

MARCH 2020

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Village Voice

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Vol 20-12

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VILLAGE VOICE

MARCH 2020

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This Magazine is a Community Enterprise professionally printed by Blackwell Print - but written, edited & delivered free - entirely by volunteers. After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations & groups in our circulation area.

HOW TO CONTACT US:

EDITOR
Regi Alexander
Belton Lodge, Belton
Norfolk NR31 9JQ
Tel 01493789035
beltonvveditor@gmail.com

GRAPHICS Bill Richmond

ADVERTISING
Brian Swan 01493 780776
beltonvvadds@gmail.com
Martin Roache 07787 157283

DELIVERY & EDITORIAL ADVISER
Brian Swan 01493 780776

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We welcome your news, views, letters and articles & photographs for publication. No anonymous items will be accepted. If you have a complaint, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton, Gt. Yarmouth, NR31 9PP

YOUR VILLAGE VOICE

The closing date for the April 2020 edition of Village Voice is 14th March 2020 (12th March for advertisements). All contributions to beltonvveditor@gmail.com and advertising enquiries to beltonvvadds@gmail.com.

Please produce information in Arial Rich Text and images as jpeg files 1meg max file size. Please do not embed images in the text.

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FROM THE EDITOR'S DESK

There is the odd occasion when I feel like writing something here that goes beyond the strict boundaries of my role as editor of the Village Voice. As some of you know, in my other life I am a hospital consultant in the NHS, a specialist in the psychiatry of people with developmental disabilities and mental health difficulties. February was a special month as it saw the publication of the Oxford Textbook of Psychiatry of Intellectual Disability, an academic textbook from Oxford University Press. With over 73 authors drawn from 21 universities across the world, it is a book that I edited with Professor Sabyasachi Bhaumik OBE of Leicester. Readers of Village Voice may recognise Sab's name because he was one of the main advisors behind this magazine's health check columns and a key player in RADIANT (Research in Developmental Neuropsychiatry), an initiative with service users and family members that this magazine has supported. The book release on the 5th of February at the Royal College of Psychiatrists was a bitter sweet moment, because Sab, for long a teacher, mentor, fellow editor and friend, had unexpectedly passed away on the 9th of November 2019. A special thank you therefore to the very many of you- Village Voice columnists, RADIANT advisory

board members, friends and well wishers who were there in London on the 5th of February for a special day.

(Picture: L to R- Alex Johnstone, Rev Rosie Bunn, Tracey Phillips, Reena Tharian, Dr Adrian James-President elect, Professor Wendy Burn- President Royal College of Psychiatrists and Regi Alexander with the Oxford Textbook).

Regi Alexander, Editor



VE75 WEEKEND OF 8TH-10TH MAY 2020: A MESSAGE FROM REV ROSIE BUNN



On the weekend of 8th-10th May 2020, our nation will celebrate 75years since the end of World War II. At that time there will be memories to share and memories to make. The churches and cathedrals across our nation have received letters from Bruno Peek asking us to join in and encourage others to join in the celebrations. There will be church services, bells ringing, pipers playing (and it's not Christmas!) and lots of parties and events to mark this important milestone in our history.



All Saints Church Belton, working with the Parish Council, JGI and Village Voice, intend to put on a tea party and concert on Friday Bank Holiday and hold a service on the Sunday morning. Burgh Castle Church will also be having a tea party, and a service on the Sunday. Both churches are also hoping to be able to display a dove of peace on each of our churches, created by our communities for our community. Some of you may have already responded to the earlier request for white poppies - poppy-making has begun again; this time we are making a white dove with a red poppy in its mouth. We hope to have this ready to hang before the end of April, in good time for the anniversary.

If you would like to join in with these two group enterprises you will be welcomed with open arms. Poppies need to be white and made of wool or felt. Our experience with "Tommy" tells us that whatever size or thickness, design or shape, it all works together to create depth and character in the work of art that is constructed. Whether you can make one poppy or hundreds (we will need a lot) your contribution will be welcomed.

Do join in the looking forward in order to look back to commemorate the people who gave in acts of sacrifice, courage and determination and saw us through such a dark period in our nation's history. More information will be made available on the allsaintsbelton.org.uk website or from Jan Snooks (780974) or the Village Hall in Burgh Castle.



BELTON WITH BROWSTON PARISH COUNCIL



www.beltonwithbrowston.norfolkparishes.gov.uk/

FEBRUARY COUNCIL MEETING

Eleven Parish Councillors, Borough Councillor Adrian Myers and seven members of the public attended the February 4th meeting of Belton with Browston Parish Council, Peter Nichols was in the chair.

A group of residents raised concerns about motor cyclists using off road machines and making dangerous manoeuvres in The Loke. Councillor Myers stated that there had been similar issues in Heather Gardens and he already had a meeting booked for the following day with the police inspector responsible for the area. He agreed to add these comments along with concerns that even when contacted no action had been taken by the police. Councillor Myers also reported that he was awaiting confirmation from Anglia Water that there were no damaged pipes belonging to them causing the subsidence in one of the Fern Gardens parking areas.

The clerk reported that after many years Mr and Mrs Utting had retired from the trustees of the Belton Poor's Allotment Fund and that the administration was being taken over by Mrs Clarke.

Councillors confirmed that the Annual Parish Council meeting will take place on Tuesday May 5th and that the Annual Parish Meeting will be held on a separate evening, Tuesday April 21st, at the end of the meeting councillors selected the recipient of the Citizen of the Year award which will be presented on April 21st.

A final decision was taken on the wording of the proposed three new signs to go at the entrances to Belton on New Road, Beccles Road and Stepshort, they will read 'Welcome to Belton – Please keep our village tidy.

There were three new planning applications, a five bedroomed detached property next to Woodland Lodge, The Loke (objected to as outside the development area), a three bedroom house next to 3 Beccles Road received the same objections and in response to plans for a 5 bedroomed low carbon dwelling at Greenfields Nursery, Cherry Lane, Browston members felt that as it was outside the development area the applicant should be satisfied with the existing, unused, permission for a bungalow given recently under the permitted development rules, also that any development should have an agricultural tenancy restriction as some of the land is still being farmed. The Borough Council have approved a cart shed at Five Acres, Cherry Lane, Browston and an extension at 20 Fern Gardens whilst Councillor Myers reported that the delay in a decision being made at the Borough Council over plans for park homes at Rose Farm, Stepshort was because of legal issues that needed checking out with NP Law.

Environmental Health are to be contacted over the dumping of building materials and tyres on land off Marsh Lane (off Sandy Lane) and the issue of two cars being offered for sale whilst parked on verges is to be reported to the enforcing officer also at the Borough Council.

ALLOTMENTS IN BELTON

Are you interested in having an allotment – if so, and you live in Belton or Browston, the waiting list, which is currently not very long, is open for new names. To be included or for further information please call the Parish Clerk, Kate Palmer, on 01493 602960 or e-mail beltonparish@yahoo.co.uk.

COUNCIL DIARY

COUNCIL - Parish Council meetings are on the first Tuesday of each month, (7.30pm) at the New Road Sport and Leisure Centre, making the next dates March 3rd, and April 7th questions can be put to councillors at the start of each meeting. Advance notice that the Annual Parish Meeting will take place, also at New Road, on Tuesday April 21st. (7.30pm)

SURGERIES - The Parish Clerk, Kate Palmer, is normally available monthly to meet informally with and take note of residents queries, (Parish Clerks Surgery), the next dates will be Wednesdays February 26th and March 25th, both at the New Road Centre between 1 and 2pm. To confirm that Kate will be there please call 01493 602960, e-mail Beltonparish@yahoo.co.uk, she can also be contacted in writing at 56, Victoria Road, Gorleston, Great Yarmouth, NR31 6EF.

COMMUNITY CAR SCHEME



January was a rather quiet month for the Car Scheme and as reported earlier we became 10 years old in February. Our team of seven drivers, some of whom have been there from the start, are happy to offer support to those in need. Thank you to the drivers who give up their time so patiently to help those in our community who struggle to access public transport.

To book a car please call
07767063986,

Passengers can book a car to take them shopping, to social events, connections for holiday travel or medical appointments. The only stipulation being they are resident in one of the five villages and can walk to the vehicle. We ask for at least 24 hours notice as all our drivers are volunteers, but are very willing to do our best to help.

Want to know more then contact:
mgreenacre532@gmail.com/01493780126

CRIME REPORT FOR DECEMBER

Below is a list of the crimes recorded for our local villages in December 2019 according to the figures supplied by Norfolk Constabulary to the Police UK web site.

Burgh Castle (Total 0) (2018 - 4)

Belton (Total 18) (2018 - 14)

3 x Anti Social Behaviour, 1 x Public Order, 7 x Violence, 1 x Burglary, 1 x Shoplifting, 1 x Criminal Damage, 1 x Other Theft, 3 x Vehicle Crime.

Browston (Total 0) (2018 - 1)

Fritton (Total 3) (2019 - 0)

1 x Anti Social Behaviour, 3 x Violence.

St. Olaves (Total 1) (2018 - 2)

1 x Drugs related.

BURGH CASTLE PARISH COUNCIL

Five Parish Councillors, County Councillor Carl Smith, Borough Councillor Adrian Myers and four members of the public attended the February 10th meeting of Burgh Castle Parish Council, Brian Swan was in the chair.

There was a long discussion after a residents complaint about inconsiderate parking at the church triangle, in an attempt to resolve this the Parochial Church Council are to be asked for an additional sign, the local police officer will be contacted and County Councillor Smith will see if it is possible to put signage where Church Road narrows saying that the remainder of the road is for access and turning only with no parking.

The Parish Council was again totally against the revised plans for the new vehicle access for the bungalow at The Hatchery on Market Road which was constructed without planning permission, objections include safety, its nearness to the road junction, the fact that there was a condition when the bungalow was built in 2012 that no new entrance be created as well as concerns that this could lead to people leaving the site without going through anti infection controls in the case of any diseases.

It was agreed to contact the Borough enforcing officer to question the legality of the sales of animal related items at a business on Porters Loke, whilst members are still looking into responsibilities for the maintenance of Church Loke on the section to the Parish Burial Ground.

Norfolk County Council are to be reminded that they have still not put the promised 'bus stop' markings on the road at the Butt Lane stop by the block of flats and that they have also not extended the white lines at the entrance to Porters Loke, something else that was promised some months ago.

The next meeting of the Council will be at the Village hall on Monday March 9th(7.30pm), the April meeting will be a week early, on the 6th to avoid Easter Monday and the Annual Parish Meeting and Annual Parish Council meeting will both take place on Monday May 11th, the APM starting at 7.30pm.

BURGH CASTLE QUIZ NIGHTS



The first session of the new year, in February raised an excellent total of £120.00 with several new faces present, why not come and join us at the Queens Head on the first Friday of each month, in March its the 6th. - You need a team of up to six players at £1. per person, the evening also includes a raffle, details from Maureen on 01493 781747 or just turn up on the night, we start quizzing at 8pm however please arrive earlier if you are ordering food which is available from the bar.

BURGH CASTLE VILLAGE HALL & CHURCH

NEXT EVENT : Getting up to a wet start we wondered what would happen on our opening on February 13th however by opening time the sun was out and we had an exceptional morning, a room full all the time, our next event is on **Friday 13th March 10am - 1pm.**

Please join us at the Village Hall for coffee and cake and seek that something special at our Bargain Stall it is due to your generosity that we are able to raise funds for our church and village hall - Thank you.

As well as items needed for March We will continue to take donations of good quality bric-a-brac, and books (especially paperbacks), ready for the future events at the hall, to arrange collection please contact mgreenacre532@gmail.com (01493780126)

BURGH CASTLE FUN DAY :The date is June 28th (open Noon -4.30pm) at the Village Hall and Playing Field for this years event event, however we do need a few more helpers to join our committee, why not come to our next informal committee meeting at the Village Hall, 7pm on Monday March 2nd. However it is really more important if you can volunteer to help on the day , contact Margaret (see above).

We are also now taking bookings for stalls and attractions, both commercial and charity so if you run a business or run a local club or group that would like to display or raise funds for your organisation please again contact Margaret (details above)

CHURCH RESTORATION : The very popular Burns Night, held at the village hall on Saturday 1st February was "The Best Yet", A great time had by all and money raised for funds, just over £800 this year, thank you.

Look out for future events. We ware currently planning our V E Celebrations, in conjunction with Burgh Castle Parish Council, full details next month.

VE DAY MAY 2020 Burgh Castle Church



Burgh Castle Church would like to commemorate VE Day by making a big Dove of Peace made with white poppies to put on the outside of our church, the poppies can be knitted, crocheted or made of felt (all white only including the centres).

We are looking for knitters and donations of wool, wool and patterns can be supplied for knitters if required.

Please help us to achieve this wonderful act of remembrance. A big 'Thank you' for all the support and help for those that have, and are still making these poppies.

For more information please contact – Jan Snooks 07850 218488

BURGH CASTLE SPEEDWATCH



Firstly, I would like to thank all our existing volunteers for giving up their time to do what sometimes seems like a thankless task, we do have a small dedicated team but we do need some more volunteers!

Do you have an hour a week to spare?

Burgh Castle Speedwatch works only with volunteers, we need new recruits to continue the sterling work our volunteers are already doing. If it is YES – Can you support us and become a Speedwatch volunteer. All training and equipment provided. Support our village and contact the co-ordinator on 01493 780452 or wendygriffiths.2k@btinternet.com .

FRITTON BINGO

The next Prize Bingo at Fritton Village Hall is on Friday March 20th, eyes down at 7.30pm, Bingo cards continue to be priced at only 50p peach and new players are always very welcome.

BRANDON LEWIS MP writes



It's been a busy month in Parliament as the Government starts work on introducing the policies and reforms that received such a strong mandate at the General Election. We can only do this because the House of Commons is no longer at a standstill. We got Brexit done! I hope that is the last time I must use the B-word in this column. It means we can get on with your priorities.

Members of Parliament passed the NHS Funding Bill, which delivers the biggest cash injection for our National Health

Service in its history. This means new hospitals, hospital upgrades, extra doctors and nurses, and more appointments available in our GP surgeries.

We are focusing on reducing violent crime, by providing additional funding for our police forces and recruiting 20,000 new police officers. We introduced new laws to prevent convicted terrorists being automatically released from prison early. And we are strengthening laws to provide longer sentences for terrorist offences in the first place.

The Prime Minister has set out a bold vision concentrating on our country's infrastructure, which will create jobs and strengthen our economy. So often, governments duck decisions like this preferring to concentrate on short term wins rather than looking at the long-term future. Norfolk MP's are working together to make sure that the infrastructure priorities for our county at the top of the agenda when ministers make key decisions.

And in Boris Johnson's first reshuffle after the election, he invited me to be Secretary of State for Northern Ireland. Many may say that this has no relevance to us in Great Yarmouth. But it does. A peaceful and stable Northern Ireland is important for the whole country. This is our only land border with the European Union, and is a key factor in the trade negotiations with our European partners. And as a Cabinet Minister I am at the heart of the decisions that affect our everyday lives in Great Yarmouth.

Finally, as we look to the future, we've published the landmark Environment Bill, which sets out our commitment to tackling climate change and protecting our environment for future generations. It deals with issues like reducing carbon emissions, improving air quality and cutting plastic waste.

Those are just a few of the big, bold policies being pursued by this new Government. I will be updating you on many more in the years ahead.

SURGERY IN BELTON

On Saturday 14th 10.00-11.00am the Rt. Hon Brandon Lewis CBE MP, will be holding a constituency surgery at the John Green Institute, Station Road South, Belton. The surgery will be on appointment basis, if you would like to make an appointment, please contact Mr Lewis' office on office@brandonlewis.co or on 01493 854 550.

**BOROUGH COUNCILLOR
ADRIAN MYERS**



The budget is due to be discussed and voted on this month, February. To date this Borough Council has been a financially prudent one and has coped well with the uncertainties of future funding revenues from central government whilst continuing to invest in the borough. We were facing a budget deficit of around a £1000,000 which would have to been met with either cuts or using some of our

reserves. However the revenue support grant which was due to be cut to zero and replaced with the fair funding formula, (yet to be determined) has been rolled over, and with an increase in the new homes bonus, the council now only faces a deficit between its spending ambitions and revenue income of about £150,000 which can easily be met from reserves.

I would suspect that the boroughs increase in council tax will be the maximum allowed (without a referendum) of £5 per annum and the County Council increase of around 4%.

I am against the precept of adult social care being included in the council tax. I am of the opinion that this is an NHS issue and should be centrally funded but locally delivered and taken completely out of the county councils budget where it is subject budget balancing and cuts. Whilst it remains part of the council tax revenue this will continue to be the case, for me it is a case of devolved responsibility from central government to local expenditure allowing the government to distance itself from local cuts in social care funding.

Cllr Adrian Myers
Independent Lothingland Ward.

NEW LUNCH CLUB

There is a new Lunch Club organised by Age Connected to cover this area at The Sun Inn at Bradwell, commencing on March 7th This will run in line with all Age Connected lunch groups in the community, the cost is £7 for a two course meal with raffle and games etc. on top. It starts at 12pm every Wednesday for a meal and social event. For further information contact Age Connected on 01493 363052.

Please note that there is no longer a club in Belton.

SLIMMING WORLD BELTON

After recent changes and a new leader we now have the following sessions in Belton :-
Wednesdays - Moorlands Primary Academy, Moorland Way, Belton, 5.30pm and 7.30pm
Thursdays - John Green Institute, Station Road South, Belton, 10.00am
Please call Jeanette on 07484 806384 for further details.

St. OLAVES VILLAGE HALL

First of all, the St. Olaves Village Hall Committee would like to thank all those of you who supported our Halloween Quiz & Chilli Evening on November 1st. and the Craft & Coffee Morning on Saturday December 7th. Both events were very well attended and, we hope, enjoyed by all who came. As usual, the money raised goes towards the ongoing refurbishment of the Hall.

Our first event for 2020 is a Craft & Coffee Morning on Saturday 4th April, 1000 – 1230. There will be lots of lovely, interesting stalls and homemade refreshments to accompany your coffee/tea – and, of course, a Tombola. Do come along and join us.

SCOUTS NEWSPAPER COLLECTIONS



Belton Scouts will be collecting old newspapers in Belton (sorry not other local villages) on Saturdays March 14th and April 4th. Papers should be put outside properties

by 8.45am to ensure collection, please do not make bundles too large as some of our younger members who help are on the small size!.

Glossy magazines, leaflets, greetings cards and old telephone directories can all be included with the papers. For information about the local Scouts or the paper collections please call 01493 780965, papers can also be left outside at 6 Station Road North, Belton, NR31 9NF.

FRITTON WITH ST.OLAVES PARISH COUNCIL

Six Parish Councillors along with County Councillor Andy Grant and Borough Councillor Adrian Myers attended the January 30th meeting of Fritton with St. Olaves Parish Council at Fritton Village Hall, Alan Mendum was in the chair.

Councillor Grant reported that with just one old control cabinet left to be soon updated most properties should be getting a 50mbs broadband level. Police have been requested to attend the parish more often due to speeding issues however Norfolk County Council will not be installing any anti speeding roundels on the road as they have stopped supplying these due to high maintenance costs. Councillor Grant has applied to the Great Yarmouth Sustainable Transport Fund to finance a trod footpath between Fritton and St. Olaves. Councillor Myers reported that no funding is available from the Borough Council towards the repairs needed to Fritton Village Hall roof.

It appears that Greater Yarmouth BID cannot fund defibrillators for Fritton and St Olaves, as well as GDC at St Olaves there is currently also a unit at Redwings however both these are only available in opening hours. Other business financing sources will now be investigated, it is possible that the Fritton Poor Lands Trust may be able to assist.

Councillor Johnson now has details of all footpaths in the parishes and councillors Bellaby, Rowland and Bosworth will check them all for any problems.

The only planning matter was to report that an appeal against the refusal of planning permission for a new dwelling at Watgate, Riverside, Beccles road, St. Olaves had been dismissed.

The next meetings are on Thursday March 26th at St. Olaves Village Hall, the Annual Parish Meeting at 7pm and the Parish Council meeting at 7.30pm

SNOWDROPS IN BURGH CASTLE



This photograph was taken by Malcolm Metcalf in early February showing some of the thousands of Snowdrops in Chris Dowsett's 'Leonies Wood' High Road Burgh Castle.

GORLESTON COMMUNITY CINEMA Gorleston Library - Thursdays

Thursday March 5th - Buster Keaton, Laurel & Hardy + others. Silent Comedy film with Music 2.30 -4.30 £7.50. This is a special event sponsored by Creative Arts East, a film of silent comedies accompanied by four musicians.

Thursday March 19th - "Bait" 2019 British Film Drama (15) 2.30- 4.30 £4.00

In each case doors open at 2pm.for further information visit [facebook.com/GorlestonCommunityCinema](https://www.facebook.com/GorlestonCommunityCinema).

BURNS NIGHT AT BURGH CASTLE



The sixth annual Burgh Castle Burns Night celebration was held on Saturday 1st February, and what a night it was. With a menu of Cock-a-leekie soup, Haggis, tatties and neeps with "gravy" and a raspberry dessert with Scottish shortbread, there were toasts to the Queen, the tartan and the laddies and lassies (to name but a few). We were regaled with poetry and song, as well community singing of all the Scottish favourites, ending up with our own rendition of auld lang syne. What a great night! and we'll do it all again next year, we hope.

GORLESTON CCTV

We need more volunteer CCTV Operators

What is involved ? Just 3 hours per week. Full in house training. To assist the Police with incidents either as they are happening or after by reviewing footage. Good sense of humour essential. Basic computer knowledge. I.e. Word and Excel. As a Police Support Volunteer you would become part of the Police family. We have new equipment and are now based at Gorleston Police Station. For further details and an application pack please email enquiry@gorlestoncctv.co.uk with your home address and a contact number.

MOBILE LIBRARY

There are different days for Mobile Library visits to Belton from those for Fritton and St Olaves. There is no service to Burgh Castle. For more information on the 4 weekly visits to Belton, Fritton and St Olaves, contact the Mobile Library service on central.mobiles.lib@norfolk.gov.uk or telephone 01603 222 303 or visit www.norfolk.gov.uk/libraries

The next visits to Belton will be on Wednesdays 11th March and April 8th at the following points.

14:00 – 14:10 Belton - Alderslea, 7, Station Road South.

14:15 – 14:30 Belton - Amhurst Gardens

14:35 – 15:25 : Belton - Belton Moorlands Primary Academy

15:30 – 15.45 : Belton - St Robert's Way

The next visits to Fritton and St Olaves are on Wednesdays February 26th and March 25th at the following locations

15:15 – 15:35 Fritton - New Road.

15:40 – 16:00 St Olaves - Priory Close off Herringfleet Road.

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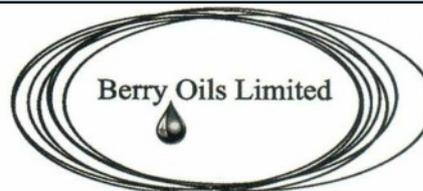
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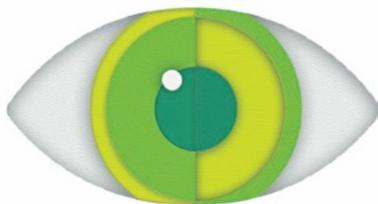


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Assist zimmerframe use	Deliver & Pickup mower at repairers
Gardening after hospital stay	Remove Ivy from roof and guttering
Adjust brakes on Walking Frame	Assemble lawn mower
Repair Keysafe	Find regular gardener
Dog Walking	Unblock guttering
Autumn Coppicing and clear-up	Temporary Garage Door Repair
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Arrange Emergency Gas Repair	Make safe uneven back garden

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If you wish to volunteer and can spare a couple of hours per month then please contact us.



REV ROSIE WRITES

I hope you enjoy(ed) your pancakes on Tuesday 25th February. I love pancakes the traditional way with lemon and sugar; how many of you like a savoury pancake? Or do you prefer the luxury version of bananas, ice cream and chocolate sauce and maybe whipped cream on the top?

Well, Lent has begun with Ash Wednesday on the 26th February and many people will have given up some of their luxuries such as biscuits or chocolate, or wine, or alcohol in general. So often Lent is remembered for a time of abstinence.

How about this year doing something different? In the churches of All Saints Belton and St Peter & St Paul, Burgh Castle we are doing different this year. We are following the # Live Lent – Care for God’s Creation 40-Day Challenge.

Further information can be found at www.churchofengland.org/livlent

Rather than giving up certain things we are going to be responding to challenges of different ways we can care for God’s creation; making changes to our lifestyles not just for a few days, but hopefully to continue into the future, such as trying to make at least one journey as week on foot or using public transport, rather than driving the car, or looking in the kitchen or bathroom cupboard to see if there is a

Week 2 WATER

Monday Give thanks for water
Whenever you see or use water today, thank God for this amazing gift we often take for granted.

Tuesday Find out about "virtual water"
How much water does it take to make a pair of jeans? Or a hamburger? Research online and share what you find.

Wednesday Care for local waterways
Where are the canals, rivers, ponds or beaches in your area? Ask if your school, church or other local group could organize a clean up.

Thursday Check your cupboards
With a parent or carer, go through your bathroom and kitchen cupboards. Could at least one or two products be switched for others with fewer harmful chemicals?

Friday Don't give up hope
Pray for people already experiencing damaging climate change. Pray for them, and ask God to bring hope and courage to those trying to help them.

Weekend Support a water charity
Find out about charities providing clean water and toilets in poor communities. Could your school or church raise money for their work with a bake sale?

product in each that could be switched for something the does not contain harmful chemicals for our environment.

Moorlands Primary Academy will also be linking into this programme with the children having the opportunity to make small changes to their lifestyle too, such as remembering to turn off lights when leaving a room, or chargers once their mobile device is charged. Simple changes that might not seem much, but if we all did it would go towards our care of our environment.

Many people have been inspired by the commitment of Greta Thunberg, the 17 year old Swedish environmental activist on climate change, and challenged by the documentaries of *Blue Planet II* and *Climate Change – The Facts* presented by the broadcaster and natural historian, David Attenborough. The realisation that we cannot continue to go on using and abusing our natural resources without leaving a dangerous legacy for our children and grandchildren, has made many of us sit up and take notice.

Perhaps this generation will be recognised as one which woke up to the "heavy responsibility laid on human beings and the complete

interdependence with creation, which means there is no space for human flourishing outside the flourishing of the natural world." Ruth Valeri's book "Saying Yes to Life".

So Lent can be a time for reflection and making changes in our lives so that we are better equipped and focussed on living life to the full, not selfishly but for the wellbeing of the community and environment around us. It is a time when we might consider the costly commitment Jesus made to sharing his life with humanity and subsequently giving it up to the cross; dying that we might know forgiveness for the sin of our own life and the world; rising to new life as a promise of eternal life and the restoration of both relationship between God and humanity and the re-creation of his world. May be we should take seriously the need to treat the world as if our lives depend on it!

Daily life for many people is driven by the meeting of every-day commitments; work, school, managing home and social life. There is little time to sit and reflect; may be just sitting in front of the TV and/or involving yourself in social media is all you want to do at the end of the day. But, how about spending two or three minutes reading a reflection and responding to a daily challenge. If you would like one of the booklets we are using, please contact me (rosie@rosiebunn.co.uk or 780210). Or sign up for the daily texts/emails on the website referred to above.

YOUNG at HEART

Well Ciara has done her worst and has been making us shiver and shake as, heads down, we wend our way to Young at Heart. However, the minute you step into All Saints Church on Tuesdays at 10am the warmth of the welcome surrounds you and makes it all worthwhile.

This last month, apart from our regular Tuesday mornings' sandwiches, cakes and hot drinks with friendly gossip galore, we have shared a delicious fish and chips lunch with mushy peas for those of us who like them.

The next treat in store is on Shrove Tuesday when we will have our famous pancake competition. This is judged on a variety of criteria - the highest toss, the person who completes the most successful tosses and the person who employs the most style and panache with their tossing. Prizes will be awarded!!!! Our Janet was the Pancake Person Par Excellence last year and the year before it was Isabella. Who will win this year? Come and see for yourself on 28th February and have a go. If you don't want to take part - well then just share in the fun cheering on the competitors.

If you have any questions about Young at Heart please ring Margaret on 01493 780126 or Sue on 01493 782443

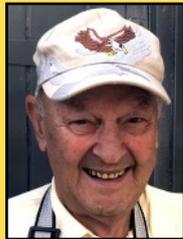
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THE MALCOLM METCALF COLUMN

Malcolm Metcalf is the past president of the Great Yarmouth Naturalists Society. His Nature Notes is one of the Village Voice's longest standing and best loved columns. He can be contacted on 01493 661138.

You can also write to him at 43 Magdalen way, Gorleston, NR31 7BW or on 43ironhorse@gmail.com

MALCOLM'S NATURE NOTES: SPIDERS



I have always been interested and fascinated by Spiders, they are the most abundant and successful of all animal groups with over a staggering 35,000 species. Over 600 species are found in the U.K. They live almost everywhere in houses, gardens, trees, marshes, rainforests, deserts, caves, and under water surface. Many are active during the day, but equally numerous are those that emerge when the sun goes down. Despite their reputation only a few are dangerous. Although most spiders have poisonous fangs, very few are life threatening, with just 10 at most, poisonous to humans.

Of these I have observed two in the U.S.A, one of which was the Black Widow (*Latrodectus mactans*). The female venom is especially poisonous to people whilst the males do not bite. I found a specimen of this spider in the back of an electricity box, complete with several cream coloured round egg sacs. I captured it in one of my corked glass tubes to get a closer look with my small magnifying lens, this revealed its distinct red hourglass sign below its abdomen. I was later told that this spider often attempts to escape rather than bite, unless it is guarding its egg sacs!

The other spider was the Brown Recluse (*Loxosceles reclusa*) also named the Violin Spider because of its orange - yellow violin pattern on its head. I observed this spider in Kansas, most spiders have 8 eyes but this species has only 6. It sometimes takes shelter in clothing or a folded towel. It bites when disturbed and sometimes the bite does not heal for several months or can lead to death. I found it very creepy.

Among the spiders I observed in Australia are the Sydney Funnel Web Spider (*Atrax robustus*) This spider is found in most suburbs of Sydney and many beyond. The female lives in along web funnel which she constructs in loose soil or debris, the male is more of a wanderer and can enter houses. The venom of the male spider is much more toxic than that of the female. The Redback Spider (*Latrodectus mactans hasselti*) try saying that with a mouthful of nuts, is found in all states of Australia. I came across it in the outback of Western Australia while working on a water pipe project. The male is small and harmless. The female although not aggressive can inflict a painful bite and can result in death although there is now an antivenom available. A favourite haunt of Redback spiders is in outdoor toilets and many of their bites have been on male genitals at night!!

Over the years I have observed several species of spider in the British Isles. This includes a very common but rarely seen one. It has no

common name but its Latin name is *Nuclenea Umbratico* and is found



on my back garden fence, and I'm sure on many other people's fences too. It is however very secretive spending its daylight hours hidden and squeezed into narrow crevices like on my fence. It can also be found under window frames and dead bark it has a very flattened body, is dark brown and mottled, with a heart - shaped abdomen, beautifully patterned like a wavy - edged Oak leaf, its head has a number of white hairs and of its 8 eyes four are larger than the others.

My next spider, which I first observed on Belton Common many years ago, is something of a mystery. Its name is *Tibellus Oblongus* and while it has no common English name, I call it the Disappearing Spider. Unlike most spiders its body is exceedingly narrow, with a pale straw colour with three longitudinal brown streaks. If disturbed it runs up a grass stem, nothing is more conspicuous, its long legs wave madly then it stops, and the miracle happens: the spider disappears, one looks where it stopped, then up and down the stem - there is nothing, and yet it is there. Only by shaking the stem and putting the spider in motion once more will it become visible, unconsciously the eye travels on for a fraction of a second after the spider has stopped, so that one looks for it a little too high, it stretches its long legs straight out, before and behind its body, so there is no bulge or protruberance to show its presence.

My photographs are of the Sydney Funnel Web Spider (copyright Australian Museum) and *Nuclenea Umbratica* (copyright DK Images)

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OUT AND ABOUT

We live in a part of the country blessed with large skies, beautiful landscapes, unspoilt beaches, nature reserves and wildlife. Usually this column describes the story of something you can do in a day in and around our villages. This month however, regular columnist Peter Birtchnell takes you a bit further- to Shetland, no less!
Please write in with more contributions to beltonvveditor@gmail.com

A SHETLAND ADVENTURE

Peter Birtchnell



Shetland is the most northerly region in the British Isles, situated 110 miles from the Scottish mainland and 190 miles west of Norway. It consist of 100 islands and islets and have a reputation for wild, wet and windy weather!

Flying from Aberdeen to Sumburgh, we had then driven to Unst in the far north of Shetland. We were staying with a group of birders at a former RAF Station at Saxa Vord. We spent three days exploring the island. On one of these days we visited Hermaness. A short walk took us to the most northerly headland, where we looked out to the rocky islets of Muckle Flugga and Out Stack, the most northerly point in the British Isles. In summer season Hermaness is a wonderful place for breeding sea birds and home to a large colony of nesting Puffins. However, this was late September and the most notable bird we saw was an Iceland Gull, quite appropriate really, as we were only 600 miles or so south east of Iceland!

We travelled down through Unst and Yell to spend the next few days based on Mainland, as the largest of the Shetland Isles is known. The weather had been kind to us, generally sunny, often windy, with hardly any rain falling overnight. The forecast for the days ahead was equally as good.

A Snowy Owl had been reported in the north west of Mainland in the area of Ronas Hill. Ronas Hill is the highest summit in Shetland, rising as a broad dome of stony, granite tundra rising above the plateau of North Roe with the sea loch of Ronas Voe on it's south west flank. With the continuing good weather, a plan was hatched to visit this area, to flank the hillside in search of the snowy owl and to finish with a climb to the summit of Ronas Hill which stands at 450m (1476ft). This all seemed straightforward enough, especially as an access road allowed us to drive to the top of nearby Collafirth hill and park by the telecommunication masts.



Together with other local birders we set off in pairs to cover the hillside. There were no paths, so it was a constant struggle to walk between or over boulders and try to avoid the boggy and sometimes deep hollows in between. We covered the north eastern sector of the hill without

any sign of the owl, or much else. The views though over the rugged plateau, with the sea beyond, were of some compensation. Following a sandwich lunch stop we moved over a broad ridge to flank the north west side of the hill. The going was even harder here, with one of the group going into a bog up to his thighs.

We had been 'walking' for 4 or 5 hours over difficult terrain and were very tired. There was still no sign of the owl, so we decided to leave the summit of Ronas Hill for another day. We made our way back to the vehicle feeling rather disappointed. However our spirits were soon lifted. An alert had been received of a pod of Orcas in nearby Ronas Voe. What an opportunity to try and see these killer whales!

An exhilarating drive ensued along single track roads, narrowly avoiding several ditches until we reached the side of Ronas Voe. Several people were looking along the voe and informed us that the Orcas had passed to the head of the voe, but were expected to return. Our anticipation mounted until a huge bull orca came into sight, breaching the surface of the water as it swam towards us. The pod of eight orcas, in all six adults with two young calves, passed majestically by, close enough for us to feel their power and to hear the air exiting from their blow holes. What an experience! This more than made up for not finding the owl.

The excitement was not quite over. Before returning to the south of Mainland, we stopped off at Ollaberry to see a European Bee-eater - what was this bird doing on Shetland in October? Blown off course during its migration from some point much farther to the east we guessed.

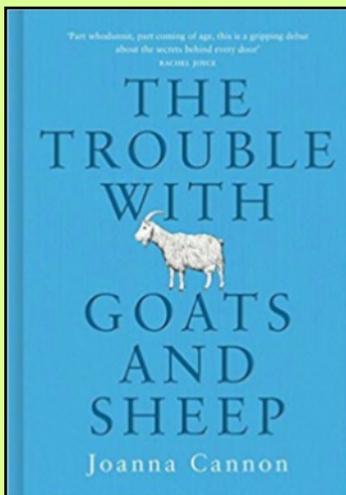
The week in all produced some great bird watching, with several scarce migrant bird species. We also enjoyed several lovely sightings of otters and seals. But nothing would surpass the sight and sound of the pod of Orcas, that will stay in our memories for years to come.





THE VILLAGE VOICE BOOK CLUB

Do you enjoy reading? Do you enjoy sharing your thoughts with others who enjoy reading? It doesn't matter whether you are an aspiring critic or an established one. This column in the Village Voice invites book lovers to write about the books that have touched them. From fiction to poetry, biographies to travelogues. We would love to hear your thoughts. No genre is off limits. Please send in your contributions to beltonvveditor@gmail.com



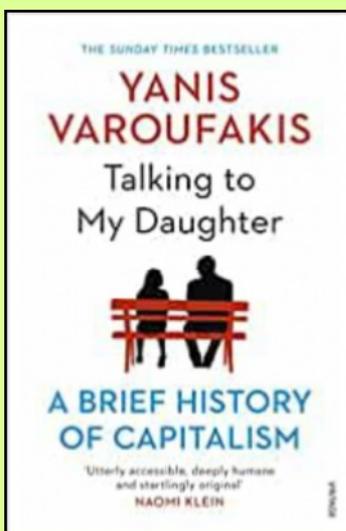
THE TROUBLE WITH GOATS AND SHEEP BY JOANNA CANNON REVIEWED BY MARTIN ROCHE

After listening to Joanna's clever and humorous interaction with pupils of Moorlands C of E Primary Academy question and answer session, that was part of last years *Village Voice* writing competition prize giving I was inspired to buy and read her book 'The Trouble with Goats and Sheep'. The nostalgic setting is in the heat wave that I remember of Summer 1976.

The first chapter reveals a Mrs Creasy has disappeared from No 8 The Avenue, on a Monday because 'That's the day the dustbin men come'. Two ten-year-old girls, Grace and Tilley decide to investigate her disappearance, they believe God will help them find Mrs Creasy so their search is for God as well as Mrs Creasy.

Their search reveals the intrigue of the secret lives of the people living in The Avenue. We have all long suspected, that there are dark goings on behind the ordinary suburban door. Joanna, by her clever use of relevant phrases and popular lyrics of the time, is able to reveal the innermost thoughts and frailties of the characters, making the reader reevaluate and examine their own thoughts and actions. The joy of reading Joanna's book for me is her use of almost Guru-type quotes such as 'They don't search for proof, just approval from everyone else' or Grace and Tilley's discussion with a gardener as to who decides if it is a weed or not, becomes quite philosophical.

These many questions raised, also give glimpses into the authors philosophy of life. I found her poignant description of Elsie Lamb's illness so exact that it could only have come from someone who has observed that dreadful slow demise from cancer. It's a book of 'Hope and truth' from the mouths of children, a beautifully written novel – one I strongly recommend.



TALKING TO MY DAUGHTER ABOUT THE ECONOMY: A BRIEF HISTORY OF CAPITALISM BY YANIS VAROUFAKIS 2013 (ENGLISH TRANSLATION 2017) REVIEWED BY ROGER COPPING

Numerous books explored the reasons for the 2008 crash. Ha-Joon's "Economics: The User's Guide" (2014) compared nine different 'schools' of economic thinking and concludes with "Five things they don't tell you about economics". Economics is 95% common sense, is not science, is

politics, is too important to be left to experts and never trust an economist. Most of us have "no time to scrutinize society. We just want to get on with our lives, chat with our mates and enjoy the pleasures that market society provide." This is Varoufakis' view in "Talking to my Daughter". He challenges the assertion that market society (capitalism) provides pleasures.

His book is free of jargon, and very easy read on an almost impenetrable topic and written as if to his fourteen-year-old daughter. He says that "if you are not able to explain the economy in a language young people can understand, then, quite simply, you are clueless yourself". As an economist he " .. recognised ..a contradiction .. the more scientific our models become, the less relation they bear to the real, existing economy out there. This is precisely the opposite to what obtains in physics, engineering and the rest of the real sciences.."

Varoufakis considers "Why so much inequality?". He identifies various elements that allowed and sustained the development of inequality, "bureaucracy, army, clergy", and discusses "Inequality as a self-perpetuating ideology". In summary, "Our minds equate 'I have X' with 'I deserve X' ". We do not consider that other people's "deprivation may be the product of ... our affluence".

He then distinguishes between goods and commodities and explains the difference between a society with markets and today's market society and the invention of profit. Moving people off the land and into wage earning meant that wages and rents had to be paid before commodities were completed hence the need for loans and profit. Debt became the main "lubricant" of the production process. Varoufakis claims that the arrival of Protestantism "embraced interest-bearing loans and profiteering as part of God's plan". (Michael Hudson 2018, discusses ancient debt relief and highlights the line " .. and forgive them their debts " with " .. and forgive them their trespasses" in versions of The Lord's Prayer).

Emerging from profit is the "Black Magic of Banking", money created from thin air. Varoufakis sees banking as a destabiliser of an economy and an amplifier of booms and busts. However, he claims the fundamental instability is in "two peculiar commodities, human labour and money". Greek mythology is used to discuss human labour and money, what he calls "Two Oedipal Markets". Concluding he suggests that " .. To reconcile .. human behaviour with the smooth functioning of an idealised economic machine would require a rethink and a reorganisation of society every bit as radical as .. eighteenth-century Britain.... We are in the midst of one right now. Automation, mechanisation, digitalisation and artificial intelligence are indicative of such a change".

Alas, Varoufakis sees tech moving us in the opposite direction to a solution. "...we need a way to make full use of our technological potential without destroying the livelihoods of swathes of humanity ...ultimately enslaving ourselves to the few". The application of technology to produce apolitical money (eg bitcoin) he regards as a dangerous fantasy and explains why. Control of money for him must remain political and that political control must be democratic. (Sheila Jasanoff 2016 explores why politically neutral technology is not possible).

The solution to the whole problem for Varoufakis is democracy. Everyone must have a vote, as we have in the UK. However, the essential question of how those votes are counted and how the electorate is to be represented in order to deliver the necessary level democracy remains to be addressed.



ENTUA (East Norfolk Transport Users Association) is a voluntary independent body which monitors bus and rail provision in the East Norfolk Area. To learn more about us and to view bus and rail news please visit our website at www.entua.org



First Eastern Counties undertook the launch of their fleet of 19 brand new double-deck buses for their flagship Excel service which runs between Norwich and Peterborough on 29th January, 2020. Four buses were used for the launch and they took invited guests on a tour of Norwich.

They entered service on 17th February, 2020 running to a more comprehensive timetable which includes some faster journeys between Dereham and Norwich.

The buses are a bespoke mechanical design consisting of an Alexander Dennis E400 City body mounted on a Scania N250UD Euro VI diesel chassis. Externally they are finished in a Red and Burgundy livery with gold highlights and are slightly longer than the buses they replace. Internally they have lazerine leather seating throughout and the seats on the upper deck are either airline style or at table seating. There are USB and wireless charging points, phone holders and bell pushes at every seat, which also boast a generous amount of legroom.

These 19 new buses represent a £5.3m investment by First in the Norwich to Peterborough corridor. The buses they are replacing (the Enviro 400, 63 plate vehicles) will be withdrawn to be rebranded with their own unique livery (as yet unknown) and will re-enter service on the X1/X11 and X2/X21/X22 services. More on this in a subsequent edition of Village Voice.

(The photograph of the Alexander Dennis E400 is by courtesy of East Norfolk Bus Blog).

ENTUA met recently with representatives of Greater Anglia who were keen to explain some of the reasons for a spate of breakdowns etc in recent months and to reassure us that they are optimistic about the future.

They confirmed that all of the historic fleet of trains used on the regional lines (single carriage class 153, two carriage class 156 and 2 or 3 carriage class 170) have all moved on to other operators mainly 'Transport for Wales' and 'East Midlands Railway'. All Greater Anglia regional services are now using the brand new 3 or 4 carriage class 755 bi mode Stadler trains. These trains are a tremendous improvement on the ones they have replaced. All of these units have been delivered to the UK and all but 2 are available for service.

It would appear that there were some software issues with the new trains in the early days but the main problem, particularly on the 'Bittern Line' to Sheringham and from Ipswich to Peterborough, was the need for Network Rail to upgrade some of its signalling infrastructure which we understand has been completed. As for the breakdown of an Intercity 12 carriage Class 745 at Forest Gate where it took 5 hours to rescue the passengers – a very embarrassing situation – even two of the back-up measures did not work, but Greater Anglia are confident that all the necessary lessons have been learnt and they will be in a much better position to deal with a similar situation (should one occur) in the future.

Network Rail had a blockade of the Wherry Lines (Norwich to Great Yarmouth and Norwich to Lowestoft) from the beginning of February until 23rd February to facilitate the completion of the upgraded signalling and replacement of the level crossing barrier at Brundall,

Cantley, Lingwood (2), Reedham and Oulton Broad North. These new works should all be commissioned on 23rd February, 2020 and from Monday 24th February, 2020 the lines re-opened with a state of the art signalling system with brand new trains to match. No longer will we see semaphore signals on gantrys or crossing keepers opening level crossing gates, instead there will be coloured light signals which, together with the automatic level crossings, will be operated from a central control centre, based at Colchester.

By the time you read this article all should be running well and hopefully we will have seen the last of the cancellations on the Great Yarmouth peak time trains.

Just a couple of other points: Burgh Castle Parish Council has made ENTUA aware that there are no up-to-date bus timetables at any of the Burgh Castle stops. This has been raised with First Eastern Counties several times and hopefully by the time this article is published this matter should have been rectified and, as a matter of interest, at the end of January 6 x 06 plate Volvo Geminis were transferred here from Bradford and 2 from Halifax as part of the programme to replace some of the older ALX 400 (W plate) ex-Leicester buses. Although these transferred- in buses are not brand new, they are newer and more comfortable than the buses they are replacing.

ENTUA always welcomes new members, all we ask is a minimum annual donation of £5.00 which helps us to cover the cost of printing and postage of our very informative quarterly newsletter and the hiring of venues for public meetings. To join please write to ENTUA, 18 Wensum Way, Belton, NR31 9NY (Photo: courtesy East Norfolk Bus Blog)

BELTON AND DISTRICT HISTORICAL SOCIETY AGM

Please be advised that the Annual General Meeting will be held at the John Green Institute on Sunday 26th April at 2:30 pm – all members are requested to attend, guests and non-members welcome. This will be followed by an illustrated talk *"The Magic of the Alpujarras"* by Bill Richmond about the Sierra Nevada area in Spain. If you require any information about the event or the society; please contact Ian Walker (Chairman) on 07887 640 385 (evenings or weekends) or ianwalker22@gmail.com.

ART STUDIO

Sunday 15th 2020 March Open Art Studio noon to 6pm. Original art and workshops. NR31 9HJ. deniseallen.co.uk

Thursday 19th March Workshop 10 to 4pm Waterfall in acrylic. £50. A light lunch is included. Booking essential. contact@deniseallen.co.uk

Sunday 29th March. Workshop. 1pm to 5pm. £35. Beginners watercolour. If you have always wanted to have a try at painting with this exciting medium, this is the workshop for you. Booking essential. contact@deniseallen.co.uk

Monday 13th April. Easter Monday. Open Art studio. Noon to 6pm. Original art and workshops. NR31 9HJ deniseallen.co.uk

Tuesday 21st April. 10 to 4. £50 Workshop. Sketch to paint. We will head out to sketch in the morning, then returning to the studio to paint from the mornings sketches. You can work in watercolour or acrylic. I will gently guide you through the day. A light lunch is included. Booking essential. contact@deniseallen.co.uk

VV BOOK CLUB: Can you review the following books?

The Legends of Khasak, OV Vijayan
One Part Woman, Perumal Murugan
Life of Pi, Yan Martel

Thank you to readers who submitted reviews for *Breaking & Mending* (to be published next month) and *Talking to My Daughter- A Brief History of Capitalism* (published this month)



DOWN THE GARDEN PATH

Elizabeth Myhill

There are thirty seven new varieties of patio plants for hanging baskets, containers, or bedding available for 2020. Here are some to be recommended.

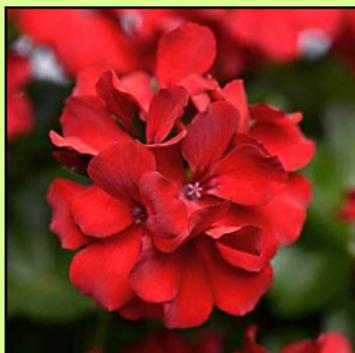
Bacopa Versa White The ideal plant for all container and combination plantings. Semi-upright habit that spreads and mounds: Always looks good, hides spent flowers better than other varieties. Ideal for container work, especially mixed plantings where it holds itself without overpowering companion plants: Same flower power and heat tolerance as other Abunda varieties.

Bidens Blazing Fire which replaces Bee Alive provides plenty of vigour to perform and hold its own in mixed plantings, keeping its mounded shape well without over growing companion plants.

Coleus Flame Thrower (Received Blue Flag award at Show Grounds.) Bold foliage colour equally at home in sun or shade with great garden performance Ht. 30-40cm Spread 41-46cm.

Geranium Marcada Series. Earlier to flower than other Ivy-leaved varieties: Flowers all season. Marcada Dark red awarded the RHS Award of Garden Merit. Colours Dark Red, Pink with Purple Eye and White.

Lobelia Infinity A new class of cutting raised Lobelia with a mounded spreading habit ideal for container combination planting Holds its own in mixed plantings without overpowering companion plantings Flowers early and then all Summer Long Height 15-20cm spread 20-25cm



Nemesia Lady bred in Wales. A classy exquisite start to new series of bicoloured Nemesia selected for their unique colours, good flower size and controlled habit. Flowers early and throughout the season



Nemesia Sundae British Bred described as a 'Sweet delight that lasts all Summer' Blueberry Ice, Forest Fruits and Lavender Sherbet all have a yellow eye.

Petchoa A cross between Calibrachoa and Petunia. This variety has outstanding weather and rain tolerance. Flowers early and then right through to first frosts. Non sticky foliage for easier handling and deadheading: Ideal for Baskets and Containers. Self colour or mix and match from Caramel Yellow, Cinnamon, French Vanilla.

Salvia Mysty True Blue flowers Ideal for garden border and patio containers. Height and Spread 30-45cm.

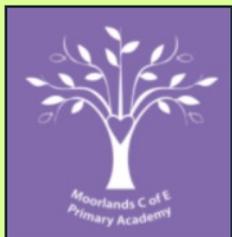
(Photos: Geranium Marcada, Nemesia Sundae & Salvia Mysty)



A SPRINGER'S TAIL

Village Voice readers may remember the short stories that were published in the magazine a few years ago under this name. Author Lesley Chalmers returns to the Village Voice with a regular column, this time featuring comic strips of her two dogs, Lennie and Harley.





BACK TO SCHOOL FOR MOORLANDS PARENTS

Parents and carers at Moorlands have once again been invited into school this term to take part in a series of 'learning cafes' where they participate in lessons alongside their children. A number of activities have been undertaken



in class and the attendance rate has been very high. The cafes have been running at the school on a half termly basis for two years now and they are proving to be a real hit with both children and adults.

The cafes take the form of a lesson where adults and children can work on the same task together, not only fostering collaborative skills but also giving carers a real window into the daily life of the children at school.



Most of the sessions had a mathematical theme, but they also covered other subjects and the Moorlands Core Virtue of empathy.

Parents were invited to stay at the end for a cup of tea and a biscuit and were encouraged to leave their feedback. Many positive comments were left, including "We had a fab time at the maths workshop. We'll definitely be playing Times Table Bingo!" and "An enjoyable afternoon, lots of fun and lovely to see the children learning and enjoying themselves!"

Year 3/4 lead Catherine Surrige said "Learning Cafes are an important event each term at Moorlands and we love inviting parents and carers into school to work alongside their children. We all put a lot of effort into the events and the feedback we get makes it so rewarding."

There will be more learning cafes in March.

MOORLANDS CHILDREN RAISE MONEY FOR AUSTRALIAN BUSH FIRE RELIEF

When the children at Moorlands heard about the bushfires in Australia, they wanted to do something to help. So, with the pupils taking a lead role, a non-uniform day was quickly organised and nearly £250 was raised. This money was split equally between The Red Cross, who were raising money to help the people affected, and The World Wildlife Fund (WWF) who were raising money to help the animals. One pupil said "When we heard about the fires, we all felt that we wanted to help. Some of us went to see Mr Lee and Mrs Fogden with our ideas." Mrs Fogden, who is the finance officer at the school, quickly made contact with the charities and the money raised by the children is already helping the relief efforts. Mrs Fogden said "The children came to see me really wanting to do something to help and I was happy to work alongside them to raise the funds. It is really important that the children know that their actions can have a positive impact." Mr Lee said "I am really proud that the children at Moorlands want to help in cases such as this."

FRIENDS OF MOORLANDS

First I would like to thank the Village Voice for their generosity with the grant of £300. We were hoping to use this to add to the schools bird watching area but we have come up against some obstacles which has slowed us down with this project so we have for now pledged to purchase some break time games and play equipment for the younger children.

We've started 2020 off with our second disco of the school year and we have successfully raised £520. Thank you so much to all our parent



helpers who gave up a couple of hours of their time to help out and make sure the children had a fun time. This year we are hoping to raise as much as we can to purchase static play equipment for the school's KS1 play area. As you can see in the picture the playground is very bare and we believe the children could benefit so much from a new fun area to play in that they will then have a chance to improve their physical and mental health, improve their social skills and help with future outdoor learning.

We are also hoping to raise further funds to support the school with improving their technical equipment such as, a sound and visual system for the hall to help project a better display and atmosphere during school plays and any other events or concerts. We want to keep working as hard as we can to raise funds to support our children's school so that they can get the best start in their education and have fun along the way.

We hope you can continue to support us and if you would like to join the Friends then please don't hesitate to contact us either via Facebook or email us on beltonfriendsofmoorlands@outlook.com

EVENTS AT THE NEW ROAD SPORTS AND LEISURE CENTRE



**CENTRE POST CODE
NR31 9JP**

Bookings
Tel Kate (01493 602960)
or Peter (01493 780703)



BELTON ACTIVITY MORNINGS

I cannot believe we are thinking of March all ready. This year is flying by! We are so pleased to welcome some new members to the group as we are also sorry to hear some are poorly. However, we wish everyone who is unwell a speedy recovery and want to see you back when your well. Belton Activity Morning will be open from Monday 24th February

through to Monday 30th March when we break for Easter holidays. Return date will be Monday 20th April 2020. This year we will open on Monday May 4th because bank holiday has moved to Friday 8th May to commemorate the 75th Anniversary of VE day.

The Belton Activity Morning runs its classes at the Premier Room, New Road Sport & Leisure Centre, Belton on Monday Mornings. All single sessions are £3.00. an extra £1 for Nordic walking. The group will open for classes during term time only and will break for Children's Holidays. Classes can be paid in advance or pay as you go by card or cash.

Chair Based Exercise - 9.30am to 10.15am. This session aims to improve your daily functional actions and can increase your confidence, improve posture, balance and co-ordination essential to living. Bands provided. This exercise session is followed by refreshments

Nordic Walking - after refreshments depending on the weather and how boggy the field is. Poles provided.

We have had some dreadful weather recently and Monday mornings can seem a bit of a slow start to the week. Not, if you get yourself to the Belton Activity Morning for 9.30 session. The sun is shining in our hearts and when we leave, we are ready for the week. JOIN US!! And see for yourself. **Contact** Sallyann on 07599044806 or up4fitness@gmail.com with your name and contact number for further details of the above.

JOLLY TOTS & JOLLY BABIES

Jolly Tots and Jolly Babies sessions run every Wednesday (term time only) at New Road Sports and Leisure Centre, Jolly Tots (9.30am-10.45am) is a friendly stay and play group for under 5's and Jolly Babies (11am-12pm) from birth. I aim to provide a fun and stimulating environment for children to interact, learn and play and for parents, grandparents and carers to meet other local families whilst enjoying a cuppa!

There is ample free parking available, bus service X11 stops outside every 30 minutes. Sessions include free play, messy/sensory play, craft activity (often based on a theme) snack time and a song time. Jolly Tots is £3 per session, Jolly Babies £2, it is £1 per sibling. We had a very busy start back on January 8th but welcome new members at any time, please Contact Shelley 07767389789,

BEEBOPS SENSORY MUSIC & DANCE SESSIONS

The Beebops groups for families and babies at the New Road Centre run two sessions meeting on Tuesday mornings, they are holding a Family Time class at 10am and Babees class at 11am, admission will be £4.00 for either class but a trial offer is available of 3 classes

for just £10. Family time is suitable for ages 0-5 and the Babees class from birth to walking.

For further information and booking visit the web site www.beebops.co.uk. Or e-mail enquiries@beebops.co.uk or call 07934 276167

GREAT YARMOUTH STROKE GROUP



The Great Yarmouth Stroke Group received a donation of £300 from the Village Voice magazine which was so gratefully received, it has gone towards the hire on a third bus from Centre 81 on Thursday afternoons which was needed to get our members that are in wheelchairs to our meetings.

The Village Voice magazine is warmly welcomed by all our members travels to Acle, Halvergate, Gorleston, Caister, and Bradwell, thank you for the work that goes into producing this monthly magazine also to the volunteers who deliver, we love it.

We meet at The New Road Sports Centre, Belton on Thursdays (2-4pm). For information about the group contact Sue Casey on 01493 781846.

'PILATES'

Beginners/ Intermediate Monday 6pm and 7.05pm Classes

The Classes at Belton's New Road Sport & Leisure Centre focus on warming your Joints and getting you strong and flexible for the rest of the week ahead. This includes Traditional Pilates methods, using different pieces of equipment to help Stabilise and Mobilise the Body. Engaging the Mind and Body, making you connect and feel relaxed. also Helping with Back pain/Hips/Shoulders/Stress and much more. Classes are suitable for all ages and fitness levels. for Men and Women. For more information please call Jan on 07766 103141



YOGA WITH LEXI

Why not have a little gentle YOGA practice and relaxation it may be just what your body is craving in order to feel that bit more grounded and focused.

We have a friendly welcoming group at Belton New Road Sports Centre on THURSDAY mornings at 9:30am. Mixed and Beginners are most definitely welcome. call 07841985767 or email lexispallyoga@hotmail.com to book or for more information.

CAMERA CLUB



by Janice Warford

February's meeting of the Belton Camera Club had members taking indoor wildlife images. Using the grant money from the Village Voice, Paul Sawyer came along bringing his harvest mice and some props along for us. We also brought some live locust along as well.

The photography was challenging and no mean feat when you consider how small both creatures are, being so close up with a shallow depth of field and all in relatively low light!

Later in the evening, we were able to have a look at some of the results from the

evening's photography and it was clear that many people had taken some cracking images!

Afterwards, it was time to view the Photo Of The Month images with the topic for this month being Emotion. This was the first time since we changed from Prints to Digital image submissions. It certainly levelled the playing field for people as not everyone has access to photo printers. In all, there were 14 images submitted making choosing a winner very difficult. Ultimately, a powerful image by Caroline Drewitt was chosen – well done!



March's theme for Photo Of The Month will be NIGHT. This has many interpretations so we look forward to viewing submissions. (1 photo max, JPG format, name it with the title you want and submit to admin@beltoncameraclub.co.uk)

Next months meeting is Friday, March 6th, 7 pm to 10 pm. At the New Road Centre. We will be looking at some product photography, namely bottles (wine, whisky etc.) which could prove challenging! So tripods would be very useful.

Paul Sawyer is a renowned wildlife photographer from Suffolk who provides various wildlife workshops that are well worth a look. If you want to see what he offers, check out www.paulsawer.co.uk – why not mention that you saw him at the Belton Camera Club.



DIFFICULT MONTH FOR BELTON F.C.

Belton FC have had a difficult month both on and off the field for various reasons. Both sides have had a change in management and fresh look at squads and playing styles. The first team have slipped to 4 defeats out of the last 4 exiting the C.S Morley cup at the quarter final stage and dropping to 7th in the league table. Unfortunately promotion now seems a long dream away. The plan now is to get back to a consistent way of playing rebuild over the summer and hopefully give promotion another go next season. With 10 games remaining the lads will need to stick together to see the season out and hopefully find some positives.

The reserves have managed to win one of their last two game also meaning they sit 7th in the league. With an ever changing squad week to week the new manager has looked at going back to basics in a traditional 4-4-2 style. The plan is to look to bring in some new young players and give them regular football in the reserves to hopefully build them into players capable of competing in the first team.

Off the pitch there are still plans in place to continue improvements with New Road, unfortunately time and daylight have slowed progress up a bit, but as soon as the spring comes along we will be back up there working hard!

Nathan Brown
Belton Fc Club Secretary

MUSICAL MOVERS

Musical Movers meet on Fridays 0930hrs-1030hrs (term time only) at the New Road Sport & Leisure Centre for preschool children from 0-5yrs.

Musical Movers are fun and friendly interactive and sensory music sessions. Discover singing, musical play and rhythm whilst developing self esteem, listening skills, coordination, increased confidence



and speech and language development. With ukelele accompaniment and Makaton signing, you and your little musical movers can enjoy your musical journey together.

For more information please call Amanda on 07974173216 or join the Musical Movers Facebook page, the cost is £5 (£1.50 for additional siblings over 4 months)..

Our photograph shows some of the items received so far which have been purchased with the grant recieved from 'Village Voice', new flooring, Lycra and mesh, Shakey eggs, Maracas and Tom Tom drums.

BELTON JUDO CLUB



GB Performance Pathway: Performance Cadet Identification List 2020

Cadet Boys Under 42kg				Y.O.B.
1	Ryan King	Dominic King Judo Academy	England	2005
2	Louis Rothwell	Kin Ryu	England	2005
3	Maxwell Masuku	E.G.H.	Wales	2005
4	Matyas Jonas	Long Eaton	England	2005
5	Youcef Dafallah	Ernest Bevin Phoenix	England	2005
6	Evan Allan	Craven Judo Academy	England	2005
7	Joe Lowery	Bredakwai	England	2005
8	Connor Hill	Tonbridge	England	2005

Our Judo club is going from strength to strength at present with numbers on all our sessions increasing week on week. Since introducing our weekly open randori session, members have had great success at competitions. Holly won her sixth Gold in a row, Ruben and Rubin out-classed opposition by dominating their groups and both Stefan and Owen won fights in groups of bigger and heavier opponents. The other good news is that after winning the English Open to become English Open Champion, Ryan King has been confirmed as British No.1 in the latest GB ranking lists. This is a fantastic achievement for Ryan considering that he is probably the lightest and youngest in his category!

The randori session from 6.30 to 7.30 every Wednesday is open to all Judo players everywhere around the area and will hopefully benefit everyone attending. It is a pay-as-you-go session, £5 per person (reductions for siblings/family) and anyone paying for the randori session can stay on the open mat for no further charge.

We have all standards at our Judo club from British and Commonwealth Champions and medallists to complete novices and all standards and ages between 4 and 73 so there is definitely something for everyone whatever your ambitions may be so rather than sitting around wondering what to do, get along to our Judo club and see what you're missing. Make new friends, get fit, increase your confidence and self-esteem, the advantages are endless so what's not to like?

Belton Judo Club run sessions every Tuesday and Wednesday (see below for details of times and sessions) at the New Road Sports and Leisure Centre in the village under the watchful eye of Dominic King,

ex-British Champion and Youth Olympic Silver medallist who trained and competed at National and International level for many years and 14-year-old Ryan King who is now an established member of the England squad and ranked No.1 in Great Britain, assists Dominic with coaching. Not many villages have a club run by coaches at this level so take the opportunity to try this excellent Olympic sport, the first month is FREE OF CHARGE so why not come along and give us a try, you have nothing to lose, who knows, it could be a life-changing move and you may never look back.

Dominic King Judo & MMA Academy is able to accommodate new members at our Judo clubs in Belton so anyone wishing to attend any of the sessions should just turn up as follows:-
 Any Tuesday (under 8s 4.30, over 8s 5.30),
 Any Wednesday (all juniors 5.30 to 6.30),
 Any Wednesday, an open-to-all randori session (juniors and seniors), 6.30 to 7.30 and an open mat for all styles/disciplines 7.30 to 8.30.
 All the above sessions are at the New Road Sports Pavillion, New Road, NR31 9JP.

Anyone wanting further details of any of the above sessions can contact Dominic on 07977 432756 or email on dominic@fightingfitjudo.co.uk or contact him via Facebook. Other venues/days are available if Tuesday or Wednesday is not convenient, all session times and venues can be found on our website, www.fightingfitjudo.co.uk

Our photograph shows some of the Belton group with their medals and the list is the latest GB ranking showing Ryan as No. 1.

THE PREMIER ROOM

New Road Sports & Leisure Centre - Belton

Day & Evening Hire

Children's Parties from £35, Hire rates from £7/hr
 Full Kitchen facilities

Functions, Parties, Corporate & Business Events
 Safe Secure Environment, Ample Parking

To Book call Kate 01493 602960
 Email: beltonparish@yahoo.co.uk

BELTON BOWMEN



Belton Bowmen have now settled into their new home at Moorlands C of E Academy. The Adult club is going strong but we still have spaces on the family / child sessions so come and have a go . With the help of the Village Voice grant this year we were able to purchase a lot of target faces for the indoor season (we get through ten on a night). The money has also gone toward Hall hire and we are about to purchase the wood to make new target stands. If you think any of your friends or family or yourself would like to come and try your hand at Archery then please feel free to join us, you will be most welcome. We meet Monday 6pm- 7pm family/ child club £3.50 per person Or 7pm-8pm Adult club £6.00 per person. We cater for all abilities and provide equipment were needed. Any other questions contact Duncan on 01493 780418

Volunteers are the pathway to any charity's success.



We are very lucky to have some dedicated volunteers here at East Coast Hospice – some of which are featured in our latest newsletter.

Every single volunteer in every one of our shops is highly valued and we could not be without them.



The support you could give us with just a few hours is so important.

Any time you give helping in our shops, at events etc. is so valuable to us and very much appreciated.

We need you to help us to help you.

Without your help we would not be able to turn our vision into reality, which is to build the hospice the people of Great Yarmouth and Waveney so desperately need.

The only skill required is passion - passion to see the hospice built.

None of us knows when we or a loved one will require end of life care. We need Margaret Chadd House sooner rather than later. Whatever you can give, time or money, is vital to our build and completion.



East Coast Hospice Limited
Sussex Road Business Centre, Sussex Road,
Gorleston-on-Sea, Great Yarmouth
NR31 6PF

Charity No: 1129631
www.eastcoasthospice.org.uk
office@eastcoasthospice.org.uk
01493 718707

EastCoastHospice ECoastHospice



Together we *respect*, with *compassion* we care,
through *commitment* we achieve

**We cover Lowestoft, Gorleston,
Bradwell and other surrounding areas**

Our Services include: personal care, domestic tasks, support, shopping, companionship, escort service, meal preparation and medication. Whether you require assistance on a regular or temporary basis, our flexible range of services means that we can provide as little or as much support as is needed, for as long as required.

WE ARE RECRUITING

Part time and Full time Community Care Assistants - Flexible hours.

- Competitive rates of pay
- Fuel and travel allowances
- Refer-a-friend bonus
- Full training provided



Please contact us on 01502 508443

manorcourthomecare.co.uk

ManorcourtHome

We're family when family can't be there

Driving & Companion Service



- Social outings
- Appointments
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- Weddings, special events
- Shopping

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- Private-hire licensed
- First-aid trained
- Dementia Friends

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www.drivingmissdaisy.co.uk



EVENTS AT THE JOHN GREEN INSTITUTE



HALL POST CODE NR31 9JG

Hall Trustees

Bill Richmond
Roger Gowen (Chair)
Robert Goffin
Terry Ladbrooke
Bridget Lawrence
Michael Farrell
Faye Green (Sec)

WEEKLY GROUPS AT THE JGI

YOGA - Monday morning at 10.15am £2.50 per session. Bring a floor mat & towel. Contact Julie on 01493 780121.

SHORT MAT BOWLS - Monday Afternoons 2-4pm 01493 444041

BINGO - Sessions are held on Monday evenings at 7.30pm, everyone welcome.

OVER 50/60's - Every Tuesday Afternoon (2 - 4pm) Contact Norma on 01493 780447.

1st BELTON GUIDES - Every Tuesday (In term time) (6.45-8.30pm. 01493 667311

BELTON ART GROUP - Every Wednesday (2 - 4pm) For any forms of art & crafts for information call Jan on 01493 488683.

WEIGHT WATCHERS - Meet Wednesdays from 6.15pm.

SLIMMING WORLD - Meet Thursdays 10am

BELTON NEEDLECRAFTERS - Every Thursday (7-9pm) No matter what crafts you do why not come along £3 per session Tel. Linda 07721 599559

LINE DANCING FOR IMPROVERS - Every Friday (10.30am-Noon) No partners needed, beginners welcome Call 07788 408801.

BELTON COMMUNITY CHOIR - Every Friday (7.15-8.30pm) New members welcome Call 01493 780060. (NOT JGI Quiz weeks)

BLG

BELTON LADIES GROUP

Liz Myhill (Chair)

The speaker for the February meeting was John Nobbs who entertained us by giving a very informative talk on the last steam drifter the Lydia Eva moored in the river Yare opposite the Town Hall. She is eighty years old this year and built by King's Lynn Slipway Co. Ltd. West Lynn. For many years she fished for Herring not only out of Yarmouth but as far afield as Ireland. She was requisitioned about 1942 by the Ministry of War Transport she was finally laid up for sale at Milford Haven.

An appeal for Funds to purchase the Lydia Eva resulted in her acquisition and eventually after much repair and funding she ended as a floating exhibition vessel a reminder of the once great fishing industry In the summer she is opened to visitors and it is possible to enjoy sea trips.

On March 10th we will be celebrating our first birthday dinner at the Pier Hotel. (How time flies!) seven for seven thirty.

MONEY & DEBT ADVICE

Christmas decorations packed away and the festive season a distant memory. Christmas Cards that were dropping through the door have been replaced by credit card bills, bank statements showing we have overspent and letters advising that we have exceeded our overdraft limit. If this is a familiar scenario and you are worried about your financial situation then please come and see us. You do not have to worry alone as our qualified Money and Debt advisor Stephen, is at the JGI on the second Wednesday of every month (10am-11.30am) and is there to help and support you with your finances. His next visits are March 11th and April 8th. Alternatively you can come along to the DIAL office where we hold a Money and Debt drop in service every Thursday from 10:00am until 12:30 or you can call our office on 01493 856900 to make an appointment with an advisor. All advice given is strictly confidential.

BELTON NEEDLECRAFTERS



Thank you to all who turned up at the JGI on Saturday February 8th and bought raffle tickets from the Belton Needlecrafters. We raised a grand total of £125, which will be used during the year to buy yarn etc for our various projects we do.

Some of the ladies from the craft group will also be in attendance at the Market Place in Great Yarmouth on Saturday 14th March, selling handmade

and other "Crafty" items. Please come along and support the Norfolk Knitters and Stitchers charity.



We meet at the JGI on a Thursday evening from 7 - 9, first night is free. Please come along, we can provide needles, yarn, etc at no cost. Come along or contact on 07721 599 559 for more information.

Linda - AKA Boss Lady

WEDNESDAY DROP IN

The Wednesday mornings continue to be very popular with a excellent attendance and much chatter and fun had by all. If you would like to join in you will be made very welcome for tea/coffee and cake and a good natter. A DIAL representative will be present for any private debt advice on the second Wednesday in the month. Contact Sue on 780822 for further information about the morning which runs every week from 10.30 till noon.

JGI QUIZ NIGHTS

The next village quiz nights at the JGI are Fridays March 20th April 17th and May 22nd commencing at 7.30pm. Teams of a maximum of four players - £5 per team - why not put a team of family, friends or colleagues together and join in the very friendly evening. No prior entry booking needed, just turn up with your team on the evening.

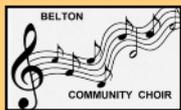
THE JGI Belton Village Hall 46, Station Road South

- Great Facilities
- Great Hire Rates
- Great Kitchen
- Parking near by
- Licensed for Music
- Can seat 70 people



- Large Hall and/or Rear meeting room available
- Ideal for Groups, Parties and Functions
- Disabled facilities and Entry

For further information and hiring rates please contact Bill on 01493780822 or go to www.beltonandbrowston.com



BELTON COMMUNITY CHOIR

We are going from strength to strength, an unfortunate bout of illness last week, however we kicked off this week (February 7th) with four new members so eighteen in all singing our new Beatles medley sounded great, I think we've done John and co proud.

We are now committed to singing at the Belton VE Day celebrations in May so a complete change of tack to learn some memorable 40's hits trying not to duplicate songs and music by the other groups on the day at the Rectory. I googled what was popular and was astounded by the choice and variety in those days, from serious to dam right cheeky, to poking fun at Hitler and his hordes, any keen watcher of Dads Army will appreciate and join in all the songs on the day.

I'm pleased to report that we've four guys in attendance, which makes us baritones work and with more choice of voices we can now work with sopranos, altos, and baritones to make songs work well. If you would like to come and join in there's plenty of room at the JGI on Friday Evenings (7.15pm), with no obligation to stop or return.

Mick .G for the choir.

JGI TRUSTEES

It was another successful Saturday coffee morning in February. The Needlecrafters raised £125 on the raffle and sold several of their high quality knitted items. The Scouts had a small sales table which also proved successful. Photographs through the last 15 years in the village were constantly projected throughout the morning. Thanks to all who supported the event which gives us encouragement to continue the monthly coffee mornings.

If you would like to display your activity or have a sales table at a monthly coffee morning then please contact us. Next coffee morning will be on Saturday March 9th at 10am when the "Over 60's" will be doing the raffle. Other activities could also be available.

If anyone would like to join the Trustees in an administration roll please contact any one of them listed on the JGI page. This help is truly required to allow our great hall to continue to function in the coming years. It is very rewarding and you would be involved in many activities of the community.

YOGA AT THE JGI

Every Monday 10.15 why not come and join our friendly JGI YOGA group for men and women. We use gentle stretching exercises to help you keep supple and also helps balance which is important for our mature years.

Yoga has many health benefits. Our Class is run by Maisie our yoga teacher who is in her late 80s and an inspiration and occasionally when Maisie doesn't attend we carry on with easy to follow CD's.

Each session is £2.50 for the hour, no booking required. Bring along a yoga mat and wear loose fitting clothing. If you require any further details contact Julie on 01493 780121.

BELTON IN BLOOM

You can't keep a good gardener down, at least six of us turned up on February 9th despite the dangerous wind and falling trees. A very useful discussion and ideas were put forward, and offers of help especially with nurturing of plants to be obtained and planted out in late May. We have decided a route for the judging panel to travel around the village to try and take in all the major areas where planting has been done, including many businesses we hope will get on board, these will be approached over the next few weeks with our ideas. As with all best intentions in our changing climate successful features

will need watering and basic maintenance of hanging baskets etc, just to keep them alive and flourishing for all the community, not just for a brief moment by the judges. Our unique style of decorated bicycles are to be featured in some beds, that is high on our agenda, so if you've got an old bike with a carrying basket on the handle bars type we would like to hear from you soon so as to display it tastefully amongst the blooms. Our next meeting is going to be mobile, rain permitting we'll meet at the village sign at 10 am on March the 15th. Up dates on Belton Chat will remind everyone about times nearer the 15th

Thanks - The Belton in Bloom group.

CHATTERBOXES STAY & PLAY

Meeting every Thursday in term-time only: Chatterboxes Stay and Play Communication Group for 0 to 5 year olds (pre-school) accompanied by a parent or guardian. The sessions run from 10:30am to 11:30am in Moorlands Church of England Primary Academy, Belton, NR31 9PA (in term-time only). No pre-booking is required and sessions are free of charge, everyone welcome. There will be scales available for self-weighting your baby, along with toys, stories, singing and crafts. For further information please email heather.andrews@actionforchildren.org.uk or telephone 07866215857.

DO YOU KNOW THIS BUILDING?



The Louise Hamilton Centre is a safe haven where people can get information, advice and support when they need it most; providing services for people with life limiting and progressive illness, their family and carers. The Centre provides advice and support including welfare advice, support groups, information about health conditions, and support for carers.

We have a team of trained Counsellors, Relaxation, Reiki and Massage Therapists. If you are interested in the Centre, our services or becoming one of our team of volunteers pop in within opening hours or give us a call.

We are open to give you support and a listening ear or a quiet space for rest and relaxation, open Mondays to Fridays (9.30am-7.30pm) and weekends (11.30am-4.30pm) (closed Bank Holidays) Please visit our web site, www.jpaget.nhs.uk/departments-services-a-z/louise-hamilton-centre/ we are also on facebook.

Louise Hamilton Centre
James Paget University Hospital,
Lowestoft Road,
Gorleston, Great Yarmouth,
Norfolk NR31 6LA
Tel 01493 453100

VILLAGE SMALLS

It is free to advertise jobs, events, property or items for sale. Send details to Village Voice Small's, 'Skelmorlie', Butt Lane, Burgh castle, NR31 9PU Tel 01493 780776 or email beltonvvadds@gmail.com by noon on March 14th to appear in the April 2020 issue. We will run your advert for 3 months but please let us know if you sold it so we can remove the advert. (Commercial entries charged at 25p per word)

WANTED

Soft Toys to raise money for local charities, deliver to 34 Orwell Crescent, Belton, or Tel 01493 782043

Any Saleable items, Bric-a-Brac, Books, Games, Jigsaws unwanted gifts etc. needed for Burgh Castle Village Hall sales stall. Tel. 01493 780126 (local collection possible)

Bric-a-Brac & Books needed for sales at JGI Tel 01493 780965 (Belton Scouts)

FOR SALE

Tornado 300 CD/DVD Aluminium Silver Carry Case with Sleeves & Keys. Hardly Used. £25. 100 CD/DVD Aluminium Silver Carry Case with Sleeves & Keys. Hardly Used. £12. 01493 781094.

2 DFS cream/beige 3 seater settees, scatter back cushions. Good cond. Can view. £150 ONO Pair (will split). Tel 01493 782428

4 wheel Stirling 'Little Gem' mobility scooter Good cond. Bats 4 mths old. Splits into 4 to transport. £200 ONO Tel. 01493 488467

2 x Large brown leather armchairs £50 each ONO Tel. 01493 781198

Myers 620 Mk 2 Heavy Duty Paper Cutter. £75. 01493 781094

Wheelchair only used once £100 ONO Tel. 01493 780129

Cash Drawer, metal, 7 section cash tray, 3 keys. £35. 01493 781094.

Pair of gents 'Weldschuhen' shoes, leather size 9/10 cost £100 accept £8. Tel 01493 662323

Hagen Vision bird cage (15 x 19 x 20ins) As new £15 Tel. 01493 780619

BMX Stunt bike £40 Tel 01493 781999

Piano. Free. Fair condition. Needs tuning. (116cm H - 140cm W x 57cm D) Solid heavy. Collection only Belton. Tel. 07786997949

CD Carousel Storage Unit. Holds 72 CD's. Size:- 13" x 11.5" x 11.5". £50. 01493 781094.

FREE - Vintage Hoover cylinder vacuum cleaner with tools. Perfect w/order. Ideal car/workshop etc. Tel. 01493 665556

Yearntree 10 drawer desktop unit, Size:- D 15.5", W - 11.25", H - 13.25". As New. £40. 01493 781094.

New 4 wheeled mobility walker with breaks, seat & bag. £100 Tel. 01493 488467

Ceiling fan with light (single bulb) £20, Electric heater £10. Tel 07960 913116

'Frozen' colouring pad £1, set of colouring pencils £1.50 Tel 01493 662323

Mobility Scooter Visibag. Black/Yellow. Size:- H - 18", W - 14", D - 6". New. £17. 01493 781094.

Double 12 aluminium ladder £60. Tel. 01493 488467

POOL Table £10 Tel 01493 781999

Yamaha PSR530 Keyboard with stand £20 Tel. 01493 780619

Leitz 6 drawer desktop unit. Size:- D 13.75", W - 11", H - 9.5". As New. £40. 01493 781094

Gtech MK2 22v technology AirRam Cordless Upright Vacuum Cleaner Floor Sweeper with charger plug & spare filters. Exc. Cond. £50 ovno. Tel. 07983457750 can deliver.

Two part display unit c/w glass shelves and lights. Free. Bottom - 120cm w x 87 cm h x 40 cm d. Top - 112cm w x 112cm h x 30cm d. Collection only Belton. Tel. 07786997949

Clock built on HMV record £5. Kit to make own working paper clock £5. Tel 01493 662323

Dark wood computer desk, 2 drawers & shelf. £15. Tel. 07963 270190

Free Horse manure - bagged & ready for collection in Burgh Castle Tel. 07919 281675

'Eternal Beau' Tea Set unused. Teapot, sugar bowl, milk jug, 8 cups & saucers. £25 Tel. 01493 789977

T.V. Stand, black glass /chrome legs 31.5 ins L, 16.5 ins W, 19.5 ins H. Exc. Cond. £10. Tel 01493 781662 (Burgh Castle)

2 radiator shelves 1500mm & 1200mm £10 the pair Tel 01493 782193

Self propelled Wheelchair, new - still packed. £110 (Buyer collects) Tel. 01493 488518

Samsung GalaxyS7 New cond. cased, rose gold colour. Used for Vodafone but can be unlocked for other networks £140. Tel. 07766 492563

Playmobil Western & Super set plus wooden base, cost £100, accept £50 OVNO Tel. 01493 651077 / 07799 105777

JTXFITNESS 6000 Oscillation / Vibration machine. Ideal for fitness / weight loss. 9 programmes. 2 handles, can be used sitting/standing. £150. Tel. 07766 492563.

1st. BELTON SCOUTS



Beavers :- The Beavers have had a very busy month finishing their experiment activity badges. We celebrated the New Chinese Year of the Rat by making face masks of rats and parading them to

Chinese music (thanks Bouncy Beaver for finding it), and making the Chinese flag, at the end of the evening the Beavers were presented with traditional red envelopes with money in for good luck for the coming year and fortune cookies.

Cubs :- The Cubs this month have focused primarily on their chefs activity badge. The first couple of weeks were spent learning about what a balanced diet is and how this would look on a plate of food and how we cook food in various ways such as boiling, frying, steaming and microwaving. We then did some planning to cook a two course meal the next week. As it was around Chinese New Year we said to the Cubs that we would choose them a Chinese main course and then they could choose a dessert. Meals cooked were Chinese pot stickers with a soya dipping sauce, vegetable chow mein, egg fried rice and sweet and sour chicken with sweet and sour sauce. The desserts were Eaton Mess with homemade meringue, pancakes with fresh fruit and toppings, hamburger cupcakes and fruit kababs with



chocolate dipping sauce. The cubs did really well both cooking and trying everything they cooked and tidied up immaculately. A big well done to everyone. We have spent for the rest of the month making puppets out of socks and learned new skills from other cubs and leaders for their personal challenge.

Scouts :- The Scouts started the term with a games evening, setting up a remote controlled car track. They also spent some time preparing for the District annual night hike which I am sorry to say got postponed because of storm Desmond! Members spent an evening sharing each other's

hobbies and looking at any collections the Scouts had.

Group :- Always wanted are books and Bric-a-brac for sales plus leaflets and old newspapers please contact Brown Beaver 01493 780965 or drop off at 6 Station Rd North, Belton.

GUIDE TO EVENTS

EVERY MONDAY

UP 4 Fitness Exercise - (9.30am) New Road Sport Centre (10.30am) Nordic Walking if conditions suitable Tel 07599044806

YOGA - (10.15am) JGI 01493 780121

Short Mat Bowls (2-4pm) JGI 01493 444041

Bingo Night (7.30pm) JGI All welcome

Ring Craft (8pm) St. Olaves Village Hall, Training dogs/owners for the show ring. 01502 569243

Belton Bowmen - for Winter - Moorlands Primary Academy - Juniors/family (6-7pm) £3.50, Adults (7-9pm) £6 01493 780418.

Pilates (Beginners/intermediate) 6 & 7.05pm New Road Sport Centre 07766 103141

EVERY TUESDAY

Beebops Pre School New Road Centre -Family Time (10am) Babies (11am) - 07934 276167

Young at Heart (10-noon) Belton Church. Get together for over 50's - church members or not

Belton Over 50/60's (2pm) JGI cards, games, bingo & refreshments

Judo group for Juniors (4.30 Under 8's & 5.30pm Over 8's) New Road Sport Centre 07977 432756

1st Belton Guides (6.45 - 8.30pm) JGI- 01493 667311

EVERY WEDNESDAY

Jolly Tots (9.30-10.45am) Under 5's (11am-Noon) Birth to Walking - New Road Sport Centre 07767 389789

Drop In Coffee Morning (10.30-noon) JGI All welcome
Belton Art Club (2-4pm) JGI Arts/crafts/hobbies 01493 488683

Pooch Paws Dog Training (5-8pm) 1 hour sessions St. Olaves Village Hall 07841 040171

Judo group for Juniors (5.30-6.30pm) New Road Sport Centre 07977 432756

Slimming World (5.30 & 7.30pm) Moorlands Primary Academy Tel 07484 806384

3rd Bradwell Rainbows (5.30-6.30pm Term Time) Burgh Castle Village Hall

Weight Watchers Sign in 6.15pm, talk 7pm JGI 07546 023143

Judo - (All juniors) (5.30-6.30pm) New Road Sport Centre 07977 432756

Randori -(6.30-7.30pm) New Road Sport Centre 07977 432756

Open Mat for Martial Art (7.30-8.30pm) New Road Sport Centre 07977 432756

Bingo (7.30pm) Fishermans Bar, B/ Castle - Bingo, Eyes down 8pm. 01493 780729

Team Quiz (8pm) Burgh Hall, B/Castle (6 per team max. £1.50 each)

3rd Bradwell Brownies (5.30-6.30pm) Burgh Castle Village Hall

EVERY THURSDAY

YOGA (9.30-10.30am) New Road Sport Centre 07841 985767

Beginners YOGA (9.15am) St Olaves V/Hall 07701 030516

Vinyasa Flow YOGA (10.30am) St Olaves V Hall 07701 030516

Slimming World (10am) JGI Tel 07484 806384

Chatterboxes Stay & Play (10.30-11.30am) Moorlands School for 0 - 5's 07866 215867
Gt. Yarmouth Stroke Group (2-4pm) New Road Sport Centre 01493 781846

Rock Solid (5-6pm) Belton Church - Children's Club Every week in termtime (yrs 7-11) free 781474

New Road Crafting Group (6-9pm) New Road Centre, Belton
Crafters Group (7-8.30pm) JGI - Informal needlecraft group 07721 599559

Youth Group Not Running this term 07783573210

EVERY FRIDAY

Musical Movers (9.30-10.30am) New Road Sport Centre Music for under 5's 07974 173216

Line Dancing for Improvers (10.30am-Noon) JGI, 07788 408801.

The Hub (Open youth group) Currently going through some planning changes -

Belton Community Choir (7.15-8.30pm) JGI - New members welcome 01493 780060 (NOT JGI Quiz weeks)

EVERY SATURDAY

Pooch Paws Dog Training (9am -1pm) 1 hour sessions St. Olaves V/ Hall 07841 040171

EVERY SUNDAY

Julies Car Boot (6am) Market Road, Burgh Castle (From Mar 8th)

NOTE - Belton Scouts (Beavers, Cubs & Scouts) meet in Belton weekly, details 01493 780965

EVENTS THIS MONTH

Wed Feb 26 (10.30am) Burgh House - Holy Communion (Ash Wednesday)

Wed Feb 26 (1-2pm) New Road Sports Centre - Belton/Browston Parish Clerks Surgery

Wed Feb 26 Mobile Library. New Rd. Playing Field Fritton (3.15-3.35), Priory Cl., St Olaves (3.40-4.00).

Fri Feb 28 (7-9.30pm) Belton Rectory - Alpha Course

Sun Mar 1 (9.30am) Burgh Castle Church - Holy Communion

Sun Mar 1 (10.30am) Belton Church - Morning Celebration
Mon Mar 2 (7pm) Burgh Castle V/Hall) Fun day meeting open to everyone!

Tue Mar 3 (7.30pm) New Road Sport Centre. Belton & Browston Parish Council meeting

Wed Mar 4 (6-7.30pm) Belton Church - Messy Church Family fun & a meal

Fri Mar 6 (7pm) New Road Sports Centre. Belton - Digital Camera Club

Fri Mar 6 (8pm) Burgh Castle Queens Head -Team Quiz max 6 per team

Sun Mar 8 (9.30am) Burgh Castle Church - Morning Prayer

Sun Mar 8 (10.30am) Belton Church - Holy Communion

Sun Mar 8 (6.30pm) Belton Church - Evening Celebration

Mon Mar 9 (7.30pm) Burgh Castle V/Hall - Parish Council Monthly Meeting

Tue Mar 10 (11am) Belton Church - Traditional Holy Communion (coffee from 10am)

Wed Mar 11 (10.30am-11.30) JGI. Individual money/debt advice by D.I.A.L. Tel 01493 856900

Wed Mar 11 Mobile Library in Belton (Times in article)

Tue Mar 11 (7 for 7.30) BLG. 1st Birthday as booked

Fri Mar 13 (10am-1pm) Burgh Castle V/Hall - Tea Room & Bargain Stall FREE admission

Fri Mar 13 (10am-Noon) Women's Bible Chat

Fri Mar 13 (7-9.30pm) Belton Rectory - Alpha Course

Sat Mar 14 (From 8.45am) Belton Scouts Collecting Newspapers - Belton only

Sat Mar 14 (10am-11.30am) JGI Monthly Coffee Morning

Sat Mar 14 (10-11am) JGI Brandon Lewis M.P. Surgery. By appointment Tel 01493 854550

Sun Mar 15 (9.30am) Burgh Castle Church - Holy Communion

Sun Mar 15(10am) Belton Village Sign - 'Belton in Bloom' mobile meeting

Sun Mar 15 (10.30am) Belton Church - Morning Celebration

Fri Mar 20 (7-9.30pm) Belton Rectory - Alpha Course

Fri Mar 20 (7.30pm) Fritton Village Hall - Prize Bingo

Fri Mar 20 (7.30pm) JGI Team Quiz Night (teams Max 4, £5 per team)

Sun Mar 22 (9.30am) Burgh Castle Church - Holy Communion

Sun Mar 22 (10.30am) Belton Church - Cafe Church

Sun Mar 22 (10.30am) Fritton Church - Mothering Sunday service

Wed Mar 25 (1-2pm) New Road Sports Centre - Belton/Browston Parish Clerks Surgery

Wed Mar 25 Mobile Library. New Rd. Playing Field Fritton (3.15-3.35), Priory Cl., St Olaves (3.40-4.00).

Thu Mar 26 (7pm) St. Olaves V/Hall - Fritton & St. Olaves Annual Parish meeting

Thu Mar 26 (7.30pm) St Olaves V/Hall - Fritton & St. Olaves Parish Council meeting

Fri Mar 27 (7-9.30pm) Belton Rectory - Alpha Course

Sun Mar 29 (9.30am) Burgh Castle Church - Morning Prayer

Sun Mar 29 (10.30am) Belton Church - Holy Communion

Wed Apr 1 (10.30am) Burgh House - Holy Communion

Wed Apr 1 (6-7.30pm) Belton Church - Messy Church (Messy Easter!)

Fri Apr 3 (8pm) Burgh Castle Queens Head -Team Quiz max 6 per team

Sat Apr 4 (From 8.45am) Belton Scouts Collecting Newspapers - Belton only

Sat Apr 4 (10am - 12.30pm) St Olaves V/Hall - Craft & Coffee Morning

Sun Apr 5 (9.30am) Burgh Castle Church - Holy Communion

Sun Apr 5 (10.30am) Belton Church - Morning Celebration

Tue Apr 7 (11am) Belton Church - Traditional Holy Communion (coffee from 10am)



Inside Story



**James Paget
University Hospitals**
NHS Foundation Trust

Issue No. 18 February 2020

News from the JPUH Governors

Governors planning for JPUH

Part of a Governor's role is to take part in the Trust's planning. Each year we discuss the potential areas of focus and improvement that could be included in the objectives for the coming year.

This is a popular part of our meetings and one element that we take really seriously in representing our member and local population views – it also involves something different, when we work with the Non Executive Directors as we visit each different area for discussion.



Council of Governors Elections – come along and find out more

If helping to set the Trust's objectives is something you think you would like to take part in, we will be running some drop in sessions as part of our planning for this year's elections.

The role of a Governor on the Council is a really important one. It supports the Trust in always focusing on patients and making a difference to local people. One of the most important elements is talking to our members and local people and bringing that information back to the hospital. This is a three year term of office from 1 August 2020.

If you want to find out about the role, and what it would involve, please come along to one of our events. Trust Chair, Anna Davidson, Trust Secretary, Ann Filby, and current Governors will be there with information and refreshments to talk you through how it works.



2020 Governor Elections Drop In Sessions

DATE	LOCATION	TIME
Thursday 9 April	Boardroom, Burrage Centre	1pm to 2pm
Tuesday 5 May	Boardroom, Burrage Centre	6pm to 7pm
Saturday 16 May	Boardroom, Burrage Centre	10am to 11am

Much more information will be available in the next issue of Your Trust News ahead of the self-nomination process opening.

The next edition of Inside Story will be sent in June 2020. The next Your Trust News will be sent to each member household in April 2020.

For further information about any of these articles, or to comment, good or not so good about the James Paget University Hospital, please email governors@jpaget.nhs.uk

Become a member of the Trust.
Visit - www.jpaget.nhs.uk/get-involved

Where YOU come first

VILLAGE VOICE WRITING COMPETITION 2020

To celebrate the 200th issue of Village Voice, a writing competition was held in 2017. Not only was the response enthusiastic, many of the entries were of an exceptional standard. The magazine board therefore decided to make it a regular event.

Village Voice is delighted to announce now, the 2020 writing competition and invite entries.

The 2018/ 19 event was another unqualified success. Chief judges Joanna Cannon (author of the Sunday Times best seller *The Trouble with Goats and Sheep*) and Kevin Lee (Head Teacher, Moorlands Academy) had a tough job selecting the winners from over 120 entries. The prize giving event on 21 March 2019 was one of the highlights of 2019.

CATEGORIES

Children: Age 11 and below
Children: Age 12 to 18
Adults: Age 19 and above

TYPES

Can be short stories, poems, essays or any other piece of creative writing

LENGTH

600-800 words ideal
maximum 1000

PRIZES

FIRST PRIZE: £100 IN THE CHILDREN'S CATEGORIES

FIRST PRIZE: £200 IN THE ADULT CATEGORY

BOOK VOUCHERS FOR SPECIAL COMMENDATIONS

AN EDITOR'S SPECIAL COMMENDATION PRIZE FOR ENTRIES FROM PEOPLE WITH LEARNING DISABILITIES

WINNING ENTRIES PUBLISHED IN THE VILLAGE VOICE

HOW TO ENTER

SUBMIT BY E MAIL TO
TO
beltonvveditor@gmail.com

ON OR BEFORE 30 APRIL 2020



2019 winner Piers Colby with chief guest Joanna Cannon at the award ceremony. Details of the 2020 award ceremony to be announced shortly.

JULIE'S CAR BOOT
EVERY SUNDAY MARCH TO SEPTEMBER 2020

OPENING
8th
March
6 AM

A Sunday morning out for everyone, dogs welcome.

Find us on Facebook 
Market Road, Burgh Castle, NR31 9EN
07826394375

St Edmunds Fritton Church
Welcomes You & Your Family
* To the Service & the Giving Out of Posies *
SUNDAY 22nd MARCH at 10.30am
*** Refreshments Served ***

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Village Voice

Magazine delivered Free to homes in Belton, Burgh Castle, Fettes, St Olaves & Breanensis. FREE through outlets in Bradwell or find us at  Delivered MONTHLY FREE

DELIVERERS NEEDED

To continue getting Village Voice delivered to all our readers, we urgently need more volunteers who can spare about an hour every month to deliver for us.

BELTON - We need volunteers in all areas to provide some names for immediate use and other people who we can call on as vacancies arise.

BURGH CASTLE - We desperately need help NOW for 4 rounds, one near the Village Sign and three on The Kingfisher / Waveney Valley site.

Magazines are delivered to you on about the 27th of each month, if you can help please e-mail beltonvadds@gmail.com or call Brian on 01493 780776 NOW otherwise no **VILLAGE VOICE**

Thank you from the Village Voice Board

THANK YOU VILLAGE VOICE DELIVERERS

The Village Voice board cannot thank you enough for the very positive response to our appeal last month for more volunteers to deliver your Village Voice.

We are pleased to announce that in Belton, all rounds are now covered and we have a few

names on our reserve list too. If you are interested in helping, please let Brian Swan know so that we have people to contact as and when the need arises again.

In Burgh Castle we recruited two new deliverers; however we still need one person to deliver near the Village Sign and another for the Waveney Valley. We would also like volunteers to go on our reserve list for other areas.

Please do contact Brian on 01493 780776 or bcswan50@gmail.com if you are able to help. Many thanks

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Suspect ALL waste carriers

Check with the Environment Agency on 03708 506 506 that the provider taking your waste away is licensed

Refuse unexpected offers to have waste taken away

Ask what will happen to your waste

Paperwork should be obtained – get a full receipt

Suspect people who offer to take **YOUR** waste away



Check details of waste removal companies 03708 506 506

environment.data.gov.uk/public-register/view/search-waste-carriers-brokers



Refuse offers to have **YOUR** rubbish taken away, it may be fly tipped and **YOU** would be liable

Ask what will happen to **YOUR** waste and seek evidence



Paperwork – get a waste transfer note or receipt with full details of **YOUR** waste and keep it

