteer litter picker had met the clerk and as a result it was agreed to purchase high visibility vests and if the Borough Council will not fund them then the Parish Council will pay, also to check if the group of four people would be covered on the Parish Councils insurance and finally on the topic Borough Councillor Carpenter will be contacted over collection arrangements for the bags of litter.

Councillor Stevens felt that the recent road improvement markings at Fritton discussed at the previous meeting should have been extended further. Also, in highways matters a resident had asked if signage indicating passing rather than parking areas for two locations on Church Lane, Fritton and blocked gullies near the piggeries, a pothole and bank damage on the A143 were some of the other highway's matters reported along with a large dip on New Road by the chicken factory that needs filling and the fact that the same road is now some 2 feet wider in places due to wide pig farm equipment using the road. A reduction of the speed to 20mph on Fritton New Road will again be requested although it has been turned down once before along with finding out from the volunteers when the SAM2 machine will be back on that road.

In Planning matters there were no objections to a single storey extension for a wet room at Redroof on Priory Road, St Olaves, permission has been granted for a change of use at St Olaves Caravan Park at Priory Farm to provide 30 touring caravan spaces with associated works and a Tree Preservation Order has been confirmed on land at Waveney Forest House, New Road, Fritton. Members were advised of details of the consultation on the first draft of the revised new Local Boroughwide Plan.

The Annual Parish Council meeting will be held on Thursday May 16th (7.30pm) at Fritton Village Hall, details from the Parish Clerk, Kate Ruddock on 07899 846148, e-mail her at fritton.stolaves.clerk@outlook.com

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For more details



Fritton Bingo

The next bingo session at **Fritton Village Hall** is to be held on **Friday May 17th**. Eyes down for 7.15 pm start All welcome to join us for an enjoyable evening . All proceeds go to the village hall.

Many thanks Roy

Coffee Morning at St Edmunds Church

FRITTON NR31 9EZ

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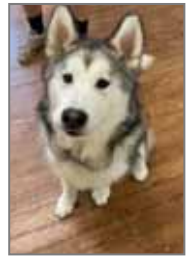
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DOGS UNDERSTAND HUMAN BODY LANGUAGE AND EMOTIONS

By Clinical Animal Behaviourist & Veterinary Nurse Katey Aldred MSc, RVN, ABTC-CAB



Dogs have long been regarded as man's best friend, cherished for their loyalty, companionship, and uncanny ability to understand us on a level that seems almost magical. From interpreting our body language to sensing our emotions, dogs possess an extraordinary capacity to connect with humans in ways that defy explanation. Let's delve into the fascinating world of canine cognition, exploring how dogs perceive and respond to human body language and emotions.

The Human-Dog Bond

The unique bond between humans and dog's traces back thousands of years to their domestication. As humans and dogs coevolved, a symbiotic relationship formed, driven by mutual benefits. Dogs provided protection, assistance in hunting, and companionship, while humans offered food, shelter, and care. This close partnership fostered an intricate understanding between the two species, laying the foundation for the profound connection we share today. This close partnership fostered an intricate understanding between the two species, laying the foundation for the profound connection we share today.

Understanding Human Body Language

One of the most remarkable aspects of canine cognition is their ability to interpret human body language with remarkable accuracy. Dogs are keen observers of our movements, gestures, and facial expressions, allowing them to glean

valuable information about our intentions and emotions. Research has shown that dogs can distinguish between friendly and threatening gestures, respond to cues for play or relaxation, and even anticipate our actions based on subtle cues.

For example, a dog may recognise a smile as a sign of happiness and approach with wagging tail and playful energy. Conversely, they may sense tension or unease in our posture and respond with comforting gestures or calming behaviours. This innate ability to understand human body language enhances the bond between dogs and their owners, fostering trust, communication, and mutual understanding.

Sensing Human Emotions

Beyond deciphering our body language, dogs possess an extraordinary sensitivity to human emotions, often mirroring our moods and offering comfort during times of distress. Studies have shown that dogs can discern emotional cues such as facial expressions, vocal intonations, and even subtle changes in scent associated with different emotional states. They respond with empathy, offering solace through affectionate gestures, soothing presence, and unwavering loyalty.

For instance, a dog may nuzzle close to their owner and offer gentle kisses when they sense sadness or distress, providing comfort and companionship in times of need. Similarly, they may mirror their owner's excitement with enthusiastic barks, playful antics, and boundless

energy, amplifying the joy of shared experiences. This empathetic connection between dogs and humans highlights the profound emotional intelligence of these remarkable animals. It is this that makes some candidates suitable as an assistance dog.

The Science Behind the Connection

Researchers have delved into the neurobiological mechanisms that underpin the human-dog bond, shedding light on the intricate interplay between oxytocin, a hormone associated with social bonding and attachment, and the brain's reward pathways. Studies have shown that interactions with dogs can elevate levels of oxytocin in both humans and dogs, fostering feelings of trust, affection, and well-being.

Furthermore, imaging studies have revealed similarities in the brain regions activated during social interactions between humans and dogs, suggesting a shared neural basis for the human-dog bond. These findings underscore the deep-rooted connection between our species, forged through millennia of companionship, cooperation, and mutual affection.

Read more in the full article

Take a look for more information on the canine connection at www.kateyaldred.co.uk/dogs-understand-human-emotions

PLANT SALE

St. Andrew's Church, Gorleston
Saturday 11th May 10 - 12
 Contact Karl 07749854809

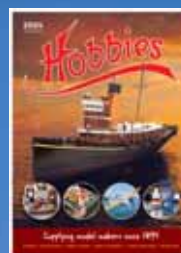
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www.hobbies.co.uk 01508 549330

Thank you Belton

Local couple walking from Lands End to John O'Groats thank Belton residents for generosity

Lisa and Marcus Sutton are walking over 1000 miles from Lands End to John O'Groats raising money for Diabetes UK. Lisa, who grew up in Belton and now lives in Haddiscoe, was diagnosed with Type 1 Diabetes during a routine GP fit check last summer. She says 'it was a bit of a shock at the age of 54. The NHS support was outstanding. I now inject insulin everyday as my body no longer produces it. Insulin is essential as it converts carbohydrates and sugars into energy'.

Belton and Church in Burgh Castle so I



thought I would hand a sponsorship form round', explained Sheila. However, no one expected over £400! 'Having grown up in Belton I know how lovely the villagers are, but times are tough too,' Lisa continued 'Diabetes touches so many people and Diabetes UK are working towards a world where diabetes does no harm. This money will help them so much. Thank you

Belton!'

Lisa and Marcus will start their walk on April 23rd and expect to reach John O'Groats 80 days later on July 17th. 'We both feel fit enough but managing my blood glucose is going to be a learning curve' said Lisa.

If anyone would like to follow their walk they are on Facebook, Instagram, YouTube and JustGiving, simply search for 'Step By Step LEJOG'. If you are not online Mum Sheila will be able to update you.



When Lisa's Mum, Sheila Chaskin volunteered to ask her Belton and Burgh Castle friends for sponsorship she thought

they would be generous. 'I go to various clubs in

Step By Step LEJOG

Walking 1000 miles from Lands End to John O'Groats for Diabetes UK

We plan to:

1. Enjoy and complete 1000 mile LEJOG, taking it literally Step by Step
2. Raise money for Diabetes UK, who are fighting for a world where diabetes does no harm
3. Raise awareness of the importance of booking a GP check up

Please follow our progress on social media, join us for a few steps or a cuppa. All encouragement, advice, parking, lifts extremely welcome.



DONATE NOW WITH
JustGiving



Thank you
Lisa & Marcus

xxx



DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

 lmlejog@gmail.com



RSPCA East
Norfolk Branch
Registered Charity No. 206296



Cupid

The RSPCA East Norfolk Branch is searching for some amazing people to join our fostering team! Our waiting list is becoming longer and we have no space to place the cats. To become a foster carer you will need to have a spare room away from any other pets, this will be where the cat stays whilst in your care. Everything is provided including food, litter, vets bills and more. Before a cat is placed with you we will always contact you before hand giving you as much detail as we can about the animal to make sure you are happy to take it, all cats will be seen by a vet before coming to you. Some cats may require some medication at some point during their stay, we are always on hand to give advice and help you with this wherever possible.



Sofi

Without foster carers we simply would not be able to

do what we do.

For more information please email volunteering@rspcaeastnorfolk.org.uk

Also visit <https://www.rspca.org.uk/local/aboutus/contactus/-/rspca/east-norfolk-branch>

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1st Belton Scout Group

Would you be interested in helping out at the Beaver section this does not have to be every week. A small amount of training on line is required (support available) and a DBS. If you would like more information, please contact Brown Beaver (Jane) 07975 533572

Beavers

At the last meeting of the term the Beavers completed the Tim Peake's 4 Challenges as part of their space activity badge. They attempted saying "Hello friend" in Russian also shaking hands with their left hand. Tim said the most difficult part of his astronaut training was learning Russian. English and Russian being the 2 languages on the international space station. Re issues with gravity, they had to walk like a crab around an obstacle course. Had a go using a robotic arm using a helping hand to pick up plastic items of different shapes/sizes into a bucket. Lastly, we made our own space station out of recycled materials sellotaping the recycling materials together.



Poppy was presented with her Bronze Chief Scout Award, congratulations.

We welcomed Zep to Beavers and invested him at our

last meeting of the term

The Beavers are looking forward to taking part in "Outdoorin24" bucket list to gain a badge for their camp blankets and taking part in our annual sleepover, sleeping in tents outside.

If you have a young person 6 years or about to be 6 years and are interested in Beavers, please contact Brown Beaver (Jane) 07975 533572



Cubs

The cubs finished the winter term by completing their naturalist badge. They had to identify 6 trees, critters, birds and animals and then they made a bird feeder by using skills they have learnt whilst doing their pioneering badge by using knots and lashings to create an A frame and suspending an apple for the birds to eat whilst making it free standing.

The cubs reconvened after Easter.

If your young person would like to join the adventure at Belton cubs then message Peter On 07900 494 344 or go through the 1st Belton scout group Facebook page



Scouts

They had an evening looking at emergency aid badge, looking at what to do in an emergency, how to put someone into the recovery position. Looked at 4 and 6 figure references. Starting to plan expedition challenge route and what they will need to take and use.

The Scouts finished the term making sweets either ever ending truffles or marzipan ones which they made to look like Bees

There are places at Scouts (10 years to 14 years) please contact Brown Beaver contact details above.

Group

We are planning on doing Bri-a-brac sales over the summer period and we would be grateful of any books/ Bric-a-brac/ Toys we urgently need to re stock for sales. The items can either be dropped at 6 Station Rd North Belton or phone 01493 780965

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Wow, what a fantastic month we at Lynn Grove Academy have had!

Kicking off the month with STEM week, our pupils engaged in various experiments and activities that covered science, technology, engineering, and maths. Children from across all year groups were given the opportunity to take part in a talk by Dr Adrian Cooper, who discussed conservation, which has led pupils to design a brand new LGA Community Conservation Garden on the school grounds. Pupils also got to enter a range of STEM competitions and partake in trips. LGA gifted our local primary schools with surprise STEM boxes so younger pupils could further enjoy their STEM week.

After an early 2am start, pupils from Year 9 and 10 set off on a History trip to Belgium, where they benefitted from highly acclaimed historians as tour guides throughout their trip. Pupils took part in interactive sessions and role play to learn more about medicine on the Western Front in WW1, as well as visiting carefully chosen sites of interest and exploring how they linked to their curriculum. They also had the opportunity to handle and fire real WW1 weapons. Overall, our pupils had a brilliant time, where they were able to gain knowledge, put learning at the heart and make memories.

As always, our school musicians and choir represented Lynn Grove faultlessly. They travelled to other Creative Education Trust schools to take part in a 'Day of Play' conducted by our very own Head of Music. They performed wonderfully and received great praise from other schools within our trust. Well done!

Our sporting success continued this month and saw the under 14 girls' football team become County Cup champions. Additionally, our boy's football team is advancing to the finals, which will be happening very soon; keep your eyes peeled for the results! What a brilliant demonstration of perseverance and embracing challenge.

Finally, our end of term celebrations allowed pupils to receive recognition for putting learning at the heart and being kind to each other. College Points were totalled, and many pupils earned their new badge! Later in the day, the top 25 pupils from across the school with the most College Points sat down with our Principal, Mrs Brookes, where they were able to share their successes and enjoy afternoon tea.

Check out our Facebook page to learn more about what happens at Lynn Grove Academy and view more images!

We are Lynn Grove, we are a community.
 We are kind to each other and ourselves.
 We put learning at the heart.
 We embrace challenge.
 We persevere.



Men's Church Walk

On Saturday morning of the 6th April we met at the rectory for a bacon roll before



setting of for Ludham for the monthly walk. This was a 5.5 mile walk from Ludham, first stopping at the bridge café for coffee and cake and then continuing on to St Bennet's Abbey. The weather was perfect, warm and dry although there was a strong southerly wind blowing in our faces as we crossed the marsh. From the Abbey we continued along

the paths back to the road and then into Ludham where we stopped for a small liquid refreshment before returning to Belton. If you would like to join us contact Peter on 07914 777401.

The next walk will be to Minsmere on Saturday 4th May .





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A word from your Local MP

BRANDON LEWIS MP writes



As I write this month's column, we have entered the silly period of election date speculation, so beloved by the national media and political pundits. It started at the beginning of the year and will reach a frenzy before the Prime Minister announces the General Election.

It's a game that excites journalists and politicians but serves no real purpose. It's a distraction from the real job of government, from scrutinising legislation in Parliament, and from looking in detail at all

political parties' policies.

Fortunately, I've consciously chosen to steer clear of this diversion. With my decision not to run for re-election at the next General Election, I've been liberated from the 'When will it be?' frenzy. This allows me to wholeheartedly focus on representing our area and cherishing the privilege of being a local Member of Parliament. I'm committed to visiting businesses and community groups across the constituency, ensuring that our voices are heard

and our needs are met.

I've enjoyed celebrating the success of teamwork in improving communities and facilities. Our Conservative council and government worked together to secure over £300,000 to fund improvements at the Phoenix Leisure Centre in Bradwell. I know how cherished the Phoenix is by everyone who uses it. At a time when many centres have closed their doors because of the impact of global energy prices on their finances, it is fantastic to see Phoenix going from strength to strength.

Then, I joined our hardworking community campaigner, Carl Annison, who has worked tirelessly to highlight the need for safety improvements on Beccles Road. We've

campaigning for several years to persuade the county council to admit there was a safety issue and fund a new crossing on this busy road. No longer will this community be effectively cut in half. This investment will allow young and old to cross safely.

Elsewhere, I met with leaders at East Coast College to find out how the funding they've secured from the government will improve facilities for young people and build upon the college's success in providing excellent teaching and training opportunities.

There's so much going on here in Great Yarmouth that I will ignore the election fever distraction and concentrate on celebrating the numerous community wins.

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Cycle Challenge completed 12 April 2024



James Paget
University Hospitals
NHS Foundation Trust

Charity manager Maxine and our hospital Chief Executive Jo on the static bikes during the cycle challenge.

A team of staff and supporters have helped us cycle the equivalent distance to the Eiffel Tower and back this week – and have helped raise over £1,260 for our hospital charity surgical Robot Appeal.

The cycling challenge saw two static bikes set up in our hospital foyer with a number of our staff and guests joining efforts to ‘virtually’ cycle the distance from the James Paget to Paris to raise money. After the four-day challenge the team not only managed to get to the French capital but also to return all the way home again – an approximate distance of 820 miles or over 1,300km.



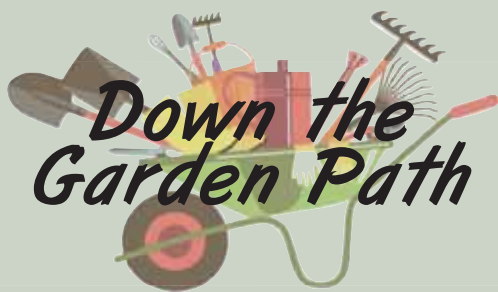
We’d like to thank everyone who supported these efforts – those who donated, those who took part, including Suffolk County Council’s ‘The Way To Go’ team and particularly thank Joe and the team at PureGym Great Yarmouth who kindly provided the static exercise bikes for our use.

Maxine Taylor, our Charity Manager said; “This was a fabulous achievement. I’d like to

personally thank each and every rider for their commitment and endurance, and a special thanks to those riders that kept getting on the saddle. We raised a total of £1260.32 over the four days, and we’d also like to thank PureGym for their support through the loan of the bikes.”

If you would like to support our appeal to raise £1.6million to purchase a surgical robot for the James Paget you can read more and donate online here; <https://www.jpaget-charity.org.uk/Appeal/surgical-robot-appeal>





Down the Garden Path

with Elizabeth Myhill

Now is a good time to plant Alstroemeria also called the Peruvian Lily or Lily of the Incas. It is named after a Swedish baron names Claus von Alstromer, who bought seeds back to Europe in the mid-1700s.



Bryce



Machu

is needed in the world today!

Alstroemerias are perennial plants that die back in winter. They are usually grown in the



Maya

herbaceous border but can also be grown in large pots or containers. They like to be well drained with plenty of organic matter (compost or well-rotted manure) add a granule fertilizer and



Sunburst



Sunshine

This flower symbolizes friendship whilst the petals are said to represent understanding, humor, patience, empathy, commitment and respect much of what



Malaga

and do best in full sun. They also make superb cut flowers.

Good gardening now Spring has finally arrived

Liz Myhill



Red



Sunset



White Magic

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ormiston venture academy



Student awarded prestigious Gresham's scholarship



Talented Year 11 student at Ormiston Venture Academy, **Tegan Engstrom**, has won a fully funded scholarship for a Sixth Form boarding place at Gresham's School.

Joining Gresham's from September 2024, Tegan will experience independent school life in its entirety, benefitting from a multitude of enrichment activities and high-quality facilities to support her education including the Dyson Building, the new centre for STEAM education which opened in 2021. She is also a keen swimmer and is excited to get stuck into the wide range of sport opportunities at her new school.

On track to succeed in her GCSEs at Ormiston Venture Academy, Tegan has her future studies already planned and hopes to study A levels in Psychology, Business and Physical Education followed by a Business and Psychology degree, before aiming to serve in the British Army in the Explosive Ordnance Disposal Regiment.

She shone in her application process as a focussed and hard-working individual with incredible skill to debate and provide an evidenced opinion at interview. Commenting on successfully gaining the scholarship, Tegan said "I am so excited to attend Gresham's in September, spending time there through this scholarship process has made me realise how big of an opportunity this is and how everything that Gresham's provides its pupils can benefit me in achieving my goals and thrive in my time there as a student. I am so grateful for the opportunity and can't wait to get started."

Ormiston Venture Academy and its sponsor, Ormiston Academies Trust, are committed to enriching the lives of its pupils by broadening their horizons and raising aspirations. The long-standing Gresham's scholarship is

reflective of the broad range of opportunities Ormiston Venture provides to its pupils, giving them every opportunity to succeed in life. Gresham's has partnered with Ormiston Venture Academy to annually offer boarding places to aspiring pupils. Last year, the scholarship was awarded to Riley, who is now in Year 12 and is excelling in his studies in Biology, Chemistry and Psychology.

Simon Gilbert-Barnham, Principal at Ormiston Venture Academy said:

"All of us at Venture are so proud of Tegan gaining the Gresham's Scholarship. She like so many at Venture has high aspirations that I am sure this next step to Gresham's will continue to drive her to succeed".

Dave Richards, Vice Principal at Ormiston Venture Academy said:

"We are so proud of how all of our students engaged in the Gresham's Scholarship process, the applicants showed an incredible amount of passion and resilience combined with exceptional oracy skills which shone in their interviews. Our partnership with Gresham's allows all of our students to aim for a unique life changing scholarship opportunity, and although ultimately only one student can be the recipient, between the residential opportunities in year 10 and the scholarship process in year 11, a large number of students have benefited from improved confidence and identifying their goals for future life. I have no doubt that the 2024 Gresham's Scholar, Tegan, like those who have come before her will grab this incredible opportunity with both hands and be a brilliant ambassador for the academy and the process that will continue to benefit many more in the future".



Deputy Head Academic of Gresham's, Darrell Chart-Boyles, said,

"During interview, Tegan demonstrated that she had researched Gresham's and showed an excellent understanding of the opportunity that coming to study here would offer her; she will certainly make the most of this and we look forward to welcoming her in September."

We have organised our timetable until 30th July including quizzes, a fish and chip lunch and a coach trip out in June as well as coffee, cake and conversation. Tuesdays, 10.00am until midday, at All Saints Church, Belton.

Sue Angell



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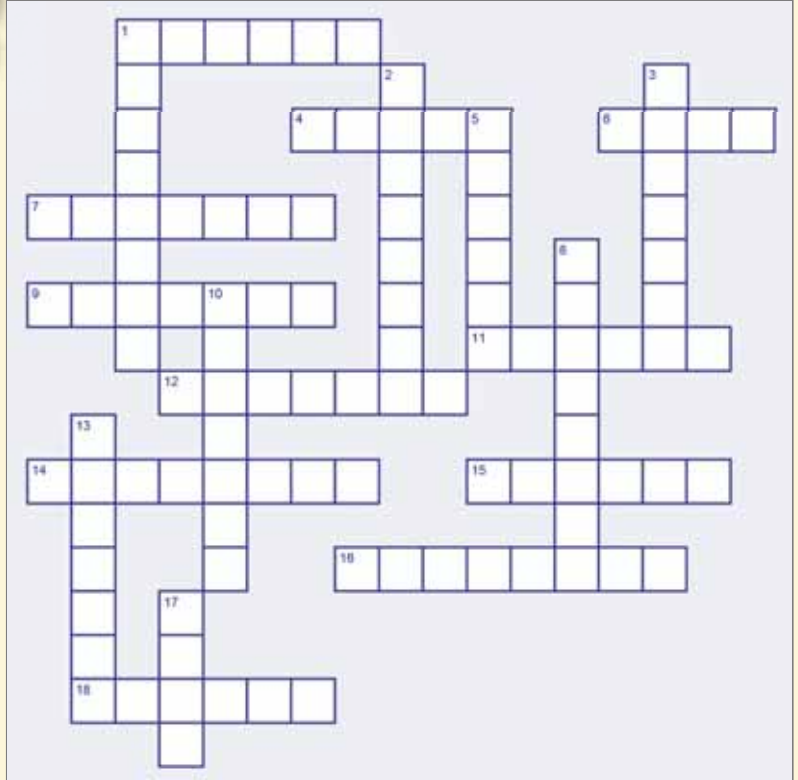
Summer Crossword

ACROSS

- 1) Beachgoer's pride
- 4) Surfer's hangout
- 6) Summer month
- 7) Rod & reel sport
- 9) Disk you whisk
- 11) Make a bed?
- 12) Roughing it, perhaps
- 14) Treat on a stick
- 15) Alfresco meal
- 16) In a cornet
- 18) Bermuda

DOWN

- 1) Beach attire
- 2) Worker's respite
- 3) Not indoors
- 5) Tramping on the trail
- 8) Outdoor cooking
- 10) Lake activity
- 13) Barbeque favourite
- 17) Ideal for paddling



Answers on page 24

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Great Yarmouth Stroke Club

Easter Party

Easter hats competition with Mary been voted winner.

The Easter eggs with some being Donated by Sam and Gary.

We had a visit from Elvis (Barry) What an outfit.

It was lovely to see members singing. All members receiving ice creams from Di Mascio followed by a games afternoon.

Birthdays, Mike, Marty, Tom, Rex, Myrtle.

Our get well wishes to Ray, Sam, Maisie, David.

Big thank you for donations for the raffle. It really helps with everything we do for the group.

We would like to thank Gary, Miss Daisy's 3cars, center81 for transport always lovely with our members.

We do need Volunteers if interested please contact Sue Casey 01493 781846

We Meet at The Sports Centre, New Road, Belton. Thursday 2.00 - 4.00pm .

Thanks Sue



Belton Judo club latest news update

It's been another successful month for Dominic King Judo & MMA Academy, which has involved members attending different events and accomplishing various achievements. Many of our youngest participants have attained new judo grades, we've had members travel to Wisbech for a grappling tournament and bring home medals and current English Open Champion, Ryan King, recently fought in the Bremen International Masters competition in Germany, which is one of the toughest junior events in the world. Unfortunately, Ryan was narrowly defeated by his Azerbaijani opponent in the first round after leading the match. The Azerbaijan team are probably the world's most successful nation at junior level (even more successful than the Japanese), so it was no disgrace, but it's important to add that the British competitor who managed to win the silver medal at this event, was the same fighter he beat convincingly in the English Open final only a month ago. So despite the disappointment of a first round defeat, Ryan knows he is definitely able to compete at the highest level Internationally.

However, our Academy is not all about our competitors. During the Easter break we organised another enjoyable fun day, which was attended by a good number of children, plus a few "big kids" AKA adults. We believe that the ongoing success of our club is due to our ability to make every single member feel special regardless of their age or level. From the moment they walk through the door, everyone is welcomed and made to feel important. Dominic is an expert at helping beginners feel at ease and he will never forget a name.

Many of our members attend each week with the simple intention of keeping fit and having fun. However, we provide opportunities for them to grade and compete at every level, so nobody is excluded.

We currently have a 77-year-old lady attending regular judo sessions each week. That may sound impressive, but you may be even more astonished to learn that she only took up the sport at 70 and will almost certainly achieve her black belt before the age of 80. She is currently a brown belt so is very much on schedule.

This is currently a busy time for recruiting new members, so if you fancy giving Judo (or MMA) a go, don't hesitate to get in touch. We offer the FIRST TWO SESSIONS FREE to give everyone the chance to experience the club first, although we're very confident that you'll want to return.

We train at Belton on Tuesday evenings, but if this isn't convenient, we have sessions at various venues throughout the week which are included in the timetable below:

TIMETABLE:

MONDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, NR33 9JX
5pm-6pm – MMA for children (6-16 years)

TUESDAY: Belton New Rd (NR31 9JW)

4.45pm-5.30pm - Judo for younger children (fundamentals/fun)

5.30pm-6.30pm - Judo for older children and adults (technique/theory/randori)

WEDNESDAY: Oulton Broad (East Anglian Martial Arts Centre), 163 Bridge Road, Use Postcode NR33 9JX

4.30pm-5.15pm - Fitness & Wellbeing Circuit Training (FREE for all members & non-members - Supported by National Lottery Community Fund)

5.30pm-6.30pm - Judo (All ages welcome)

THURSDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, NR33 9JX

5.00pm-6.00pm – MMA for children (6-16 years)

THURSDAY: Bungay Chaucer Dojo (NR35 1EB)

7.30pm-9.30pm - MMA for older children and adults (12 years +)

FRIDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, NR33 9JX

6.15pm-7pm - Judo for younger children (fundamentals/fun)

7.00pm-8pm - Judo for older children and adults (technique/theory/randori)

8.00pm-9.30pm - MMA for older children and adults (12 years+).

If you have any concerns about taking your child to judo, you may wish to consider this; UNESCO (world children's organisation) and the International Olympic Committee believes our sport is best suited for children and is the most complete for promoting friendship and mutual respect.

Lastly, you can find DOMINIC KING JUDO & MMA ACADEMY on Facebook and Instagram, which will give you further information, training videos and general club news. Dominic and Ryan also have a separate Instagram account called THE KINGS OF JUDO that currently has 17.5 thousand followers. This is primarily to promote judo in general and to hopefully help secure some much-needed sponsorship for Ryan.

UP4FITNESS & SALLYANN

Today will be our first session after the Easter Holidays. Sallyann had a good break away in her caravan for a week but felt she needed the week after to get over it. Members are contacted every Sunday just like we did in the times of the Covid. Those harsh memories are still with us. It was about this time of the year we went into lockdown, never to be the same again. Looking forward we have the May Bank holidays when we will be closed and an extra date will be 29th April when Sallyann has a short break away in Norway with her son. When he asked her to go with him, she couldn't refuse. So April/May will be a bit topsy turvy for sessions.

Monday classes consist of movement generally in a seated position and offer, flexibility, mobilising joints and strengthening of muscles used in everyday life. Recently we have added standing exercises, supported with a chair or not, these are beneficial for balance and walking to help reduce the risk of falling.

If you miss Monday class or you want two sessions a week! You can find Sallyann at the Acorn Centre Regent Road. Great Yarmouth on Fridays mornings for a 10.15 am class. Cost is £5.00. You can turn up and pay on the door. There is normally a membership for this centre, but it has been waived temporarily.

If you feel you are doing less or your legs are feeling weaker or tired quicker, maybe you've had a fall and your confidence is low? Working with Sallyann can help you regain some of that confidence for you to get out more, ready for the summer! Do you want to improve your mobility and not sure how to start, maybe you have been given exercises to do and need some help. Sallyann can come to your home to work with you and help you to be confident again either on a one off or a few sessions it's up to you. Contact her for a chat of how she can help you.

Times & dates are correct at the time of writing this article. If you want information of any of the above please contact Sallyann Protheroe or up4fitness to connect with her, you can also email up4fitness@gmail.com Text or ring on Mobile 07599044806.

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Local NEWS in Brief

NEIGHBOURHOOD PLAN UPDATE

The Neighbourhood Plan for Belton with Browston, Burgh Castle, and Fritton with St Olaves has now (17/4/24) been formally submitted to Great Yarmouth Borough Council and the Broads Authority. GYBC will now consult statutory bodies approximately 6 weeks, then it will undergo an independent examination (the examiner will be independent of the neighbourhood planning group and the authority, appropriately qualified and experienced) approximately 4 weeks, then a referendum will be held.

Once the neighbourhood plan has been made (approved) by the local planning authority, independently examined, and after a successful referendum, the neighbourhood plan becomes part of the statutory development plan for the area, alongside the local plan. Local planning authorities and planning inspectors considering planning applications and appeals must make their decisions in accordance with the policies of the development plan, unless material considerations indicate otherwise.

ASHBY, HERRINGFLEET AND SOMERLEYTON PARISH COUNCIL GREEN AND ENVIRONMENTAL GROUP NEWS



Our Dark Skies project is making great progress. An informative talk on Dark Skies, stars and bats given by Doug Owen to a Monday Warm Hub gathering was much appreciated and gave us all a greater understanding of the benefits of dark skies and nocturnal wildlife.

We are pleased to have agreement for funding DARK SKIES VILLAGE signs to emphasise our status, one located B1074 coming into Somerleyton from Oulton Broad and B1074 Herringfleet Road from St Olaves

Sadly we had to postpone our half term Star Count family event – we needed clear skies and dry ground and had neither – we will reschedule for the autumn in combination with a dark night walk.

Steve Tull will be talking “A load of rubbish” at the Annual Parish Meeting on 16th May explaining the plans to reform kerbside collection and responsibilities – the financial and environmental implications for us all.

Our next event is a GIVE AND TAKE on Saturday 18th May in Somerleyton Village Hall. From 10.00. It’s a bit like a bring and buy but no money involved! You can donate unwanted items and take away useful things from other people – good time to spring clean the loft or the garden shed. Children’s toys are always popular but please no electrical items or DVDs. We also request that remaining items are taken home again. There will be a plant sales and refreshments. If you would like to have a table or help on the day we should love to hear from you.

More information: doug.m.owen@outlook.com
07803856388 or Lindsay Martin lindsaydawn@proton.me

LOCAL POLICE SURGERIES

Southern Villages Norfolk Constabulary Beat Manager PC Mark Sagers is holding the following informal surgeries when you can raise any concerns that you have or raise any police questions with him.



Wednesday May 1st
Belton Sports & Leisure Centre (5.00-7.00pm)

Friday May 10th
Burgh Castle Roman Fort (7.00-8.00pm)

Tuesday June 11th
Young at heart Belton (10am-Noon)

Friday June 21st
Burgh Castle Village Hall (Noon -2.00pm)

PC Sagers can also be contacted at mark.sagers@norfolk.police.uk

“Wellness on Wheels Bus”
which will be visiting the New Road Sport & Leisure Centre on the 30th May

VISIT THE WELLNESS ON WHEELS BUS



Come and visit for:

- Change Grow Live (CGL) (drug and alcohol support)
- SMI Stop Smoking Support
- Mental Health Support
- Sexual Health Self-testing Kits
- C-Card Scheme
- Seasonal Vaccinations
- NHS Health Checks
- Citizen Advice (where volunteers are available)
- Social Prescribing
- Antenatal/Parent Support
- Early Help and Family Support
- DWP
- The Big C *



Don't miss your chance to hop onboard on
30th May from 10am - 3pm

New Road Sport & Leisure Centre
Belton

Great Yarmouth
NR31 9JP

Visit: improvinglivesnw.org.uk for the timetable

*services will vary at each venue



GREATER ANGLIA

Greater Anglia's excellent performance continues with annual punctuality at 94.6% with four routes attaining over 97%. Latest figures highlighting the ongoing excellent punctuality standards being delivered for customers across East Anglia, despite a period which saw more storms and extreme weather.

Using the Public Performance Measure (PPM – which records arrivals of trains at their destination station), moving annual average punctuality at Greater Anglia (GA) is now at 94.6% - continuing the historically high results they have delivered for the last four years.

Exceptional annual results of over 97% or over have been achieved on four routes:

- Norwich to Great Yarmouth 98.3%
- Marks Tey to Sudbury 98.1%
- Norwich to Sheringham 97.3%
- Norwich to Lowestoft 97.1%

The impressive results are also evident using the more challenging 'Time to 3' performance measure – which measures the arrival within 3 minutes of every single train at every single station it serves. On this measure Greater Anglia's annual performance is 94.3%.

Greater Anglia are pleased to be introducing more services and improving journey times from June, 2024 as they continue to increase timetables in line with recovering customer demand following the pandemic.

Key improvements will include:-

- Additional weekday evening peak services from London – Southend, Southminster, Witham and Ipswich.
- Faster journey times between Norwich and London with most off-peak services timed for 1 hour 47 minutes.
- 0800 from Norwich to London and 1700 London to Norwich services back to under 1 hour 40 minutes
- Off-peak Clacton to London services will call at Hythe – offering better links for the University of Essex.
- Normal peak Summer season additional services on Mondays, Fridays and Saturdays between Norwich and Great Yarmouth.
- Normal peak Summer season additional Sunday morning services between Ipswich and Peterborough..

EAST ANGLIA TRANSPORT MUSEUM

In a previous issue of Village Voice we stated that the admission prices to the Museum were Adults = £10, Seniors (Over 60s) = £9.00 and children 5-15 = £7.00.

Unfortunately when we wrote that article we were not aware that the Museum had increased the

admission prices for 2024 and are now: Adults = £12.00, Seniors (over 60s) = £10.00, but children 5-15 are still £7.00, under 5s = free

The Museum has regrettably increased its admission prices due to soaring energy and utility costs, but even then these prices still represent extremely good value for money when compared to other local attractions.

In last month's issue we also stated that a miniature steam rally with possibly a model railway exhibition was planned for the 8th/9th June, 2024. Unfortunately as the site will not be in good enough physical condition to support this event, the Museum has regrettably had to withdraw the miniature steam rally from the events calendar.

CAPPED SINGLE BUS FARES

As you may have seen in the local media, single bus fares for the Great Yarmouth town zone have been capped at £1.50. This is being subsidised by Norfolk County Council through its BSIP (Bus Service Improvement Programme). We do not yet know how long this will last for. The capped single fare applies to journeys started and finished in the Great Yarmouth zone which covers all of Caister, Gt. Yarmouth, Gorleston, Bradwell, Belton and Burgh Castle. All three operators that service the town, FIRST, SANDERS AND BORDERBUS have signed up to the scheme.

If you travel outside the zone the capped single fare is still £2.00.

SERVICE 1c GREAT YARMOUTH SEAFRONT

As mentioned in a previous article First Eastern Counties will be operating its 'open top' seafront service from 4th May, 2024 on a 20 minute frequency between Pleasure Beach and Seashore Holiday Park with an hourly frequency going through to Hemsby. The full service with 4 buses per hour along the seafront and 2 per hour through to Hemsby will start on 25th May, 2024.

There will be some changes to local bus services on 26th May, but details are not available as we go to press. More information to follow in June's Village Voice ENTUA article.

ENTUA always welcomes new members, all we ask is a minimum annual donation of £5.00 which helps us cover the cost of printing and postage of our very informative quarterly newsletter and the hiring of venues for public meetings. To become a member please write to ENTUA, 18 Wensum Way, Belton NR31 9NY

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Events at the John Green Institute



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|---------------------|----------------------------|
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| Sheila Evenden | Bookings 07984 443808 |
| Geoff Evenden | Bookings 07984 443808 |
| Robert Goffin | Maintenance 07526 201088 |
| Bridget Lawrence | 01403 780160 |
| Suzanna Craig | Hon Secretary 01493 789019 |

Trustees

At a Trustees meeting in April we welcomed Stuart Murkin to the Trustees. Stuart will be responsible for general admin duties. All other trustees agreed to continue with their roles as stated on the JGI page of the VV

The last of the present Saturday coffee mornings was held in April and will resume again in September. If anyone would like to hold an event on a Saturday morning over the summer months then please contact Geoff or Shelia for more information and it would be possible to combine this with an extra coffee morning.

Wednesday Morning Drop In

We had a wonderful Easter with eggs and chocolate as well as the normal tea/coffee with biscuits and cake. We meet every Wednesday morning between 10.30 and noon at the JGI for chat and conversation as well as passing on information re scams that are relevant at the time and help with ipads and mobiles where we can.

Come along and meet new friends, especially as the weather is improving. We will make you welcome. Contact Sue on 01493 780822 for further details.



DIAL Great Yarmouth has been a real beacon of support for the local community in recent times, offering a lifeline to those grappling with financial difficulties and navigating the complexities of the benefits system. As an independent charity, DIAL has been focused on its mission since 1985, providing free, confidential advice and guidance tailored to the unique needs of disabled and vulnerable individuals in the Great Yarmouth and surrounding areas. For anyone facing money & debt issues, DIAL have fully trained Money and Debt Advisors offering budgeting support, repayment plans, creditor liaison & more! DIAL's commitment to trust, expertise, accuracy, and confidentiality ensures that every client feels supported and understood, fostering a relationship where their needs and concerns are met with professional and empathetic care.

In recent times, DIAL Great Yarmouth has expanded its impact through innovative initiatives like the arts and craft group, which is run from their King Street office every Monday & Friday 10am-3pm, providing a creative outlet and community connection for many. The "Warm Space" at St George's Cafe, which ran from January until March this year, stood out as a testament to DIAL's dedication to community well-being, offering not just free food to the community but also a place of warmth and companionship to those in need. In addition to DIAL's super friendly and professional staff, DIAL also has a strong network of volunteers, helping in both the charity shop and on the reception desk. The DIAL office and charity shop is located on 26/27 King Street, Great Yarmouth.

DIAL continues to attend the JGI on the second Wednesday of each month so please pop along with any concerns that you may have regarding benefit entitlement, finances and budgeting or to have a chat and find out more about what we do.

Jo Howes, CEO, D.I.A.L Great Yarmouth
Kingside, 26 King Street, Gt Yarmouth NR30 2NZ
Tel: 01493 856900 • Mobile: 07864095468

JT'S LINE DANCE CLASSES



Due to lack of support, the Absolute Beginners Line Dance Class will cease as from the end of April. Normal Thursday and Friday beginners classes will resume to the time of 10.30-12 noon.

Jane

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| Contacts for Clubs and Groups at the JGI | | | |
|--|------------------|---------------|------------------------------|
| To book the JGI call Geoff or Shelia on 07984 443808 | | | |
| Monday | | | |
| Yoga | 10.15 - 11.45 am | Julie | 01493 780121 |
| Short Mat Bowls | 2.00 - 4.00 pm | Mike | 07754 503666 |
| Bingo | 7.00 - 9.30 pm | Toni Hazel | 01493 780748 01493 781916 |
| Tuesday | | | |
| Belton Crafters | 10.30 - 12.30 | Linda | 07721 599559 |
| Over 60's | 2.00 - 4.00pm | Ann Rose | 01493 780443 01493 780784 |
| Belton Guides | 6.45 - 8.30pm | Rosi | 07827 913974 |
| Wednesday | | | |
| Drop In | 10.30 - 12 noon | Sue | 01493 780822 |
| Art | 2.00 - 4.00pm | Jan | 01493 488683 |
| Slimming World | 5.00-9.00pm | Debra | 07551 975800 |
| Thursday | | | |
| Line Dancing | 10.00 - 12.00 | Jane | 07788 408801 |
| Belton Crafters | 7.00 - 9.00pm | Linda | 07721 599559 |
| Friday | | | |
| Line Dancing | 10.30 - 12.00 | Jane | 07788 408801 |
| Camera Club | 2.00-3.30pm | Bill | 07950 039455 |
| 1st Friday in month | | | |
| Quiz Nite Last Friday in Month | 7.30-9.30pm | Bill | 07950 039455 |
| Belton Singers | 7.30 - 9.00pm | Mick | 07795 422420 |


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55cm x 42cm £15. Tall reading lamp with gold frame and cream shade 140cm high £10. Black glass TV corner stand with 3 shelves. 122cm x 47cm £20 Companion/magazine table with draws and side magazine pockets in dark teak Keeps everything tidy £15 Wicker commode chair. Teak frame with beige/cream wicker sides Hardly used cost £150. Take £70. All above are in excellent condition. Smoke free home Telephone 07850113821

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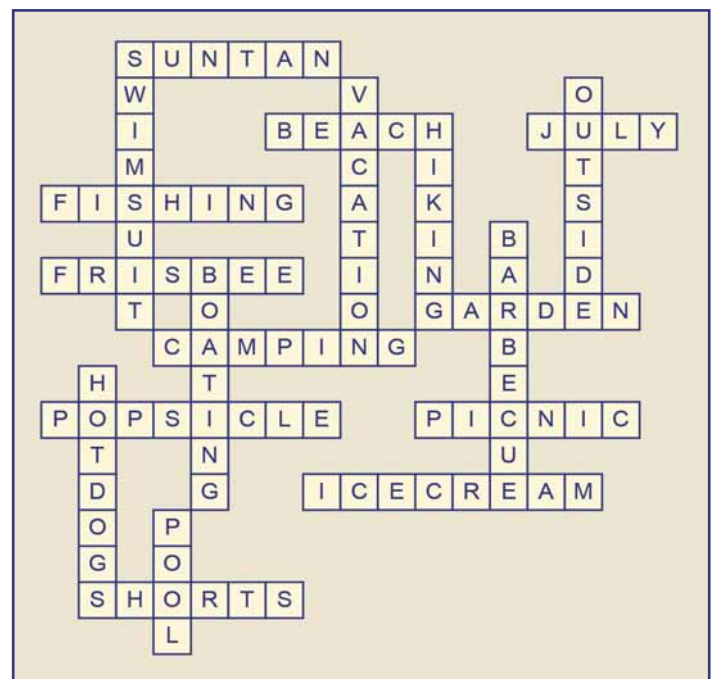
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