March 2024 24th Great Year

Vol 24-12

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Wally Flaxman receiving his Buchan Medal from Major Ed Minards, Royal Lancers at the Queens Head, Burgh Castle

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See page 12



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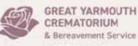
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A word from the Editor Adrian Myers

had the distinct pleasure of meeting Wally Flaxman with his family and presenting him with a framed copy of the front page and the article, which is in this month's edition of Village Voice.

Wally regaled me with stories of his time in the 16th Lancers. One story that particularly stuck out was what made him join in the first place. Apparently he was working on a farm and feeding the dog, which was one of his duties. Three men



from the 16th Lancers turned up at the farm and Wally saw them and thought they looked very smart and he would really like to look the same. So he told his employer "the Farmer" of his wishes about joining up. The farmer was not too pleased to say the least as he would be losing a valuable employee, nevertheless Wally did leave and joined the 16th Lancers.

He told me he enjoyed his time with them immensely, and his first posting was to North Africa where he drove Sherman tanks and American Armoured vehicles.

It was a great privilege to meet this gentleman and to still see the twinkle in his eyes as he recanted his past.



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YOUR VILLAGE VOICE The closing date for all Articles and Adverts for the April 2024 edition is 15th March2024

March 2024 274th Edition

Cover Picture: Wally Flaxman receiving his medal at Queens Head - photo by Bryan Diggory

This Magazine is a Community Enterprise professionally printed - but written, edited and delivered free - entirely by volunteers.

After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations and groups in our circulation area.

We welcome your news, views, letters and articles and photographs for publication. *No anonymous items will be accepted*.

Complaints, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton NR31 9PP

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MOBILE LIBRARY SERVICE

Locally the Norfolk Mobile Library rounds are as follows :

Belton	Wednesdays March 20th and April 17th, then and every 4 weeks Moorlands Primary Academy 3.20-3.50pm. Outside 7 Station Road South 3.55-4.10om Amhurst Gardens 4.15-4.35pm. St. Roberts way 4.40-4.55pm
Fritton	No service.

St Olaves Wednesdays March 20th and April 17th, and then every 4 weeks stopping on Priory Close between 12.45 and 1.00pm

Burgh Castle – No service

For any questions about mobile libraries, email the team at central.mobiles.lib@norfolk.gov.uk. Or call 01603 222303

ROADWORKS in MARCH



The Openreach web site is showing the following roadworks in our local villages in March.

Beaufort Way (The link Road) - February 21st on to March 8th. Overnight on weekdays 8.00pm to 6.00am daily the road will be closed for works by Norfolk County Council.

New Road, Belton (Waveney Drive/Bracon Road area) - Two way lights for one day on Monday March 11th for Norfolk County Council.

Mill Road, Burgh Castle at the junction with Lords Lane -Three way lights between the 15th and 22nd March for work by the County Council.

Butt Lane Burgh Castle (Near to Folkes/former post office site) - Work between 9.30am and 4.30pm on Tuesday March 26th by Openreach that looks to be a closure but this is not clear on the map.

Your Parish Council Reports



Belton with Browston Parish Council

The February meeting of the Parish Council took place on the 10th at the New Road Centre with nine of the eleven Parish Councillors present along with Borough Councillor Graham Carpenter and Kate Ruddock (Parish Clerk), in the absence of the council chairman, vice chair Nigel Light chaired the meeting.

County Councillor Annison had advised the Clerk that a traffic survey would be held on the A143 to help decide if a speed limit reduction can be applied to that road between Belton and Fritton, he also stated that the hedge on the New Road cycle path had been cut back by the County Council. It was reported that Church Lane hedges now need cutting back. A road sign that is down at the end of Stepshort is to be reported

Borough Councillor Carpenter reported that the Secretary of State for Media and Sports had reported on extra funds from the Governments Youth Investment Fund and that the 1st Belton Scout Group will be getting £293,000 to build a new facility so that they can support an extra 15 young people every year.

Members agreed on the contractor to replace the corner fencing at the New Road site and also confirmed their CCTV policy and selected the councillors who will be able to view the system after being DBS checked.

Councillor Cox reported on the vast amount of litter on Belton Common, it was noted that this is private land however Councillor Carpenter said that he would consult the County Council to see if they can clear the area by the footpath.

There were no objections, subject to neighbours comments, to the following planning applications, 12 Ranworth Close,

retrospective permission to retain a rear extension with raised decking and new work to replace the flat garage roof with a pitched one. Also, at 6 Fern Gardens demolition of the rear conservatory and build a single-story extension along with a front extension to the existing garage at the front of the property.

The next meeting of the Parish Council takes place at the New Road Sport and Leisure Centre on Tuesday March 5th commencing at 7.00pm details from the Parish Clerk, Kate Ruddock on 01493 602960 or e-mail beltonparish@yahoo.co.uk. There are still two vacancies on the Council that can be filled by co-option, full information from the Clerk on the contact details above.



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Village Voice March 2024 Page 2

Burgh Castle Parish Council



Il seven members of the Parish Council plus County Councillor Carl Smith one member of the public and the Parish Clerk attended the February 12th meeting of the Parish Council at the Village Hall, Brian Swan was in the chair.

In reply to many gueries County Councillor Smith supplied the following answers :-

After recent floodina he has reauested that all the aullies on Hiah Road, Mill Road and Butt Lane be cleaned, the one in the entrance to Cherry Tree Holiday Park is however probably their responsibility.

He will also request that his budget be used to replace the old thinner posts outside the flats on Butt Lane that are rotting away and ask the Highways deportment who is responsible for the land on which the large pieces of concrete have been placed on the verge near to the Roman Fort entrance on Butt Lane

He advised the Borough Council are investigating changes to the refuse and garden bin collection rounds that could involve extended days over a four day working week that would also avoid some Bank Holiday adjustments being needed, he also confirmed that there are delays at the planning department at the moment but that they are trying to recruit two planning officers to fill vacancies but there is a national shortage of suitable applicants and that a new computer system is awaited, it is expected that it could be the end of 2024 before things are totally back to normal.

The Clerk reported that there were no new planning applications or decisions to report and the chairman stated that there was no update on the Councils request to get the afternoon bus service returned to its original route. Members agreed on a further inspection of graves to see how many still had unauthorised items on them, this will be further discussed at the March meeting.

The Chairman reported the defibrillator that was located at the Kingfisher Park has now been relocated to the outside entrance of the Fritton Plant Centre on the A143.. Jane Biggs from Heart 2 Heart Norfolk has explained this was due to no



Looking forward to seeing all our regulars for coffee, cake and company. We open on Friday's only until 4th April when we are back to Thursday and Friday each week.

The Community Nursing team will be at the tearoom on Friday March 8th for Blood Pressure checks and information. Please some along between 10 & 2 and take advantage of this free service.

Please think of us when you have unwanted goods to dispose of, we can arrange collection at a convenient time for you.

Burgh Castle Village Hall has now been registered with the Charity Commissioners, in the first step of amalgamating with the playing field to make one joint charity. With the registration comes the need for more trustees, could you be that person? The only criteria is that you are a resident of Burgh Castle.

> For more information 01493 780126

mgreenacre532@gmail.com

new location having been identified in Burgh Castle for the defibrillator to be installed and that the Kingfisher site no longer wished for it to be on their property. Her written reply also referred to the removal of the unit from the front of the Queens Head and the repositioning of the one from Belton Kings Head to the wall of the hairdressers in the nearby shopping precinct.

After some discussion it was agreed the Parish Council needs to first find a location where another defibrillator could be installed in the village, once this has been determined the they can then look into purchasing a new machine. It was agreed the Clerk will write to two local businesses to find out if either would be prepared to have a machine installed to the outside of their building/fence.

The Chairman also reported the tree to commemorate the late Queens Jubilee had now been received and planted on the playing field, a plague will be sourced and the Rector contacted about its possible dedication.

The next meeting of the Parish Council will be on Monday March 11th commencing at 7.30pm at the Village Hall on Church Road, for details contact Kate Ruddock, the Parish Clerk, on 07948705218, e-mail burghcastleclerk@gmail.com.



In celebration of our Centenary, Norfolk Archaeological Trust will hold an exhibition at the Norfolk Record Office from 6th February – 31st May 2024 celebrating our norfolk archaeological trust achievements over the past 100 vears.



The exhibition features original documents from NAT's archives and other collections held at the NRO, archaeological artefacts which were found at NAT sites, from the Norfolk Museum Service collection, as well as copies of photographs from the Norfolk Historic Environment Record. Alongside this will be interpretations that illuminate the stories of the people and places involved

Visitors will embark on a historical journey, exploring the remarkable achievements of the Norfolk Archaeological Trust over its first 100 years. The exhibition not only highlights past accomplishments but also sheds light on the crucial ongoing role NAT plays in preserving Norfolk's rich heritage. As NAT looks toward the future, the exhibition also emphasises the ongoing need for support to ensure its continued success.





The January 18th meeting of Fritton with St Olaves Parish Council held at Fritton was attended by six Parish Councillors, County Councillor Carl Annison, Borough Councillor Ivan Murray-Smith and Kate Ruddock the Parish Clerk, Stannas Bellaby chaired the meeting.

Borough Councillor Murray-Smith reported that with staffing issues resolved at the Borough Council mechanical sweeping of Priory Close should have now taken place, he also reported that through fundraising the Fritton Owl Sanctuary should now be able to become compliant under new regulations.

County Councillor Annison reported that the new gullies at the pig farm on the A143 had partially resolved problems over flooding, land owners had also met with the Environmental Agency over the problem. Norfolk County Council will be undertaking a speed survey of the A143 between Burtons Farm, Belton and Fritton, information gathered will be used in assessing the possibility of reducing the speed limit on the road any reduction from the current 60mph should take place in the 2024/25 financial year. Councillor Stephens raised concerns over the white line work at Fritton saying that money had been spent on refreshing rather than extending the lines however County Councillor Annison said that they had been extended as far as had been agreed, in general most members felt that the quality of the lining material used was not as good as it used to be and that lines were fading much quicker. The Chairman stated that NCC Highways had made a very good job of resurfacing the



A143 at the Herringfleet Road junction in St. Olaves

Dennis Cooper has agreed to be the Councils Auditor for a further year and members were advised to expect a bill from contractors for removal of a dangerous tree from Council owned land near to Blocka Run. Councillor Storey confirmed that Newcombe estates had also felled a dangerous tree on Fritton New Road and were going to inspect others.

In planning there were no formal objections to a dropped kerb at Pine View, Beccles Road, Fritton however some concerns were raised over parking there. The refused planning application at Forestry Cottage on New Road Fritton is being taken to appeal by the applicant.

The next meetings are on Thursday March 21st at St Olaves Village Hall, The Annual Parish Meeting for the two villages will commence at 7.30pm followed at about 8pm by the regular meeting of the Parish Council, the Annual Parish Council meeting will be held on Thursday May 16th (7.30pm) at Fritton Village hall, full details from the Parish Clerk on 07899 846148, e-mail her at fritton.stolaves.clerk@outlook.com



Fritton Bingo Our next Bingo session at **FRITTON**

VILLAGE HALL is to be held on Friday March 15th eyes down for 7.15pm start. Lots of quality prizes to be won, raffle included.

Plenty of parking spaces available. Please join me for an enjoyable evening, Many thanks Roy

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Tillage jiji oice Community Fete

Tombola Burgers Belton Rowmei STALLS Velcome Saturday 20th July 2024 10.00am - 6.00pm

at Moorlands School, Belton



s always, it's been a very busy term of reading at Moorlands! Fowler and the Aveline We were extremely fortunate to receive £600 worth of new books from the Friends of Moorlands. Our pupil librarians worked really hard to get the books sorted and into classrooms as quickly as possible.

We've also introduced pupil reading buddies across the school, with some of our passionate Year 6 readers visiting other classes two or three times each week to share stories with younger children. It's lovely to walk around the school and see them all enjoying it so much. Our Year 6 children thrive on the responsibility of helping younger pupils learn to love reading just as much as the younger children enjoy having them come to help.

We also have two Reading Champions, Eva and Freya, who have been extremely active over the past few weeks.

"We really like being Reading Champions because it's a great way for us to be imaginative, creative and learn more about which books people enjoy reading. It's not just about other children talking about books to us, we cherish and love talking about books too! Around the school we have many books displays that we really enjoy taking care of, including ones in the library. Also, we look after many bookshelves in different classrooms and help classes sort out their pupil recommendation shelves. In our celebration assemblies on Fridays, we love recommending books that we think are enjoyable to read for children across the school. Sometimes we recommend graphic novels, sometimes poetry, sometimes picture books, it just depends. It's also helpful for parents who come so they maybe know what their children will like reading. Our favourite books this year are Fireborn by Aisling

Jones series by Phil Hickes! Being a reading champion is a great way for us to share our love of books. Reading is

really important, as it really helps you in all subjects. It's really good for mental health too. At the end of the year, we'll be training some of the Year 5 children to become reading champions when we leave Moorlands. We hope they'll enjoy it as much as we do."

As we're very aware that the nearest public library is several miles away, we've recently restocked our Parent and Carer Bookshelf in the school's reception





area. Do feel free to pop along and help yourself to a book or two. We're always happy to receive any donations of books that are in good condition.

Mrs Sargent recently cleaned and refurbished the Key Stage 2 Reading Shed and, when the weather is warm enough, it's open for children to sit and read in at lunchtime. Our next project is the Key Stage 1 Reading Shed...watch this space!

With World Book Day happening very soon (Thursday 7th March), we'll definitely have more reading news to tell you about in a future issue.



www.arthurjary.co.uk



As I sit down to write this column, the Herring Bridge has been open for a few weeks. I expect by the time you read this edition of the Village Voice; the initial teething issues will have been resolved and the benefits will have become clear. Already, I have noticed significant impacts and heard positive feedback from residents.

The bridge has not only substantially reduced the time for specific journeys, but by diverting some traffic away from other routes it has made trips generally smoother as residents seek to visit or travel through Great Yarmouth. I am confident that the culminative impact of the minutes saved across thousands of journeys will have a real impact on residents and the wider borough.

I was honoured to have been asked to help formally open the bridge, and it was fantastic to see so many people attend the opening. This project was a joint effort between the Government, the County Council and Borough Council. Although a long time in the making this bridge is an example of the Government action result in meaningful change for the community.

The work for more infrastructure does not however start and end with one bridge. Numerous other projects are in the pipeline, but amongst the biggest will be the construction of a new hospital to replace the James Paget over the next few years, and significant changes to the Vauxhall Roundabout, which will hopefully lay the foundations of a business case to dual the Acle Straight. Needless to say, these schemes require significant support from the national government. As your Member of Parliament, I will never stop banging the drum for the investment we need.

CHERRY TREE HOLIDAY PARK -BURGH CASTLE

Great Yarmouth Borough Council is considering the following Premises Licence variation for Cherry Tree Holiday Park, Mill Road, Burgh Castle, Great Yarmouth. The Licensing Authority informs parish councils of new and variation licensing applications within the jurisdiction of the parish council.

The application is to:

- add indoors sports; anything similar to live music, recorded music & dance; and wrestling, as licensable activities from 10am to 2am, each day plus non-standard timings
- add late night refreshment (indoors) as a licensable activity from 11pm to 2am each day plus non-standard timings
- to extend the licensable activities of plays, films, live music, recorded music, performance of dance and anything similar to live music, recorded music & dance to include outdoors from midday to 11pm, each day.
- amend the layout plans of the premise
- remove obsolete and irrelevant conditions

The closing date for representations is 7 March 2024 Documents are available from licensing@great-yarmouth.gov.uk or by post from Licensing Team, Great Yarmouth Borough Council, Town Hall, Great Yarmouth NR30 2QF



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"Robins appear when loved ones are near" A new group for those who have lost a loved one

The Robins will meet at the Louise Hamilton Centre on the James Paget University Site on:

Monday 18th March Monday 15th April Monday 20th May Monday 17th June

1.00pm to 2.00pm on all dates

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UNRAVELLING THE MYSTERIES OF CANINE DREAMS: THE SCIENCE OF DOGS' REM SLEEP

By Clinical Animal Behaviourist & Veterinary Nurse Katey Aldred MSc, RVN, ABTC-CAB

ogs, our faithful companions, often leave us in awe with their fascinating behaviours. From playful antics to heartfelt snuggles, they never fail to bring joy to our lives. But have you ever wondered what goes on in their minds while they sleep? The answer lies in the realm of REM (Rapid Eye Movement) sleep – a phase of slumber that holds the key to understanding the captivating world of canine dreams.

THE SCIENCE

The science behind canine dreams is further supported by neuroimaging studies. MRI scans have revealed striking similarities between the brain structures involved in human and canine REM sleep. The hippocampus, responsible for memory consolidation, and the amygdala, associated with emotions, show heightened activity during REM sleep in both species. This suggests that dogs, like humans, may experience dream content influenced by memory and emotions.

Interestingly dogs dream patterns also vary based on their age, breed, and individual characteristics. Puppies and younger dogs tend to experience more frequent and intense dreams as their developing brains process a myriad of new experiences (this is why rest is important for puppies). Similarly, breeds known for their high energy levels, such as Border Collies and Retrievers, may exhibit more active dream behaviours compared to their laid-back counterparts.

RUNNING IN THEIR SLEEP

What about those adorable moments when dogs seem to be "running in their sleep"? This phenomenon, often accompanied by soft whimpers or barks, is a common sight among sleeping pups. According to experts, these movements are likely a reflection of the dream content. For instance, a dog dreaming about chasing a ball may twitch its legs as if in pursuit. While it *Continued on page 11*

STAGES OF SLEEP

Like human's dogs experience different stages of sleep, including light sleep, deep sleep, and REM sleep. REM sleep, characterised by rapid eye movements, irregular breathing, and muscle paralysis, is where the magic happens. It is during this phase that dogs exhibit behaviours suggestive of dreaming, such as twitching, paw movements, and vocalizations.

WHAT ARE THEY DREAMING ABOUT

Though we can't peek into their minds, researchers believe that dogs' dreams are likely influenced by their daily experiences and activities. Just as we humans often dream about familiar places, people, and events, dogs may replay snippets of their daily lives in their dreams. Whether it's chasing squirrels at the park, fetching a favourite toy, or enjoying a belly rub, these experiences may manifest in their dreams, creating vivid and sometimes comical scenarios.



Would you be interested in helping out at the Beaver section this does not have to be every week. A small amount of training on line is required (support available) and a DBS. If you would like more information, please contact Brown Beaver (Jane) 07975 533572

Bagheera had a great surprise one evening when she was presented the Chief Scouts Commendation for Good Service by the District Team Manager on behalf of Bear Grylls Chief Scout



Beavers

The beavers this month have made bird feeders pit of

a cardboard roll, plastered it with lard then rolled the tub in bird feed. The beavers then took part in Birdwatch 24 recording the birds they saw in their gardens over an hour as part of their animal friend badge.

We celebrated Shetlands Up Helly Aa, by making Viking Sheilds, finding out about the island of Shetland and how far away it is from us, made paper boats, they put on our coats went outside and burned the boats which is tradition in Shetland.



The beavers have also completed their emergency aid badge putting on a plaster correctly, looked at how to make an emergency phone call, reminding the Beavers to tell the operator how old

they are as it helps the operator to help the youngsters, we talked about when to get adult help, how to put someone in the recovery position then had a go. If you have a young person 6 years or about to be 6 years and are interested in Beavers, please contact Brown Beaver (Jane) 07975 533572



Cubs

The cubs have

been back 5 weeks now and have completed their entertainer's badge by being given a theme and then choosing what they make and perform.

The next week the cubs then practiced and then presented their performances to their parents

They have also started their science activity badge If your young person would like to join the adventure at Belton cubs then message Peter On 07900 494 344 or go through the 1st Belton scout group Facebook page

Scouts

The Scouts have made and cooked ginger biscuits. Had a competition to see how high they could build a spaghetti tower using spaghetti and mini marshmallow. The highest was 10" high.

The scouts had an evening learning how to sew on buttons, put on a plaster, use a triangle bandage to make a sling and how to put on a pressure bandage.

They took part in the district bowling competition coming 6th this year out of 8 troops taking part.



There are places at Scouts (10 years to 14 years) please contact Brown Beaver contact details above.

Group

Date for your diary Jumble, Bri-a-brac and Toy sale Saturday 2nd March 2024 10am to noon at John Green Institute, Station Road South, Belton. Admission free.

We would be grateful of any books/ Bric-a-brac/ Toys

we urgently need to re stock for sales. The items can either be dropped at 6 Station Rd North Belton or phone 01493 780965



Men's Church Walk February

On the first Saturday in February the first of this year's walks took place in a circular route from Winterton. It was a glorious morning, mild with a steady westerly wind.



We walked in a clockwise direction as on the map shown through fields and paths that finally led onto the dunes and shore. One of the highlights were the multitude of geese both on the fields and flying above. They were a great sight. There were not any seals left on the beach except one swimming close to shore. Sadly there were



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several dead young seal pups among the dune grasses.

This is always a great morning out if a lot of interesting exchange of conversation.

The next walk will be on Saturday March 2nd at Thorpeness and Aldeburgh. If you would like to join us meet at the Rectory at 8.30am.

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Continued from page 9

about chasing a ball may twitch its legs as if in pursuit. While it may seem amusing to us, it's a testament to the rich inner lives of our canine companions.

THE MYSTERIES OF DREAMS

We may never fully unravel the mysteries of dogs' dreams, one thing is certain, they play a vital role in their overall well-being. Just like humans, dogs require adequate REM sleep to maintain cognitive function, emotional balance, and overall health. Disrupting their sleep patterns can lead to behavioural issues, cognitive decline, and even physical ailments. The next time you catch your furry friend drifting off into dreamland, take a moment to appreciate the fascinating journey their mind embarks on. From playful romps to heart-warming reunions, their dreams are a testament to the boundless love and joy they bring into our lives. As they snuggle up beside us, may we cherish every moment, knowing that even in their sleep, our dogs continue to fill our world with wonder and delight.



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Vally' Flaxman veteran of WW II given medal for service to **Royal Lancers**

Wal was originally invited to the Royal Lancers Catterick Garrison where the Buchan Medal would have been presented to him by Her Majesty Queen Camilla who is the Colonel-in-Chief of the Royal Lancers. Her father, the late Major

Bruce Shand, having served with the 12th Lancers during WW2. Although Wal's family offered to take him to Catterick and arrange a stop-over he felt the journey would be too much for him so opted instead for the Burgh Castle Queen's Head presentation. This of course carried the tremendous benefit of being surrounded by his family and friends in the village he loves and has lived in all his life.



Lieutenant Nick Bennett with Royal Lancers Secretary Lieutenant Colonel (Rtd) Nick Everard, reading a citation to Wally

alter, 101 years old - believed to be the last surviving Royal Lancer who saw action during the Second World War - has been presented with a coveted medal.

Walter, from Burgh Castle fought with the Royal Lances whose motto is 'Death or Glory', in north Africa and Italy from 1942 until 1945. To honour that service, family and friends gathered on Thursday morning, February 8, at the Queen's Head in Burgh Castle, where Wally was presented with the Buchan medal - the military equivalent of an MBE.

Wally said receiving the medal was "marvellous" and "beyond belief".

He was called up to the military in 1941, when he was 18. He could probably have avoided service as he was a farm labourer, which was potentially a reserved occupation. But Wally said: "I was young, and wanted adventure." After training, he was sent with a draft of Royal Armoured Corps replacements to north Africa shortly after the **Operation Torch landings in** November, 1942.

Initially, he was posted to a rear area unit which prepared tanks for use - the first tank he had to work on was a captured German one, because it was wanted for testing. When that unit was broken up, he became codriver to a young officer whose previous driver had been killed.

He stayed in that role throughout the war, before being de-mobbed from north Italy because he was needed to work on the land. He never rose above trooper during his service. "But that suited me," he said.

After being presented with the medal, he shared some stories of his time as a Royal Lancer.

On one occasion, while on leave, he went to the cinema in Rome, and when he was leaving the theatre he met another man - one of the Brookes from Burgh Castle.

History of the Royal Lancers

The Royal Lancers are an armoured cavalry regiment, specialising in reconnaissance. Their motto - 'Death or glory' - is represented by the skull and

crossbones on their cap badge.

The history of The Royal Lancers dates back to 1689. The modern regiment was born out of the union of six original lancer regiments.

During the Second World War, the regiment fought at the Battle of Kasserine Pass in February 1943 and the Siege of Tunis in May 1943.

They then landed in Naples in January 1944 and took part in the Battle of Monte Cassino in May 1944.

They are now based in Catterick Garrison in North Yorkshire.

A spokesperson for the regiment said that the Buchan medal is "awarded to any serving or retired officer or soldier in the Royal Lancers who has contributed in some conspicuous

honour of the regiment over a prolonged period".

"The Buchan medal is not automatically awarded based on years of service or tied to post or appointment.



The Buchan medal recognises service to the Royal Lancers, a cavalry regiment



Wally, with his family, ready to receive the Buchan Medal. From left, great grandson, Ashton Stone; daughter, Sue Stone; arandson, Robert Stone: and granddaughter, Emma Stone.

"It should be seen as a regimental MBE and coveted as such," the spokesperson added.



Walter (centre) with fellow Royal Lancers in Rome during the Second World War.

manner to the efficiency or military



Walter, top row, second from right, with other Royal Lancers while on service during World War II.

The Village Voice 2024 Writing Competition

he Village Voice is launching its 2024 writing competition showcasing Local Literary Talent. There will be a winning prize for each category of £75 and a runner up prize of £25. All conditions stated must be adhered to.

The Judges decision is final.

All entries will be displayed at the Community Fete on July 20th and if possible the winning entries will be asked to read their entries at the fete.

Categories:

- Non Fiction
 Both maximum words 500
- Poetry } Max 6 verses and max 6 lines per verse
- Entries must state which category

Age Categories

- Ages 5 to 11
- Ages 12 to 17

Ages 18 and over

All authors must live within the delivery areas of the Village Voice - Belton, Browston, Burgh Castle, Fritton and St Olaves

Prizes:

- **£75** for winner in each category
- **£25** runner up in each category

How to enter:

Send to beltonvvgraphic@gmail.com as a Word .doc or docx file or an .odt Open Source file as an attachment. Together with your full name, age category and postal address. Entries without this information will not be eligible for entry. If unable to email please send a legible copy by post to:

4 Nursery Close, Belton, NR31 9SP with same information. *Text files on mobiles will not be accepted.*

Happy writing and we look forward to your entries.

Closing date 1st May 2024



VILLAGE VOICE MARCH 2024 PAGE 13

ALL SAINTS BELTON Rev Rosie writes .

As I write this, I am looking out at the beauty of the snowdrops, daffodils, crocuses and primroses that are blooming in swathes in my garden. The glorious spectacle of the spring bulbs in the



Rectory garden never fail to inspire and cheer me. Some years it is despite the bitter weather that they appear bold against the frosty garden; this year they are flowering amongst the puddles of the saturated ground. Even the bluebells are beginning to show their sprouting leaves, but these are readily eaten by the deer that pass through the garden.

What is so inspiring? For me, it is the promise fulfilled of a bulb that has "died" last spring pushing through once again to glorious life; not just one but many, many bulbs. When we plant new bulbs, which I plant in some of my pots, we plant in the hope that they produce the abundance of life in an array of colours – but sometimes the squirrels find them (they especially love tulip bulbs) and what we hoped for doesn't arrive.

The Christian life can be like that! We read of Jesus' life; his birth, his time of travelling and teaching, and the account of the last week or so of his earthly life. For me, his story is inspiring; it gets me up in the morning! There is much in the Bible that talks about growing and harvest; of seeds sown, nurtured and their fruits enjoyed. The spring flowers always remind me of the Easter story.

Jesus came into the lives of his disciples, transformed them and they followed him with the expectation that he was going to change the world. The way he did it wasn't what they initially expected, and the shock of Jesus' arrest and crucifixion was enormous for them at the time. A life that showed such promise, cut down in his prime! But for God, this was part of the plan for salvation for all people.

Jesus chose to go through the pain and suffering of the cross, so that a new relationship with God and his people would be possible. He chose to die as a perfect human being, instead of us. He chose to represent us and carry all the sinful wrong things that we do, whether we intend to or not, so that we could enjoy life in all its fullness. To me the sight of the pure white snowdrops and golden yellow daffodils against the grassy or leafy background, remind me of what is possible because of Jesus. A life that reflects the beauty and glory of God often shines out in our world, which can seem grey all too often.

In Baptism services we have the symbolism of dying to sin and rising to new life; baptism originally meant a person going right under the water and then coming up again (rather than the sprinkling of water on the forehead). A passage in the Bible that I read occasionally at funeral services talks about seeds that are planted; what we sow does not come to life unless it dies, we do not sow the body that is to be, but a bare seed of wheat or some other grain . . . This speaks of eternal life, the life with God that begins here on earth and carries on after we have died. This promise comes as a result of all that happened in that first Easter. Jesus dies and is resurrected; he overcomes death with the promise that there is more to life than just our earthly life.

As we go through this month of March, in our church services we shall be remembering Jesus' journey towards Jerusalem and all that would happen there.

Palm Sunday and his riding into Jerusalem in a party atmosphere; Maundy Thursday as he celebrates one of the most important festivals in the Hebrew festival and gives us what would become the Last Supper/Holy Communion, having washed his disciples feet as a servant; Good Friday when he dies on the cross and is buried in a tomb. Easter Day when he is risen, and see and spoken to by many people. There will be a lot going on in our churches at the end of the month as we remember all that is central to our Christian faith. Please know that you will be made very welcome if you wanted to come and find out more. Or just read the account of holy Week and Easter in one of the gospels – Matthew, Mark, Luke or John and let God bring his story to life in you.

Rev Rosie Bunn

Dates for the Diary: March 2024

Sunday 3rd March 2023 Holy Communion – Lent 3 9.30am at St Peter & St Paul, Burgh Castle Family Communion - Living Life to the Full! 10.30am All Saints Church, Belton

Tuesday 6th March Traditional Holy Communion 11am All Saints Church, Belton (Coffee available from 10am onward)

Sunday 10th March – Mothering Sunday/Mothers Day Morning Prayer 10.30am at St Peter & St Paul Burgh Castle Café Church 10.30am All Saints Church, Belton No Evening Celebration

Sunday 17th March – Lent 5

Holy Communion 9.30am St Peter & St Paul Church

Morning Celebration 10.30am All Saints Church, Belton Messy Muddy Church 4-5.30pm in The Rectory Garden and the stables including a Campfire

Sunday 24th March – Palm Sunday Morning Prayer 10.30am at St Peter & St Paul Burgh Castle Holy Communion 10.30am All Saints Church, Belton

Thursday 28th March – Maundy Thursday Passover Meal 7pm at All Saints, Belton

Friday 29th March – Good Friday Good Friday Service 10am St Peter & St Paul, Burgh Castle Good Friday Service

11.30am at All Saints Belton

Sunday 31st March – Easter Day

Sunrise Service 6.20am Burgh Castle Fort followed by Breakfast at the Village Hall Holy Communion 9.30am St Peter & St Paul Church Family Communion

10.30am All Saints Church, Belton

Sunday 7th April – Easter 2 Holy Communion 9.30am at St Peter & St Paul, Burgh Castle Café Church – Easter Events 10.30am at All Saints Belton

EASTER DAY SUNDAY 31 MARCH

SUNRISE SERVICE 6.20am Burgh Castle Fort

HOLY COMMUNION 9.30am Burgh Castle Church

FAMILY COMMUNION 10.30am All Saints Belton



with Elizabeth Myhill

his month I am going to try to persuade as many as possible to grow their own vegetables. This article is not aimed at allotment holders, keen gardeners or others who could teach me a thing or two about growing vegetables but for those who haven't tried before and are willing to have a go! Even for those who only have a balcony.

Firstly I would recommend getting a good book on growing salads and vegetables. They are available from bookshops or online. (Many secondhand) Caution don't get more than one if you are a beginner, as growing is not an exact science and one can be easily confused with the advice given in the different books. The most practical and simplest I find are the best and are not expensive.

Seeds: <u>DO</u> <u>NOT</u> use old seed or seed that your kindly neighbour has given you. For success you need where possible "F1 hybrid" - the term used for the first-generation hybrid seed/plant that occurs following the successful crosspollination of one genetically uniform plant variety with another specific genetically uniform variety. You *don't need to*



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know this unless you want a job in horticulture. Plants grown from F1 hybrid seeds tend to grow stronger and have greater survival rates than their homozygous relatives. These plants need fewer pesticides and other chemical treatments to survive and that's good for the environment. F1 seed is expensive but it will be successful.

0



Strawberry Montana

Pots and Containers: If using old pots, I would recommend washing them in jeyes fluid. Pests and diseases are rife this year. (*I have already had notification of Vine Weevil Beetle and Botrytis from one of my suppliers*) and it is only going to get worse. We needed a cold spell to kill them off!

Sowing: Do not get excited and sow all your seeds at once, especially lettuce unless you grow one of the loose-leaf



varieties e.g. Salad bowl, red salad bowl, which are grow and cut again varieties. Salads and vegetables can be grown over a long period of several months.

If you want to cut out the seed sowing, then young vegetable plants will be available throughout the growing season along with tomato, cucumber, peppers, and strawberry plants.

Lettuce Lollo Bionda

Happy growing, Liz Myhill



CHANGES TO POSTWICK PARK & RIDE SERVICE 503

With effect from Monday 8th January, 2024 Postwick Park & Ride service 503 will operate via Thorpe Road Rail Station and Castle Meadow between Postwick and Norwich Bus Station. These changes have come about following feedback from Park & Ride users. The service calls at Bracondale (County Hall) on the return journey from Norwich to Postwick. It operates every 20 minutes from 0720 until 1800 hours from Postwick Park & Ride. For more information go to www.Konnectbus.co.uk

DISABLED BUS PASS HOLDERS IN NORFOLK.

From February 2024 all Norfolk residents who hold a disabled concessionary travel pass, and their eligible companions, will be able to travel on buses across Norfolk for free 24 hours a day, 7 days a week.

Graham Plant, Cabinet Member for highways, infrastructure and transport said "Allowing all holders of a disabled pass and their eligible companions to travel for free on buses before 0930 opens up a wealth of opportunities for them. It ensures they have access to work, education and leisure and helps to combat the risks of social isolation which can be associated with having a disability. In addition, encouraging more use of public transport leads to a

••••••



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Previously concessionary pass holders with a disability were only able to travel for free on buses off peak (all day Saturday and Sundays but only from 9.30 Monday to Friday) except those registered blind or visually impaired.

The cost of providing this enhancement is estimated at £50,000 which will be funded by Norfolk County Councils ring-fenced public transport budget provided by the Department of Transport.

GREATER ANGLIA- CHARITIES BENEFIT FROM CLASS 321 FAREWELL

Three charities are benefitting from Greater Anglia's Class 321 Farewell Charity Charter Train which ran in the Spring 2023. Class 321 are electrical multiple units used mainly on the Great Eastern Suburban lines between London Liverpool Street through Essex to Clacton, Colchester, Southend Victoria and even as far as Ipswich. Class 321 units have since been replaced by Bombardier Class 720 trains.

The Farewell Charity Charter event was a huge success, raising £22,200 to be shared equally between the charities involved – meaning £7,400 each for East Anglian Children's Hospices (EACH) Havens Hospices and the Railway Mission. The charities have all received their additional funds and Greater Anglia recently held photo calls with Billie Nugent from EACH and Rosella Inguscio from Havens Hospices to their positive collaborations.

The Charter Train attracted over 300 people for a trip from London Liverpool Street to Clacton, Walton, Harwich Town, Stowmarket, back to Shenfield to Southend Victoria and finally back to London Liverpool Street covering many of the core routes with which the Class 321's were closely associated for much of their lives (approx. 30 years).

One of these 4 car electrical multiple units is currently stored at Eastern Railway Services at Yarmouth Vauxhall sidings.

EAST ANGLIA TRANSPORT MUSEUM

The Museum has announced its opening dates for 2024, it opens at Easter (29th,30th, 31st March and 1st April) then every Thursday (from 4th April) and every Sunday (from 7th April) through until Thursday 31st October and until Sunday 27th October, 2024.

Unlike previous years the museum will not be opening on Saturdays but instead will open on Tuesdays from 7th May through to Tuesday 27th August. Saturdays have traditionally been days of low visitor numbers whereas Tuesdays will help spread the load from Thursdays (traditionally the busiest day of the week) plus it will give the museum the opportunity of accommodating additional school visits on a week day.

The first event of the year is the `Easter Family Treasure Trail` over the weekend of 29/30/31 March and 1st April. The second event is the 1960`s event on the weekend of Saturday and Sunday 11th/12th May. More events will be notified in the March Village Voice article.

Entrance passes are Adult = £10, Seniors (over 60) = £9.00, Child 5-15 years = £7.00 Under 5s = free and remember the East Anglia Transport Museum is run entirely by volunteers and is a registered charity.

Please go to www.eatransportmuseum.co.uk for more information

ENTUA always welcomes new members, all we ask is for a minimum £5.00 annual donation which helps us cover the cost of printing and postage of our very informative quarterly newsletter and the cost of hiring venues for public meetings. To join please write to ENTUA, 18 Wensum Way, Belton, NR31 9NY

TONY GRICE

NAPIT



ACROSS

DOWN

- 4. Fuzzy fruit
- 1. Breakfast melon 2. Vineyard fruit

9.

- Kind of split 5. 7. Cane Fruit
- 8. Used in Drinks
- 11. Nectar source
- 12. Exotic Fruit
- 15. Kind of sauce
- 18. Sundae Crown
- Answers on page 26
- 17. Fleshy Pink Fruit 14. New Zealand native 16. Dried Plum

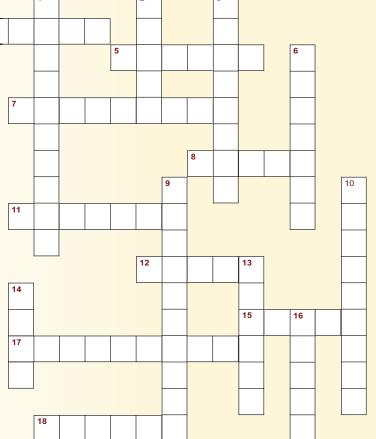
3. Green-fleshed melon

Wimbledon Favourite

6. Fairground Fruit

10. Good in muffins

13. Comes from Seville



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VILLAGE VOICE MARCH 2024 Page 17



UD4FITRESS & SAILLYAR

Once again I am called to write my monthly piece for the Village Voice. It comes round too quickly. We had our last session on Monday 12th February, before the half term break. This consisted of a Coffee catch up and Tombola to help raise funds for 'The Pantry' at Belton Church. Tombola

prizes were donated by members over the last few weeks and we are proud to say we raised a total of £50.00 to be handed to the church for the use of The Pantry. This will be done in the next few days. We were also able to hand over a considerable amount of food that has been collected from our members since



January. Sallyann wants to thank those all involved with this event. The feedback from the morning was said to be 'enjoyable'.

Group numbers continue to be high which is great for those who attend regularly and want to be the best they can be. We have been practising balance since November and already members are feeling the benefits. Sallyann works with the group and everyone can do each activity depending on their own flexibility and mobility. Those who attend Monday mornings say it's not just about the exercise, it's about meeting people, chatting, getting out of the house and maybe visiting shops or someone before they return home. Believe it or not most Mondays the sun shines.

Classes will continue to run every week from Monday 26th February till Monday 25th March 2024, when we break for Easter.

If you're not able to make the class on a Monday morning or you fancy a change of scenery. Sallyann holds a similar class at Age Connected on Regent Road Great Yarmouth at 10.15 am. She would love to see you. Sallyann also has some availability for either working 121 at a private studio in Great Yarmouth or as a home visit. In March Sallyann is running a 'Learn to Nordic Walking' course at Nicholas Everitt Park in Oulton Broad , Lowestoft. Contact her if you are interested to learn to Nordic Walk.

If you would like to know more about the classes or any of the above please contact Sallyann, by email up4fitness@gmail.com Text or ring on Mobile 07599044806 or find her on Facebook under Sallyann Protheroe or up4fitness.

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Belton Judo club latest news update

DOMINIC KING JUDO & MMA ACADEMY has had a busy start to 2024. Not only have we introduced several new members to

the club, but we have also successfully graded a number of current members in both Judo and MMA, we've had established fighters compete both domestically and internationally, as



well as having many of our younger members enjoy a half-term fun day.

The club's most experienced member, 18-year-old Ryan King (Dominic's son) has realistic ambitions of becoming an Olympian within the next decade, so is constantly attending high level training camps and competitions and has recently returned from events in Poland and Denmark. When Ryan is home, everyone (Including Dominic) can benefit from his growing knowledge.

However, our Academy is not all about our competitors. We believe that the ongoing success of our Judo club is due to our ability to make every single member feel SPECIAL! From the moment they walk through the door, everyone is welcomed and made to feel important. Dominic is an expert at helping beginners feel at ease and he will never forget a name.

Many of our members attend each week with the simple intention of keeping fit and having fun. However, we provide opportunities for them to grade and compete at every level, so nobody is excluded.

We currently have a 77-year-old lady attending regular judo sessions each week. That may sound impressive, but you may be even more astonished to learn that she only took up the



sport at 70 and will almost certainly achieve her black belt before the age of 80. She is currently a brown belt so is very much on schedule.

This is currently a busy time for recruiting new members, so if you

fancy giving Judo (or MMA) a go, don't hesitate to get in touch. We offer the FIRST TWO SESSIONS FREE to give everyone the chance to experience the club first, although we're very confident that you'll want to return.

We train at Belton on Tuesday evenings, but if this isn't convenient, we have sessions at various venues throughout the week which are included in the timetable below:

TIMETABLE:

MONDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX 5pm-6pm – MMA for children (6-16 years)

TUESDAY: BELTON NEW RD (NR31 9JW) 4.45pm-5.30pm - Judo for younger children (fundamentals/fun) 5.30pm-6.30pm - Judo for older children and adults (technique/theory/randori)

WEDNESDAY: OULTON BROAD (EAST ANGLIAN MARTIAL ARTS CENTRE), 163 BRIDGE ROAD, USE POSTCODE NR33 9JX

4.30pm-5.15pm - Fitness & Wellbeing Circuit Training (FREE FOR ALL MEMBERS & NON-MEMBERS - Supported by National Lottery Community Fund) 5.30pm-6.30pm - Judo (All ages welcome)

THURSDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163

BRIDGE ROAD, OULTON BROAD, NR33 9JX 5.00pm-6.00pm – MMA for children (6-16 years) THURSDAY: BUNGAY CHAUCER DOJO (NR35 1EB) 7.30pm-9.30pm - MMA for older children and adults (12 years +)

FRIDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX

6.15pm-7pm - Judo for younger children (fundamentals/fun) 7.00pm-8pm - Judo for older children and adults (technique/theory/randori)

8.00pm-9.30pm - MMA for older children and adults (12 years+).

If you have any concerns about taking your child to judo, you may wish to consider this; UNESCO (world children's organisation) and the International Olympic Committee believes our sport is best suited for children and is the most complete for promoting friendship and mutual respect.

Lastly, you can find DOMINIC KING JUDO & MMA ACADEMY on Facebook and Instagram, which will give you further information, training videos and general club news. Dominic and Ryan also have a separate Instagram account called THE KINGS OF JUDO that currently has 17.5 thousand followers. This is primarily to promote judo in general and to hopefully help secure some much-needed sponsorship for Ryan.

Anyone wanting further details regarding club sessions can contact Dominic on 07977 432756, email on dominic@fightingfitjudo.co.uk or contact him via Instagram, Facebook or WhatsApp

Great Yarmouth Stroke Club



Gt. Yarmouth Stroke Group have had a busy month. Sports afternoon, Lovely Karla who Sang at the group with songs from 30s 40s 50s and 60s with all the members joining in. We have to thank the Kindness of Sandra who paid for our singer.

We had a visit from Chris singing Country & Western. Brilliant as ever again thank you Chris for entertaining the group.

The raffle has been raising money for the group with

friend's neighbours and members donating items. Thank you so much. The Money helps with the cost of the hall and Taxies. We are always wanting donations if you wish to give just give Sue a ring.

Get well wishes to Sam and Richard. Welcome back Ray, Ellen and Sid. Birthdays Rex, James, Martin, Michael, Angie, Mary, Lisa and Jean C.

Contact Sue Casey on 01493781846. We meet at Sports Hall New Road, Belton or go to Stroke Association web Site. Sue Casey

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time for celebration, and a time for stepping out with **Dawn Chrystal.**

In January 2023 I took on a new wellbeing venture in The Vicarage Hub in Church Plain, Gt. Yarmouth, and in February we had our first wellbeing event. Over 100 people came to join us, to look for natural ways they could help themselves and their wellbeing. Our project was off to a flying start. We were joined by the Mayor and everyone went away feeling more hopeful and inspired.

One year on, and people are flowing through the door to connect with new friends and to join in our wellbeing workshops. I absolutely love seeing how total strangers connect with each other and create lasting friendships.

Our wellbeing community is growing every week through creative wellbeing workshops. There has been some truly inspirational works of art and creations flowing. There is no age limit for the sessions, and no previous experience is needed.

Seeing people getting more clarity and peace of mind as they are painting, creating or drawing is truly priceless. Check out the Under One Umbrella page on my website for more details. www.dawnchrystal.com. If you are struggling, or would like some inspiration, and would like to start your healing journey at home there are lots of meditations on my website and some selfhelp books to kick-start your wellbeing.

ONE UMA

We are soon going to be starting a creative writing workshop, a spiritual development group, a still-life drawing and painting class, crystal workshops, and other wellbeing workshops to help you explore the best way to clear away blockages in your life and lift up your spirits.

If you prefer a one-to-one session, we can also offer personal appointments.

With so much stress and anxiety in the world at the moment, I feel very privileged to hold a quiet space where people can come together to work through their challenges and find a greater purpose to their lives.

The list of events is growing. Please contact me to stay updated with what's coming up for you on 07936 546791. Looking forward to seeing how this year evolves.

Stilling State to Create by Ally Willowood Some inspirational thoughts for you. Take

some time to read this beautiful poem one of our ladies created about how her experience with how art **COMMUNITY** Sun, relaxation Sun, relax

FOR OUR

Di

Room 9, Vicarage Hub, c

Great Yarmouth,

Norfolk NR30 1NE

When your room is

quiet, calm and still

You sense the freedom to create at will

That quiet flutter beneath your chest.

A drive to create, without need of rest.

Just being still in body and mind.

Giving yourself freedom to roam,

across the seas away from home.

Unfolding your thoughts,

before you unwind.

Just being present,

here in the moment.

stresses lay dormant.

Ignoring all hassle

The sea of words,

or the sea of sound.

the sea of pictures there are no bounds.

Going to that place of dreams.

ww.dawnchrystal.com

Whatever it is that allows you to state. That your soul, is free, to create.

Nicky's feedback says it all

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calm, connect with

like-minded friends

and discover your

REIKI SHARE

rys 2 to 4pm

'Dawn's art workshops have really helped me to relax and take me away to a special place of calm in

my mind. Not having much sight left is hard, and being a carer to my daughter too has been a struggle. I would like to encourage more people who are feeling lonely and isolated to come and join us.

It's not just art. We normally do a gentle quided meditation too. Where I was housebound before, I am getting out and meeting some very special people along the way on my journey.

true self through art, meditation and Reiki I am not lonely anymore, and we help each other though really hard times. Sometimes we laugh and sometimes we cry together, and sometimes we just sit in silence and enjoy each others company. It is a safe place to come and share anything you want to share with us as a group. Everything that is said stays in the room. Dawns workshops have changed my life so much.

Contact Dawn Chrystal on 07936 546791 I am not the person I was last year. Thank you Dawn for doing these workshops. Words can't say how much it has helped me, so come and join us. We can help. It's a very special place to come and relax and help yourself. I am now learning about Reiki healing too and how I can help myself and my family.

Nicky Holmes

No need for pen, just paperless scenes. Releasing the bounds, allowing the flow. Not knowing where imagination will go.

Local NEWS in Brief

MY 90 CHALLENGES at 90

Malcolm Metcalf, who was 90 years old in December gave a very interesting talk on the 90+ challenges that he completed in his 90th year at Burgh Castle Village hall on February 12th and in the process, from the raffle and retiring collection, raised the magnificent sum of £200 from the small but very appreciative audience, the money going to the Pricilla Bacon Lodge at Norwich which he has been raising funds for in recent years.



His talk included coverage of his 15 challenges on one day which ended with him squeezing into a special stock car to do five laps of the Kings Lynn stockcar circuit and meeting the King at the official opening of the new building at the Priscilla Bacon Lodge when he

presented His Majesty with a copy of his last book.

BELTON WALK

If anybody has time available there is a very interesting walk on YouTube that was posted on to one of the Belton Facebook pages in February. It is titled as Belton Walk and runs for 33 minutes and covers surrounding villages as well, filmed in February 2023 it takes in some 11 miles and is in the form of a circle that includes a small part of Belton from New Road, then on to Fritton, Ashby, some lovely rural shots including Lound Lakes area and then returns via Beaufort Way. Certainly, well worth a look, there is commentary on the film and the link is https://www.youtube.com/watch?v=7jgg1LZyzng

NORFOLK COUNTY COUNCIL SAVINGS PROPOSALS

The County Council are currently consulting on making savings in their budget and have gone to public consultation on three main topics. The consultation is now open and runs through to March 22nd.2024 the three areas involved are reduction of opening hours including Wednesday closure at some recycling centres, reduction in street lighting provision and pre booking and a new paid services system at the Norfolk Record Office. The following link should take you to the main article, scroll down for the three individual links. https://norfolk.citizenspace.com/consultation/ savings-proposals-2024/

African Tool Appeal

Thanks to all who have contributed. If any one else can no matter how small the donation is we would be glad to receive any unwanted tools for the Africa Appeal. The tools are going to remote villages in either Zambia, Uganda, Zimbabwe, Malawi or D. R. Congo Many thanks again Richard

Last chance of Tickets

This is the last month you could get a ticket for the Kate Daniels concert on Friday April 5th at All Saints Church, Belton. A few tickets still remain for this unique opportunity to see a London professional group in our village. This will not happen again. Great musicians, Clarinettist, Guitar, Drums and Bass and great singing in a style to suit everyone. Come and have a great evening out.





Friday 5th April 2024 at All Saints Church, Belton 7 for 7.30pm Tickets £12 for a great unique evening Available from Binky's Cafe - in the Precinct Bill Richmond, 07950 039455

Call 07950 039455 or 780822 for full details (Supported by The Village Voice)



Trustees of the JGI Roger Gowen Bill Richmond Sheila Evenden Geoff Evenden Robert Goffin Bridget Lawrence	Chair Treasurer Bookings Bookings Maintenance	07950 770488 07950 039455 07984 443808 07984 443808 07526 201088 01403 780160
Suzanna Craig	Hon Secretary	01493 789019

Trustees

Not much to report this month. As said last month we would welcome anyone who would like to join us and help to keep this great hall and community meeting place for future generations. There are no arduous tasks just a list of duties they have to be done on a regular time scale. Simple computing skills are all that are required for some tasks otherwise just a small amount of your time throughout the year.

Please contact me or any other Trustee for more information. If new help is not found there will come soon a time when the hall will not be able to function. Bill Richmond 07950 039455

Wednesday Morning Drop In

As always this is still proving to be a great meeting venue for coffee/tea and cake etc plus loads of chat and help when possible. On the 7th February we had a visit from Mark Saggers our Neighbourhood local policeman that proved positive. On the 21st February we will have a visit from the JPH nursing team for general health guestions and blood pressure if required. Other organisations are always welcomed. As weather is improving why not give it a try. Everyone will make you welcome. Call Sue on 01493 780822 for more information.

GROUPS WHO MEET AT THE JGI

Mondays	Yoga Short Mat Bowls Bingo	10.15 – 11.45 am 2.00 – 4.00 pm 7.00 – 9.30 pm
Tuesday	Belton Crafty Over 60's Guides`	10.30 – 12.30 pm 2.00 – 4.00 pm 9.45 – 8.15 pm
Wednesday	Drop In Art Club Slimming World	10.30 – 12 noon 2.00 – 4.00 pm 4.15 – 9.00 pm
Thursday	Line Dancing Belton Crafty	10.00 – 12.30 pm 7.00 – 9.00 pm
Friday (First	Camera Club	inless out session) 7.30 – 9.00 pm
Saturday		10.00 – 11.30 am month)

Saturday Coffee Morning Once again we had great support for our monthly event

with nearly 40 present. Besides the fun table quiz on Africa, there was an interesting Bottle Raffle by Linda. There were 51 bottles in bags with a mixture of wine and other drinks. The winners

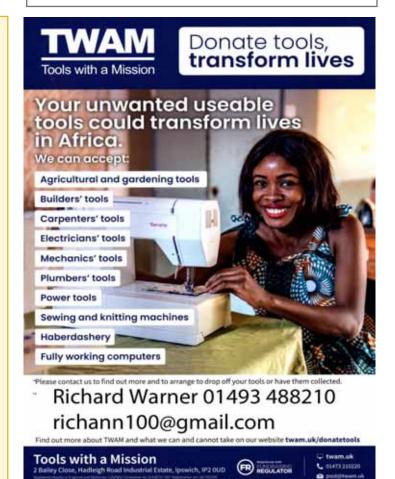


did not know what they had won until they had taken a bag. Through donations of bottles Linda raised £200 for the Belton Food Pantry.

Thanks to Shelia for the great cake and scones, Linda for the raffle and all who helped. The next Saturday Coffee Morning will be on March 9th.



It was nice to see so many people interested in then **Absolute Beginners Line Dancing Class on** Thursday February 1st. I hope you all enjoyed yourself. There is still time to join. Easy going, no partner required. Thursday's 10am to 10.55am at the JGI. lane







It is free to advertise jobs, events, property or items for sale. We will run your advert for 3 months but please let us know if you sold it so we can remove the advert.

Can only accept ads by Text to 07950 039455 or email to beltonvvgraphic@gmail.com Closing date for April edition Monday 18th March

WANTED

Burgh Castle Village Hall sales stall. Tel. 01493 780126 (local collection Any Saleable items, Bric-a-Brac, Books, Games, Jigsaws unwanted gifts etc)

Wanted Jumble, Books, Bric-a-brac and toys Wanted for 1st Belton Scout Group, phone 01493 780965 or can be dropped off at 6 Station Road North Belton.

Book collector 01493 780739. Wanted to buy, large and small book collections.

GARDENER REQUIRED

for a 4 acre mature garden on Herringfleet Road, St Olaves. The garden includes woodland and specimen trees, lots of rhododendrons, a kitchen garden and greenhouse. Wisteria and virginia creeper on the house plus fruit trees and a large contemporary garden with yew and box hedging. Lawns, paths and ponds. And more!

This is a full-time position of 18 hrs per week with days/time by arrangement. The successful applicant will need to be physically fit enough to do the work required and experience with various types of garden machinery would be beneficial. This could potentially be a job share between two people. **Please email**

heatherbrae0104@gmail.com

FOR SALE

Cane armchair with cushions and matching coffee table with glass top, suitable for a conservatory VGC £50 Call 01493 780145 MIRAFIT VIBRATION PLATE exercise machine, full working order can be seen working if required.

Telephone 07305752879 Bargain at £30.00. Can be delivered if required

Bathroom towel heater, dual fuel, 48 inches high anthracite in colour. £40 Ono buyer collects, can deliver if local, vgc complete with valves. Call 07941 058912

Smoked glass corner TV unit with shelf size 90cms w x 48cms d x 50cms h. £15. Mini fitness trampoline (rebounder) £15. Call 01493 781792.

Combination ladder and platform £40. Medium size dog cage brand new £25. Pro paint roller +extra roller £25. Style mobility scooter, comes apart in 5 pieces£300. Large camp/guest double bed (inflatable) brand new £80. Cream blackout blinds to fit windows 88cm x 125cm deep £40., 215cm x 125cm deep £40 186cm x 107cm £30. Call 07852 397104

Dog cage galvanised box iron frame and 2" mesh in fill for outdoor use £100 ono. Rapide bike carrier foldable suitable for estate or saloon car, two adult bikes £10 ono. Bumper protection plate new for caravan hook up £2. Golf practice net as new still in box, can be used as a garden football net £10 Call 01493 603860

Aviation At War - 7 DVD's . As New. £25. 19 Danielle Steel DVDs. Mixed Selection. As New. £75.

Mixed selection of paperback and hardback books. As new. £35. Suitcases by Revelation -Set of 4, Various Sizes. All with Keys. Used three times. Very Good Condition. £120. CD Carousel Storage. Wood. Holds 72 CD's. Size:-H-13", D-11.5", W-11.5". Excellent Condition. £50. Roller Blind, White, 100% polyester. Size-W-90cm, D-160cm. C/w fittings. Brand New and Boxed. £20. PC Trolley, Wood Effect, fixed shelf, keyboard shelf, castors. £25. Myers 620 Mk 2 Heavy Duty Paper Cutter. £75. 01493 781094

43" Sony TV 43XH8196 Smart TV. In excellent condition, full working order. Original remote and stand. Only selling as upgrading to larger screen. £200. 01493 781071.

MIRAFIT VIBRATION PLATE exercise machine, full working order can be seen working if required. 07305752879 Bargain at £30.00. Can be delivered if required

Cane armchair with cushions and matching coffee table with glass top, suitable for a conservatory VGC £50 Call 01493 780145

MIRAFIT VIBRATION PLATE exercise machine, full working order can be seen working if required.

Call 07305 752879 Bargain at £30.00. Can be delivered if required

High back fireside chair in oatmeal with high arms Back height from floor 114cms. Width 64cms. In excellent condition £50 Teak dining table and six chairs with velour mink colour seat pads Overall length 150 cms extends to 199cms. Width 88cms. Excellent condition £150

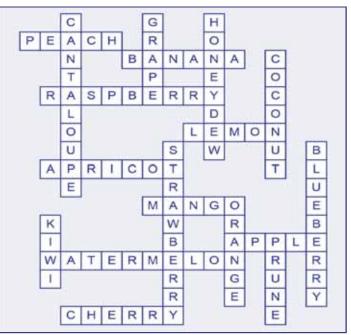
Full length wall mirror. £5. Please text 07469390188

2 x Part Worn Bridgestone Tubeless Steel Belted Radial Tires 215/45 R16 86H £10 the pair. 01493 780032.

Scrabble game £2, Ladies Leopard top £1,Various Radio pieces £5 Call 01493602960



Fruit Crossword Answers



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WRIGHTS MOTORS

2017 Mazda CX5 2.2 Diesel Auto - Red - 33,000 miles £17,995	
2020 Skoda Kamig 1.5 Auto - Black - 17,000 miles	
2019 Ford Kuga 1.5 Manual - Grey 19,000 miles	
2018 Nissan Qashqai 1.5 Diesel - Blue - 57,800 miles £12,495	
2013 Skoda Yeti 1.2 TSi, Gold 22,000 miles	
2018 Kia Picanto 1.25, White 25,000 miles	
2013 Honda Jazz 1.4 V-tec auto, Grey, 25,000 miles	
2017 Mazda 2, 1.5 Manual, Black - 50,000 miles	
2016 Mazda 2, 1.5 Skyactiv-G, Red - 47,000 miles	
2009 Mercedes-Benz B Class 1.5, Silver 83,000 miles	
To view all our cars	
visit www.wrightsmotors.uk	
email sales@wrightsmotors.uk	
Common Lane North, Beccles, Suffolk. NR34 9BL Tel: 01502 716566	
101.01502/10500	





Call 01493 664000 to arrange a FREE Sales or Letting valuation