

Village Voice

October 2023

24th Great Year

Vol 24-07

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A word from the Editor Adrian Myers

It is with tremendous pleasure that I am at last able to announce that the Village Voice Community Fete will take place at Moorlands School playing field on Saturday the 20th of July 2024. I would like to pass on my thanks from the steering group to Moorlands for agreeing to allow to us hold this event on their premises. We have a YouTube page and regular updates on that page will be posted. There will be further monthly updates published in this magazine. The fete is about saying a thank you to our advertisers, to promote all the support and activity groups in the villages and to provide a fun and entertaining family day out for the residents of Lothingland. There will be parking available on site but for Blue badge holders only. There will be parking restrictions in Moorlands Way, Broome Gardens and Gorse Close. These restriction are for residents only and we will advertise drop off points for those who need to drive into Belton. Most people who live in Belton are no more than a 15 minute walk away from the venue.

An editors job is a wide ranging and varied one. It is quite often the case, that one does not realise how much work is involved in a particular task, until one actually starts that task. The editor is responsible reviewing, revising, and correcting written material, such as articles, reports, and other forms of written communication. Editors are also responsible for correcting grammar, spelling, and punctuation errors, ensuring that the content follows the appropriate formatting guidelines, and fact-checking any claims made in the material. So as you may start to perceive, it is a big job and now being that editor, it has made me appreciate, just how much work Regi, our previous one, had to put into it.

Please send in any articles, letters or features that you would like to contribute or have ideas for including in the magazine by contacting me on beltonvveditor@gmail.com

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YOUR VILLAGE VOICE

The closing date for all
Articles and Adverts
for the November 2023 edition is
15th October 2023

October 2023 269th Edition

Cover Picture: Local Resident
'Oak' the Tawney Owl at Fritton
Owl Sanctuary

This Magazine is a Community Enterprise professionally printed - but written, edited and delivered free - entirely by volunteers.

After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations and groups in our circulation area.

We welcome your news, views, letters and articles and photographs for publication. *No anonymous items will be accepted.*

Complaints, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton NR31 9PP

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MOBILE LIBRARY SERVICE

Locally the Norfolk Mobile Library rounds are as follows:-

Belton - Wednesdays, October 4th and November 1st. and every 4 weeks
- Moorlands Primary Academy 3.20-3.50pm.
- Outside 7 Station Road South 3.55-4.10pm
- Amhurst Gardens 4.15-4.35pm.
- St. Roberts Way 4.40-4.55pm.

Fritton - **Now no service.**

St Olaves - Wednesdays, October 4th, November 1st and then every 4 weeks stopping on Priory Close between 12.45pm and 1.00pm.

Burgh Castle - **No service**

For any questions about mobile libraries, email the team at central.mobiles.lib@norfolk.gov.uk. Or call 01603 222303

HOUSEHOLD HAZARDOUS WASTE DAYS



A reminder that Norfolk County Council are holding a Hazardous Waste collection day at their Recycling Centres in October. The local event will be at the Caister Recycling Centre on Sunday October 1st. (9.00am-4.00pm).

Items accepted are Aerosols, Household chemicals and cleansers, Fire extinguishers, Garden pesticides and fertilisers, Paint, Wood preservatives, treatments and varnish And Photographic chemicals. ***Please note that this is a FREE service to residents.***

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Your Parish Council Reports

Belton with Browston Parish Council



The September meeting of Belton with Browston Parish Council was delayed until the 19th when all eight current Parish Councillors were present along with Borough Councillor Graham Carpenter, County Councillor Carl Annison, five members of the public and the Parish, Clerk Kate Ruddock,

Members accepted the resignation from the Council for personal reasons of former chairman, Ken Botwright, David Mills was subsequently voted in to chair the Council whilst Nigel Light remains as vice-chairman.

There was only one issue advised in matters arising, the general condition of roads and verges in the village although the person who had contacted the council did not mention any specific locations and in the public session the only question asked as one concerning street lights and the answer will be sought by Councillor Carpenter to see why lights that are automatically switched off at midnight now come back on considerably later than the 5am when they used to automatically turn back. Councillor Annison said that he has asked for slow signs and 'Farm traffic' markings to be placed at specific locations on New Road to make drivers aware of turning farm equipment. Members agreed in principle to arrange for a pressure wash clean of all the villages bus shelters.

The payment of bills for August and September was confirmed and the clerk reported very good income for the period and also the financial success of the car boot sales which had been taking place on Wednesdays, it was agreed that these had performed far better than expected and there were calls from councillors for them to go ahead again in 2024, this time with better quality signage, it was explained that the basic notices were used as Council did not want to spend much money in case the sales were not a success. Finally on finance, members agreed to invest their reserves in a one-year fixed term with the Cambridge and Counties Bank, this was something that the council used to do until the recent very low interest rates had made the process not worthwhile.

There was a discussion on replacement of the showers heating boiler at New Road which is not working and the general heating system which is on its last legs. After considering options it was agreed to stay with a gas fuelled system but to purchase one that will have the capacity to run the heating system as well on the 'flick of a

switch' as soon as the current heating system gives up. The only other issue regarding New Road was vandalism to the corner of the perimeter fence, it was agreed to look at specifications for a stronger mesh based product at the October council meeting.

In Planning there were no objections to works at 55 Station Road South to raise the level of the roof to allow for more accommodation in the roof space. The Borough Council have approved work on an Oak tree covered by a Tree Preservation Order at Moorlands School and all the following Belton Scout hut on Marsh Lane (extensions), Manor Barn, Browston (side extension and link to main building), 15 Minsmere Road (extension/conversion to garage and pitched roof) and 6 Station Road South (retrospective approval of side extension).

The next meeting of the Parish Council takes place at the New Road Sport and Leisure Centre on Tuesday October 3rd (7.30pm), details from the Parish Clerk, Kate Ruddock on 01493 602960 or e-mail beltonparish@yahoo.co.uk. There are still vacancies on the Council that can be filled by co-option, full details from the Parish Clerk on the contact details above.

Please register your support for the **Village Voice Community Fete**

**to be held on Saturday 20th July 2024
at Moorlands School Playing Field**

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Burgh Castle Parish Council



There were six members of the Parish Council plus County Councillor Carl Smith, Borough Councillor Graham Carpenter, one member of the public and the Parish Clerk at the September 11th Meeting of Burgh Castle Parish Council at the Village Hall, Brian Swan was in the chair.

In planning there were no objections to a two-storey extension at Crows Farm on High Road or to a revised plan to reduce the size of the previously approved rear extension at 5 Holly Terrace on Church Road. The Borough Council had refused plans for a front extension at 4 Louis Dhal Road and a request to alter windowsills at Burghwell Lodge on Market Road. A new Tree Preservation Order has been placed on five Oak trees on the east side of Mill Road.

Councillors agreed to go to tender for improvements and tidying up of the two shrub beds at the Parish Burial ground where the mole catcher has been asked to take another look at the ongoing problem also the next of kin will be contacted where appropriate about graves where extra vases and other items have been placed away from headstones.

Regarding highways matters County Councillor Carl Smith confirmed that orders have been placed for work, expected to take place later this year, to put posts outside the front of the Roman Fort entrance to stop parking on the bank, he also confirmed that the full resurfacing of Crows Farm corner on High Road will take place, hopefully in November/December and that a total road closure will be needed for a few days for the work as the whole surface is to be cut back. Borough Councillor Graham Carpenter said that 'Warning-beware of horses' signs will be placed at each end of Back Lane.

With the start of the new school term members are still concerned about the loss of the afternoon return bus services to Yarmouth and Gorleston to allow the bus to return pupils from Lynn Grove High School to Belton, they will monitor the usage of the trips for this purpose before taking any further action however they were pleased to see that after much chasing, and with the help of ENTUA, there are now a good supply of up to date timetable boards at village bus stops.

Concerns were raised over the lack of maintenance at the Roman Fort however due to recent changes there it was agreed that no action will take place till after next month's Council meeting, the Norfolk Archaeological Trust will be contacted again

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over the entrance flooding, recent attempted remedial work has had no effect.

The next meeting of the Parish Council will be on Monday October 9th commencing at 7.30pm at the Village Hall on Church Road, for details contact Kate Ruddock, the Parish Clerk, on 07948 705218, e-mail burghcastleclerk@gmail.com.

Burgh Castle Tea Room & Bargain Stall



(Village Hall, Church Road)

We continue to open on our normal two days until the end of October then we shall revert to Friday's only until mid December.

Looking forward to seeing all our regulars for coffee, cake and company.

Please note we are at present arranging with the Covid Vaccination Centre at Louise Hamilton to come along to the Tea Rooms to do vaccinations on site, as soon as we have a definite date we will publish.

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Fritton with St. Olaves Parish Council



The next Parish Council Meeting is scheduled to be held at St Olaves Village Hall on Thursday 16th November 2023 (7.30pm). This will be followed by the next meeting on Thursday 18th January 2024 at Fritton Village Hall
full details from Parish Clerk on 07899 846148,
e-mail fritton.stolaves.clerk@outlook.com.

Fritton Bingo

Please come and join us for an enjoyable evening at Fritton Village Hall for our next Bingo session to be held on **Friday October 20th starting at 7.15pm** a raffle is included.

It was wonderful to see so many people attend our August Bingo event, 30 in total.

All proceeds go to upkeep of the Hall.

Roy



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Pooch Corner



DOGS AND SEPARATION ANXIETY

By Clinical Animal Behaviourist & Animal Trainer Katey Aldred MSc, RVN, ABTC-CAB

Dogs are known for their loyalty, affection, and unwavering companionship. However, this loyalty can sometimes result in separation anxiety when they are left alone. Separation anxiety is a common behavioural issue in dogs, characterised by distress and destructive behaviour when they are separated from their owners. This condition not only affects the dog's well-being but can also be challenging for the pet owner. Fortunately, there are various strategies and techniques that can help alleviate separation anxiety in dogs, promoting a happier and healthier relationship between pets and their human companions.



UNDERSTANDING SEPARATION ANXIETY

Before addressing separation anxiety, it's crucial to recognise the signs and symptoms and understand why this might be happening. Separation anxiety is just the label used which isn't actually very helpful. The emotion experienced by the dog is fear of separation from the main caregiver. This is often rooted in the attachment style the dog has to the main caregiver which is why for some it can happen in certain environments or why it might only happen in relation to one person.

Common indicators of separation anxiety in dogs include excessive barking, howling, whining, destructive chewing or scratching, house soiling, and attempts to escape. These behaviours are often triggered when the dog realises that their owner is about to leave or has already left. This means that even picking your keys up, or putting your shoes on can trigger a reaction. Why? Because the dog has learned these are cues you are leaving them. Understanding that these actions stem from anxiety rather than deliberate disobedience is the first step in helping your beloved friend.

GRADUAL DESENSITISATION APPROACH

One effective method for treating separation anxiety is gradual desensitisation. This involves teaching your dog that being alone is not a traumatic experience. Start by leaving your dog alone for short periods and gradually increasing the duration as they become more comfortable. Offer treats or toys that they enjoy creating positive associations with alone time. Reassure your dog that you'll return by keeping initial departures extremely short and following a very strict incremental increase in time.

COUNTER CONDITIONING APPROACH

Counterconditioning is a behavioural training technique that replaces negative associations with positive ones. When your dog exhibits signs of anxiety, engage in activities that they enjoy,

such as playing, offering treats, or utilising a cue they can already do well. This redirects their focus away from their anxiety and towards positive experiences. Gradually, this can help them build confidence and reduce their anxiety when alone.

ADEQUATE STIMULATION

Regular exercise and mental stimulation can help reduce anxiety levels. Before leaving, engage your dog in a vigorous play session or a long walk. Puzzle toys and treat-dispensing devices can also keep their minds occupied and ease their anxiety during your absence.

COMORBID BEHAVIOUR ISSUES

This condition is usually linked to other behaviour issues, the most common being issues to noises. If your dog is reactive to noises this will also need addressing to improve the prognosis of overcoming the separation anxiety.

MYTHS IN APPROACH

Quite often owners are advised to either punish the dog for reacting when they are gone or to crate train their dog. Punishing a dog for being fearful and anxious will lead to more fear and more anxiety which may be displayed in a different behaviour issue. Utilising a crate might help for some dogs, but this does not address the underlying emotion driving the behaviour and just restricts their movement further. This can cause a bigger reaction and achieve the opposite of what the caregiver is aiming for.

CONSULT A PROFESSIONAL AND BE CONSISTENT

In cases of separation anxiety, it is a really good idea to seek professional help from a qualified behaviourist. Alternatively, have a chat with your veterinary surgeon so they can guide you in the right direction. A professional can provide guidance on behaviour modification techniques and, if needed, will work with your veterinary surgeon who can prescribe medications to alleviate the dog's anxiety. Medications should only be used under the guidance of a veterinary professional after a complete behaviour assessment has been conducted by a regulated behaviourist.

The key to helping dogs with separation anxiety is consistency and patience. Consistently practice the techniques that work for your dog and be patient as they gradually become more comfortable with being alone. Understand that progress may be slow, but with your love and support, your furry companion can overcome separation anxiety and enjoy a happier, more relaxed life.

Separation anxiety in dogs is a common and challenging issue, but with the right approach and a lot of dedication, it can be managed and even overcome. By understanding the signs, using gradual desensitisation, tweaking your relationship, providing exercise and mental stimulation, and seeking professional guidance, when necessary, you can help your dog feel more secure and content when left alone. Your efforts will not only improve your dog's well-being but also strengthen the bond between you and your dog.

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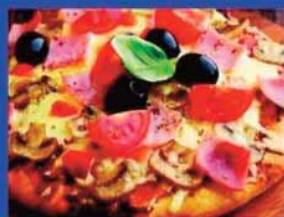
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Neighbourhood Plan Update

We are in the process of developing a Neighbourhood Plan for Belton with Browston, Burgh Castle, Fritton and St Olaves. This will be used to help determine all future planning applications in our area.

We have finally received the grant funding from Government, albeit three months after it was due. The Neighbourhood plan is progressing nicely and we have completed the following reports:

Housing Needs Assessment report, Design Guidance and Codes report and the Consultation (Questionnaire) report.

The following reports are close to completion:

Evidence Base report, Views report, Local Green Spaces report and Non-Designated Heritage Assets report.

We have just produced the first draft of the actual Neighbourhood Plan, (based upon the above reports) this is a work in progress, hoping to finalise this within the next two months.

As reports are completed, they will be posted on the three Parish Council websites, click on the link 'Neighbourhood Plan' and scroll down.

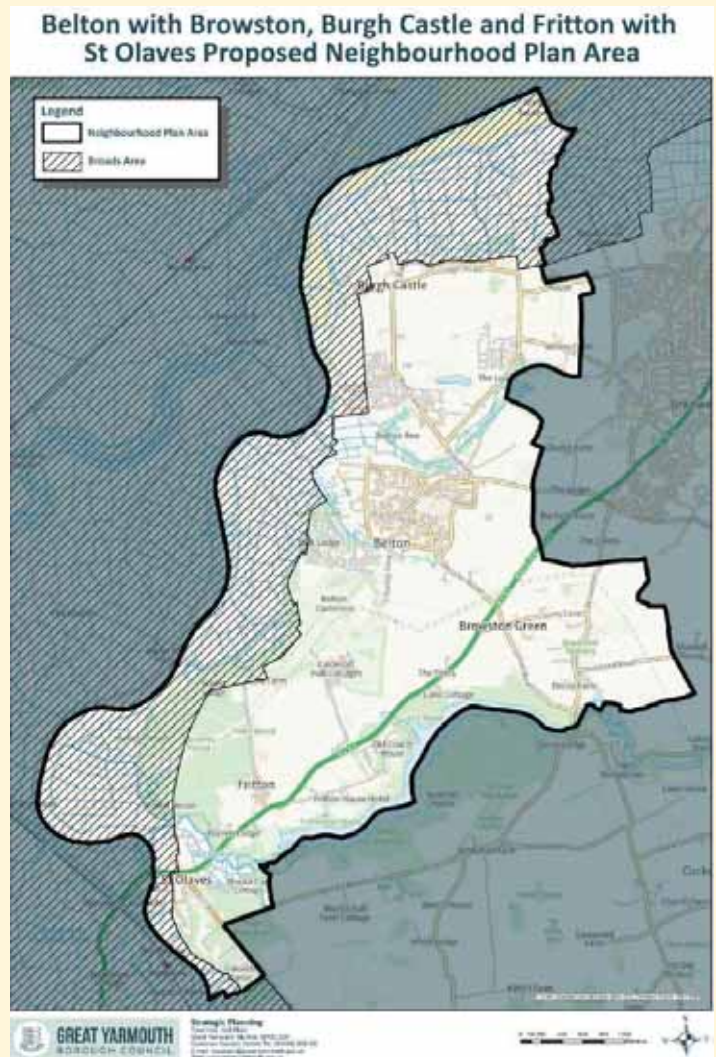
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<https://burghcastle.norfolkparishes.gov.uk/>

<https://frittonwithstolavesparishcouncil.norfolkparishes.gov.uk/>

As required by the Neighbourhood Planning Regulations we will be consulting on the draft plan for a period of 6 weeks. This will likely take place in November/December, so look out for this and the events we will be running at the time to make people aware of what the neighbourhood plan includes. Once we have completed this consultation, we will consider all the feedback and make final changes to the plan before submitting it to Great Yarmouth Borough Council and the Broads Authority. It will then be their responsibility to consult again and take the plan through formal examination. This will be undertaken by an independent examiner who will ensure the plan meets the legal requirements and basic conditions.

If successful at the examination stage, with modifications if necessary, then the local authority will arrange for a neighbourhood plan referendum. If there is a majority yes vote, then the neighbourhood plan is made and becomes part of the statutory development plan for the area.



Summer Works at Moorlands



While the school is closed to pupils over the summer, this is not to say nothing happens, quite the opposite in fact. This summer we have been incredibly busy improving the learning environment for our children.

Our Academy Trust agreed to fund new flooring in every corridor space and so the lumpy, threadbare, and quite frankly disgusting carpets have now been replaced with bright, clean vinyl. Alongside this our fantastic site team decorated all the walls for a clean, fresh look. This has completely transformed the communal areas of the school.

In addition to this, the first set of skylights have been replaced, which should mean the rain stays outside and the



classrooms stay dry! This is vital as we are also looking at replacing all classroom carpets, with the first class having been carpeted over the summer.

Finally, one of our non-teaching rooms has been transformed into a dedicated pastoral space where our pastoral lead, Mrs Stephens, can provide the extra care and attention that some of our children need. From September

this space will be known as The Nest.

We are so pleased with all this work and have been excited to welcome all our children back into an environment that they deserve, and that is fit for purpose. Next month we'll update you on some of the incredible learning that has been taking place since these improvements.

John Siddles (Head Teacher)





1st Belton Scout Group

Would you be interested in helping out at the Beaver section this does not have to be every week. A small amount of training on line is required (support available) and a DBS. If you would like more information please contact Brown Beaver (Jane) 07975 533572.

Beavers

The beavers have started the term off with a blind fold trail thanks to the Cubs who built it over the Cub camp. Each Beaver was blind folded and guided by another Beaver. They made bug houses out of old water bottles filling them with sticks and leaves, they were hung on the fence ready for bugs to move in. We finished the evening with a scavenger hunt collecting items from feathers, something that should not be at our HQ, clover, a blade of grass.

Some of the Beavers visited Cub camp for their camp fire lead by Akela singing lots of silly songs and learning new ones.

If you have a young person 6 years or about to be 6 years and are interested in Beavers, please contact Brown Beaver (Jane) 07975 533572

Cubs

The cubs had a 1 night camp over the summer holidays at the Scout HQ run for



the first time by Chil. The young people on camp completed their backwards cooking badge, had fun preparing dinner, playing games and wide games and pitching tents, the Beavers were welcomed for the annual camp campfire, where loud and quiet songs were had and marshmallows were made into smores too, enjoyed by all.

If you have a young person between 8 to 10 years old both boys and girls who would like to come and join the fun, please contact Peter (Akela) 07900 494344 or email peterclarke222.pc@gmail.com for more information. We play games, learn about the world, learn scouting skills like pioneering and building fires as well as camps and much more.

Scouts

There are places at Scouts (10 years to 14 years) please contact Brown Beaver contact details above.



The Scouts have not met over the summer holidays but we now look forward to spending as much time outside before the long winter night's planning games, a pioneering project and camp fire cooking. They finished last term with a water games evening and water slide with bubbles.

Group

We would be grateful of any books/ Bric-a-brac/ Toys for sales they can either be dropped at 6 Station Rd North Belton or phone 01493 780965



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Belton Judo club latest up-to-date news

As always, club members enjoyed their two-week summer break, enabling them to relax and recharge the batteries. However,

throughout this period our most competitive member, Ryan King, was training at the Olympic training camp in Valencia, which is attended by many of the top judoka in the world. This was a valuable experience, but there's no rest for Ryan, as after only one week of regular club judo training, he set off once again for another tough camp in Girona. Ryan (who is still only 17), regularly assists his dad and head coach, Dominic King, with the coaching, so our members can benefit from his top-level knowledge.

But it's not all about the winning gold medals. At DOMINIC

KING JUDO & MMA ACADEMY we

believe that the continuing success of the club is due to our ability to make every single member feel SPECIAL! From the moment they walk through the door, everyone is welcomed and made to feel important. Dominic is an expert at helping beginners feel at ease and he will never forget a name.

The vast majority of our members attend each week with the simple intention of keeping fit and having fun. However, we provide opportunities to grade and compete at every level and nobody is excluded.

We currently have a 76-year-old lady attending regular judo sessions each week. That may sound impressive, but you may be even more astonished to learn that she only took up the sport at 70 and hopes to achieve her black belt before the age of 80. She is currently a brown belt so is very much on schedule.

We are now well into September, which tends to be our busiest time for recruiting new members along with January. So, if you fancy giving Judo (or MMA) a go, don't hesitate to get in touch. We offer the FIRST 2 SESSIONS FREE to give everyone the chance to experience the club first, although we're very confident that you'll want to return.

We train at Belton on Tuesday evenings, but if this isn't convenient, we have sessions at various venues throughout the week which are included in the timetable below:

TIMETABLE:
MONDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, NR33 9JX
 5pm-6pm – MMA for children (6-16 years)
TUESDAY: Belton New Rd (NR31 9JW)
 4.45pm-5.30pm – Judo for younger children (fundamentals/fun)
 5.30pm-6.30pm – Judo for older children and adults (technique/theory/randori)
WEDNESDAY: Oulton Broad (East Anglian Martial Arts Centre), 163 Bridge Road, Use Postcode Nr33 9jx
 4.30pm-5.15pm – Fitness & Wellbeing Circuit Training (Free For All Members & Non-Members - Supported by National Lottery Community Fund)
 5.30pm-6.30pm – Judo (All ages welcome)
THURSDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, Nr33 9jx
 5.00pm-6.00pm – MMA for children (6-16 years)
THURSDAY: Bungay Chaucer Dojo (NR35 1EB)
 7.30pm-9.30pm – MMA for older children and adults (12 years +)
FRIDAY: East Anglian Martial Arts Centre, 163 Bridge Road, Oulton Broad, NR33 9JX
 6.15pm-7pm – Judo for younger children (fundamentals/fun)
 7.00pm-8pm – Judo for older children and adults (technique/theory/randori)
 8.00pm-9.30pm – MMA for older children and adults (12 years+).

If you have any concerns about taking your child to judo, you may wish to consider this; UNESCO (world children's organisation) and the International Olympic Committee believes our sport is best suited for children and is the most complete for promoting friendship and mutual respect.

Lastly, you can find **Dominic King Judo & MMA Academy** on Facebook and Instagram, which will give you further information, training videos and general club news. Dominic also has a YouTube channel titled **World Class Happiness**, which is a spin-off from his book of the same name (available on Amazon) and well worth a look. You can subscribe in order to get regular positive messages to help with your mental health.

Anyone wanting further details of any future sessions can contact Dominic on 07977 432756 or email on dominic@fightingfitjudo.co.uk or contact him via Instagram, Facebook or WhatsApp



UP4FITNESS & SALLYANN

Sallyann has had her operation and is recovering well at home. October is here and time for the monthly update. Most of our members met for an exercise & coffee session on Monday 4th September 2023. But the officially start with Sallyann at the helm will be Monday 18th September. Sallyann will not be up to full fitness for a few weeks, but delivering the classes will help with that and she looks forward to seeing everyone back again. Some people are poorly at present so we wish them a speedy recovery and look forward to seeing them back on a Monday morning.

It's this time of year when Sallyann suggests looking for a new interest for the winter months. A new interest can challenge & stimulate you. These can help you make new friends, give you something to look forward to, can bring a sense of belonging and commitment; it could also make you feel happier in the winter months. Maybe you could join a new group in your village or area. Learn a new hobby or craft or help those around you in your road; ask family or friends round for a cuppa. Even the smallest change to our everyday life can lift our spirits. Have a think about doing something different today.

Exercise sessions will run till Monday 16th October and close half term Monday 23rd after half term we will continue till our last session Monday 11th December.

The sessions will include the essential exercise moves to keep our muscles & bones strong to help us through our daily activities and also will focus on improving our balance, good back health and arthritis.

Sallyann has received a new envelope to send the next batch of stamps off to the RNIB in February 2024. So every little helps! Keep saving; get your family to save to! Then pass them to Sallyann to be sent away. Please trim them to a centimetre away from the stamps and no gold large postage stamps can be sent. 2 kgs is worth £40.00 and can help a blind or partially sighted person to access the 'talking books' scheme. So let's get saving!

Sallyann will be working a skeleton schedule for a while, this includes her 2 seated classes, private clients both studio and home visits and the Nordic Walking, but will concentrate on people who she has been working with over the last twelve months.

Please contact Sallyann on email or mobile, should you wish to know any information about the above. Sallyann will endeavour to reply as soon as possible. emailup4fitness@gmail.com Mobile 07599044806



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Belton FC October 2023



Belton FC are now in their 16th season and would like to thank Andy & Nicola at the Tavern in Belton for all their support and hospitality! They continue to be the clubs main Shirt Sponsor, providing a fresh kit for the new season!

We have had a productive preseason, playing a total of 6 games, which included some impressive wins alongside a few losses. This period served as valuable preparation for the upcoming season.

The team competes in the Fosters Solicitors Anglian Combination Division 4. The season commenced on 19th August, with a challenging home fixture against Easton Res. Unfortunately, Belton FC faced a tough test and suffered a 4-1 defeat. The following week, the team faced Watlington SSFC in a closely contested match but narrowly lost 3-2. Both teams were tipped at the start of the season to be pushing for promotion.

Belton FC enjoyed a week's break as they advanced to the 2nd Round of the cup due to Reepham Res being unable to field a team. Then followed the first of a string of difficult games. On 9th September, the team embarked on a demanding journey to Kings Lynn Soccer Club, coinciding with the hottest day of the year. With a depleted squad, the result was unfavorable, but the team faced adversity head-on.

Belton FC also boasts a Veterans team that competes in the Norfolk and Suffolk Veterans League. They began their season on 10th September, at New Rd against Spexhall Huntsman & Hounds

FC. Despite a rusty start and challenging conditions, the Veterans showed resilience, although the match concluded in a 7-2 defeat.

Belton FC's upcoming fixtures include:

**07/10/23 against Yelverton Res
(Away)**

**14/10/23 against Holt Utd Res
(Home)
at New Rd, with a 1.30 PM kick-off**

Belton FC Vets will also be in action:

**01/10/23 against Framingham Town FC Vets
(Away)**

**29/10/23 against BOCA Norman Warrior Vets
(Home)
at New Rd, with a 2.30 PM kick-off**

Club Sponsorship:

For those interested in sponsoring the club, please contact Nathan Brown at 07771 731235 or Craig Sayer at 07810 771130. Your support is greatly appreciated. Anyone looking to join the club with either team then please also get in contact.

We look forward to welcoming fans to New Rd and hope for your continued support throughout the season. Thank you for being a part of Belton FC's journey.

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Down the Garden Path

with Elizabeth Myhill



Calcephalis brownie

Here are a few more perennials that will enhance the pansies, and violas (see September Village Voice) to grow in containers or winter flowering pots this season.

Calocephalis brownie is a hardy 'Silver Thread' plant that's an ideal choice for seasonal planters having its unique form, and texture. Great to use combined with other plants to provide a

contrast in form and colour, from Heucheras to Black

Ornamental Grasses it goes well with pansies and violas. Forming a small mound of ghostly silvery-white twisted foliage and stems. This plant almost resembles a clump of smoke-coloured deep-sea tropical coral.

Heuchera Carnival Series Cocomint, Granita, Burgundy Blast. Ideal for container planting especially in shade. Deer resistant, winter hardy, heat tolerant. Provide valuable colour in winter and produce dainty flowers in summer that attract bees.

Heathers (*Calluna vulgaris*) are a low-growing perennial shrub 20-50cm tall found naturally growing across moorland and heath. They require ericaceous compost so unless you have acid soil they are best grown in containers.



Heuchera Carnival Cocomint



Heuchera Carnival Burgundy Blast



Heuchera Carnival Granita



Calluna Beauty Ladies



Calluna Skyline

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Sheila Evenden	Bookings 07984 443808
Geoff Evenden	Bookings 07984 443808
Robert Goffin	Maintenance 07526 201088
Bridget Lawrence	01403 780160
Suzanna Craig	Hon Secretary 01493 789019

JGI Trustees

A fairly quiet month as our financial year ends and a new one begins. It has been a successful year again as we hope the next will be. Thanks to all our user groups as without them the hall would not be needed. Also, thanks to all our helpers, Alan, Sian and all Trustees who work in the background to keep the hall a great place to meet. The monthly coffee mornings are proving very successful again with a raffle by a user group each month. The September raffle was with the Short Mat Bowls group who also provided the tea/coffee and great cakes. Nearly 50 people attended the morning and the Bowls group made £180 for their funds. If you as a user group or another village group would like to hold a Saturday morning raffle in 2024 to increase your funds please contact Bill on 780822. The next Saturday coffee morning will be on October 14th from 10.00am to 11.30am. The raffle will be by the Belton Crafty Group with all proceeds going to the Belton Pantry. Come and support us and have a great morning out.

Wednesday Morning Drop In

These mornings are proving as popular as ever and have now been running for over 15 years. It is hoped that a covid and flu' booster session will be able to be held by the JPH nursing team early in October. Watch the poster boards at the JGI for information or call Sue on 780822 in early October for more information. If you need any assistance in any way and DIAL from Great Yarmouth could help you, then a representative will be at the JGI on the second Wednesday of each month during the coffee morning. A private interview can take place. The coffee morning is every Wednesday from 10.30am to noon and we welcome all to a chatty meeting with tea/coffee and cakes.

The Belton Singers

A huge thanks to the management of the JGI because we the Belton Singers raised £90 at one of their popular coffee mornings on Saturday the 12th August.

It's always a popular pass time to have a little flutter on the raffle and I think we out did the brief with plenty of high value prizes and we nearly ran out of tickets.

We meet at the hall every Friday evening (except the last Friday as it's quiz night) at 7.15pm till 9.00pm.

Mick Greystone



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01493 780822

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Short Mat Bowls at the JGI



On Monday

21st August 20 members enjoyed a very well presented afternoon tea at Binky's Tearooms in Belton. We would like to complement the staff on the quality and variety of food presented and would like to thank them for the service they gave us. It was a lovely afternoon.

Belton Bowls also held a coffee morning on Sat Sept 9th at the JGI which included a really good raffle and a stall where nothing cost more than £1.00.

On behalf of all the members of the bowls club who cooked the cakes, served the tea and helped on the stalls, not forgetting he who organised it. A Big Thankyou

Sad Thoughts

It is with much regret that I have to announce the passing of one of our members, namely Bob Hope, well liked and popular within our group. He leaves a wife, two daughters, and grandchildren. The funeral service was held at Gorleston Crem. on Monday Sept 4th and the celebration of his life was at the Pier Hotel attended by approximately fifty people, a sure sign of his popularity. We will miss you Bob. Rest In Peace

DOFF and MIKE

WELL REMEMBERED

With sadness we inform you of the loss of Dorothy Willis of Silver Gardens.

She was a great character and had a heart of gold in all her help to the cats she fed regularly.

She was also in past years a member of the over 60s club at the JGI.

Contacts for Clubs and Groups at the JGI

To book the JGI Hall call Geoff or Shelia Evenden on 01493 298164

MONDAY

10.15 – 11.45 am	Yoga	Julie	780121
2.00 – 16.00 pm	Short Mat Bowls	Mike	07754 503666
7.30 – 9.30 pm	Bingo	Toni	780748
		Hazel	781916

TUESDAY

10.30 – 12.30	Belton Crafters	Linda	07721 599559
2.00 – 4.00 pm	Over 60's	Ann	780443
		Rose	780784
6.45 – 8.30 pm	Belton Guides	Louise	07826 919517

WEDNESDAY

10.30 – 12.00 am	Drop-In	Sue	780822
2.00 – 4.00 pm	Art	Jan	488683
5.00 – 9.00 pm	Slimming World	Debra	07551 975800

THURSDAY

10.30 – 12.00 am	Line Dancing	Jane	07788 408801
7.00 – 9.00 pm	Belton Crafters	Linda	07721 599559

FRIDAY

10.30 – 12.00 am	Line Dancing	Jane	07788 408801
2.00 – 3.49pm	Camera Club (First Friday of each month)		
7.30 – 9.00 pm	Belton Singers	Mick	07795 422420
(Except last Friday in month)			
7.30 – 9.30 pm	Quiz Nite	Bill	780822
(Last Friday of each month)			



ENTUA AGM

ENTUA held its AGM at Christchurch, Deneside on Wednesday 16th August, 2023. In his annual address ENTUA President Mike Taylor stressed the importance of retaining staffed ticket offices at railway stations and the availability of paper timetables. He said Community Rail Partnership had provided rail timetables for the Wherry Lines and smaller bus operators had produced timetables, but larger operators have not. He also identified James Paget Hospital as a location needing a revamp of its bus shelter facility and a new entrance for buses.

ENTUA PUBLIC MEETING

ENTUA's public meeting followed the AGM and was well attended.

Greater Anglia Manager – Alan Neville reported that all local suburban and main line services within the Greater Anglia Network were being operated by new trains. Two new stations were being built, one at Cambridge South (this will be handy for Addenbrookes Hospital) and the other at Chelmsford Beaulieu Park. Passenger numbers were now at 90% of pre-pandemic levels overall and actually higher on some local routes. Mr. Neville dealt with many questions, notably from passengers concerned about proposed closure of railway ticket offices, but also regarding problems with ticket vending machines.

First Eastern Counties Manager Chris Speed addressing the meeting said that passenger numbers were at 97% of pre-pandemic levels on some local routes and some of this is due to the current £2.00 single fare cap which is helping to win back passengers. The new Service 7 which operates from Gt. Yarmouth to Norwich via Caister, Filby, Fleggburgh, Acle, Broadland Business Park, Norwich Railway Station and Castle Meadow had attracted a considerable number of passengers in the first month and the company was receiving useful feedback from these passengers.

Among points raised at the meeting was for a Saturday Service 7, a regular bus service to Gapton Hall Retail Park and for some bus services to be routed over the Herring Bridge.

£2.00 Single Fare Cap

A reminder that the £2.00 single fare cap remains in force until 31st October, 2023. From 1st November, 2023 the single fare cap rise to £2.50 and will remain in situ for 12 months until November, 2024. As previously stated it is possible to travel from Belton to Norwich for £2.00 and back for £2.00. A £4.00 return trip, excellent value for money.

Discounted Weekly, Monthly and Group Ticket in Norfolk

With effect from Sunday 3rd September, 2023 First Eastern Counties are offering a 25% discount on all their weekly, monthly and High 5 Group tickets in all of their fare zones within Norfolk. This great saving will make bus travel even more affordable for regular travellers or when you want to head out with family or friends for a fab day out by bus.

All Adult and Young Person weekly, monthly and High 5 tickets are included in the following zones;

Norwich Zone, Norwich Inner Zone, Coastal Zone, Explorer Zone, Excel Zone and Great Yarmouth Town Zone. You can also enjoy the discount on their weekly, monthly and High5 Network tickets and the multi-operator NORFOLK FUSION GROUP DAY TICKET.

Examples of the discounts are:

1. Weekly Adult ticket Gt. Yarmouth Town usually £20, with discount = £15 (a weeks worth of travel for £15)
2. Weekly Adult ticket Explorer Zone usually £28, with discount = £21 – a weeks travel in Gt. Yarmouth, Coastal and Norwich Zones for £21 – excellent value for money.

These discounts have been funded by Norfolk County Council via the Bus Service Improvement Plan (BSIP) and the UK Government.

For more information on the full range of discounts please go to First Eastern Counties Website – www.firstbus.co.uk/easterncounties or telephone Customer Services 0345 646 0707.

Postwick Park and Ride re-opens

From Monday 4th September, 2023 Postwick Park and Ride will have re-opened and will have become operational to enable more people to travel car free into Norwich City Centre. It will operate Mondays to Saturdays (except Bank Holidays) every 20 minutes to Norwich Bus Station between approx. 0730 until 1810 and will run for an initial period of 4 months and is numbered Service 503.

Fares have been reduced as follows:-

Adult = £3.00

Child (5-16 yrs) = £1.50

Young Person (17-19 yrs) = £2.00

Under 5s (up to 2 under 5s with any full paying passenger) = Free

For more information please go to www.konectbus.co/53

ENTUA always welcomes new members, all we ask is for a minimum annual donation of £5.00 which helps us to fund the printing and postage of our very informative quarterly newsletter and with the hiring of venues for public meetings. To join please write to ENTUA, 18 Wensum Way, Belton. NR31 9NY

TONY GRICE

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Tuesdays, All Saints Church, 10.00 to 12.00 hrs for coffee, cake, conversation and companionship.

Our thank you to Rev Rosie Bunn for hosting an afternoon tea in the rectory garden, which was a delight.

Sue Angell.



Men's Church Walk

On a beautiful early Saturday September morning there was another Men's walk. We met at the Rectory for a bacon roll before setting off to Thorpeness. We parked near the mere and walked along the side of the golf course and a wonderful clear water stream through the woods, emerging near Sizewell Manor. We

followed the road down to the coast to stop for a coffee and Eccles cake from the Sizewell café. After a short break we then continued along the dunes through gorse, with great views of the



coast line. Finally coming out on the top of the dunes to walk back into Thorpeness for a stop at the local inn for refreshment. The total distance being just over 5 miles. Thanks to Peter for his guidance and knowledge of the walk.

If you would like to join one of these walks then the next is planned for ****. Meet at the Rectory at 8.30am on that morning.



coast line. Finally coming out on the top of the dunes to walk back into Thorpeness for a stop at the local inn for refreshment. The total distance being just over 5 miles. Thanks to Peter for his guidance and knowledge of the walk.



Village Voice Free Ads

It is free to advertise jobs, events, property or items for sale.
We will run your advert for 3 months but please let us know if you sold it
so we can remove the advert.

**Can only accept ads by Text to
07950039455 or email to
beltonvvgraphic@gmail.com
Closing date for November edition
Sunday October 15th**

WANTED

Burgh Castle Village Hall sales stall. Tel.
01493 780126 (local collection Any Saleable
items, Bric-a-Brac, Books, Games, Jigsaws
unwanted gifts etc)
Wanted Jumble, Books, Bric-a-brac and
toys Wanted for 1st Belton Scout Group,
phone 01493 780965 or can be dropped off
at 6 Station Road North Belton.
Book collector 01493 780739. Wanted to
buy, large and small book collections.

FOR SALE

Samsung 42 inch TV needs wall brackets
£30 c111 01493717052
3 Bicycles, 2 folding cycles with 18 inch
wheels, saddle bags and helmets and one
gents Raleigh cycle with 26 inch wheels. All
in working order but need some T.L.C. £20
EACH. Tel.07761710620.
Free. 2 X 2.5 litre tins of Cuprinol black ash

decking stain,
unopened. Text
07469390188
Antique hall table,
single draw in end, 2
side flaps, 4 legs with

castor wheels £180 01493 440072
"Aviation At War" - 7 DVD's . As New. £25.
19 Danielle Steel DVDs. Mixed Selection.
As New. £75.
Mixed selection of paperback and hardback
books. As new. £30. Suitcases by
Revelation - Set of 4, Various Sizes. All with
Keys. Used three times. Very Good
Condition. £120. Tel:- 01493 781094.
Myers 620 Mk 2 Heavy Duty Paper Cutter.
£75. Cash Drawer, metal, 7 section cash
tray, 3 keys. £35. 01493 781094.

Two seat covers colour maroon, never used
inn original packaging £15 ono. Call 07709
088857

TOWER T17021 AIR FRYER 4.3L. Excellent
condition, as new, used for only two
months. Ideal for a couple or single person.
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order colour beige material. £100 call or
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£20 each. Aviary homes only Call
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Murphy Richard's professional Coolwall
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white single wardrobe with fronted mirror
& shelving - £25
2 x white 2 drawer bedside cabinet - £25
each 1 extending light wood table with 4
chairs - £75 All good condition. Call
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Ladies Raleigh Bicycle excellent condition
£40. Tel. 07531284567

Single Z bed VG condition, when folded has
a shelf to use £30 could deliver if local Tel
07788503962

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persons. Dome shape with bedroom and
small living space £25.00. Electric hookup
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double airbed and pump, gas stove and 4
cartridges, table, kettle, mess tins, mugs,
plates, cups, ponchos, solar lamp, citronella
log, washing line with pegs, and a trolley to
carry it all in. To be sold together, collection
only.

Please message or call 07546743777



Dates for your Diary

**Sunday 1st October 2023
Holy Communion**

9.30am at St Peter & St Paul,
Burgh Castle

Morning Celebration – Café Style
10.30am All Saints Church, Belton

**Tuesday 3rd October
Traditional Holy Communion**
11.00am All Saints Church, Belton
(Coffee available from 10.00am onward)

**Sunday 8th October
Morning Prayer**
9.30am St Peter & St Paul Church

Holy Communion
10.30am All Saints Church, Belton

Evening Celebration
6.30pm All Saints Church Belton

Friday 13th October
10.30am – 12 noon Women's Bible Chat

Saturday 14th October
8.30-10.00am – Burgh Castle Breakfast at the
Rectory

**Sunday 15th October
Holy Communion**
9.30am St Peter & St Paul Church

Morning Celebration
10.30am All Saints Church, Belton

Messy Muddy Church
4.00-5.30pm in The Rectory Garden and the
stables including a Campfire

**Sunday 22nd October
Morning Prayer**
10.30am at St Peter & St Paul Burgh Castle

Holy Communion
10.30am All Saints Church, Belton

**Sunday 29th October
Holy Communion**
9.30am St Peter & St Paul Church

Morning Celebration
10.30am All Saints Church, Belton

Tuesday 31st October
Light Party for children
All Saints Church, Belton



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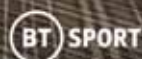



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