

Village Voice

July 2023

24th Great Year

Vol 24-04

3500 copies printed monthly.

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A word from the Chairman

Adrian Myers

Calling for a new Editor and it is urgent now:

In June 2016, Regi took over from the formidable Brian Swan as editor of your Village Voice. As he indicated a couple of months ago, it is now time for him to hand over to someone else and for the magazine to have a new chapter of renewal and growth. Funded by advertising and produced and distributed by volunteers, your Village Voice needs one of you to put yourself forward for the Editor's position. There is plenty of talent out there for that task and while all of us think we are too busy for any additional work, allow me to reassure you that this is one volunteering task that you will enjoy doing.

Please contact me adrianmyers247@gmail.com to express your interest and help to keep this magazine going.

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YOUR VILLAGE VOICE

**The closing date for all
Articles and Adverts
for the August 2023 edition is
15th July 2023**

July 2023 **266th** Edition

Cover Picture:

A view of Lound Lakes

This Magazine is a Community Enterprise professionally printed - but written, edited and delivered free - entirely by volunteers.

After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations and groups in our circulation area.

We welcome your news, views, letters and articles and photographs for publication. *No anonymous items will be accepted.*

Complaints, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton NR31 9PP

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Rumours of closure are unfounded

**The following is correspondence between the
Chairman of the Village Voice, Adrian Myers and
Jamie Bradley, Customer Service Specialist, Tesco**

To: Ceo.CustomerService@tesco.com

Good Morning

I am making enquiries regarding the in-store Post Office at the Belton NR31 9PP store in Norfolk near Great Yarmouth. There has been a suggestion that Tesco is planning to close the Post Office in that store. I would be most grateful if you could verify if that is indeed the case, or confirm that there are no plans to close the Post Office there.

Kr Adrian

Dear Adrian,

Thanks for taking the time to contact Tesco.

I'm sorry to hear that there has been suggestions that the Post Office might be closing at your local store, I understand your concerns with this.

I've contacted Richard, the Store Manager, who has advised me that there are no planned long term closures for the Post Office. Richard did mention that there are some staffing issues that may cause some disruption, however, this is not long term and they are working as hard as they can to resolve this.

Once again, thanks for contacting Tesco.

Kind regards, Jamie Bradley (Customer Service Specialist)

Dear Jamie

Thank you for getting back to me regarding the Post Office in Belton, Norfolk. It is great news that the Post Office will remain open. Despite all the online services that exist, there are many people who rely on their local Post Office. As we are a village with poor public transport and an elderly population, the Post Office provides face to face services and advice, that many people appreciate.

Kr Adrian

Your Parish Council Reports

Belton with Browston Parish Council

The latest meeting of Belton with Browston Parish Council was held on June 6th with five Parish Councillors and two members of the public present, (apologies were accepted from Borough Councillor Graham Carpenter, County Councillor Carl Annison and Parish Councillor David Mills), the meeting was chaired by Ken Botwright and during the meeting Cheryl Gay and Gemma Searby (who were both also present), were co-opted to give the Council 8 members, there are still five further vacancies and co-option details are available from the Parish Clerk (contact details at the end of these notes). Members agreed to leave the formation of working parties till the July council meeting.

The Chairman reported that he is still waiting for an announcement from the Government over if funding will continue into 2023/24 to enable the work on the Neighbourhood Plan for the three local parishes to proceed.

Regarding the New Road Field, it will not be known till the end of June if Belton FC will have a team in 2023/24. The Football Foundation have been contacted about dogs on the field, some football supporters have been bringing them on during matches. There are issues with the new top soil put on to their pitch by Bohemians FC, the first large batch was contaminated with glass and rubble and despite promises this had not all been removed before the second delivery, the team are to be contacted about this.

There are proposals to convert two changing rooms and a referees room at New Road into a second function room which the Football Foundation have agreed to, a structural survey has confirmed that this is possible



however a change to electric water heating for showers rather than gas is not possible due to the potential drain on the electricity if all the showers were used at the same time. After discussion it was also agreed to look at the alternative options of extending the existing function room and the possibility of some electric showers being installed.

Members did not approve a request for from Belton Singers for a grant of £250 towards expenses however it was agreed to offer them the free use of the New Road hall on one Friday every month for six months.

In planning there were no objections to plans for a single storey side extension at The Manor Barn on Browston Lane although conditions were requested restricting use and banning any sale separate to the main property. There were also no objections to proposals for single story extensions at Belton Scout Hut or for conversion and front extension to an existing garage at 15 Minsmere Road, both these subject to any neighbours objections.

Councillor Barber reported that he had attended one of the Wednesday coffee mornings at the JGI, comments included, requests for a bus route from the village to Gaptown Hall retail park, a roundabout at Belton Cross Roads, concerns as to future maintenance of the Nursery Close play area if GYBC move the existing play equipment and a request for occasional Parish Council meetings to be held at the JGI.

The next meeting of the Parish Council will take place at the New Road Centre on Tuesday July 4th (7.30pm), details are available from the Parish Clerk, Kate Ruddock on 01493 602960 or email beltonparish@yahoo.co.uk.

Would you, our Advertisers and Contributors support an Open Day organised by the Village Voice

The Village Voice is hoping to organise an Open Day at the New Road Sports and Leisure Centre, on a Saturday in September 2023 (date to be decided).

All our Advertisers and Contributors would be welcome to come and set up stalls

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For more details please contact

Adrian Myers,

Chairman of the Village Voice on

07824 313792 or

adrianmyers247@gmail.com



Belton Bowmen

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Burgh Castle Parish Council

There were six members of the Parish Council plus four members of the public and the Parish Clerk at the Meeting of Burgh Castle Parish Council on June 12th. Also present was Steve Titterington who had been a Councillor up to the May elections, he was co-opted back on to the Council to bring it back to its full strength of seven members, Brian Swan chaired the meeting.

The four members of the public were all present to ask the Parish Council why they had requested that the afternoon service 5 bus runs that have been altered to serve Lynn Grove High School should be stopped. The chairman explained that with only three or four pupils using the second trip and usually none on the first run the Council felt that the service should be returned to its normal round-trip route as previously, in discussions Councillors agreed that in principle they were not against the school having a service but not at the expense of Burgh Castle residents. With the school now becoming the main catchment school for Belton pupils it was agreed that the Council would contact the school to express their support for a service to the two villages but as an addition to the existing service 5.

County Councillor Smith had advised the chairman that he had arranged a site meeting for himself with the County highways

engineer to discuss local issues, the entrance to the Roman Fort parking and the condition of High Road at Crows Farm corner, members agreed to ask them to also look at dips opposite Eastleigh's Farm on Market Road that had also been reported previously.

In planning members had no objections to proposals to change the finish on the walls on the replacement property at The Lodge at Church Farm on Church Road to flint. Members were still against proposals for Dog Training field at land on Mill Road, still concerned about the surface to the parking area and also, although the entrance has been moved in the latest drawings, the details of the splay and surface materials were not shown. At Breydon Water Holiday Park plans to replace their touring site with 33 static caravans were met with concerns over the ability of the sewage system to cope with extra demand, as there are regular issues with the Porters Loke Pumping station. Proposals to convert the garage to annex accommodation at Greenacres on Marsh lane have been approved by the Broads Authority.

The chairman reported that the recent road closures at Stepshort had been caused by the 85 year old mains electricity cable

failing, the latter also causing the pumping station there to fail and raw sewage to escape into the dyke, Councillor Hogg had reported this to the Environment Agency, both the Chairman and Borough Councillor Carpenter, who had been liaising with UK Power Networks fear that this could be the start of a run of problems with the cable. Regarding the Porters Loke sewage pumping station Councillor Grimmer reported that Anglian Water had been undertaking some work but he did not know details.

At the Burial Ground there were still issues with moles damaging plots and the Pest Controller had been called back for the third time the previous week, also there were issues that day with the strimming and although there had not been problems previously the contractors will be contacted. Finally at the Burial Ground a large tree had been ring cut to kill the ivy and the waste skip compound gate had been repaired by Waveney Fencing.

The Chairman is trying to help 'Heart to Heart' find a suitable location for the defibrillator that was on the Kingfisher site as the site owners had requested that it be removed.

The next meeting of the Parish Council will be on Monday July 10th commencing at 7.30pm at the Village Hall on Church Road. For details contact Kate Ruddock, the Parish Clerk, on 07948705218, e-mail burghcastleclerk@gmail.com.



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Fritton with St. Olaves Parish Council

It has been decided to make a slight change to the dates for future Parish Council meetings, they will now be held on the **THIRD Thursday** of every other month still alternating between the village halls in the two villages, the next meeting will therefore be at St. Olaves Village Hall on Thursday July 20th (7.30pm), full details from Kate Ruddock, Parish Clerk on 07899 846148, e-mail fritton.stolaves.clerk@outlook.com. There is currently one vacancy on the Parish Council which will be filled by co-option at that meeting, full details available from the Clerk (details above).

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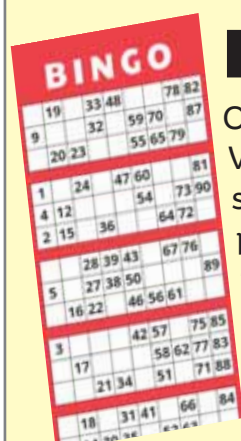
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Pooch Paws Dog Training Club (Obedience, clicker training, fun/tricks & more): Contact Katey Aldred - 07841 040171
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Fritton Bingo

Our next Bingo Event in Fritton Village Hall for July is **Friday 21st** starting at **7.15 pm** with quality prizes to be won. Please join us for an enjoyable evening, and cards still only 50p each plus a raffle. £1.50p for 5 strips.

Many thanks Roy

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DOGS AND DIGGING

By Clinical Animal Behaviourist
Katey Aldred MSc, RVN, ABTC-CAB

It's that time of year where we are all spending more time in the garden, but is your dog digging up your lawn? I am often asked why dogs dig and what can be done about it, here are some ideas.

WHY DO DOGS DIG

First let's explore why they dig, there are a few reasons.

- ▶ Heat — when trying too cool down so dig into the cooler earth or because they are cold and are trying to create shelter.
- ▶ Play — investigating their area, unearthing interesting objects like tree roots, or burying their own objects.
- ▶ Scent — to leave their own scent or to dig a scent that is already there to explore the smell further. This can also be seen in milder form when a dog scratches with their back legs after elimination.
- ▶ Seeking — trying to find something they remember is there or can smell is there such as a mole.
- ▶ Attention — they are bored and have learned it gets them attention.

Some breeds are also natural diggers due to what their original breeding was intended for. Small terrier breeds for example that were used to seek out small animals.

HOW TO HELP WITH DIGGING

If your dog is naturally inclined to dig, they will find a way, it is easier to work with them than against them. If you have a prized area of the garden you don't want to be messed with it is better to stop them from accessing that area with some fencing. If digging is an issue for you supervised garden access is also a good idea along with teaching a very reliable come cue. The answer to how you can help your digging dog might also rest on the why of it, so which type of digger do you have from above?

- ▶ Heat — when it is hot provide other options, cool fans, paddling pools with water, cool mats, cool coats, wet towels, sand pit with wet sand placed in the shade. Water pools can have toys in a few treats for them to fish for. If it is to do with cold, using a dog coat, a nest type bed for them to snuggle into.
- ▶ Play — interactive toys and puzzle toys can be very helpful, utilising enrichment methods to keep them occupied. A simple google of canine enrichment will bring up a list of cheap options. You might also consider interactive toys such as a doggie flirt pole (think big cat toy) where you can initiate games of chase.
- ▶ Scent and seeking — scatter feed treats around your lawn and other areas you are happy for them to access using some of their daily meal allowance. Burying items in an area you are happy with; this can be a child's sand pit or troughs with dirt in to help avoid digging in your garden.
- ▶ Attention — increasing general enrichment and interactive play with your dog will help GET with this aspect.

GET IN TOUCH

Is there a dog related topic you would like to know more about? Feel free to get in touch on 07841040171 (WhatsApp in the first instance) or contact through the website.
More articles to read at www.kateyaldred.co.uk

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A word from your Local MP & Councillor



BRANDON LEWIS MP writes



The workings of the House of Commons can seem arcane and somewhat mysterious. Constituents are often surprised that if a Member of Parliament wishes to raise an issue it isn't simply a matter of standing up and speaking. Television coverage shows the familiar sight of MPs bobbing up and down in between contributions, all hoping to "catch the Speaker's eye" and be called to speak.

There is no guarantee that you will get the opportunity to ask your question or make a speech. That is why at the end of each business day there is a short adjournment debate selected by ballot. This allows politicians to raise any topic they wish, assuming their name is pulled out the hat. Last month, I was lucky and called to debate an issue that is extremely important – small businesses and their vital role contributing to the Great Yarmouth economy.

Supporting local business has always been central to my political philosophy. I am fascinated by visits to businesses across the Great Yarmouth constituency and I am interested in their ideas as to how Government can support them. Likewise, I always want to know what measures ministers can take to reduce any bureaucratic burdens making it easier to operate.

Too often, politicians rush to make new laws or introduce extra regulations rather than saying "what can we remove or stop to make life easier". So, it comes as no surprise to read in the newspapers that a future Labour government would immediately end the granting of new licenses for oil and gas drilling in the North Sea. Cloaked in the guise of environmental policy Keir Starmer's party are attempting to hide their deeply anti-business beliefs.

Alongside the tourism sector, our local economy is reliant on the energy sector. There are numerous companies that are at the forefront of the industry and many smaller enterprises that provide goods and services to the sector. We had a procession of Labour MPs, including Starmer, campaign in Great Yarmouth before the local elections. I wonder how many of them told people they planned to introduce a policy that would impede business and put numerous local jobs at risk.



Graham Carpenter
Borough Councillor




Well, the roadworks at Stepshort at the end of last month, caused some consternation among residents, particularly on Facebook. All the signs said 'Road Closed' when it was open! Not the first time this has happened. All I'm going to say on this is, I cannot understand the mentality of people that actually move the road closed signs/cones to get through. I shouldn't think insurance companies would be too keen to pay out should a mishap occur after such behaviour.

For those interested, this was UK Power Networks repairing some electrical infrastructure under the road. This was done fairly quickly but the reinstatement of the road wasn't done until several days later for some reason. I did have a right ol' moan to them and suddenly it was done!

'No Mow May' was with us last month and I didn't get any complaints about the length of the grass locally, so this appeared generally accepted by most and now the Council are setting about getting things cut. This will not happen overnight so please be patient. Having said that, if you see the length of grass causing a road hazard by limiting visibility, making junctions dangerous to navigate safely, then please let me know and I'll get on it straight away. That's all for this month. Best regards.

Cllr. Graham Carpenter, Conservative, Lothingland
email: cllr.graham.carpenter@great-yarmouth.gov.uk

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GARDENING AT MOORLANDS

We thought it would be nice to share one of the extra-curricular clubs that we offer at Moorlands. Each week a keen group meet to help develop a gardening area.

Since the garden club started, earlier this term, we have been very busy turning our little plot of land into a sensory garden. The garden area will eventually include plants and art to help children explore the outside world using their 5 senses (hearing, vision, sight, smell and touch).

Already this term members of the garden club have been very busy! We have dug over the first part of the garden and planted some potatoes, beetroot and radish which are now starting to show signs of growth, much to the club's excitement!

We have learnt how to sow seeds from packets as well as from old vegetables. Garden Club members have planted their own tomato seeds and watched them germinate into little seedlings before spending time separating them ready for growing on. Our strawberries are starting to flower and we are looking forward to sampling some later in the summer term.

The children have been refurbishing an old bird feeding table they found in the bushes as well as painting up some new bird boxes ready to be put up to welcome our little friends. We already have a very friendly little Robin who visits the garden daily and likes to perch on the side of our herbs.

A new small greenhouse and garden arch has been built by the children which has given us an area to grow seeds and allow us access to our new garden without the need for walking over the wild garden currently being grown next door by Mr Biddle's class.

A big 'thank you' must go to Emma Sargent for running this club and making it such a success.

John Siddles (Head Teacher)





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1st Belton Scout Group

Beavers

The Beaver finished last term off with the Scout section running the evening. They gave the beavers the opportunity to toast marshmallows on sticks, made and ran an obstacle course and ran a skipping session.

They started this term learning how to pinch out the French marigolds they have grown from seed, now young plants and put them into pots so they grow on ready to be planted out at rectory corner. Talked about the meaning of The Good Samaritan Story and how that affects us today, started to draw pictures of tree's through the seasons as part of their "Gardeners" badge.

If you have a young person 6 years or about to be 6 years and are interested in Beavers, please contact Brown Beaver (Jane) 07975 533572.

Cubs

The cubs this month have finished off their team leader and team work challenge. We have started work on our navigator stage 2 badge. This entailed looking at how we prepare for a walk and 4 figure map references. They had great fun playing battle ships and we finished off the month with a walk where we had to follow instructions round the village. We welcomed some beavers up to cubs which we will invest in the coming weeks and we have had 2 direct entrants as well to add to the numbers.

If you have a young person between 8 to 10 years old both boys and girls who would like to come and join the fun, please contact Peter (Akela) 07900 494344 or email peterclarke222.pc@gmail.com for more information. We play games, learn about the world, learn scouting skills like pioneering and building fires as well as camps and much more.

Scouts

The Scouts finished the term running a meeting at Beavers. They gave



the beavers the opportunity to toast marshmallow, designed and set up an obstacle course and ran a how to skip session. They planned and helped to risk assess the whole evening.

The scouts started the term by putting a tent up and decided how many campers they were happy with in each tent getting ready for District Scout Camp at Decoy Broad at the end of June.

There are places at Scouts (10 years to 14 years) please contact Gov below.

Would you be interested in helping to support the Scout section, you don't need to help every week just when every you are able to help, we are looking for a team of people to support them. For more information, please contact John (Gov) Group Scout Leader 07443 567326 or email john.clarke33@btinternet.com.

Group

Paper Collection next on Saturday 1st July 2023 please have your paper outside property by 8am (please note the change in start time this will be permanent) in Belton ready for collection, or can be dropped at 6 Station Rd North, Belton any time. We also collect leaflets, cardboard boxes, any clean cardboard. Please note we are unable to take card from commercial premises.

August's collection is Saturday 5th August 2023.

We would be grateful of any books/ Bric-a-brac/ Toys for sales they can either be dropped at 6 Station Rd North Belton or phone 01493 780965.

Our next Bric-a-brac sale will be at the Cliff Top Gala on Saturday 29th July 2023, along with some games.

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Scammers are experts at pretending to be someone you trust like your bank or the police so don't let criminals trick you into moving money illegally using emails phone calls and

texts that seem genuine. Be aware of anyone asking to borrow your bank account or offering easy money as if it looks too good to be true it usually is.



WHAT IS FRAUD ?

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Fraudsters can use your technology to get information about you. Devices connected to the internet can make you vulnerable however we can help you learn to protect yourself. We can offer advice and support on how to check if a phone call is genuine or fake and also how to handle a suspicious call.

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Take five is a national campaign offering straight forward, impartial advice that helps prevent email, phone based and online fraud especially where criminals impersonate trusted organisations. STOP CHALLENGE PROTECT – WE CAN SHOW YOU HOW.

IDENTITY THEFT WHAT IS IT ?

Identity theft is when your personal information is stolen and used to open bank accounts apply for plastic cards and loans or for government benefits and documents such as passports and driving licences in your name. Criminals can steal your identity in a number of ways such as finding your credit card or bank statements in your rubbish bin or stealing your bank/credit cards your cheque book or your driving licence. They can use your personal details such as date of birth current and previous addresses and much more to commit identity theft. Another way is stealing your

mail by setting up a redirection for your address without you knowing and also by ways of social media building up a picture of your identity to commit fraud. During our event we will help and support you on how to spot identity theft and how to report this.

Come and join us in a relaxed and friendly atmosphere to find out more we will be based upstairs in Gorleston Library in the Carnegie Room and a lift is also available.

We look forward to seeing you
(Emma Halifax, Barclays Bank)



ALL SAINTS BELTON



Rev Rosie writes . . .

There is one certainty in life; that is death. Each one of us are affected by the loss of loved ones during our own life time. When we are young, it is often the death of a beloved pet that introduces us to loss and pain. As we get older the loss of friends and loved ones becomes gradually more regular, but no less painful, and we somehow live with these losses.

Living with loss is so hard- each and every day. but we find ways to remember our loved ones; going to the places that were special for them; talking about them with friends and family; but remembering birthdays and anniversaries are tough times. We miss our friends and family.

A good funeral service whether at the crematorium or in church helps us on our journey in bereavement. Sometimes, for many reasons, we are unable to be at the funeral of a loved-one. During the pandemic it was a desperately painful experience not to be allowed to be present to say a final farewell;

similarly for some where a loved-one has chosen a direct unattended cremation.

Churches have always offered a way of remembering those we have lost. Burials with head stones; monuments and plaques inside the church; war memorials; special services during the Remembrance season and All Souls Day in November; flowers placed in churches for an anniversary or lilies at Easter, and the sponsoring of floodlights for the church (which is done in my son's rural village) are some of the opportunities offered.

The churches of Belton and Burgh Castle are inviting you to attend a service of Remembrance and Thanksgiving to be held at All Saints Church in Belton on Thursday 20th July at 7pm. It will be an opportunity to give thanks for the lives of those we miss and where you can take a moment to treasure the memory of your loved one by lighting a candle and placing a stone on the altar. There will be refreshments served afterwards and you are welcome to stay and chat with others who are walking a similar path.

Jesus experienced the loss of a much-loved friend, and the Bible records that "Jesus wept" as he stood at the tomb of his friend. The response of Jesus' disciples to his death is well recorded in the gospels; they were devastated, fearful and to be found hidden away in the shock of their early grief. We all handle the loss of a loved one in our own way; no person's grief journey is exactly the same; grief is the price we pay for love. The more we have known love, the sharper the loss when it ends. For Christians, our experience of God's love and knowing that God is the source of all loving, is a comfort, and when we are able to remind ourselves that we have returned our loved one to the source of all the love that we have known; and our love continues as we remain open to each other in God's love, we are strengthened to continue our journey, whatever lies ahead.

I hope that many of you will feel able to accept our invitation to the service of Remembrance and Thanksgiving for the Departed on Thursday 20th July. We hope that this may become a valued annual occasion and of help to us all.

Rev Rosie Bunn

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We would like to invite you to a
Service of Remembrance and
Thanksgiving for the Departed
at All Saints Church, Belton
on Thursday 20th July
at 7pm

With grateful thanks to the Village Voice for their donation, Y@H members enjoyed an afternoon at the Pavilion theatre in Gorleston. Their summer show and interval ice creams were a delight.

We happily welcome old and new members on a Tuesday morning, 10.00am -1200hrs at All Saints church for coffee, cake and conversation, Sue Angell.



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Venture Perform commands the Videopolis Theatre stage in Disneyland Paris



40 of our wonderfully talented students successfully auditioned to take part in a professional performance in Disneyland, Paris. After around 7 months of intense rehearsals, we put together 5 performance pieces in a range of styles. The performance pieces were created by our student choreographer Isla-Jade alongside Miss Smith in Performing Arts, we selected a range of tracks that reflect the magic of Disney as well as our Venture spirit.

We were so lucky with the students we had on this adventure as they were all bursting with the Venture Values we hold dear. They showed so much patience when the travel didn't quite to plan! And neighbourliness in making new friendships across year groups to make sure everyone had the best time they possibly could. The resilience they showed in times of intense performance pressure was inspirational. All members of staff, including our lovely coach driver Andy, watched the performances and were amazed with the high-quality professional levels of work they produced. As the lights dimmed and the music started, we drew a large crowd of spectators to cheer on Venture Perform.

Prior to our afternoon performance on 1st April 2023 the students took part in workshops with Disney Imagineers in the disciplines of Musical Theatre and Dance. These workshops gave our students an insight into elements of Disney careers and what it is like to perform

with these industry professionals. The musical theatre group learned 'A Friend Like Me' adapted from the Aladdin number that is used within the parks and parades and the dance troop learned 'Stand Out' which is usually performed alongside the

years to come with my heart full of pride for these wonderful students who I have enjoyed working with in their academy career. In the words of Moana I look forward to seeing "how far they'll go".

By offering a trip to Disneyland we help the students realise that sometimes their inner child needs to come out and they need to enjoy the magic, "That's the real trouble with the world, too many people grow up. They forget." - Walt Disney

Isla-Jade student choreographer wanted to say "I asked Miss Smith if I could support with developing the choreography for the Disney performances, I enjoyed the opportunity and challenge to be able to choreograph dance numbers for all students with a wide range of dance ability. It was an interesting way of being able to connect with other students and fulfil my role as dance captain. The whole trip experience was one I will never forget, my passion is dance and I hope to work in the industry as soon as possible, and this trip has inspired me to research career opportunities within the Walt Disney Company as it was something I had not considered before learning a routine from the dance captain in our workshop."

We ask all of our students to "Venture outside your comfort zone, the rewards are worth it" - Tangled

Miss Smith trip leader and teacher of performing arts said "Although as a department we run a lot of trips per academic year, this was our first experience organising and running an international trip and I can honestly say it has been one of the most memorable parts of my career at Venture. It is a running joke among students and Mrs Roper-Cornwell that I cry at everything and seeing our Venture Perform group perform makes me cry every single time. I have to make a note for the Year 11s who attended this trip as they have been a core part of all performances I have had the pleasure of working on and the stage in Disney will be the last time they perform for us as part of Venture. I look back often on how far they have come since Year 7 and students who never believed in themselves or thought they would ever pick Performing Arts as an option can now add this momentous experience to their CV with pride. With every trip I run I am always listening out for the students who are talking about never being outside of Norfolk or the buzz of excitement with the plans for the day(s) and in the words of Belle from Beauty and the Beast, I hope our students continue to seek "Adventure in the great wide somewhere." I can talk all day about their talent and quality of their work but without the support of other staff in the building, their friends or support networks at home these events would not happen, so I would like to end with thanks to every single person who helped us bring this to our students, I hope they remember this trip as fondly as I will."

This experience is one we hope to continue offering to our students across the academy over the coming years as it truly was an amazing weekend full of laughter and making magical memories.

"When you wish upon a star, makes no difference who you are. Anything your heart desires will come to you" - Pinocchio



character Max on stage in the parks. The students loved this opportunity, and it has sparked some to research careers within character performing.

Within all subjects at Venture, and speaking from a Performing Arts perspective, we encourage our students to take risks and remind them "You must not let anyone define your limits because of where you come from. Your only limit is your soul" - Ratatouille

Mrs Roper-Cornwell who supports the Creative Arts department in organising all trips said "I work behind the scenes in putting the performances and trips together and I am always aware of how hard the students are working, but seeing it for the first time live on stage at Disney was truly memorable and I will look back on this for many

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Belton Judo club latest update for July

At the time of writing this update, our assistant coach Ryan King is in Italy with the England team at a grueling five day training camp attended by some of the top fighters on the circuit (pictured with the team). He has other camps and competitions coming up in Hungary, two in Spain, another in Italy and also the GB European Cup in Birmingham. It's proving to be a very busy (and very expensive!) time ahead.



Even though the weather has been very hot recently, all of our sessions have been well supported. We are continuing to bring improvements all the time to our club with the latest development being a licence/membership system which includes insurance cover for all our members. This is adequate for the majority of our members but for those wishing to progress further, there is still the option of obtaining a licence from the national governing body.

We believe that the continuing success of our Judo club, DOMINIC KING JUDO & MMA ACADEMY, is mainly down to the fact that each and every member feels SPECIAL! From the moment they walk through the door, everyone is welcomed and put at ease. From day one each member is made to feel important and included and Dominic will never forget a name. The majority of our members are happy to come along to train and have fun but each individual is free to choose to grade and/or compete if they wish to do so.

A good example of our members choosing their own levels is a 76 year old lady going for her black belt, who started at the age of 70. After bringing her grandson to our club, she thought that she would like to give Judo a try but as she had been refused entry to other clubs because of her age, she expected the same response from Dominic. When she asked if she could join, after checking that she was in good general health, she was delighted when Dominic said he was happy for her to join. She often says it was the best decision she ever made and continues to look younger and fitter each year.

This coming year, we are hoping to recruit many new members. We are currently offering club t-shirts, hoodies and judo suits to existing members who encourage their friends to join too. We have spaces for any beginners who wish to join and the first two sessions are FREE OF CHARGE. Our youngest member is currently 4 years old, but we usually judge each child on their maturity as opposed to their age. At the other end of the scale there is no age limit – if you believe you are fit enough then give it a go!

We train at Belton on Tuesday evenings, but if this isn't convenient, we have sessions at various venues throughout the week. Unfortunately, due to circumstances beyond our control, we are no longer able to use our Wednesday venue so we are currently looking for a new venue but in the meantime we are able to accommodate our Wednesday group at any of our other venues. Present timetable is listed below:

TIMETABLE:

MONDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX

5.00pm-6.00pm – MMA for children (6-15 years)

TUESDAY: BELTON NEW RD (NR31 9JW)

4.45pm-5.30pm - Judo for younger children (fundamentals/fun)

5.30pm-6.30pm - Judo for older children and adults (technique/theory/randori)

THURSDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX

5.00pm-6.00pm – MMA for children (6-15 years)

THURSDAY: BUNGAY CHAUCER DOJO (NR35 1EB)

7.30pm-9.30pm - MMA for older children and adults (12 years +)

FRIDAY: EAST ANGLIAN MARTIAL ARTS CENTRE, 163 BRIDGE ROAD, OULTON BROAD, NR33 9JX

6.15pm-7pm - Judo for younger children (fundamentals/fun)

7.00pm-8pm - Judo for older children and adults (technique/theory/randori)

8.00pm-9.30pm - MMA for older children and adults (12 years+).

If you have any concerns about taking your child to judo, you may wish to consider this; UNESCO (world children's organisation) and the International Olympic Committee believes our sport is best suited for children and is the most complete for promoting friendship and mutual respect.

Lastly, you can find DOMINIC KING JUDO & MMA ACADEMY on Facebook and Instagram, which will give you further information, training videos and general club news. Dominic also has a YouTube channel titled WORLD CLASS HAPPINESS, which is a spin-off from his book of the same name (available on Amazon) and well worth a look. You can subscribe in order to get regular positive messages to help with your mental health.

Anyone wanting further details of any future sessions can contact Dominic on 07977 432756 or email on dominic@fightingfitjudo.co.uk or contact him via Instagram, Facebook or WhatsApp



UP4FITNESS & SALLYANN

Hope you're enjoying the warmer weather, although it can be a bit too much sometimes. If you find the heat uncomfortable, please keep hydrated, plan the right time for you to go out, do gardening or outside jobs for about 15-20 minutes at a time then have a drink and a rest, your back will thank you for it, stay in the shade if possible and use sun screen when you're out and about but most importantly keep safe.

Mondays continue to be well attended and now we are in the last sessions before the summer holidays. Sallyann is still waiting for a date for her operation at JPH.

The members will continue to attend Monday mornings if she goes into hospital until the summer holidays. Therefore we will not be taking any new members until further notice. Sallyann plans to run classes as normal herself until notice of admission then classes will be pre-recorded for present members only, to continue with their weekly routine.

Sallyann is continuing to collect stamps for RNIB therefore please keep saving them. We will collect food donations for 'The Pantry' at Belton Church on Monday mornings until Sallyann goes into hospital. After that time please contact the church at Belton for further information. Thanks.

If you would like more information on any of the above please contact Sallyann, by email up4fitness@gmail.com Text or ring on Mobile 07599044806.

Great Yarmouth Stroke Club

Music from the best, Chris we love your singing thank you for coming.

A donation from Karen how kind can people be - thank you .

Birthdays, Sid, June, Pam, Ellen, Sam, Gillian.

Our dear member George passed away all our thoughts are with the family we shall miss you so much George.

Contact Sue Casey 01493 781846 we meet at port Centre, New Road , Belton 2-4 Thursdays. We have the summer break starting at the end of July. Starting back 14th September.

A visit from Bill Richmond with his Travel pictures and memories made it so interesting for the group.



Thank you also for photos you took of the volunteers.

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Extension of £2.00 single bus fare cap

The Government is extending the maximum £2.00 single bus fare cap from the end of June, 2023 through to 31st October, 2023. This is being done to help passengers during the cost of living crisis and to support vulnerable bus routes.

Then from 1st November, 2023 until November, 2024 the maximum single fare cap is being raised to £2.50.

There will be a new £300 million Government investment to protect bus services into 2025 and keep travel affordable.

The funding boost will support the bus sector's long-term recovery, taking total investment for buses to more than £3.5 billion since March, 2020.

Transport Secretary Mark Harper confirmed "£300 million to protect vital routes and improve services until 2025 that people rely on for work, education, medical appointments and shopping".

"To help people with cost of living pressures and save on emergency travel costs, the Government will also provide up to £300 million to continue capping single bus fares at £2.00 outside London until the end of October, 2023 and then at £2.50 until 30th November, 2024 – when the Government will review their effectiveness and future bus fares".

The office for budget responsibility (OBR) estimates that inflation will be halved by the end of the year, and capping fares at £2.50 until November, 2024 will create longer term certainty for bus users over the next year.

The move is an essential part of the Government's "Help for Households" initiative to support everyone through the increased cost of living, and will particularly benefit those on lower incomes who take 3 times as many bus trips than those on higher incomes.

During the pandemic, bus usage dropped as low as 10% of pre-pandemic levels and while passenger levels have recovered to around 85% to 90%, the fare cap aims to encourage people back on the bus, which can help reduce congestion and emissions.

So what does this mean locally

For £4.00 return you can travel to Norwich and back from Belton. However if you were going to Southwold for the day you are better buying a £7.00 daily Coastal Zone ticket as you will have to change at James Paget Hospital and at Lowestoft.

But! - £2.00 each way Belton to Norwich – make the most of it while it lasts.

East Anglia Transport Museum

A reminder of the 'Big Bus Bash' event will be held at the Museum on the weekend of 8th and 9th July, 2023 – details in last month's issue of Village Voice.

And on 20th August, 2023 (11am-5pm) 999 Emergency Services Day,

back for 2023 by popular request, they will be bringing examples from local emergency services to the Museum with displays and demonstrations throughout the day.

If it is anything like last year it will be a fabulous event.

ENTUA's discussions with Norfolk County Council

We are still very disappointed that Norfolk County Council has not made any firm commitment to use some of its BSIP (Bus Service Improvement Programme) money on improving bus services in the Great Yarmouth area. Several BSIP funded schemes have been put in place in Norwich, North Norfolk, North East Norfolk and West Norfolk, but nothing in East Norfolk.

ENTUA's main points are:-

1. A six days per week hourly service from Market Gates to Harfreys Estate and Garton Hall Retail Park.
2. A year round service linking the town's Rail Station with bus services at Market Gates
3. An extension of Bradwell's Service 6 to Belton hourly (to link with Millwood/Falklands GP Practices and Plummers dental surgery) and to link Bradwell to James Paget Hospital via A47/A143 link road hourly with alternating Service 6.

ENTUA have had discussions with our Member of Parliament, Brandon Lewis raising our concerns that the Great Yarmouth area is not getting a 'fair crack of the whip' with BSIP.

ENTUA - AGM and Public Meeting

A reminder that ENTUA's AGM and Public Meeting will be held on Wednesday 16th August, 2023 at Christchurch, Deneside, Great Yarmouth. AGM is at 1330 followed by Public Meeting at 1415.

Representatives from bus and train operators and Norfolk County Council have been invited to attend.

ENTUA always welcomes new members, all we ask is a minimum £5.00 annual donation which helps us with printing and postage costs of our very informative quarterly newsletter, plus the hiring of venues for public meetings. To join please write to ENTUA, 18 Wensum Way, Belton. NR31 9NY

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Local NEWS in Brief

MOBILE LIBRARY SERVICE

The Norfolk Mobile Library Service routes are all being reorganised with effect from July 1st with the net result of one less vehicle on the road, locally services will be as follows:



Belton - Wednesday, **July 12th** and every 4 weeks
- Moorlands Primary Academy 3.20-3.50pm.
- Outside 7 Station Road South 3.55-4.10pm
- Amhurst Gardens 4.15-4.35pm.
- St. Roberts Way 4.40-4.55pm.

Fritton - There will no longer be a visit due to lack of use.

St Olaves - Wednesday **July 12th** and every 4 weeks stopping on Priory Close between 12.45 and 1.00pm.

Burgh Castle continues without a service as previously.

Hopton: St Margaret's Church ruin could face closure

Hopton church ruins have suffered repeated acts of vandalism over the past few years.

A medieval church in a coastal village may have to close due to repeated acts of vandalism which have damaged the site.



Come and meet your local Beat Officer PC Mark Saggars

PC 609 SAGGERS will be doing a series of Engagement Events on the following dates if you wish to come along and have a chat with him.

Tuesday 4th July, 10am to 12noon, at Tesco Express, Belton

Friday 7th July, 6pm to 8pm, Bell Lane, Belton

Monday 17th July, 6pm to 8pm, New Road, Belton

Mark covers the Southern Villages of the Borough i.e. Belton, Browston, Burgh Castle, Fritton, St Olaves and Hopton.

GREEN DAY SUCCESS!

Somerleyton Ashby and Herringfleet Parish Council hosted their first Green Day on May 13th in Somerleyton Village Hall.

Green and Environment group chair Gerda Gibbs said " we were delighted so many joined us especially children and families."

Visitors were able to learn how to encourage wildlife to their garden, reduce waste, recycle more, save water, discover local footpaths. Children took part in the quiz and won various prizes, made wild flower bombs, bird feeders and learned about nature on the way.

A group of volunteers helped with refreshments, the plant sales and seed exchange and the children's activity corner. Hugh Somerleyton gave a very informative presentation on his WildEast mission to re-educate, restore and reconnect people and nature.

Huge thanks go to Suffolk Wildlife Trust, Somerleyton School, East Suffolk Waste Management Team, Stuart Verney for his amazing publicity designs and particularly Essex and Suffolk Water for joining us on the day with advice and information and their very generous sponsorship of the event.

Jenni Livingstone

Citizen of the Year Award 2023

The presentation for the Parish of Belton with Browston 2023 'Citizen of the Year Award' was made to Faye Mulvaney, a pupil of the Moorlands School. Faye has participated in the Gorleston Community Beach Clean for some time. She decided that she would like to undertake regular litter picks in Belton. With the help of her mother, 'Belton Pickers' was formed, a group who undertake monthly litter picks in Belton. If you would like to take part, see 'Belton Pickers' Facebook Page: - www.facebook.com/groups/453165836413102



Malcolm Metcalf Challenges continue...

I have now achieved 53 challenges. Future challenges are judging at a dog show, walking with an alpaca, and shearing a sheep, visiting the Royal Norfolk Show, riding on the big wheel at Great Yarmouth, and riding in a Cessna plane from Norwich airport.

Kind regards Malcolm Metcalf

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Down the Garden Path

with Elizabeth Myhill

Here are a few more shrubs that you may wish to consider either in large containers or in the garden.

Buddleia 'Magenta Munchkin' Common name Butterfly Bush has fuchsia red flowers 7-8" and has lighter centres' on each individual flower. Very floriferous and exceedingly good for encouraging butterflies. It is early to flower, is compact and short in stature. Requires



Buddleia dav. Magenta Munchkin

moist, well-drained soil or compost and likes full sun or partial shade.



Convolvulus cheorum

Convolvulus cneorum is a native of Mediterranean limestone hills. Its evergreen foliage is covered in silky silver-grey hairs, and the flowers start as pink buds which open into 2.5cm trumpets, with blush white petals marked with a central pink stripe. The Royal Horticultural Society has given it its prestigious Award of Garden Merit (AGM). Grow Convolvulus cneorum in well-drained soil in full sun, ideally in a rockery or similar situation. Prune hard annually to maintain bushy growth down to the ground.

Rose Zepeti This miniature rose has lush, dark green glossy foliage and dazzling, bright red semi-double flowers that are produced in clusters. The fragrant flowers are small at 5 cm (2 in) across but are intensely coloured, and 'Zepeti' is very free flowering, producing abundant blooms continuously from May until October. Zepeti' is exceptionally resistant to fungal diseases such as powdery mildew and black spot and is also extremely tolerant of both summer heat and winter frosts. This makes it an incredibly robust rose that will always perform well. As a miniature rose, it is very well suited to growing in a pot, where it makes a stunning focal point, particularly because its leaves and flowers always look so immaculate. Planted in the garden, it also looks good growing amongst small shrubs and perennials.



Rosa Zepeti

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Events at the John Green Institute



Trustees of the JGI		
Roger Gowen	Chair	07950 770488
Bill Richmond	Treasurer	07950 039455
Sheila Evenden	Bookings	07984 443808
Geoff Evenden	Bookings	07984 443808
Robert Goffin	Maintenance	07526 201088
Bridget Lawrence		01403 780160
Suzanna Craig	Hon Secretary	01493 789019

JGI Trustees

The monthly coffee mornings have started again with a local group providing a great raffle plus other activities from sales tables, art and craft displays, photography displays and more. Come along and have an enjoyable morning and get coffee and cake at a price you cannot get anywhere else in the County. On



Saturday June 10th we had a great morning with the Belton Scouts Sales table and a grand raffle for the Belton Pantry and raised £135 for this great team.



The next Coffee Morning will be on Saturday 8th July between 10.00am and 11.30am. There will be a raffle by the "Young at Heart" group plus a photograph display by the Belton Camera Club. If you have any old photos of the village and area then bring them along and tell us their history. If you would like to hire the hall at a weekend then contact either Geoff or Shelia on 07984 44308 for times and charges.

Wednesday Morning Drop In

Now that the weather is improving why not come out on a Wednesday morning and pay us a visit. You will find a friendly bunch of people, coffee/tea and cakes and plenty to chat about. If we can help with either a laptop/tablet problem or help with your mobile then come and see us on a Wednesday morning between 10.30am and noon at the JGI. We are there every Wednesday. On the second

Wednesday each month a representative from DIAL will be present if you would like any advice on claims or benefits. Also Wednesdays near the end of the month a parish councillor and our local beat officer will call in to answer any questions you might have.

Contact Sue on 10493780833 for any further information.

Camera Club

We had a good afternoon out at Lound Lakes in June with some great opportunities of landscape and woodland shots. Also the flowering meadows great and colourful.

Our next meeting will be at the JGI on Friday 7th July at 2pm. We will be preparing for a photographic display the following day at the monthly JGI coffee morning.

There will be photos of the local area and further afield taken over the last 10-15 years or so. Come and see how the area has changed.

If you would like to know more about photography in a simple way then come along and talk to us and if we can help you with your camera to get better results from it we will. Contact Bill on 01493780822 for more details.

Contacts for Clubs and Groups at the JGI

To book the JGI Hall call Geoff or Shelia Evenden on 01493 298164

MONDAY

10.15 – 11.45 am	Yoga	Julie	780121
2.00 – 16.00 pm	Short Mat Bowls	Mike	07754 503666
7.30 – 9.30 pm	Bingo	Toni	780748
		Hazel	781916

TUESDAY

10.30 – 12.30	Belton Crafters	Linda	07721 599559
2.00 – 4.00 pm	Over 60's	Ann	780443
		Rose	780784
6.45 – 8.30 pm	Belton Guides	Louise	07826 919517

WEDNESDAY

10.30 – 12.00 am	Drop-In	Sue	780822
2.00 – 4.00 pm	Art	Jan	488683
5.00 – 9.00 pm	Slimming World	Debra	07551 975800

THURSDAY

10.30 – 12.00 am	Line Dancing	Jane	07788 408801
7.00 – 9.00 pm	Belton Crafters	Linda	07721 599559

FRIDAY

10.30 – 12.00 am	Line Dancing	Jane	07788 408801
2.00 – 3.49pm	Camera Club (First Friday of each month)		
7.30 – 9.00 pm	Belton Singers	Mick	07795 422420
(Except last Friday in month)			
7.30 – 9.30 pm	Quiz Nite	Bill	780822
(Last Friday of each month)			

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A Short History of the James Paget site

The James Paget University Hospital is located on a site where there is evidence of prehistoric and Roman activity.

Aerial photography held by the Norfolk Museums Service has shown the likely remains of a Bronze Age barrow by the hospital site. Barrows can be identified as round mounds, often surrounded by a 'ring ditch' from which the earth and stone for the mound was dug. They were primarily burial places but were also used for carrying out the many other community rituals.

More recently, the site was heavily defended in World War Two, with a searchlight battery located just to the west of the hospital and a heavy anti-aircraft battery to the east. These features can be seen in the photograph below, taken in 1945, which is reproduced courtesy of Norfolk County Council.



In June 1953, a United States Airforce jet fighter - a North American Sabre - based at RAF Bentwaters, near Woodbridge - caught fire and crashed on what is now the hospital car park.

By the early 1970s there was a real need for a new hospital but the difficulty was where it should be built.

Situated between the two main population centres of Great Yarmouth and Lowestoft, Gorleston appeared to be the natural choice and what was agricultural land at the time was compulsorily purchased for the building.

The new Health District of Yarmouth and Waveney and its District General Hospital did not happen by pure chance – an enormous amount of background preliminary planning and organising had first taken place; in reality, this story of how the James Paget came to be goes back well over 50 years.

A team of planners from the Ministry of Health in London arrived in Norwich during 1973 to support the re-organisation of the Health District locally. Their task was abolishing the existing Norfolk Health Authority and setting up several shadow District Health authorities. This forms part of the background that led to plans for the new Great Yarmouth and Waveney District General Hospital.

In the newly-formed Health District of Yarmouth and Waveney, there were eleven hospitals, two short-term care centres, and many 'Leagues of Friends' and volunteer-led services. Financial support for the creation of the new hospital came from these areas, plus other community groups and organisations that raised huge sums of money between them.

There was definitely a need for a new District General Hospital; both Great Yarmouth and Lowestoft had wonderful - but very old – hospitals that were not built for modern healthcare and treatments, reflecting the advances in technology seen back then."



Yarmouth Hospital 1839



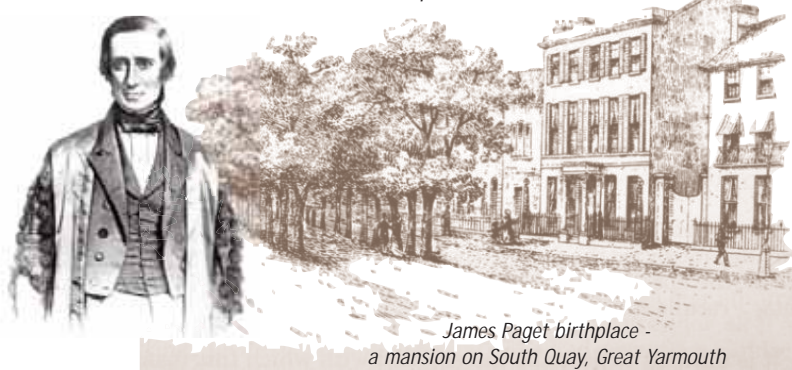
Gorleston Hospital 1938

Ministry of Health policy said that each Health District should have one large central hospital to meet general acute treatment needs, and had developed plans for six identically designed and built hospitals for the East of England region – with the James Paget being the last built. In July 1977, RJ Carter was granted a contract to undertake the first phase of construction work.

In 1982, with the new hospital steadily opening up to offer care and treatment to patients, big events were planned by the new hospital administration team to show off the new hospital to the public. I really value the memories of showing the community around what would become the James Paget Hospital, and our roles in helping the hospital to get built."

Who was Sir James Paget?

'Work itself is a pleasure.' SIR JAMES PAGET



James Paget birthplace -
a mansion on South Quay, Great Yarmouth

Sir James Paget, 1814 – 1899, was an outstanding medical man of the 19th century, known best for his reports and studies of the progressive bone disorder known as Paget's Disease of the bone, or Osteitis Deformans.

James Paget was born on 11 January 1814 in a mansion on South Quay, Great Yarmouth, and was educated at Reverend Bowles private school in Queens Street. His success was based on his great knowledge of pathology and physiology and he is regarded as the father of British pathology.

He stressed the importance of bringing science into medical practice. In the mid 1800s he supported the ideal of women becoming doctors and was very willing to try new medical treatment methods. He was a very popular teacher, a great orator, fine writer and was passionate about good patient care.

Besides describing Paget's disease of bone and Paget's disease of the nipple, for which he is well known, James Paget was the first to describe eight other conditions, one of which was compression of the median nerve known today as 'carpal tunnel syndrome'. He was also the first surgeon to experiment with using water beds to help patients with bedsores.

He was President of the Royal College of Surgeons of England, a Fellow of the Royal Society and Surgeon to Queen Victoria for 41 years.

Sir James officially opened the old Great Yarmouth General Hospital in 1886. Selecting James Paget as the name for the new hospital took over five years and involved a great deal of heated debate.

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Dates for your Diary

Sunday 2nd July 2023 – Trinity

Sunday Holy Communion

9.30am at St Peter & St Paul, Burgh Castle

Morning Celebration – Café Style

10.30am All Saints Church, Belton

Tuesday 4th July

Traditional Holy Communion

11am All Saints Church, Belton
(Coffee available from 10am onward)

Sunday 9th July

Morning Prayer

9.30am St Peter & St Paul Church

Holy Communion

10.30am All Saints Church, Belton

Evening Celebration

6.30pm All Saints Church Belton

Friday 14th July

10am – 12 noon Women's Bible Chat

Sunday 16th July

Holy Communion

9.30am St Peter & St Paul Church

Morning Celebration

10.30am All Saints Church, Belton

Messy Muddy Church

4-5.30pm in The Rectory Garden and the stables including a Campfire

Thursday 20th July

Service of Remembrance and Thanksgiving for the Departed
We hope that this service will be of help to all who have lost loved ones, whether recently or some time ago. Everyone welcome.
7pm All Saints Church, Belton

Sunday 23rd July

Morning Prayer

10.30am at St Peter & St Paul Burgh Castle

Holy Communion

10.30am All Saints Church, Belton

Sunday 30th July

Holy Communion

9.30am St Peter & St Paul Church

Morning Celebration

10.30am All Saints Church, Belton

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