

Village Voice

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Vol 20-6

Delivered MONTHLY FREE

MOORLANDS CELEBRATES ITS YOUNG LEARNERS



A fabulous ceremony was held at Moorlands Primary Academy on Monday 22nd July to honour children who had been chosen as **'Learner of the Year'** for their class. The award is given to the child who has shown the most progress and made the biggest effort with their learning, sometimes overcoming specific barriers. Staff were given the unenviable task of selecting the winners and all of them spoke of how difficult they found choosing. The award, sponsored by The Belton History Society, was presented by members of the society and the Chair of Governors of Moorlands.

Headteacher Kevin Lee started proceedings by welcoming parents and introducing the guests before Mr Bill Richmond from The History Society addressed the children. He spoke of the importance of getting the most out of education and how it was so important to get the best possible start that they all could. The awards were then handed out by Bill, Mr Peter Hume, Belton History Society and Mr Philip Eke, Chair of Governors at Moorlands. Each child received a signed certificate and a trophy. One of the winners said *"It made me*

feel happy and proud to win. I'm going to show my trophy to all my family." Kevin Lee said "We are all really grateful to the history society for continuing to sponsor this award. It is so important to acknowledge the children's achievements." The award ceremony is held annually and has been sponsored by Belton History Society every year since 2012.

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From Monday September 2nd

EVERYTHING MUST GO

I have loved my 20 years as part of the Belton Village Community and would like to thank all my customers for their loyal support.

I will miss my 'Little Shop' and all my regular customers of the 'Aladdin's Cave'.

I would like to wish Laura and Jackie all the best for their new venture and look forward to joining some of you there for a cuppa and a cake.

Love and thanks from Wendy.

OPEN 8.30am - 5.30pm Mon - Sat.

6 Bell Lane, Belton. Tel. 01493 780250

VILLAGE VOICE

SEPTEMBER 2019

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This Magazine is a Community Enterprise professionally printed by Blackwell Print - but written, edited & delivered free - entirely by volunteers. After printing costs, any profits from the Magazine are paid out in the form of grants to community organisations & groups in our circulation area.

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We welcome your news, views, letters and articles & photographs for publication. No anonymous items will be accepted. If you have a complaint, please write to Adrian Myers, Chairman, Village Voice Board by post at 49 Heather Gardens, Belton, Gt. Yarmouth, NR31 9PP

YOUR VILLAGE VOICE

The closing date for the October 2019 edition of Village Voice is 14th September 2019 (12th September for advertisements). All contributions to beltonvveditor@gmail.com and advertising enquiries to beltonvvadds@gmail.com.

Please produce information in Arial Rich Text and images as jpeg files 1meg max file size. Please do not embed images in the text.

CONTENTS: HIGHLIGHTS

ALADDIN'S CAVE	7
BELTON COMMUNITY CHOIR	26
BELTON FC	24
BELTON FUN DAY	7
BURGH CASTLE FORT	6
CAMERA CLUB	23
COLUMN: MALCOLM METCALF	18
COLUMN: SPRINGER'S TAIL	28
COLUMN: HEALTH CHECK	19
COLUMN: GARDEN PATH	20
COUNCIL: BELTON BROWSTON	4
COUNCIL: BURGH CASTLE	5
COUNCIL: FRITTON ST OLAVES	5
ELECTED REPS: COUNCS & MP	21
ENTUA	28
GUIDE TO EVENTS	29
JGI GROUPS	26
LOTHINGLAND CLT	27
MOBILE LIBRARY	6
NEW ROAD GROUPS	22
REV ROSIE BUNN	25
ROYAL BRITISH LEGION	27
SCOUTS	24
SMALL ADS	29
YOUNG AT HEART	7
YOUTH GROUPS	25

VILLAGE CLEAN UP DAY

Bill Richmond



Many thanks to everyone who has volunteered to help on the Village Clean Up day in Belton on Saturday 21st September. Also thanks to GYBC and local councillors for their help. To recap, please meet in Nursery Close, by the small playground, (off Bracon Road near Rectory corner) by 9.15am on the Saturday morning.

We now have over 40 volunteers so hope to cover most of the targeted areas in the village. We will provide sacks, hoops, pickers, gloves and some reflective vests. If you can, please bring a pair of gardening gloves. Please wear sensible footwear and bring head protection if it is sunny. On completion we need to get all filled bags back to Nursery Close for collection by the Council on the following Monday.

A mandatory short Risk Assessment brief will be given at the start of proceedings to ensure a safe event.. If we are unfortunate with the weather all volunteers will be contacted either late on Friday evening or early on the Saturday morning.



FROM THE EDITOR'S DESK

This issue of the Village Voice comes out at a time when the GCSE and A level results announcement season is in full swing. It was particularly pleasing therefore to put together the cover story of some much younger learners from Moorlands academy who are well on their way to academic stardom.

The Village Voice Health Check column this month (page 19) features two members of the public rather than health experts. Heather Douglas, a final year Industrial Design student at Bournemouth University writes about how attending the Village Voice's mental health awareness day last summer inspired her to produce a unique project. With an honesty that is searing and unflinching, Bill & Sue Richmond write about an oft unseen and unheard problem that affects young people. Aladdin's cave, the shop which to many has been an integral part of Belton for so many years is closing its doors soon (see page 7) and read about the very wonderful Belton Fun Day success story on that page too.

Finally, I hope to see as many of you as possible at the Village Clean Up Day ON 21 September (see below) as we celebrate the community spirit that makes our villages particularly special.

Regi Alexander, Editor

Areas to be covered are

- a) Station Rd from Rectory Corner to River Way plus side roads.
- b) Church Lane from New Road to Beccles Road, including the Church grounds
- c) Bracon Road from junction with Station Rd North to Rectory Corner plus side Roads
- d) St Johns Road including River Way to Waveney Road and New Road, including back of Kings Head
- d) New Road from Pavilion to New Road including Stepshort to Mill Road
- e) Bell Lane from the Church to Dashwood Close including the field

Where possible we will ask volunteers to cover their own areas but this might not be possible for everyone. If you feel you would still like to help us and the Village on the day it is not too late to volunteer. Please email beltonvveditor@gmail.com or call 780822.

VILLAGE VOICE GRANTS

With the on going support from our advertisers the "Village Voice" Management Board is pleased to announce that we are able to make around £3000.00 available for grants to local clubs and organisations this year and that application forms are now available on request from Brian Swan, "Skelmorlie", Butt Lane, Burgh Castle, Great Yarmouth, e-mail beltonvvadds@gmail.com and must be returned by Monday October 7th, we intend to present the grants at the Monthly JGI Coffee morning on Saturday November 9th at 10.45am. Late applications will NOT be considered

Please note that groups applying must be based on Belton, Browston, Burgh Castle, Fritton or St Olaves and any decisions on awarding the grants will be made by the Village Voice Management Board who reserve the right to refuse or scale down any applications especially if the amount available is oversubscribed.

A condition of the grants is that groups who are successful must keep "Village Voice" informed on the use of the money awarded, failure to do this will have an adverse effect on any future grants that they might apply for.



BELTON WITH BROWSTON PARISH COUNCIL



www.beltonwithbrowston.norfolkparishes.gov.uk/

JULY COUNCIL MEETING

There were nine Parish Councillors, Borough Councillor Adrian Myers and three members of the public at the July 16th meeting of Belton with Browston Parish Council, Peter Nichols was in the chair.

Members agreed (with two abstentions) to make a grant of £500 from their social inclusion budget to the 1st Belton Scout Group to help with improving the access roadway to their base, its current condition has resulted in the loss of bookings from other scout groups.

There had been a request on social media for enlargement of the skate park however this would be very expensive and although some costings will be considered it will need to be looked at at a future date when the subject has been budgeted for.

There was a long discussion on the problems faced by residents with issues at the Swan Rise care homes, after a meeting of concerned residents attended by several Parish Councillors Borough Councillor Myers is putting a dossier together of issues from about 20 e-mails he has received, this will be taken back to a second meeting in August before being put to the homes management, Although no issues were raised with current staff questions were ask as to if the units have sufficient staff and if the care purchaser, Norfolk County Council, are placing unsuitable residents at the site which is registered for adults with learning difficulties, it was believed that a particular resident who had been causing issues has now been moved away.

Tesco, Belton, although not the owners, are consulting with their head office management over funding for lowering of some kerbs and marking two bays at the shoppers car park as reserved for people with mobility issues.

The Borough Council has approved the following planning applications, 33 Amhurst Gardens (single story extension), 12 Rosedale Gardens (ground floor front extension), 15 Heather Road (single story front and rear extensions) and Acorn Meadows, Cherry Lane, Browston (static caravan to provide shelter)

Parish Councillors had no objections to revised plans for an agricultural store at Fairview Farm, Stepshort but did object to a large steel framed building in the rear garden at 131 Station Road North. Members also raised objections to the proposed 600 new properties at the junction of New Road and the A143 roundabout, citing the lack of sufficient infrastructure, the need for roundabouts at both entrance roads, the fact that extra traffic would push more off the main road and through Belton/Burgh Castle and the narrowing of the gap between Belton and Bradwell housing areas.

There are issues with trees that have fallen over the dyke off Sandy Lane, attempts are being made to trace dependants of the last land owner who came from well outside the local area and regarding possible planting of young trees on the banks at New Road, Norfolk County Highways need more specific information on proposed locations and have warned that in the past some residents of adjoining properties to that bank had raised objections about existing trees overhanging their land and properties.

Some members were not happy with the new slope on to the Bell Lane field, by the footbridge feeling it did not run far enough into the field, was too steep and that it would have been better to have had a hand rail running the whole length of one side rather than each side but only on the top part.

Members agreed to a quotation to remove the shrubs on the triangle at the top of Sandy Lane, this has been an on going issue as they grow too tall and obscure the street name plates on the island.

There was a discussion on five proposals by Belton F.C to do works on the New Road field in the area surrounding their new pitch as they will now be sharing use of the site with Bohemians F.C. Members agreed to a container near to their pitch which will be smaller than the others on site and painted dark green, other issues such as advertising boards and Astro turf fronting the dug outs are to be checked with the Borough Council as the ground is leased from them by the Parish Council.

From September 3rd meetings will move to the first Tuesday of each month, still 7.30pm at the New Road Sport and Leisure Centre.

COUNCIL DIARY

COUNCIL - It is all change for Belton with Browston Parish Council meeting dates from September, meetings will change to the FIRST Tuesday of each month (7.30pm) at the New Road Sport and Leisure Centre, making the next sates September 3rd and October 1st.

SURGERIES - The Parish Clerk, Kate Palmer, is available monthly to meet informally with and take note of residents queries, (Parish Clerks Surgery), The next date will be Wednesday September 25th at the John Green Institute (10.30-11.30am), sessions for the rest of 2019 will be at the New Road Centre on Wednesdays (1-2pm), October 16th, November 27th and December 18th. To confirm that Kate will be there please call 01493 602960, e-mail Beltonparish@yahoo.co.uk, she can also be contacted in writing at 56, Victoria Road, Gorleston, Great Yarmouth, NR31 6EF.

BELTON with BROWSTON PARISH COUNCIL

Attendances Sept. 2018 to July 2019

COUNCILLOR / POSITION	Meetings Attended	Possible Meetings
Peter Nichols (Chair)	11	11
Michael Graystone (V/Chair)	11	11
Kenneth Botwright	11	11
Nathan Brown	10	11
Darren Buckworth	7	9
Margaret Greenacre	10	11
Lin Hillier	10	11
Nigel Light	11	11
Garry Newman (resigned 12/18)	2	4
Lee Staff	6	11
Ian Walpole	10	11
Hillary Williams	11	11
Brian Lawn (GYBC)	4	8
David Drewitt (GYBC)	5	8
Tracy Cameron (GYBC)	2	3
Adrian Myers (GYBC)	2	3
Andy Grant (NCC)	2	11
Kate Palmer (Parish Clerk)	11	11

BURGH CASTLE PARISH COUNCIL

All seven Parish Councillors and five members of the public attended a special meeting of Burgh Castle Parish Council on August 5th, called as three planning applications had been received for which comments were needed back at the Great Yarmouth Town Hall during August.

There was a new application for building on a piece of land on Mill Road where a previous application for four houses had been objected to by the Parish Council and then refused by the Borough Council, this time the application was for two bungalows with a single vehicle entrance, the Parish Council did not object but stressed the need for a path to run across the front of the site.

There was an application for a Touring/glamping site for 20 touring pitches and 12 huts at Welcome Farm, this was the same application from a few years back which had expired as no work had been started on the scheme for more than three years. Councillors did not object in principle but raised concerns if the Porters Loke sewage plant could cope and asked that sufficient splay be given to the entrance and that the site have an 11 month residency restriction placed upon it.

The final application was for a new bungalow on land behind the two bungalows now being constructed beside Strawlands on Mill Road, by majority of 4 to 3 it was agreed to raise no objections provided it remains in the curtilage of the existing bungalow although some members were concerned that it is set a precedent with back fill development and put more pressure on a very busy junction.

The next meeting of the Council is at the Village Hall on Monday September 9th (7.30pm).

FRITTON & St. OLAVES COUNCIL MEETING

Seven Parish Councillors, Borough Councillor Adrian Myers and one member of the public were present at the July 25th meeting of Fritton and St Olaves Parish Council, Allan Mendum was in the chair.

There is still a problem with the edge of the road surface breaking away outside the childrens play area and county highways are to be contacted again, The SAM 2 speed warning unit has been ordered but there is an 8 week wait for supply however three volunteers have come forward to move it round the agreed locations every month. After a meeting with Inspector Hewitt it was agreed that there is a definite need for funding to install barriers to protect properties near Church Lane in Fritton.

It was stated that Highways England would be the authority to contact regarding any campaign for a bypass for the villages and not the parish or borough councils although anybody is welcome to start such a campaign up.

Members agreed to discontinue the broadband payment for the Fritton Hall unless the management committee will pay half the cost, in that case a monthly payment will be made towards the clerks own service, this will save over £200 a year. £150.00 donations were paid to both the Fritton Institute and St Olaves Village hall.

There were no objections since the last meeting to plans for a new, repositioned double garage at 3a Priory Road St Olaves and the Borough Council have now approved this, members did however object to a static caravan as an annexe at 'Landscape', New Road, Fritton. A resident raised concerns that steel, rather than timber, piles had been placed on the residential side of the River Waveney, the Broads Authority have visited but not yet advised on what action they are taking.

The next meeting will include discussions on the possibility of having the St Olaves defibrillator in a location that is accessible 24/7 and on arrangements for future maintenance of St Olaves village sign.

The next meeting of the Parish Council is at the Fritton Village hall on Thursday September 26th (7.30pm).

BURGH CASTLE WHITE DOVE OF PEACE V.E. Day Anniversary May 2020



Burgh Castle Church would like to commemorate the anniversary of V. E. Day on May 8th 2020 by doing something special so we are asking for volunteers to help create a Dove made out white poppies to go on to the church tower, the poppies can be knitted, crocheted or made out of felt. We are looking for volunteer knitters and donations of white wool (wool and patterns can be supplied if needed) to help achieve this wonderful act of remembrance as we need to knit thousands of poppies in time for the V E Day anniversary on May 8th. For further information please contact Jan Snooks on 07850 218488 or call into Burgh Castle Village Hall any Friday (10am-4pm).

BURGH CASTLE VILLAGE HALL & CHURCH

MACMILLAN COFFEE 'MORNING' - Our opening on Wednesday 25th September at the Village Hall will be a special session as one of the Macmillan Coffee mornings, usual times (10-4), come in for Coffee and cake, there will be games, quiz, raffle and the usual bargain stall - donations of items details as below.

TEA ROOM -The tea room at the Village Hall on Church Road is open every Wed/Thurs/Fri until the end of the season (10am - 4pm each day). Please come along for a cuppa and at browse our bargain stalls.

Our thanks to the ladies who provide the wonderful cakes and those ladies and gentlemen who give up their time to 'staff' the hall. Without these volunteers it would not be possible to have this valuable source of income for our Church and Village Hall. We are always looking for donations of good quality bric-a-brac, books, produce etc. We will take donations at any time and can arrange to collect from you, call 01493 780126 or e-mail mgreenacre532@gmail.com. Or drop items in to the hall during any of the above times.

FUN DAY 2020 - Yes, we have only just recovered from this years very successful Fun Day but have already set Sunday June 28th for next years event, details to follow but enquiries to Margaret, 01493 780126 or mgreenacre532@gmail.com.

BURGH CASTLE QUIZ NIGHTS

The monthly quiz on the first Friday in August raised the sum of £62.00 for the Church Restoration Fund. Why not come and join the regulars at this friendly gathering at The Queens Head on the first Friday of every month (next quiz September 6th), - Get a team together, up to six players at £1. per person, the evening also includes a raffle, details from Maureen on 01493 781747 or just turn up on the night, we start quizzing at 8pm but please arrive earlier if you are ordering food which is available from the bar.

COMMUNITY CAR SCHEME



Our team of seven drivers are happy to offer support to those in need. July was a very quiet month but August promises to make up for it! Thank you to the drivers who give up their time so patiently to help those in our community who struggle to access public transport.

To book a car please call **07767063986**

Passengers can book a car to take them shopping, to social events, connections for holiday travel or medical appointments. The only stipulation being they are resident in one of the five villages and can walk to the vehicle. We ask for at least 24 hours notice as all our drivers are volunteers, but are very willing to do our best to help. Contact: mgreenacre532@gmail.com/01493780126

CRIME REPORT FOR JUNE

Below is a list of the crimes recorded for our local villages in June 2019 according to the figures supplied by Norfolk Constabulary to the Police UK web site.

Burgh Castle (Total 13) (June 2018 - 8)

6 x Violence, 1 x Criminal damage, 1 x Anti Social Behaviour, 3 x Other theft, 2 x Public order

Belton (Total 18) (June 2018 - 21)

6 x Anti Social behaviour, 4 x Violence / Sexual offence, 2 x Cycle theft, 3 x Burglary, 1 x Other Theft, 2 x Public Order

Browston (Total 0) (June 2018 - 0)

Fritton (Total 2) (June 2018 - 3)

3 x Anti Social behaviour.

St. Olaves (Total 0) (June 2018 - 3)

NORFOLK HOUSEHOLD HAZARDOUS WASTE DAYS

Norfolk County Council holds special events at some of our recycling centres so that people can dispose of household hazardous waste free of charge. Locally these will take place at the Caister Recycling Centre on October 5th and 6th (9am to 4pm each day)

The next household hazardous waste days will take place across several weekends in September and October 2019.

Items we accept during household hazardous waste days are - Aerosols – full or part-full, Car chemicals such as anti-freeze, Fire extinguishers,

Garden pesticides and fertilizers – both liquid and powder form, Household chemicals and cleansers – both liquid and powder form. (eg carpet cleaner), furniture polish, old bottles of bleach etc, Paint – including water-based and solvent-based paint, Photographic chemicals and Wood preservatives, treatments and varnishes.

Items we don't accept during household hazardous waste days - Ammunition, explosives or marine flares, Asbestos, Commercial (or business, or trade) hazardous waste, Fireworks, Gas canisters (full or part-full) and Petrol, diesel or any other fuel.

MOBILE LIBRARY

There are different days for Mobile Library visits to Belton from those for Fritton and St Olaves for more information on the 4 weekly visits to Belton, Fritton and St Olaves contact the Mobile Library service as follows: central.mobilis.lib@norfolk.gov.uk or phone us on: 01603 222 303 or visit our website: www.norfolk.gov.uk/libraries (There is no service to Burgh Castle).

The next visits to Belton will therefore now be on Wednesdays August 28th, September 25th and October 23rd at the following points.
 14:00 – 14:10 : Belton - Alderslea, 7, Station Road South.
 14:15 – 14:30 : Belton - Amhurst Gardens
 14:35 – 15:25 : Belton - Belton - Moorlands Primary Academy / Children's Centre
 15:30 – 15:45 : Belton - St Robert's Way.

The next visits to Fritton and St Olaves are Wednesdays September 11th and October 9th at the following locations
 15:15 – 15:35 : Fritton - New Road.
 15:40 – 16:00 : St Olaves - Priority Close off Herringfleet Road.

VILLAGE VOICE ON TWITTER

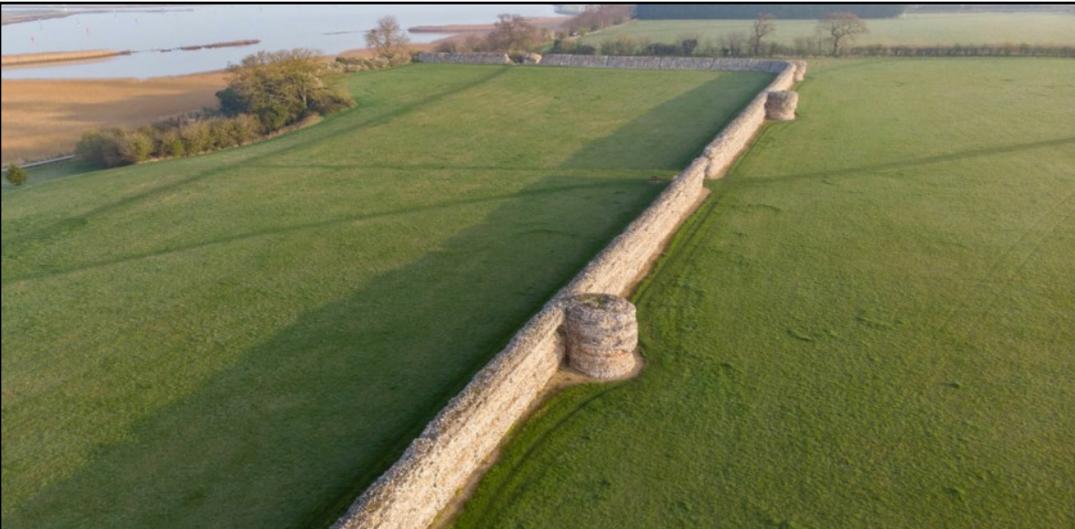
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CONSERVATION REPAIRS AT BURGH CASTLE ROMAN FORT

English Heritage will be carrying out repairs to conserve some of the steep banks that surround the Roman walls of the monument at Burgh Castle commencing this Autumn. The walls of the Fort, which are up to 4.5 metres in height and some of the most impressive Roman remains in the country, have stood for more than 1,500 years. In recent years, narrow strips of bare earth have become eroded around the base of the walls and this is gradually damaging the monument. Where people follow the erosion they can end up walking at the top of steep slopes and at risk of an accident.

Some timbers left over from previous works will be removed, the level of the ground built up and new grass seeded so that the ground becomes firm. To allow the grass to establish English Heritage will be installing temporary fencing that will remain in place for several years. A set of steps leading up to the Fort on the north side will be repaired at the same time by the Norfolk Archaeological Trust (NAT). Readers may not realise that although the upstanding remains of the fort are in the guardianship of English Heritage, NAT owns the monument and manages the open spaces that surround it. Access to the Fort will be maintained throughout the works so that visitors can continue to enjoy its unique atmosphere and the outstanding views out over Breydon Water.



 **NORFOLK ARCHAEOLOGICAL TRUST**

Free guided tours of Burgh Castle
2:30pm every Sunday
June - September

meet your guide at the interpretation shelter in the main car park - no need to book!

BELTON FUN DAY Philip Welsby (organiser)



Belton Funday and Classic Car Show was a roaring success again this year with the New Road Sports Field completely full.

With over 150 fantastic vehicles on show and the sun making a welcome appearance, the crowd gathered round the arena to watch the entertainment begin with the terrific WAW wrestling.

Traditional Punch and Judy was followed by viking battles, dinosaur fun, character appearances and more wrestling!

With the beautiful weather, things to see and do everywhere and some brilliant local businesses with their stalls the

event was busy all day. It is estimated that the charities and organisations that attended raised close to £4000 which is amazing.

GOODBYE TO 'ALADDIN'S CAVE'

Sadly this month we have the last advert from Belton Pet and Hardware, Wendy French who has had the business since January 2000 has decided not to renew the lease and the shop will be sorely missed by many of us who were used to calling in regularly for DIY, gardening, pet foods and a wide range of other items far to numerous to mention.

The shop has been open since the 1960's when the village expansion started and has had five owners over 50 years but changing shopping habits have finally caught up with its viability two reasons being internet shopping and the severe price cutting from the new larger stores.

Wendy's business has a particular place in Village Voice history, She took the shop on in January 2000, Village Voice commenced that April and her advert has been in every edition since – thank-you very much, we wish you all the best for whatever you do in the future.

Regarding the shop, many of you have welcomed the idea that it is to become a cafe although most say that the shop will be badly missed, anyway we all wish Laura and Jackie all the best in their venture which they hope to open before the end of the year.

LOTHINGLAND MODERN SCHOOL REUNION 'Reunited & It feels so Good'



After almost 50 years Lothingland Modern School pupils and teachers have a chance to meet, for those who started in the late 1960s, leaving in the early 1970's we have a reunion at Belton Kings Head Function Room on Saturday October 26th 2019 (7pm). Tickets are

£10.95 to include a buffet. There will be a photographer and photos available for purchase during the evening, in this age of Facebook and Instagram there's no substitute for the physical presence, eat drink, mingle, mix and catch up with old friends. For tickets e-mail browsto56@gmail.com, or bevbrown59@live.co.uk or call 07909991871 (Jean Brooks now Samuels.)

The photograph is of those in my class at Bradwell Junior school taken when we were 11, those that left in Summer '67 and went to Lothingland are – Back L to R - Audie Skipper, Jane Beare, Graham Hellas, Jean Brooks, John Reeve, Ann Holloway, Middle Sandra Newark, Lesly Gardenier, Tina Bush, Andrew Payne, Lynn Bexfield, Jane Graystone, Lorraine Darby and Anne Chapman. Front Kim Wynes, Elaine Futter, Lorraine Sly, Mandy Scott, Janice Ashby and Paula Moody. Do you know where they are now?

Jean Samuels

NORFOLK CHURCHES CYCLE RIDE

On September 14th Paul Nicholls will again be taking part in the Norfolk Churches Sponsored Cycle Ride on behalf of Burgh Castle Church and usually collects a very large sum for our village church and Norfolk Churches in general, he will be continuing to travel round the village in the next two weeks or so to collect sponsorship, Tax paying sponsors are reminded that their donation can be Gift Aided allowing the Trust to claim a further 25p for each £1 given. Burgh Castle church, as well as Belton and Fritton will be amongst many, many open on the day to enable other riders to sign in whilst on their travels round the parishes of Norfolk.

YOUNG AT HEART

It's August and being the holiday season people come and go more than usual. At Young at Heart we have a quiet time waiting for the new programme to start in September, week on week the club seems to get more popular with a turn out of 30+ for the regular Tuesday meetings (10am – noon) at All Saints, Belton. Quite a lot of the regulars including Rev. Rosie and Tracey have gone to the 'New Wine' festival in Peterborough, fortunately the weather has been kind to them – many are staying under canvas! We look forward to their return and hearing how they got on.

If you think you would like to join us at Young at Heart just turn up any Tuesday – If you have any questions call Sue (01493 782443) or Margaret (01493 780126). I thought I would finish with an m quote about how men and women view their holiday preparations so differently "When going away for a weekend with a man, a woman has her hair cut, her bikini waxed, borrows a skirt from her best friend, dyes her eyebrows, diets, fills 15 small containers with lotions, tries on all her clothes, irons them and packs 'something sexy'. The man wonders if his wellies are in the car" (Debra McKinlay)

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Inside Story



James Paget University Hospitals
NHS Foundation Trust

Issue No. 16 August 2019

News from the JPUH Governors

Governors have busy diary of events

Governors have been out and about at various venues including the Great Yarmouth library (15 May), Caister library (16 May), Great Yarmouth Neighbourhood Fair (8 June), Gorleston library (10 June), Martham Carnival (6 July), Gorleston library (8 July), Great Yarmouth library again (16 July) and Belton Fete (3 August). We will be visiting local libraries in the future too.

It provides us with a valuable opportunity to meet and talk with members of the public about the services offered by the James Paget University Hospital and their experiences. We have also been asking what is most important to them when they think of the healthcare they receive now and in the future.

If you have any thoughts on this, please email us on governors@jpaget.nhs.uk

Recently, the Norfolk and Waveney Health and Care Partnership has asked for the views of local people to enable these to be considered as the five year plan is prepared (see opposite). Please do get involved.

If you know of any events that are taking place that you would like us to attend, please contact us on the above email address.

For information about your local health service visit...
www.norfolkandwaveneypartnership.org.uk
...and to join the online conversation to help shape its future...
Go to: <https://ingoodhealth.dialogue-app.com/>

Come along and hear what has been happening over the last year

The James Paget University Hospital Annual General Meeting (AGM) will take place on Wednesday 18 September.

The exhibition will start from 6pm - with teams from around the hospital giving up their time to provide information on the great work that they do - with the meeting from 7- 8.15pm.

Our maternity team will be presenting on improvements they have made in the last year and how they made changes during a period of staffing challenges.

Because it was so successful and enjoyable at last year's AGM, the hospital catering team will again be providing "tasters" of the food offered to patients while they are in the hospital. This year we will be focusing on the food available for those with special dietary requirements.



Please make a note of the date in your diary and we look forward to seeing you there.

The next edition of Inside Story will be sent in December 2019. The next Your Trust News will be sent to each member household in October 2019.

For further information about any of these articles, or to comment, good or not so good about the James Paget University Hospital, please email governors@jpaget.nhs.uk

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THE MALCOLM METCALF COLUMN

Malcolm Metcalf is the past president of the Great Yarmouth Naturalists Society. His Nature Notes is one of the Village Voice's longest standing and best loved columns. He can be contacted on 01493 661138.

You can also write to him at 43 Magdalen way, Gorleston, NR31 7BW or on 43ironhorse@gmail.com

MALCOLM'S NATURE NOTES



We have several wild poisonous plants growing in England, among which are Snowberry, Guelder Rose, Henbane, Monkshood, Thorn Apple, White Bryony and Deadly Night-

shade. However one of the most poisonous is Hemlock (*Conium maculatum*) also named Poison Parsley, Spotted Corobane, and Musquash Root. It is a member of the same family of plants as Fennel, Parsnip, Carrot, and Parsley. It is an erect hairless biennial, growing up to 2 metres tall, its perfectly smooth grey-green stems are conspicuously purple spotted and blotched. In the past it has been recorded in the deaths of children, by using its hollow stems as pea shooters and whistles. Its not an uncommon plant, found in hedgerows, neglected meadows, damp grassy places and stream borders. Every part of the plant is poisonous, especially the young leaves which resemble Parsley. All parts of the plant contain a volatile oily alkaloid so poisonous that a few drops proves fatal to many wild and domestic animals although goats are said to eat it with impunity. In summer it has a mass of creamy white blooms. The entire plant has a disagreeable mousy odour. Its root is long, forked, pale yellow in colour and its small fruits are globular with ridges. In 399BC the Geek philosopher Socrates, whose influence on western philosophy is incalculable, was charged with impiety and found guilty and Hemlock was the fatal poison which he was condemned to drink. The juice of Hemlock was frequently administered to criminals.

Recently I came across several Tansy flowers growing in a small back lane in Somerleyton, Tansy (*Tanacetum vulgare*) is an erect Perennial plant 60-90cm. (2-3 ft.) tall, which I photographed. It is conspicuous by its yellow flower heads in large umbel like clusters which earn it the name of "Buttons ". The plants dark green leaves are strongly aromatic, somewhat like camphor, each leaf consists of

two rows of about 12 leaflets, deeply and sharply toothed. In past



times its roots when preserved with honey and sugar, reputed to be a special remedy for gout. The plant was also used to keep Mice from corn. It used to be popular as a flavour-

ing. it is also connected with some interesting old customs observed at Easter when Bishops and Archbishops played handball with men from the congregation and a Tansy cake was the reward of the winning team. Tansy cakes were made from the young leaves of the plant mixed with eggs and a "Drisheen", a spicy black pudding from S.E. Ireland. Cows and sheep eat Tansy, but horses, hogs and surprisingly goats refuse to touch it.

Growing near the River Waveney at Somerleyton was a large patch of Marsh Mallow (*Altea Officialis*) a perennial plant which



I again photographed despite a strong wind. It has soft velvety green leaves which have a serrated edge. It's beautiful pale pink flowers are attracted to Butterflies and Bumble Bees. It grows in salt marshes, damp meadows and by the side of ditches to a height of about 4 ft. The confectionery of the same name used to be made from mucilage extracted from the root of Marsh Mallow, but today only the highest quality Marsh Mallow sweets are made in this way, most are now synthetic.

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THE VILLAGE VOICE HEALTH CHECK

Health Check is a regular column in your Village Voice. Generally each month, a topic of interest to the public is discussed by a health care professional. This month however, we feature two members of the public responding to mental health or developmental disability related issues that have been highlighted by the Village Voice earlier. Please feel free to write to beltonyvveditor@gmail.com with suggestions about topics that you would like covered in the future.

AUTISM & INDUSTRIAL DESIGN Heather Douglas

Last summer I attended the Norfolk mental health awareness day, organised by Village Voice, which included a series of short talks on topics such as Learning Disabilities, Autism, Dementia and Drug Misuse.

After hearing Professor Peter Langdon's talk on Autism that day, I was shocked at the prevalence of Autism, how overlooked it is and how so few people understood what it is, including myself at the time. This talk especially inspired my final year Industrial Design project at Bournemouth University – 'Sensory Adaptation' – a piece of sensory apparatus for autistic children (aged 3 – 8) to be used in school environments.

Autism is a life-long neuro-developmental disorder characterised by difficulty communicating and interacting with others and making sense of the world around them. Autism affects 1 in 100 people in the UK and, including their families, it is part of everyday life for 2.8 million



people.

As part of my research for this project I had the privilege of visiting two special schools and observed how autistic children interacted with their surrounding environments. My design was inspired by the use of sensory integration, which mainly focuses on the senses of proprioception (sense of space), vestibular (balance) and touch. User interaction, colour and materials were key elements of this design as each individual has different sensitivities, symptoms and levels of functioning.

The flexibility of the three platforms allows an occupational therapist to assess the autistic child and determine what their needs are, while the child feels like they're playing. The platforms are designed to be easily manoeuvred around the back board creating a multi-functional space for the child to climb on, sit on, lean on, make a den area etc. depending on the individual.

This design is only at a concept stage but has been very well received by parents and professionals working with Autistic children.

I'm so thankful to have attended this community event and believe events like these have potential for such positive impact.

AN UNSEEN PROBLEM Bill & Sue Richmond

After two and a half years things are still very tough but we now feel we want to share this tragedy and perhaps help another family to not suffer this situation in their lives. Talking and writing about this tragedy is a healer and we hope it will continue to be so.

On July 11th this year it would have been our grandson's 17th birthday but two and a half years ago on Sunday January 8th 2017 at lunch time about five to one we received the worst phone call from our granddaughter that you could ever receive. Her panic told us something was wrong but not what. She said Sam, her brother, had had a terrible accident in Worcester and was being treated by a paramedic in the city. After trying to establish what had happened she said she thought he had had a cycle accident, and rang off. At five past one the phone rang again, with granddaughter now even more distressed and told us it was very serious and they were doing life support on Sam and he was on the way to hospital. Trying to reassure her, which we failed, she rang off. At one fifteen she rang again in tears and very highly distressed and told us Sam had died. We just grabbed a few clothes, told a neighbour and set off to Worcester, not knowing any more details about the circumstances of the accident. We went straight to the hospital A & E where the rest of the family were. As soon as we arrived we were taken aside and told what had happened. Sam had taken his own life by jumping from the top of ASDA car park in Worcester after chaining his bike up below. We have never had to absorb such news during the 70 years of our lives.

After calming down to the best of our ability and consoling his mother, our daughter, we were lost for words. The previous evening, Saturday, we were speaking with Sam on the phone discussing computing technicalities and school work that he was so good at.. Not a hint that would be the last time we would ever speak to our grandson. Life has been tough for us but even more for his mum and dad over the past 2 ½ years, and there is hardly a day when memories of him don't flood back and we ask ourselves "Why did we not pick up any signs when speaking with him as frequently as we did" or his parents seeing any signs of his state of mind?

From this dreadful situation many questions are still unanswered.

1. Although the police examined his computer drive and found some typical images that a 14 year old might collect, they were secretive about most other things except to say there was evidence of cyber bullying and blackmail that most likely led to his suicide. This was also concluded from his inquest that took place later.
2. His Apple smart phone was heavily coded and no one else knew the code (a very big mistake). Computer and phone experts were unable to break into it and even under these circumstances Apple would not help in accessing the data that could possibly given us and his parents some answers.
3. What really should anyone, especially family, been looking for or noticed in his behaviour?
4. Schools do not look for signs of trouble in very bright and talented children in a way they do to help those with learning difficulty. Highly talented children often feel peer pressurised and are taunted because they are very fortunate to be talented and clever.

Although we are very open about this tragedy we are now beginning to feel we would like to help any other parents and grandparents to **never ignore** any signs in their children/grandchildren that might be a sign of deep mental trouble within. If we can prevent another tragedy of this kind to a young person we would feel some comfort.



DOWN THE GARDEN PATH

This popular and regular column in the Village Voice is written by Elizabeth Myhill. Liz is Chair of the Belton & Lothingland Village Show and the Belton Ladies Group (BLG). Please send in your comments and suggestions for future columns to Beltonvveditor@gmail.com

Here are a few new varieties of shrubs of special interest to gardeners for the Autumn.

Berberis 'Orange Rocket'

Berberis thunbergii 'Orange Rocket' Japanese barberry. ... a brilliant recent introduction with red-orange foliage on an upright deciduous shrub and the occasional small yellow flower in April.

Cotinus 'Golden Spirit'

This award-winning smoke bush has stunning, golden-yellow round leaves that turn coral, orange and red in autumn. In July and August, a haze of fluffy, smoke-like plumes of green flowers appear. This fairly new variety is an excellent specimen plant for a sunny spot. The leaves become an intense translucent gold the more sun the plant receives. For the medium to large garden.

Escallonia 'Red Dream'

A compact, evergreen shrub, Escallonia Red Dream is prized for its glossy foliage and striking, rosy red flowers. Low-growing, with a spreading habit, this variety of Escallonia is ideal for hedges and borders.... Low growing and bushy, Escallonia Red Dream requires no routine pruning.

Sorbaria 'Sem'

'Sem' is a small, compact selection, to 1.5m, of this thicket-forming shrub. It has many upright stems and a distinctive leaf colouring; yellow-green flushed with bright reddish-pink and bronze in spring. Leaves become greener in summer, but redden in autumn; colouring is best in good light. Flowers are borne in stiff, erect, rather narrow panicles of small white flowers in summer.

Weigela florida 'Pink Poppet'



The repeat flowering of this elegant shrub provides real interest for humans and wildlife alike, boasting gorgeous light pink flowers among fresh green foliage in spring and again in late summer. Weigela florida 'Pink Poppet' is generally smaller than others of its kind, so great positioned where space is limited. This shrub is dwarf and rounded and has been awarded RHS plants for pollinator's status.

FRITTON FLOWER FESTIVAL

The Fritton Flower Festival held in Parish Church over the last weekend in July was a roaring success raising the record sum of £1227.77 with excellent attendances to view the displays on both days, this was probably helped in no small way by the church being featured on the Radio Norfolk religious programme which ran from 6am on the Sunday morning.

FRITTON SPEEDWATCH

Our results for Community Speedwatch for Fritton, over a period of one month (14th July - 14th August), 4 hours (spread over four separate occasions) is as follows:-

81 speeding vehicles at 35 plus mph, 62 speeding vehicles at 40 plus mph, 7 speeding vehicles at 50 plus mph

FRITTON BINGO

All are welcome to our monthly Bingo at Fritton Village Hall on Friday September 20th (Eyes down 7.30pm). Still only 50p per card excellent prizes to be won.

GORLESTON COMMUNITY CINEMA

The next films at Gorleston Community Cinema at Gorleston Library are : Thursday September 5 'The White Crow?' (12) 2.30-4.37, Thursday September 19 'Green Book' (12A) 2.30-4.40. Admission is £4 No booking required. (Doors open 2pm)

4Bs GOOD NEIGHBOUR SCHEME

The 4Bs Good Neighbour Scheme's team were out in force at Belton Fund Day again this year recruiting support from local people to assist in the running of their new scheme. Group co-ordinator Steve Carter (pictured recruiting a new volunteer) said "The day was a great success. We set out to promote the 4Bs scheme and enlist volunteers and I was very pleased at the response we received".



Linda from Bradwell says "The 4Bs has helped me in the past when I was discharged from hospital and I couldn't do my garden for 5 weeks – it was comforting to know that they are there when I really needed their help". "I hope that they find more volunteers so that they can continue the good work that they have started".

Steve, from the 4Bs says that Linda is not unique, in that the scheme has helped many similar people, over the past 4 years with a variety of jobs ranging from light gardening, small carpentry repairs, trimming hedgerows, befriending, dog walking, or even changing a light-bulb. Ian, from Belton, says "I have been a volunteer of the original 4Bs GNS for more than 2 years and in that time, I have found it very rewarding in helping people in need and it is nice to put something back into the community rather than taking out from it. Each phone call is different to the previous, and it is good to have variety in the work that we do".

Mike and Steve, who both co-founded the Good Neighbour Scheme in 2015, have never detracted from their original two objectives of helping people in need in the four villages of Belton, Bradwell, Browston and Burgh Castle whilst not depriving local tradesmen from their source of income. If you would like more information then please contact Steve on 07544 161848 or gns4bs@hotmail.com.

GREAT YARMOUTH GUILD OF ARTISTS & CRAFTSMEN

We are holding our Annual Exhibition at the Exhibition Galleries, Great Yarmouth Library 18- 27th September, open daily, 10- 4pm. Closed on Sunday and closing noon on the final day.

MAKING NORFOLK & WAVENEY HEALTHIER The Norfolk and Waveney Health and Care Partnership

We all have lots of experiences of caring for others and of being cared for, could you turn your experiences into good ideas about how we can improve the health and wellbeing of people living in Norfolk & Waveney? Your local NHS and care organisations are working together to plan for the future, why not join our online conversation to share your ideas and see other peoples suggestions visit <https://ingoodhealth.dialogue-app.com/>

Your ideas might just save a life, so get involved and tell us what you want to see in our Five Year Plan for Health and Care.

BRANDON LEWIS MP



It's been another momentous period in British politics, one that has the potential to shape our nation for a generation. As one Prime Minister leaves the political stage a new one bursts on to the scene, setting out how he intends to govern from the outset. The change of power within our political system is brutal – there is no transition or handover period – so we shouldn't forget the dedication to public service and determination displayed by Theresa May. It has been a privilege to work alongside her, as one of her ministers, over the last three years.

And I am delighted to be given the opportunity by Prime Minister Boris Johnson to serve in his Cabinet and ensure that our country remains safe, shielded from existing and emerging threats, as Security Minister in the Home Office team.

Boris has shown his determination to put in effect his campaign promises from the outset. He's given the go-ahead for the recruitment of 20,000 police officers and will provide them with the powers to make our streets safer. And he's making sure people start seeing the £20 billion in new NHS funding in their GP surgeries and local hospitals. As importantly, I relish the chance to support the Prime Minister in making sure we leave the European Union on October 31- something I've voted to do at every opportunity in Parliament.

I make no apology for writing so extensively about Brexit. Great Yarmouth residents voted overwhelmingly to leave, and I have to work as your MP to deliver that result and keep you informed on progress. I am frustrated that Labour's political games prevented us from leaving on March 29th. I voted to keep a 'No Deal' exit as an option, and it is right that the Government is prioritising preparations for such an outcome. Boris' speech on the steps of Number 10 made clear he is determined the government gets to grip on the decisions we need to take to leave the EU. We will realise the benefits of Brexit and get our country back on the road to a brighter future.

COUNCILLOR ADRIAN MYERS



You may now be aware that I have been accepted as the Brexit Party PPC for Great Yarmouth and will be standing as such, if there is a general election. Although I am an independent, I am a supporter of the Brexit Party, not a member. I have always been a Brexiteer and I campaigned to leave in 2016. If elected, my aim will be to ensure that Brexit happens promote Great Yarmouth, and will always be a constituency representative not a Westminster resident.

Although it has been quiet in the council, I still have one more meeting on the 8th before the August break, I have been very busy with local issues that are affecting residents. In Fritton I arranged a meeting with the head of their speed watch team and Inspector Hewitt discussing what can be done about the speeding cars in Fritton and the frequent damage to properties at the top of Church Lane Fritton. In Belton, I have contacted our county councillor Andy Grant to see if he could allocate some of his highways budget in having a sign put up on the approaching bend of New Road junction of Bracon Road, as people crossing are not seen until the last minute. I have been listening to residents concerns about noise issues in Station Road, put together a dossier and will be seeking a meeting with NCC. I have at present 6 other cases that I am dealing with, but space and confidentiality prevents me from expanding on them. I have attended all three parish council meetings and have taken some issues raised at those meetings further.

Cllr. Adrian Myers
Tel 07824313792

LOTHINGLAND COUNTY COUNCILLOR ANDY GRANT



Norfolk County Council has had a busy few months in all areas and is also settling well under the new Cabinet System, the new system has allowed decisions to be made more quickly and efficiently. We are now entering the budget season and the process will start in September of ensuring we have a balanced budget. Pressure for adult social care and children's services continue to outpace funding and pressure as usual has been placed on the government to ensure that we have the funds we need for the services residents deserve. All budgets across NCC are being squeezed to pay for the growth in spending needed for adults and children's services. We have had several one off funding announcements but they do not go far enough and do not make up for what is needed. We need a long term funding settlement and in my view a radical overhaul however we can only lobby where we can. The government expects that a funding solution is needed and I'm pleased the new Prime minister has mentioned this, action speaks louder than words and I look forward to seeing what comes out post Brexit.

Recycling figures across the County have flat lined and I would urge all residents to recycle when they can. We are lucky here in Norfolk to have a simple two bin system and would urge all residents to check they are making the most of this service. We are looking to publish our new Environmental Policy in November and looking at all areas to be as radical as practically possible in ensuring that NCC is playing its part in battling Climate Change. Whilst ensuring we are as green as possible we must also ensure we are pragmatic with this whilst ensuring our residents are not at disadvantage to other authorities are parts of the UK.

The minerals and waste strategy for 2026 to 2036 has gone through Cabinet for the preferred options stage. It is recommended that Fritton Woods should **NOT** be included for any extraction and I would urge residents to respond to the consultation if they can.

In terms of Highways the third river crossing is progressing well and is still planned to open on time. Representations by NCC and Brandon Lewis to Highways England have been made to ensure that the promised improvements to the A47 continue to be at the top of there agenda. NCC officers are drawing up some improvement plans for Belton in terms of the Cycle lane on New Road. It is hoped that a preferred options stage will be done by September and then we can look at funding and trying to get these sorted. If there are any issues I should be aware of please don't hesitate to get in contact.

Andy Grant

County Councillor, 07833 083903, Andy.grant.cllr@norfolk.gov.uk

SCOUTS NEWSPAPER COLLECTIONS

Belton Scouts will be collecting old newspapers in Belton (sorry not other local villages) on Saturdays September 7th and October 12th Papers should be put outside properties by 8.45am to ensure collection, please do not make bundles too large as some of our younger members who help are on the small size!

Glossy magazines, leaflets, greetings cards and old telephone directories can all be included with the papers, please see the whole list of dates for 2019 in the January edition of 'Village Voice',

For information about the local Scouts or the paper collections please call 01493 780965, papers can also be left outside at 6 Station Road North, Belton, NR31 9NF.

OPEN EVENING
19 SEPTEMBER 2019, 5-7 PM
BOOK YOUR PLACE BY RINGING
01493 662966

EVENTS AT THE NEW ROAD SPORTS AND LEISURE CENTRE



**CENTRE POST CODE
NR31 9JP**

Bookings
Tel Kate (01493 602960)
or Peter (01493 780703)



UP4 FITNESS NEWS

We have received the following from Sallyann and wish her well in her recovery.

"As 'Village Voice' went to print last month I was admitted to A&E at the James Paget Hospital. Thanks to the Village Voice for putting the announcement in last month's issue. Due to me being so poorly there will be no classes

for now. Any monies you have paid will be sorted out when I feel better.

I want to say thank you for all the get-well messages that I and my family have received from you all. The love and support have been overwhelming, Thank you. I spent 18 days in hospital, 6 were in ICU after having an emergency spleen removal. A blood clot in the spleen caused the immunity system to breakdown and sepsis creep in. All of what happened is not related to my cancer and that at present remains dormant thankfully. Four weeks after my operation I am home and slowly recovering. My fingers and feet are numb and feel they have pins and needles all the time, which is reducing slowly day by day. My wounds are healing well, but I am not mobile and find the easiest of tasks challenging.

The biggest lesson I learnt in hospital, is all that we do at our classes week in week out are so relevant. Please keep active and exercising in my absence it is so important. Hopefully I'll see you at a coffee morning at New Road soon. Thank you all you lovely people.

Sallyann & Family x

BEEBOPS SENSORY MUSIC & DANCE SESSIONS

The Beebops groups for families and babies at the New Road Centre run two sessions meeting on Tuesday mornings, they are holding a Family Time class at 10am and Babees class at 11am, admission will be £4.00 for either class but a trial offer is available of 3 classes for just £10. Family time is suitable for ages 0-5 and the Babees class from birth to walking. We recommence for the Autumn term on September 10. For further information and booking visit www.beebopsltd.co.uk. or e-mail enquiries@beebops.co.uk or call 07934 276167

BELTON BOWMEN



Belton Bowmen are at the New Road Field for the next couple of weeks and move to their winter home on Monday September 9. From that date the archery group will meet at Wroughton Primary Academy, as always there is a warm welcome for new members of all ages and abilities. Juniors 6pm-7pm (£3.50 per session) Adults Club 7pm-9pm (£5 per session) Tel Duncan (01493) 780418 (please use the staff entrance

at the school).

MUSICAL MOVERS



Musical Movers is a music and movement class for youngsters aged from 0 to 5 years at the Belton New Road Sports Centre on Friday mornings in term time (9.30-10.30am). Why not join us on our return on Friday September 6. Fun interactive music, singing and development sessions for babies and pre-school children. £5. (£1.50 for additional siblings over 4m) For more information please call 07974 173216.

GREAT YARMOUTH STROKE GROUP.



The Stroke Group had afternoon tea at members Lisa and Stuart's beautiful garden in Halvergate, there were many donations of raffle prizes

from their friends and several members attended, the amazing sum of £513 was raised, so much appreciated. We also had the raffle at the August coffee morning at the John Green Institute and again had many donations for the raffle, thank you to Marion and Paul for organising, here £132 was raised, once more thank you to everyone for your support. Thanks to Sam for making the wonderful cake and a happy birthday to Gillian, whilst our thoughts and love go to our Margaret on the loss of her husband, Peter. We will resume on Thursday September 5th. at the New Road Sports Centre, Belton where we meet on Thursdays (2pm), for information contact organiser Sue on 01493 781846.

THE PREMIER ROOM

New Road Sports & Leisure Centre - Belton

Day & Evening Hire

Children's Parties from £35, Hire rates from £7/hr

Full Kitchen facilities

Functions, Parties, Corporate & Business Events

Safe Secure Environment, Ample Parking

To Book call Kate 01493 602960

Email: beltonparish@yahoo.co.uk

CAMERA CLUB



At the last meeting of the Belton Camera Club on August 9th, members were able to take advantage of a break in the weather and get outside of the Hall and take some photographs of the local landscape as the sun set.

We then retired back inside to process some of the digital images before being able to show them. Professional photographer Rob Howarth was on hand with his wealth of knowledge and provided some constructive critique for the benefit of all.

It was fantastic to see so many submissions of the "3 month challenge" - which was to photograph an object that looked like each letter of the alphabet. Well done - each one represented a lot of work getting

the 26 photographs and demonstrated some genius in creativity! Who would know that a flying duck rotated 90 degrees looks like the letter K!

The photo of the month submissions, entitled 'Bicycle' were also looked at, again it was great to see so many entries! It was tough decision to judge a winner, and in the end it was a joint 1st place for David Gomulak and Don Donaldson. Well done!

Next months 'photo of the month' is 'A Ring'.

Speaking of next month - due to some date clashes, the next meeting will be on **Friday 30th August. The usual time of 7pm-10pm** at the New Road Sports & Leisure Centre, New Road, Belton, £2 on the door with refreshments available. Everyone welcome - beginners and experienced photographers alike! Our aim is to help people to get using their cameras more and improve their photography.

The theme of the next meeting will be dependant on the weather, so it's safest to say bring along your cameras, tripod and also laptops to process photos after (a flash might be good if you have one and we end up indoors). See you there!

The photographs this month are some of our members preparing for their shots, then a photo taken on the night by Frank Kitch and finally the joint first place for the monthly photo taken by David Gomulak.

PILATES WITH HAYLEY

There are two weekly Pilates classes, beginner and intermediate, suitable for all levels of fitness on Mondays at the Premier Room New Road Sport & Leisure Centre, Belton, 6.00-7.00pm and 7.05-8.05pm with spaces available especially in the 7.05 class. Old and new clients will

be welcomed including men. There will be a new 6 week session commencing on Monday September 9th at a cost of £48. This series will include foam rollers realigning spin and hip and also shoulder release, also included will be relief of post operation hips and relief for the feet (to the core). There are also spaces in the beginners classes at Lound Village Hall on Wednesday mornings (10.30am) and a few spaces available at Hopton on Mondays at 10.15am. Hayley also runs numerous other local classes. To book call her on 07767 864568 or email hayley@hayleyallenpilates.co.uk (Booking is essential for all sessions).



JOLLY TOTS & JOLLY BABIES

Jolly Tots and Jolly Babies sessions run every Wednesday (term time only) at New Road Sports and Leisure Centre, Jolly Tots (9.30am-10.45am) is a friendly stay and play group for under 5's and Jolly Babies (11am-12pm) from birth. I aim to provide a fun and stimulating environment for children to interact, learn and play and for parents, grandparents and carers to meet other local families whilst enjoying a cuppa! There is ample free parking available, bus service X11 stops outside every 30 minutes. Sessions include free play, messy/sensory play, craft activity (often based on a theme) snack time and a song time. Jolly Tots is £3 per session, Jolly Babies £2, it is £1 per sibling. Contact Shelley 07767389789, we you can join us. Our sessions have now ceased for the Summer holidays but we restart on Wednesday September 11.

BELTON JUDO CLUB

Belton Judo club is continuing to see good numbers on all the mats considering it is the summer break for many but it would be an ideal time for anyone wishing to try this excellent Olympic sport to take the plunge and take advantage of the offer of a free, no obligation one months trial.

Just a reminder to everybody that Dominic King Judo & MMA Academy will be training all through the school's summer holidays including bank holidays so if anyone has missed any sessions, please feel free to visit any of our other venues.

We have all standards at our club from British champions and medalists to complete novices and all standards and ages between 4 and 73 so there is definitely something for everyone whatever your ambitions may be so rather than sitting round wondering what to do, get along to our Judo club and see what you're missing. Make new friends, get fit, increase your confidence and self-esteem, the advantages are endless so what's not to like?

Belton Judo Club run two junior sessions every Tuesday and one junior and one two-hour open senior session every Wednesday at the New Road Sports and Leisure Centre in the village under the watchful eye of Dominic King, ex-British Champion and Youth Olympic Silver medallist who trained and competed at National and International level for many years and 13-year-old Ryan King who is now a member of the England squad and assists Dominic with coaching. Not many villages have a club run by coaches at this level so take the opportunity to try this excellent Olympic sport, the first month is FREE OF CHARGE so why not come along and give us a try, you have nothing to lose, who knows, it could be a life-changing move and you may never look back.



Dominic King Judo & MMA Academy is able to accommodate new members at our Judo clubs in Belton so anyone wishing to join either of the clubs should just turn up any Tuesday (under 8s 4.30, over 8s 5.30) or any Wednesday (all juniors 5.30 to 6.30) and Open mat for all

styles/disciplines 6.30 to 8.30 only £6.50 per person for two hours at the New Road Sports Pavillion or contact Dominic on 07977 432756 or email on dominic@fightingfitjudo.co.uk or contact him via Facebook. Other venues/days are available if Tuesday or Wednesday is not convenient, all session times and venues can be found on our website www.fightingfitjudo.co.uk,

The photo shows a recent senior training session at Belton

BELTON F.C.



Belton F.C. have had another busy month of getting ready for life in the Anglian Combination division four. With pre season starting we have had some tight hard fought battles with the following opposition Thetford Rover Res, Loddon United res, Hempnall, Martham and Bungay Town Res resulting in three wins, one draw and one abandoned game due to injury. Now comes the hard work with a long season ahead to see



if we can carry on our recent success under manager Luke Miller. The reserves have also had some tough fixtures in the run up to the start of their season at the start of September.

The main body of work has been the installation of permanent dugouts at New Road, many hours work have gone been put in by willing volunteers meaning that the club will be ready for the start of the new season. No more fixtures have been made available for September as of yet but please ensure you check out the relevant

leagues fixtures and get up New Road and support the lads when you can. There are further plans slowly being put into place to continue the development at New Road to hopefully make the facility something the village can be proud of!!

Nathan Brown
Club Secretary



1st. BELTON SCOUTS

Beavers

The Beavers had a change to on evening when due to rain we were unable to spend an evening on the beach with the Cubs, instead we had a great evening doing 100 items including skipping, doing star jumps, running 10 metres, drawing a picture and much more. We have welcomed five new Beavers to the colony who were



invested in the same evening. We finished the term at Eaton Vale Activity Centre having a go at activities from the climbing wall, catapult

wipe out, grass sledges and low ropes. We were lucky it only rained when we were eating our lunch so it did not stop our fun.

Cubs

The Cubs had a great evening helping the Beavers with a 100 items to do. They spent there last evening playing games and welcoming a new leader to the pack. The Cubs are now looking forward to Cub camp at Gilwell Park the headquarters of UK Scouting during the Summer holidays.

Scouts

Our final few nights at Scouts were some fantastic sessions. The first celebrated our term and we spent the evening at Quasar followed by some well-earned pizzas. The final evening was a hike from Burgh Castle back to the village in glorious weather. We are now planning next term and had some great input from the Scouts as to what badges they would like to work towards.

If you are interested in joining the group as a young person or as an adult supporting the young people with their activities or helping to support fundraising please contact John (Gov) Group Scout Leader 01493 780965.

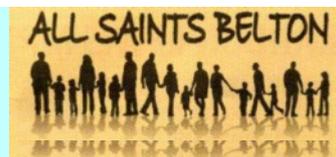
YOGA WITH LEXI



Why not join our lovely welcoming YOGA group we meet at Belton New Road Sports Centre on a Thursday morning with a relaxed, calming and supportive atmosphere. Classes are 9:30am every week £6.00 per class or £20 for a four week block. We return after Christmas on 3rd January 2019! Call or text 07841985767 to book. Or email lexispallyoga@hotmail.com

Coming next month

- Village Voice Health Check: Men & Suicide
- Village Voice Book Club: More prize winning entries from the writing competition
- Village Voice Kitchen: A mouthwatering dessert from Bengal



REV ROSIE WRITES

Looking forward.... Looking back

By the end of July the next academic year of collective worship, school/church Christmas and Easter workshops, and special events in which the school and church work together. There were times, as we planned everything, that we looked back to what had happened previously (so as not to repeat ourselves) as we looked forward to the great occasions and experiences that the children would enjoy and benefit from.

As the children start back at school there will be a few who will find the looking forward scary or unhelpful; new class or new teacher, or both! But when we are reminded that we have faced a similar situation before (if we have and it's been ok!) it can be quite a reliever of tension or anxiety. Looking back when looking forward (if that's possible) is something we do when we make decisions. Decisions and choices are usually made in the light of previous experience, either ours or passed on to us by others. When we celebrate birthdays and anniversaries – that is exactly what we do.

On the **weekend of 8th-10th May 2020**, our nation will celebrate 75 years since the end of World War II. At that time there will be memories to share and memories to make. The churches and cathedrals across our nation have received letters from Bruno Peek asking us to join in and encourage others to join in the celebrations. There will be church services, bells ringing, pipers playing (and it's not Christmas!) and lots of parties and events to mark this important milestone in our history.

All Saints Church Belton intend to put on a tea party and concert on Friday Bank Holiday and hold a service on the Sunday morning. Burgh Castle Church will also be having a tea party and a service on the Sunday. Both churches are also hoping to be able to display a dove of peace on each of our churches, created by our communities for our community.

Some of you may have heard that poppy-making has begun again; this time we are making a white dove with a red poppy in its mouth. We hope to have this ready to hang before the end of April, in good time for the anniversary. If you would like to join in with these two group enterprises you will be welcomed with open arms. Poppies need to be white and made of wool or felt. Our experience with "Tommy" tells us that whatever size or thickness, design or shape, it all works together to create depth and character in the work of art that is constructed. Whether you can make one poppy or hundreds (we will need a lot) your contribution will be welcomed. Do join in the looking forward in order to look back to commemorate the people who



gave in acts of sacrifice, courage and determination and saw us through such a dark period in our nation's history. More information will be made available on the allsaintsbelton.org.uk website or from the Village Hall Tea Room in Burgh Castle.

Harvest-time is also a time when we tend to look back, either remembering the good harvests, or the bad times; when we compare whether we have had more apples on the tree or the tomatoes are smaller or less sweet this year. This year the **Harvest Festival Thanksgiving Service at Burgh Castle** will also be a time to thank God for the provision of our new lighting and heating; for the efforts and skills that have brought this to fruition and to compare what was with what is now. And what a comparison it is! The service will be at **6pm on Sunday 29th September** followed by refreshments. We would love you to join us and give us the opportunity to say thank you to those who have supported the church restoration project thus far. The Bible teaches us that when we enter a new place and enjoy the fruits of our labours, we are to be thankful. (Deuteronomy 25)

BELTON YOUTH GROUPS

August is usually a quiet month during the holidays, I plan the groups sessions for next term so I thought I'd share with you something special we do at the end of the school year. Every year we hold a leavers assembly at the Church for year 6, its important as they reflect on their time at Moorlands, the friendships they've made, the lessons they've learned and the fun they've had. Its also a time where they perform and its amazing to hear them sing. We end the service by providing them with a youth bible, something to help guide them as they start secondary school. It is one of the highlights of my job and it is really a wonderful time. (The photo below shows Year 6 with their Bibles)



Rock Solid is our weekly children's club on a Thursday for ages 7 to 11. It will be starting again at the rectory stables on the 12th of September. I would like to take this opportunity to invite anyone who wants to come down and see what its about.



Our Thursday Night Youth Bible study group where we will be mapping out the gospels, this will again be starting up on the 12th September
THE HUB: This group is going through a reformat at the moment so keep an eye on this space for new dates and times.



Messy Church is fun for all the family, it starts with a meal, then a talk and then lots of messy activities. The next Messy church will be on the 11th of September a week after the schools go back.

I would like to thank all my Volunteers and everyone who attends these groups, without you these groups wouldn't exist. If you are



interested in any of the above groups or would like to know more please contact me on: 07783573210 or email me on: bruce@allsaintsbelton.org.uk I would love to see more new faces at all our groups. If it is something you have been thinking about then come and join us and see what we get up to.

Bruce Gearie, Youth Worker

St. OLAVES VILLAGE HALL

The Annual General Meeting of the St. Olaves Village Hall Committee will be held in the Village Hall on Thursday 19th September at 7 p.m. All are welcome. There are two dates for your diaries for the Autumn-Friday November 1st Halloween Quiz and Chili Evening & Saturday December 7th Christmas Craft and Coffee Morning.

SOMERLEYTON FLOWER FESTIVAL

This is at Somerleyton Church on Saturday, Sunday and Monday September 14-16th (10am-5pm Daily). As well as the flowers there will be refreshments, a grand draw, tombola, bric-a-brac, plants and produce. There will also be a Festival Praise Service on the Sunday evening 6pm with the Somerleyton Ukeleles.

EVENTS AT THE JOHN GREEN INSTITUTE



HALL POST CODE NR31 9JG

Hall Trustees

Bill Richmond
 Roger Gowen (Chair)
 Robert Goffin
 Terry Ladbrooke
 Bridget Lawrence
 Michael Farrell
 Faye Green (Sec)

JGI WEEKLY

YOGA - On Monday morning at 10.15am £2.50 per session. Please bring a floor mat and towel with you. Contact Julie on 01493 780121.

SHORT MAT BOWLS - Monday Afternoons 2-4pm 01493 444041

BINGO - Sessions are held on Monday evenings at 7.30pm, everyone welcome.

OVER 50/60's - Every Tuesday Afternoon (2 - 4pm) Contact Norma on 01493 780447.

1st BELTON GUIDES - Every Tuesday (In term time) (6.45-8.30pm. 01493 667311

BELTON ART GROUP - Every Wednesday (2 - 4pm) For any forms of art & crafts for information call Jan on 01493 488683.

WEIGHT WATCHERS - Meet Wednesdays from 6.15pm.

CRAFT GROUP - Every Thursday (7-9pm) No matter what crafts you do why not come along £3 per session Tel. Linda 07721 599559

LINE DANCING FOR IMPROVERS - Every Friday (10.30am-Noon) No partners needed, beginners welcome Call 07788 408801.

BELTON COMMUNITY CHOIR- Every Friday (7.15-8.30pm) New members welcome Call 01493 780060.

MONEY & DEBT ADVICE

DIAL is pleased to announce that as from September they will be delivering free, impartial, confidential Money and Debt

advice and guidance, from the John Green Institute (JGI). The sessions will take place on the 2nd Wednesday of every month from 10.30am until 12.30 with the first session being on the 11th September 2019. Please feel free to call in and chat with our advisor Stephen who will be able to help and support you with concerns you may have regarding your finances. If you would like more information about the services DIAL has to offer please call 01493856900.

BELTON & DISTRICT HISTORY SOCIETY

Next Meeting - Sunday September 15th Illustrated talk with Kenny Cantor "My Life & times in Show Business" held at the JGI from 2.30pm Admission £3 (members £2), no booking required

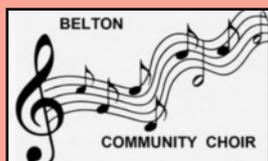
Future Events -

Saturday September 28th & Sunday 29th 2019 JGI 1-5pm each day - Belton W.I records, and Village Show photos Combined weekend show with Photography club, Art club and Needle craft club, drop in any time, 50p adult admission.

Saturday October 12th 2019 JGI Coffee Morning Raffle

Sunday Oct. 20th 2019 "Murder in the Family" The Story of Dr. Crippen talk with Frank Hume, held at the JGI from 2.30pm

For further information on the Society or to obtain a membership form, please visit our website at www.beltonhistory.co.uk or call our Chairman, Ian Walker on 07887640385 (evenings).



BELTON COMMUNITY CHOIR

Our Community Choir continues to develop under the musical direction of Amanda and the skills of Grace on the ivories. Sylvia Shaw one of our members, has also been kind enough to help us out on the piano when Grace has

been away, thank you so much Sylvia. As we are in the holiday season, numbers fluctuate week by week, but our membership continues to grow.

We practice every Friday evening in JGI main hall with the exception of Quiz nights where we enjoy a little break. We arrive around 7-15pm to socialise a little before settling down in our places to begin singing at 7-30pm. We are becoming more professional every practise and gaining confidence with our musical pieces. Belton Choir has developed to the stage where we have now formed a small committee with a first meeting held last week. If you are interested in singing you will be very welcome, from teens to Nanans and Grandads. - Experienced or a complete beginner who is willing to try hard.

You pay £3 a session to cover the inevitable costs of room hire, professional costs, music etc. Please call me, Hilary Williams on 01493 780060 if you need to know more, or just arrive on the night at the JGI

BELTON LADIES GROUP (BLG)

Unfortunately, the dead line for September Village Voice is too soon for a report on our outing on August 13th to Gorleston Pavilion for the 'Summer Laughter Show,' and our meeting at Fritton Plant Centre on August 2th. The committee will meet at Corals on Tuesday 3rd September at 7.00p.m to make arrangements for the Harvest Supper on September 10th John Green Institute at 7.30p.m We will also be discussing the program for the rest of the year.

JGI QUIZ NIGHT

The next village quiz night at the JGI is on Friday September 20th at, 7.30pm. Teams of 4 - £5 per team - why not put a team of family, friends or neighbours together and join in the very friendly evening. No prior entry booking needed, just turn up with your team on the evening.

EXHIBITION BY LOCAL GROUPS

PHOTOGRAPHY - ART - NEEDLECRAFT PLUS A DISPLAY BY HISTORY SOCIETY AT THE JGI ON SATURDAY & SUNDAY

28th & 29th SEPTEMBER

FROM 1pm TO 5pm

ENTRY 50p Children UNDER 14 FREE

Tea/Coffee with biscuits

THE JGI
 Belton Village Hall
 46, Station Road South

- Great Facilities
- Great Hire Rates
- Great Kitchen
- Parking near by
- Licensed for Music
- Can seat 70 people



- Large Hall and/or
- Rear meeting room available
- Ideal for Groups,
- Parties and Functions
- Disabled facilities and Entry

For further information and hiring rates please contact Bill on 01493780822 or go to www.beltonandbrowston.com

JGI TRUSTEES

The Monthly Saturday Coffee mornings are becoming a concern with lack of support and we will soon have to decide on whether it is viable to continue with them from the end of the year. The August morning was very poorly supported except for our faithful few. We did state last December we would try for another 12 months and then consider the situation, depending on support we got this year. It will be a great shame to lose them as many local groups benefit from the raffle and people enjoy the Scouts Bric a Brac stall that they will continue to hold on various months throughout the year. The coming Autumn months will be our deciding time. Also, as we have asked before please consider volunteering to become a Trustee and help keep our wonderful Village Hall functioning and providing a great venue for so many groups and clubs in our area. At the August raffle the great Yarmouth Stroke Club made £133 which they are exceeding grateful. Just contact one of the Trustees to discuss things and see how rewarding helping can be. The next coffee morning will be on Saturday September 14th so please come along and visit the hall.

WEDNESDAY MORNING DROP IN

These mornings are as popular as ever with great attendance each week. If you have not visited us then give it a try. Come and have a tea/coffee and cake and a good chat and catch up on all local news. If we can help anyone with small problems we will do our best to advise or find a solution. We are at the JGI every Wednesday morning from 10.30 to noon. You will be made very welcome. Call Sue on 780822 for information.

ROYAL BRITISH LEGION POPPY APPEAL UPDATE

The appeal for last year raised a fantastic total of £50,066,802.58 across the UK, with the total for Norfolk being £796,946.17. Our immediate area covers Belton, Bradwell, Burgh Castle, Browston and St. Olaves and we raised a new record total of £6,091.29. Last year we distributed collection pots and poppy items to over forty different locations. Please feel free to contact me if you would like to help in any way with the collection this year. Should you wish to purchase your own poppy appeal items I would recommend looking at www.poppymap.org.uk/home or should you wish to make a donation directly please see <https://www.britishlegion.org.uk/get-involved/ways-to-give/poppy-appeal>. If you are in our area and did not receive poppy collection items last year and would like to this year, please contact me using the details below:



collection this year. Should you wish to purchase your own poppy appeal items I would recommend looking at www.poppymap.org.uk/home or should you wish to make a donation directly please see <https://www.britishlegion.org.uk/get-involved/ways-to-give/poppy-appeal>. If you are in our area and did not receive poppy collection items last year and would like to this year, please contact me using the details below:

Ian Walker

Honorary Poppy Appeal Organiser (EGC02)

Email: IanWalker22@gmail.com

Mobile: 07887 640 385

BREATHWORKS MINDFULNESS FOR STRESS COURSE

Burgh Castle Village Hall - 26th Sept to 14th Nov (6.45 - 8.45pm)

Sliding scale £50 - £220

Contact Soo Strong – Mindful Life East – 07557141869

www.mindfullifeeast.org.uk

What is your vision for your health? How well have you learnt to listen to the signals of your body to care for your health? Does your mind keep driving you to override these needs? In our fast-paced culture, this drivenness is all too common. For many, learning to listen inside and respond with care not criticism, is one of the key changes they get from attending an 8-week Mindfulness Course.

Constantly overriding the bodies signals causes us great stress, much of which becomes normal and we are often unaware of its impact.

I would love to support you to listen, hear, respond and care for

yourself in a deeper way.

This course is rooted in science of the brain and how we can have greater control of how we live our lives, with greater resilience.

Here is some of the wonderful feedback and impact of the course on people:

'The way Soo teaches is memorable and not just theory, some courses just give the material, but Soo included everyone and made our opinions all matter'

'Soo was very respectful of conversations and thoughts and acted very appropriately, yet brought fun, openness and enthusiasm to the class. A very interested, likeable, knowledgeable lady who is ideal to teach this topic. I trusted her ability'



LOTHINGLAND CLT

The LCLT moved even closer in August to building homes, by having a meeting with Paul Prichard from Wellington contractors. We spoke at length about the two areas of land that we had identified for possible development.

Paul has had a long relationship with housing associations and developing land for social housing. We were offered without any obligation a financial appraisal of the land, basic outline architectural drawings and a financial analysis of costs and return, all for free. I will be putting his offer to the trustees at our next meeting on September the 12th.

This is an important development in our pursuit to build homes, as it will allow us to put the business case together in applying for funding, purchasing the land and actually starting to build. My thanks to Bob who made the introduction to Paul.

Adrian Myers,

Chair Lothingland C.L.T.

LOTHINGLAND COMMUNITY LAND TRUST

The Trust will hold it's first A.G.M. on Thursday September 12th (7pm) at Burgh Castle Village Hall



This meeting will be to vote for the chair and vice chair and to consider any applications for trustees or new members. Trustees will either be reaffirmed or new ones appointed. Due to the limited size of the trust it has been agreed that trustees and members can self nominate for positions.

Members have a right to vote not only on the appointment of trustees but on all other matters regarding the trusts decisions.

I am making a request to any members of the public who wish to either join the L.C.L.T as a member or be considered as a trustee, to contact me via my email address. The trust meets 10 times a year, not December or August, meetings are open and everyone has a right to contribute to the debate taking place.

The aim of the Trust is to provide affordable housing for residents currently living in the Lothingland area and is now moving to the point of actually obtaining land, planning the dwellings and starting the build. So if you are thinking about joining and being part of the decision making process regarding the properties we propose to build, there could not be a more exciting time to either become a member or a trustee.

Membership is a one off cost of a £1.00 thus limiting any financial obligation of the member to just £1.00. Trustees are covered by a separate insurance policy. Members and trustees are eligible from any of the 5 villages that Lothingland encompasses.

Adrian Myers Chair L.C.L.T.

E-mail – chairlothinglandclt@gmail.com

Web – www.Lothinglandclt.org.uk

A SPRINGER'S TAIL

Village Voice readers may remember the short stories that were published in the magazine a few years ago under this name. Author Lesley Chalmers returns to the Village Voice with a regular column, this time featuring comic strips that follow the same line. They feature her two dogs, Lennie and Harley.



ENTUA (East Norfolk Transport Users Association) is a voluntary independent body which monitors bus and rail provision in the East Norfolk area. To learn about us and to view news and information please visit our web site www.entua.org.uk.

Greater Anglia still seem to be beset with problems judging by the number of cancellations that almost seem to be on a daily basis over the past couple of weeks. In addition to the number of trains suffering mechanical defects during the recent high winds, another local train was damaged by a falling tree. Introduction of the new bi-mode Stadler 4 car units has taken longer than envisaged and at the time of writing only 2 are in regular service. This has resulted in the retention of the 'short haul set' which was still in service as recently as 10th August, 2019. However Greater Anglia hope to introduce more new units over the coming weeks as they hope to have the official launch of the new Stadler trains at the beginning of September.

Every week new trains are arriving from the Stadler factory in Switzerland; mainly 4 car units with some 3 car units and at least 4 of the 12-car intercity units which will be used on the Norwich to London service. While some are stored at Norwich Crown Point there is a large number stored at the Mid-Norfolk Railway on track especially laid by Network Rail. By the time we write September's article the new trains will be a more common sight on our local lines.

Norfolk County Council have agreed to modify the real time information screen on Gorleston High Street in between Boots and the Card Factory. We think they will swap the top screen with the bottom screen so that the bus time information is at a lower level and therefore much easier for passengers to read.

On First Eastern Counties there are major local changes from September 22nd effecting all Burgh Castle services and some evening/weekend Belton Services

On Mondays to Fridays In Burgh Castle a Service 6B will run (having started in Belton at 7.35) via the Queens Head at 7.49 then the only buses during the day will be five trips on the Service 5 circular arriving/departing from Burgh Castle at about 10.15, 11.15, 12.15, 14.15 and 16.15.

A service 6A will return at 17.35 from Yarmouth reaching the Queens Head at 18.12, A service 6B will leave Yarmouth at 20.30, through Bradwell and direct to Belton then return leaving Bracon Road at 21.02, via Burgh Castle Queens Head (21.14) and on to Yarmouth, a final circular 6B will leave Yarmouth at 22.30 to Belton and doubling back to Burgh Castle via the Queens head and terminating at Blue Sky.

On Saturdays things are almost identical except that the early service 6B starts from Stepshort (07.45) missing out Belton off the start. On Sundays Burgh Castle will have just three buses on Service 5, from Yarmouth at 10.15, 13.15 and 16.15 (Queens Head times about 10.40, 13.40 and 16.40) before return to Yarmouth plus an early 6B departing Bracon Road Belton (8.35), Waveney Drive (8.40) and the Queens head (8.47am)

As we have mentioned in previous articles this emphasises the fact that the local bus services are run on a commercial basis with none or very little subsidy from the local authority. If services do not attract sufficient patronage to cover their costs, they are vulnerable in being withdrawn or reduced if the bus provider has to make savings., its a case of 'Use it or lose it'

ENTUA welcomes new members, all we ask is a minimum annual donation of £5.00 which helps us cover the cost of printing and postage of our very informative quarterly newsletter and the cost of hiring venues for public meetings. To join please write to ENTUA, 18 Wensum Way, Belton, NR31 9NY.

TONY GRICE

GUIDE TO EVENTS

EVERY MONDAY

Exercise Sessions - New Road Sport Centre -- No sessions at present due to illness.

Play & Weigh Baby Group & Baby Cafe - Breastfeeding support (1 – 2.30pm) Village Green Children's Centre. Refreshments (Health Visitor 3rd Monday of month) Last session Sept 23rd but call to check first please 01493 789562

Short Mat Bowls (2-4pm) JGI 01493 444041

Bingo Night (7.30pm) JGI All welcome

Ring Craft (8pm) St. Olaves Village Hall, Training dogs/owners for the show ring. 01502 569243

Belton Bowmen - Belton New Road Centre Field-Juniors/family (6-7pm) £3.50, Adults (7-9pm) £5. [Move to Wroughton School from Sept. 9th](#) 01493 780418

Pilates (Beginners/intermediate) 6 & 7.05pm New Road Sport Centre 07767 864568

EVERY TUESDAY

Beebops Pre School New Road Centre -Family Time (10am) Babies (11am) - 07934 276167 ([Back Sept 10th](#))

Young at Heart (10-noon) Belton Church. Get together for over 50's – church members or not

Belton Over 50/60's (2pm) JGI cards, games, bingo & refreshments

Judo group for Juniors (4.30 & 5.30pm) New Road Sport Centre 07977 432756

1st Belton Guides (6.45 - 8.30pm) JGI- 01493 667311

St. Olaves Art Group (7.30pm) St. Olaves Village Hall Tel: 01493 488276

EVERY WEDNESDAY

Jolly Tots (9.30-10.45am) Under 5's (11am-Noon) Birth to Walking - New Road Sport Centre 07767 389789 ([Back Sep 11th](#))

Drop In Coffee Morning (10.30-noon) JGI All welcome

Lunch & Social Club (Age Concern) (12-3pm) Kings Head, Belton 01493 262052

Belton Art Club (2-4pm) JGI Arts/crafts/hobbies 01493 488683

Pooch Paws Dog Training (5-8pm) 1 hour sessions St. Olaves Village Hall 07841 040171

Judo group for Juniors (5.30-6.30pm) New Road Sport Centre 07977 432756

Slimming World (5.30 & 7.30pm) Moorlands Primary Academy

3rd Bradwell Rainbows (5.30-6.30pm Term Time) Burgh Castle Village Hall

Weight Watchers Sign in 6.15pm, talk 7pm JGI 07546 023143

Open Mat for Martial Art (6.30-8.30pm) New Road Sport Centre 07977 432756

Team Quiz (8pm) Kingfisher Bar B/Castle (6 per team max. £1 each)

Weight Watchers Sign in 6.15pm, talk 7pm JGI 07546 023143

Open Mat for Martial Art (6.30-8.30pm) New Road Sport Centre 07977 432756

Team Quiz (8pm) Kingfisher Bar B/Castle (6 per team max. £1 each)

EVERY THURSDAY

YOGA (9.30-1030am) New Road Sport Centre 07841 985767

Slimming World (10am) Kings Head

Gt. Yarmouth Stroke Group (2-4pm) New Road Sport Centre 01493 781846

Rock Solid (5-6pm) Belton Rectory Stables - Childrens Club ([Return Sep 12](#)) Free 07783573210

New Road Crafting Group (6-9pm) New Road Centre, Belton

Crafters Group (7-8.30pm) JGI Informal needlecraft group 07721 599559

Youth Group (7-8.30pm) Belton Rectory Stables ([Return Sep 12](#)) Exploring Christian Youth & Fun. Free 07783573210

EVERY FRIDAY

Musical Movers (9.30-10.30am) New Road Sport Centre Music for under 5's 07974 173216 ([Back Sep 6th](#))

Line Dancing for Improvers (10.30am-Noon) JGI, 07788 408801.

The Hub (Open youth group) (6-9pm) ([Sep dates TBC](#) Belton Church - years 6 & above - 07783573210

Belton Community Choir (7.15-8.30pm) JGI - New members welcome 01493 780060

EVERY SATURDAY

Pooch Paws Dog Training (9am -1pm) 1 hour sessions St. Olaves V/ Hall 07841 040171

EVERY SUNDAY

Julies Car Boot - (6am) Market Road, Burgh Castle.

Burgh Castle Roman Fort - (2.30pm) Free guided tours, meet interpretation shelter

NOTE - Belton Scouts (Beavers, Cubs & Scouts) meet in Belton weekly, details 01493 780965

EVENTS THIS MONTH

Every Wed to Fri (10am -4pm) Burgh Castle Village Hall open - Bargain stall & Teas/coffees
Fri Aug 30 (7pm) New Road Sports Centre. Belton - Digital Camera Club

Sun Sep 1(9.30am) Burgh Castle Church - Morning Prayer

Sun Sep 1(10.30am) Belton Church - Morning Celebration

Tue Sep 3 No Holy Communion at Belton church (YaH as normal)

Tue Sep 3 (7.30pm) New Road Sport Centre. Belton & Browston Parish Council meeting

Fri Sep 6 (8pm) Burgh Castle Queens Head -Team Quiz max 6 per team

Sat Sep 7 (From 8.45am) Belton Scouts Collecting Newspapers - Belton only

Sun Sep 8 (9.30am) Burgh Castle Church - Morning Prayer

Sun Sep 8 (10.30am) Belton Church - Morning Celebration

Mon Sep 9 (7.30pm) Burgh Castle V/Hall - Parish Council Monthly Meeting

Tue Sep 10 (7.30pm) JGI - Belton Ladies Group - Harvest Supper 780494

Wed Sep 11 (10.30am-12.30) JGI. Money/Debt Advice [New venue / time](#)

Wed Sep 11 Mobile Library. New Rd. Playing Field Fritton (3.15-3.35), Priory Cl., St Olaves (3.40-4.00),

Wed Sep 11 (6-7.30pm) Belton Church - Messy Church - Free Family Fun

Thu Sep 12 (7pm) Burgh Castle V/Hall. Lothingland CLT AGM

Fri Sep 13 (10am-Noon) Belton Church - Women's Bible Chat.

Sat Sep 14 (10am-11.30am) JGI Monthly Coffee Morning

Sun Sep 15 (2.30pm) JGI - 'My Life & Times In Show business' Illustrated talk with Kenny Cantor (Belton History Soc).

Sat/Sun/Mon Sep 14-16 (10am-5pm) Somerleyton Church - Flower Festival

Sun Sep 15 (9.30am) Burgh Castle Church - Holy Communion

Sun Sep 15 (10.30am) Belton Church - Cafe Church

Sun Sep 15 (6pm) Somerleyton Church - Festival Praise Service

Sun Sep 15 (6.30pm) Belton Church - Evening Celebration
Thu Sep 19 (7pm) St Olaves V/Hall. - Hall Committee AGM , all welcome.

Fri Sep 20 (7.30pm) Fritton Village Hall - Monthly Bingo

Fri Sep 20 (7.30pm) JGI Team Quiz Night (teams Max 4, £5 per team)

Sat Sep 21 (9.15am) Belton Village Clean Up Day (Organised by 'Village Voice' 780822

Sun Sep 22 (9.30am) Burgh Castle Church - Holy Communion

Sun Sep 22 (10.30am) Belton Church - Holy Communion

Wed Sep 25 Mobile Library in Belton (Times in article)

Wed Sep 25 (10am-4pm) Burgh Castle V/Hall - Macmillan Coffee Morning 01493 780126

Wed Sep 25 (10.30-11.30am) JGI Belton/Browston Parish Clerks Surgery

Thu Sep 26 (6.45-8.45pm) Burgh Castle V/Hall - Mindfulness for Stress Course (Week 1) 07557141869

Thu Sep 26 (7.30pm) Fritton V/Hall - Fritton & St. Olaves Parish Council meeting

Fri Sep 27 (10-noon) Belton Church. MacMillan Coffee Morning

Sat/Sun Sep 28/29 (1-5pm) JGI -Exhibition by local groups incl. photography & History Soc. 780822

Sun Sep 29 Burgh Castle Church - No morning service

Sun Sep 29 (10.30am) Belton Church - Holy Communion

Sun Sep 29 (6pm) Burgh Castle Church Harvest Thanksgiving celebrating new heating/lighting(refreshments)

Tue Oct 1 (11am) Belton Church - Traditional Holy Communion (refreshments from 10am)

Tue Oct 1 (7.30pm) New Road Sport Centre. Belton & Browston Parish Council meeting

Wed Oct 2 (10.30am) Burgh House Care Home - Holy Communion

Wed Oct 2 (6-7.30pm) Belton Church - Messy Church - Free Family Fun

Fri Oct 4 (8pm) Burgh Castle Queens Head -Team Quiz max 6 per team

Sat Oct 5 (2.30pm) Burgh Cstle Church / Fort - Fursey Pilgrimage /Service

VILLAGE SMALLS

It is free to advertise jobs, events, property or items for sale. Send details to Village Voice Small's, 'Skelmorlie', Butt Lane, Burgh castle, NR31 9PU Tel 01493 780776 or email beltonvadds@gmail.com by noon on September 14th to appear in the October 2019 issue. We will run your advert for 3 months but please let us know if you sold it so we can remove the advert. (Commercial entries charged at 25p per word)

WANTED

Soft Toys to raise money for local charities, deliver to 34 Orwell Crescent. Belton, or Tel 01493 782043

Any Saleable items, Bric-a-Brac, Books, Games, Jigsaws unwanted gifts etc. needed for Burgh Castle Village Hall sales stall. Tel. 01493 780126 (local collection possible)

Bric-a-Brac & Books needed for sale at JGI Tel 01493 780965 (Belton Scouts)

Broken Chest freezer (but with seal intact) Tel. 07919 281675

Good clothes to sell for Cinnamon Trust. Tel. 07749732597

22in. Dimplex electric heater for bathroom Tel. 01493 652293

WORK

General Odd-job man available 1-2 days a week Tel. 01493 789049

Retired gentleman willing to help OAP's with cleaning £10 P/hour Tel 07960 913116

FOR SALE

Suitcases by Revelation, Set of 4 c/w keys. Exc. Cond. £130. 01493 781094.

Fish tank with light & lid W12", H16", L31.5" £20. Tel. 07747 464775

FREE - Singer 'Novum Zig Zag' sewing machine with manual Fitted in teak finish cabinet with 4 drawers & casters. Machine folds away 87cm wide, 45cm wide, 80cm high Tel. 07443 222334

Girls Raleigh bike. Good cond (Age 9-11, 24in wheels) Florry incl. Shimano gears, rack & stand. (Needs brake cable £25. Tel 01493 789055

Hamster /gerbil cage with platform, tube, bed box & carry box W11", H18", L22" £10 Tel. 07747 464775

Fletcher Framemaster Point Driver with box of framers points. All boxed. £50. 01493 781094.

3 Seater beige bed settee VGC £70 Tel. 07960913116

Free used paving slabs 450 x 450mm: 50 Yellow/beige, 10 Red. Can deliver for small fee Tel. 01493 780828

Push cylinder lawn mower with grass box (The Handy) New £40/£60 For £20 Tel. 07747 464775

Grey Brattonsound sentinal gun cabinet. Holds 3 guns, secured by 2 high security key locks. Exc. Cond, police approved. Buyer collects £70 Tel. 01493 488306

High back maroon armchair £30. Tel. 07960913116

Myers 620 Mk 2 Heavy Duty Paper Cutter. £75. 01493 781094.

Oatmeal short pile carpet W 8'10", L 8'5" £15 Tel. 07747 464775

FREE - Tefal steamer (Aqua-timer) used twice, not boxed Tel. 07443 222334

Lynn Grove uniform Girls 36" blazer (worn once) £20, Skirt with Logo 26" waist £4, used 34" blazer £8. Boys 20/32" rugby top £4. Tel 01493 789055

Photograph/Picture Frames - Job Lot of 41. Various sizes /styles. £225./ 01493 781094.

3 Mahogany style doors fully glazed 15 panels - 1 door 27" x 78" approx. 2 doors 30" x 78" approx £10 each or 3 for £25. buyer collect Tel: 07979916032

Yearntree 10 drawer desktop unit. Grey/Blue:- D 15.5", W 11.25", H 13.25". New Cond. £40. Leitz 6 drawer desktop unit. Grey/Blue- D 13.75", W 11", H 9.5". New Cond. £40.01493 781094.

Pair new ladies leather walking boots Size 5 (fairly on front of each) Made in Boscastle, Cornwall. Cost £70 selling £30 Tel. 01493 780094

Dell 946 Printer / Copier / Fax £5 ONO Tel. 01493 780032

8 Elvis Presley collectable themed bears 'The Hamilton Collection', 5 boxed with certificates. Serial nos on each figure £145. Tel. 07747 464775

Visibag for Mobility Scooter.

Various compartments. Size:- H 18", W 14", D 6". New. £17. 01493 781094.

Pair Pulse Active silver speakers incl. Brackets. New / boxed £58. Tel 0788408801

Wallpaper steamer /stripper £5 Tel 01493 782209

3ft wide electric bed, perfect cond. with remote to adapt position. with or without the specific mattress. Comes with headboard which is matched to the bed in beige/light brown colour. £150 with mattress, £100 without. Tel. 07733180487.

Duratool - O-ring kit metric 419 pieces £14, Duratool 550w Rotary Hammer drill £30, Duratool 600w Angle grinder £25 ALL NEW in original wrappers Tel. 07788 408801

Electric cooling fan on stand £10. Tel 07960 913116

Chest of Drawers (Bleach effect & Pine top) £100 ONO Tel. 07749732597

Cliff Park Ormiston uniform - All VGC (Used 9mths, smoke free home) Girls Blazer 30" £15, Harrison's Skirt W22", L20" £10, George skirt BNWT 11-12 yrs £3, Achieve tie £3, PE Polo shirt 30/32 £7, PE shorts 22/24 £4, Tracksuit bottoms 26/27" £10, Fleece Tracksuit top 20/32 £10. Tel. 07505 785998.

6' x 3' Pool Table, Exc. Cond., Blue baize, 2 cues, fold up legs. (Buyer collects) £40. Tel 01493 782209

Cane conservatory 3 pce. Suite orange /fawn £50. Tel 01493 780962

Flymo Chevron 34VC Electric wheeled rotary mower £15, Flymo Power Trim 500XT grass Trimmer £15. Tel. 01493 440731

Professional 6x8m Party tent Steel frame, roof, side & end covers. To BS Standard & Fire retardant. Incl ground bars (usually extra). Cost £1400, used 3 times for £900 OVNO. Tel 07788 408801

2 Free standing electric radiators £12 each /£20 the two. Tel 07960 913116

Light oak sideboard 135cmWide,, 40cm Deep, 82cm High. 3 centre drawers / 2 side cupboards. Immac. Cond. £95. Tel 07468 941186

Recliner electric armchair (Fawn) As New £75 ONO Tel 01493 780145

6in Flue liner & fittings OFFERS Tel. 01493 781198

Professional 8x4m Party tent Steel frame, roof, side & end covers. To BS Standard & Fire retardant. Incl ground bars (usually extra). Cost £749, New/boxed £500. Tel 07788 408801

Carl Lewis treadmill. Folds up. Motorised incline, heart monitor, Little used. Cost £495, accept £250 No offers Tel 07788 408801

2 Luggage cases on wheels £12 each / £20 the 2. Tel 07960 913116

Ryobi split shaft strimmer, 2 stroke. May need some fettling. £20. Tel 01493 782209

Black & Decker Lawnraker £10. Tel. 01493 440731

Dog Cages - Large (30'x24') Needs some attention £5, Medium (30'x19') Good cond. £15 Tel. 07749732597

Wedding Dress - Peach /Blush Full length size 12 £20 ONO Tel. 07796982259 (Proceeds B.Castle Hall & Church funds)

Brass standard lamp with 3 glass tulip shaped shades. Exc. Cond. £15. Tel 07468 941186

Light Oak solid wood gate-leg dining table. Length 117cm, width 79cm (fully closed 22 cms) As new £100. Tel. 07468 941186

Wood effect mantle clock with chimes, Exc. Cond. £10. Tel 07468 941186

Solax Mobi Folding Scooter, suit plane / boat / car. Pull or carry when folded. 2 batts & charger. Removable bag. Little used £995 Tel 01493 664784

Samuel Windsor men's leather shoes size 11 (both never worn) - Brown Driving shoes £25 & Black brogues £25 Tel 07468 941186

PLEASE LET US KNOW BY NOON ON THE 13th SEPTEMBER IF YOU WOULD LIKE YOUR ITEM REMOVED

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Refuse unexpected offers to have waste taken away

Ask what will happen to your waste

Paperwork should be obtained – get a full receipt

Suspect people who offer to take **YOUR** waste away



Check details of waste removal companies
03708 506 506

environment.data.gov.uk/public-register/view/search-waste-carriers-brokers



Refuse offers to have **YOUR** rubbish taken away, it may be fly tipped and **YOU** would be liable

Ask what will happen to **YOUR** waste and seek evidence



Paperwork – get a waste transfer note or receipt with full details of **YOUR** waste and keep it

